

## Original Research Article

“Comparative evaluation of the amount of sorption and solubility seen in soft liner with herbal and commercially available denture cleanser - an invitro study”

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### ABSTRACT

**Aims:** the aim of the current study is to assess the quantity of sorption and solubility seen in the soft denture liner with herbal (neem) and commercially (clinsodent) available denture cleanser.

**Materials and methods:** The cross sectional study was carried out in the Department of Prosthodontics at Sharad Pawar Dental College And Hospital between February 2021 and July 2021. 52 samples of heat cured acrylic resin of circular shape were prepared using a stainless steel mould. The resilient liner was applied to all the samples using a denture adhesive. All samples will then be desiccated for 24 hours to get a stable or conditioned weight W1. The samples will then be divided into 2 groups namely: Group A (clinsodent group) and the Group B (herbal denture cleanser group). All the samples were immersed daily in cleanser for 8 hour and then transferred to artificial saliva for rest 16 hours of the day. Solutions of artificial saliva and denture cleanser was changed daily for the entire period of study that is 7 days. Later, all the test samples were removed from saliva, wiped dry, weighed for saturated weight W2. - After desiccating again for 24 hours the samples were again assessed for renovated weight that is W3.

**Results:** with respect to sorption and solubility it was found that the clinsodent group exhibited greater percentage of sorption when compared to the neem denture cleanser group after a period of 7 days, p-values of 0.0001, S.

**Conclusion:** it can be established that the solubility and sorption values of clinsodent group were higher when compared to the herbal denture cleanser group. Overall, neem in the form of denture cleanser performed better than clinsodent.

*Keywords: commercially available denture cleanser, herbal denture cleanser, sorption, solubility,*

### 1. INTRODUCTION

Any efficacious complete denture management syndicates standard procedures, effective patient understanding, patient training, and fluency with all conceivable treatment choices in order to deliver supreme contentment to patient<sup>1</sup>. According to GPT-9 a complete denture prosthesis can be defined as: a fixed or removable

denture prosthesis that replaces the entire dentition and associated structures of the maxillae or mandible<sup>2</sup>. Since the edentulism and the changes accompanying conventional complete denture prosthesis causes progressive bone loss, the patients often experiences lack of retention and stability, pain and soreness followed by *funtio laesa*<sup>3</sup>. In about 30 minutes each and every surface of the oral cavity gets covered with salivary glycoprotein and immunoglobulins which is rightly termed as 'pellicle'. The former serves as a substrate for attachment of debris and microorganisms. However the adherence of the remains and microbes can also occur because of the otherwise smooth appearing rough surface irregularities of the oral appliances constructed from methylmetacrylate when viewed under the microscope. Therefore in order to counteract these problems, two foremost methodologies have been acclaimed in the literature- dentures can be cleaned mechanically, chemically or the combination of the two. In the following study chemical method of the denture cleansing have been utilized.<sup>4</sup> The materials are designed to remove the extrinsic stains, debris and deposits from the surface of the prosthesis. The known chemical methods for cleaning the dentures are using commercially available solutions, exposure to oxygen, microwaving, etc. Nevertheless the most commonly used method is the utilization of the household bleach that is sodium hypochlorite. Adding calcium chelating dishwash agent (calgon) to the bleach aids in regulating the accumulation of the calculus and the extrinsic pigmentation. But the disadvantage associated with it is the black tenacious stains over the metallic components of the denture after soaking for more than 10 minutes daily. In order to counteract the above mentioned issues associated with the formerly mentioned agents the commercial denture cleansers came into the play<sup>4</sup>. They are available in a variety of consistencies such as creams, gels, pastes, tablets, powders and solutions and their mechanism of cleaning the surface of prosthesis varies from minutes to overnight exposures depends upon the recommendations given by the manufacturers. Denture cleansers are basically a group of alkaline peroxides also consisting of chelating agents, reducing agents, effervescing agents and detergents, additionally they may sometimes also consists of dyes which indicates the completion of cleaning process<sup>5</sup>

However there also exists a variety of materials for constructing and relining dentures<sup>6</sup>. Denture liners have been an integral part of the ancient as well as modern day dentistry with its chief role in the area of removable prosthodontics. The word soft liners speaks of a class of resilient constituents that are acclimated to reline the undersurface of the denture bases which are in proximity with the occlusal load bearing surface of the oral mucosa<sup>7</sup>. They are mainly composed of polymethyl-methacrylate powder, monomer(aromatic esters) and plasticizers.<sup>8</sup> These materials play a major protagonist in reestablishing the state of health in those denture bearing areas that are inflamed as a result of excruciating occlusal burden, particularly in individuals where the alveolar ridges exhibit resorption, are knife edge and reveal bony undercuts<sup>9</sup>. Likewise soft liners are also advocated in oral atmosphere exposed to the conditions such as bruxism and xerostomia<sup>10</sup>. Due to the presence of cross linked amorphous polymers, the former behaves like a cushion for the denture bearing mucosa thereby aiding in engrossment and redistribution of the occlusal load<sup>11</sup>.

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Soft liners are broadly classified into two groups- 1. Long term soft denture liners and 2. Short term short denture liners or the tissue conditioners. According to their make up the long term soft liners can either be 1. Silicon based or 2. Acrylic resin based<sup>12</sup>. The aforementioned are further divided into heat polymerized or self polymerized<sup>10</sup>. Apart from the benefits offered by these materials they do bargain a good amount of shortcomings during its clinical use which can be visualized in the form of color variations, surface irregularities, porosities, loss of resilience as a consequence of leaching out of the plasticizer and most importantly the problems associated with the sorption and solubility. The latter mentioned inadequacies are brought about as a result of deviations in the structure and properties of the material that consequently leads to problems such as engorgement, distortion, supporting the growth of candida albicans and stress induced bond failure at the junction of liner and denture attachment<sup>6,8</sup>.

Soft liners not only encounter alterations because of oral environment but also are affected by the procedures that are used to clean them. With the daily cleaning measures these materials tend to leave behind its solvable ingredients into its surrounding medium which is termed as solubility. These liners also allow the liquid present in its vicinity to diffuse within them, thus inhabiting the spaces and the voids within its polymeric structure<sup>9,10</sup>. Hence the purpose of the current study was to gauge the quantity of sorption and solubility seen in the soft denture liner with herbal (neem) and commercially (clinsodent) available denture cleanser.

## **2. MATERIAL AND METHODS / EXPERIMENTAL DETAILS / METHODOLOGY**

Study type- A Crosssectional Study

Sample size – 52

Location of the study- Sharad Pawar Dental College And Hospital, Sawangi, Wardha

Ethical approval – was obtained for carrying out the study

Research question- Whether the neem denture cleanser performed better than the commercially available denture cleanser in terms of sorption and solubility?

### **2.1 MATERIALS-**

The armamentarium required for the study were a measuring jar for heat polymerizing polymer and monomer, mixing jar, wax knife, lacron's carver and metal mould with clamps. Materials required were artificial saliva, Commercially available denture cleanser (clinsodent), herbal denture cleanser (neem), long term chairside soft liner (mollosil), Polymethyl methacrylate, Pumice and Sandpaper.

### **2.2 Methodology-**

**2.2.1 Fabrication of the mould-** A stainless steel mold was fabricated. Two flat steel slates were used. In between these two metal slates a two piece mold with circular aperture of measurements 3 mm x10 mm was prepared for fabrication of the specimen.

**2.2.2 Fabrication of the samples-** 52 specimens in the shape of a circle were prepared via metal mold as shown in figure 1. Petroleum jelly was used

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as a separating medium in the mold. The powder and liquid of the heat cure denture base resins were manipulated as recommended by manufacturer and was packed within the mold with cellophane sheets interposed between the inner and outer mold covering plates. After the trial closure, the excess material and the cellophane sheets will be removed and the mold was then placed in an acrylizer with a temperature of 70°C up to 1 hour, and subsequently raised to 90°C for 2 hours for polymerization of denture base material. After the final curing specimens with obvious porosities were discarded.



Figure 1- acrylic discs

**2.2.3 Application of the soft liner to the prepared specimen-** Pertaining to the thickness of the soft liner-the thickness of the soft liner was controlled using the same mould as that for fabricating the samples. The soft liner was then mixed in an appropriate ratio of base and the catalyst paste and was applied to the prepared samples. A denture adhesive was used to bond the soft liner to the heat cure denture base resin as shown in figure 2 and 3. All samples were then desiccated for 24 hours to get a stable or conditioned weight W1. The samples will then be divided into 2 groups.

Group A- Clinsodent denture cleanser group

Group B- Herbal denture cleanser (neem) group

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Figure 2- Relining material



Figure 3- Soft liner bonded to acrylic resin

#### **2.2.4 Preparation of denture cleanser**

**Clinsodent-** The denture cleanser solution was prepared in accordance with manufacturer's commendation using 5mg of Clinsodent powder in 300 ml water; composition – Sodium perborate + Sodium lauryl sulphate; pH11.

**Herbal denture cleanser-** Neem (azadirachta indica) leaves were used as an herbal denture cleanser. The decoction of

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neem leaves was prepared in the ratio of 1:4 (leaves: water), that is 25 leaves can be used in 100 ml of water. For the study purpose 100 gm neem leaves were added to 400 ml of water and were boiled till the contents were reduced to 1/4<sup>th</sup> in amount. After cooling it down, the liquid thus obtained was strained out, which was later used in the form of an herbal denture cleanser. Preservatives were added to prevent the degradation of the prepared decoction.

### **2.3 Procedure-**

**2.3.1 Procedure for immersion-** All the samples were immersed daily in cleanser for 8 hour and then transferred to artificial saliva for rest 16 hours of the day. Solutions of artificial saliva and denture cleanser was changed daily for the entire period of study that is 7 days as shown in figure 4. Later, all the test samples were removed from saliva, wiped dry, weighed for saturated weight W2.



Figure 4A- samples immersed in the solution prepared using neem



Figure 4B- samples immersed in the solution prepared using clinsodent

**2.3.2 Weighing** - After desiccating again for 24 hours the samples were again assessed for renovated weight that is W3. An automated weighing apparatus with a precision of upto two decimal points of milligram was conditioned to weight the samples as shown in figure 5. Sorption and solubility formula given by ADA specification-12

Formula for Sorption-  $W2-W1$  (mg) / surface area of disc

Formula for Solubility-  $W1-W3$  (mg) / surface area of disc

Surface area of disc –  $2 \pi r (h + r) = 2 \times 3.14 \times 0.1 (10+3) = 8.16 \text{mm}^2$



Figure 5- weighing of the samples

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### 3. RESULTS AND DISCUSSION

Statistical analysis was done by using descriptive and inferential statistics using student's paired and unpaired t test and software used in the analysis was SPSS 27.0 version and  $p < 0.05$  is considered as level of significance.

The mean values of sorption and solubility of both the denture cleanser were compared in the tabular form using descriptive statistical measures. The samples were immersed in the clinsodent and the neem containing denture cleanser for 8 hours during the entire period of the study.

Table 1 shows the comparison between the clinsodent and the neem denture cleanser group with respect to sorption and it was found that the former group exhibited greater percentage of sorption when compared to the latter after a period of 7 days.

Table 2 depicts the comparison between the clinsodent and the neem denture cleanser group with respect to solubility and it was found that the former group exhibited greater percentage of sorption when compared to the latter after a period of 7 days.

Table 1: Comparison of Sorption in group A (clinsodent) and group B (neem)

	Group A		Group B		t-value	p-value
	Mean	SD	Mean	SD		
Sorption	6.14	0.13	3.68	0.55	21.98	0.0001,S

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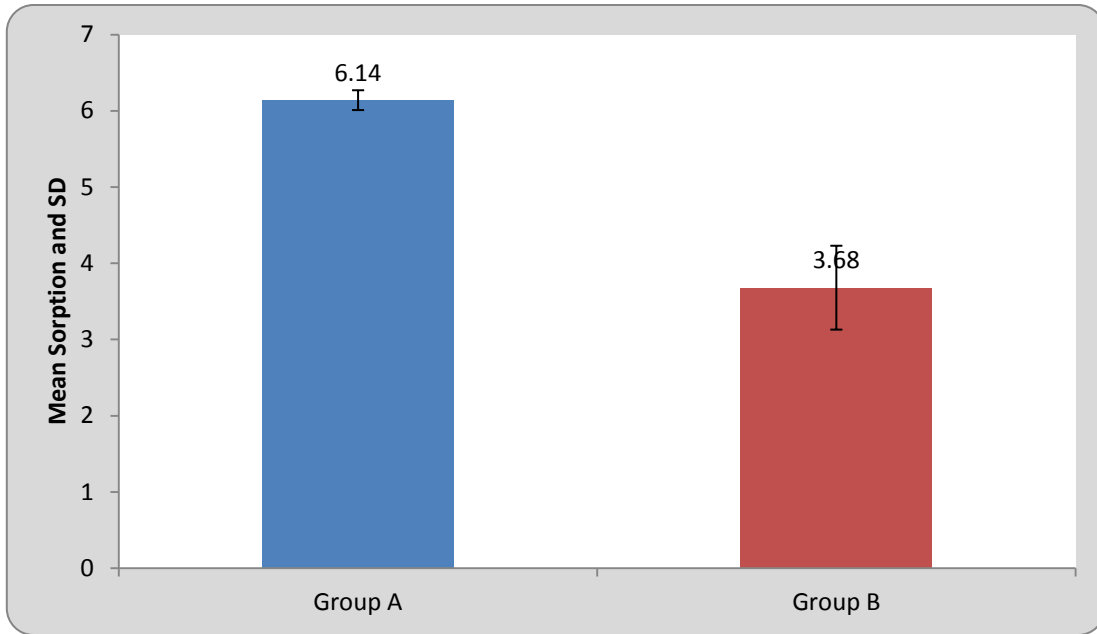


Figure 6: Comparison of Sorption in group A (clinsodent) and group B(neem)

Table 2: Comparison of Solubility in group A (clinsodent) and group B (neem)

	Group A		Group B		t-value	p-value
	Mean	SD	Mean	SD		
Solubility	2.85	0.08	1.29	0.29	25.91	0.0001,S

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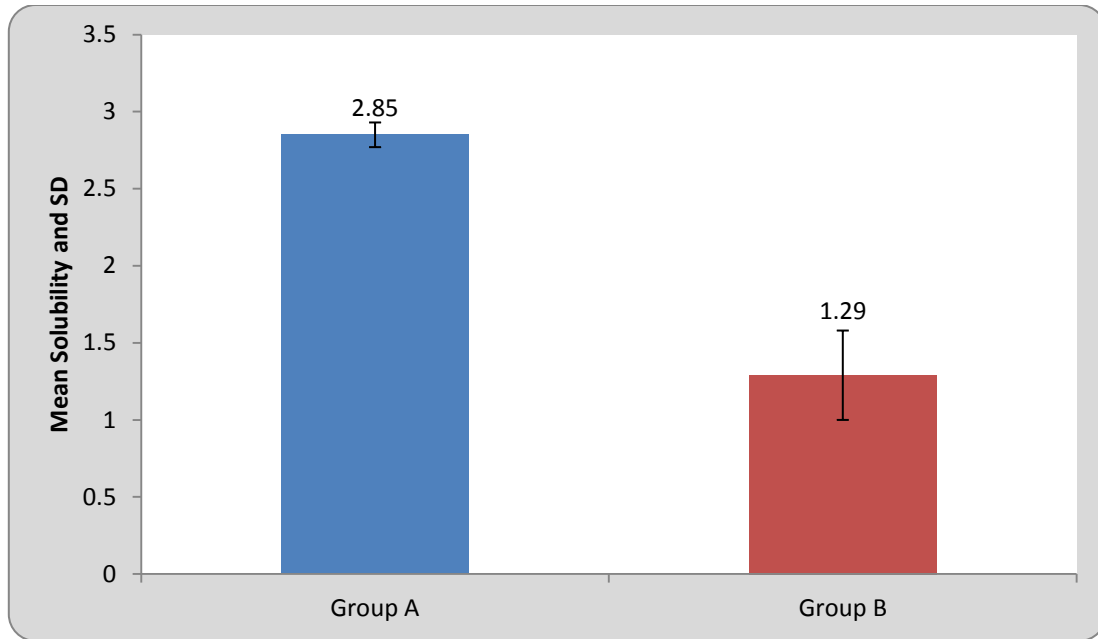


Figure 7: Comparison of Solubility in group A (clinsodent) and group B (neem)

### **Discussion-**

Soft liners have been extensively used in the arena of dentistry to reform the surface of the prosthesis that is in connexion with soft tissues of the oral environment.<sup>7</sup> They not only aid in conditioning the traumatized tissues but also an interim or permanent cushion like effect. They are polymeric in nature and have glass transition temperature that is below the mouth temperature. Long term soft liners are therapeutically intended for those patients who are unable to put up with the traumas prompted by the dentures.<sup>16</sup>

Revised American Dental Association Specification No. 12 for denture base polymers have mentioned that an upsurge in the mass of the polymer should not be more than 0.8 mg/cm<sup>2</sup> of surface following immersion in water for seven days at 37± 1 C when sorption is taken into consideration. However the reduction in the mass of the polymer shall not be more than 0.04 mg/cm<sup>2</sup> of surface once verified bestowing to the specifications with respect to solubility.<sup>17</sup>

As stated by Ojah *et al* in his study where anti candida efficacy of commercially available denture cleanser and herbal denture cleanser in the form of neem was evaluated it was found that the reduction in the mean Candida count of both Denture cleanser and Neem was statistically similar.<sup>18</sup>

In the present study the amount of sorption and solubility seen in soft liner with herbal and commercially available denture cleanser was evaluated. Overall the herbal denture cleanser performed better than the commercially available denture cleanser. The reason for choosing neem in the current study can be owed to the fact that it exhibits anti-fungal properties thus prevents the denture stomatitis which compromises the mucosal surface beneath dentures. Neem is also a potent anti-inflammatory agent, affects adhesion, cell surface hydrophobicity, reduces biofilm

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formation, is nontoxic, inexpensive, easy to use, and readily available which is in validation with the study conducted by **Polaquini *et al.***<sup>19</sup>

On the other hand clinsodent powder when used a denture cleansing agent possess antibacterial activity unlike neem which possess both antifungal activity as well as the antibacterial properties. The consistent usage of commercially accessible denture cleaning product have some shortcomings such as deterioration of acrylic dentures and assimilation of these products leads to esophageal burns, inflammation of the epiglottis, pharynx, and extensive gastrointestinal ulceration.<sup>18</sup>

A study was conducted by **Mansoor *et al*** on the sorption and solubility of denture lining materials which were immersed in distilled water, an alkaline denture cleanser and citric acid denture cleanser. It was established that the over-all worsening of the lining material augmented with time of contact when used with the cleansers.<sup>20</sup>

In one of the studies conducted by **Yanikoglu *et al*** in 2004, acrylic based and silicone based soft lining material were investigated to determine the amount of sorption and solubility after their immersion in the denture cleansers, artificial saliva and distilled water and it was concluded that artificial saliva exhibited maximum amount of sorption and solubility when compared to the other immersion medias.<sup>21</sup>

#### **4. CONCLUSION**

In the present study, synthetic saliva was schooled to mimic the natural saliva. Nevertheless, it did not take account of the dynamic and 24-hour disparities of normal saliva which comprises of diet being consumed, microorganisms and supplementary figures as well as the acid base changes affecting the pH of the saliva. Other than the above mentioned variations customized oral settings also play an important role. Thus the drawback of the study.

Contained by the limitations of the present study it can be established that the solubility and sorption values of clinsodent group were higher the herbal denture cleanser group. Overall, neem in the form of denture cleanser performed better than clinsodent.

#### **CONSENT (WHERE EVER APPLICABLE)**

Not applicable

#### **ETHICAL APPROVAL (WHERE EVER APPLICABLE)**

Not applicable

#### **COMPETING INTERESTS DISCLAIMER:**

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Authors have declared that no competing interests exist. The products used for this research are commonly and predominantly use products in our area of research and country. There is absolutely no conflict of interest between the authors and producers of the products because we do not intend to use these products as an avenue for any litigation but for the advancement of knowledge. Also, the research was not funded by the producing company rather it was funded by personal efforts of the authors.

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