

Review Form 1.6

Journal Name:	Journal of Pharmaceutical Research International
Manuscript Number:	Ms_ JPRI_84966
Title of the Manuscript:	IMPACT OF AEROBIC AND ANAEROBIC FIELD TESTS ON PHYSICAL FITNESS OF UNIVERSITY LEVEL FEMALE ATHLETES
Type of the Article	

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p>Compulsory REVISION comments</p>	<p>Review of the manuscript entitled: Impact of aerobic and anaerobic field tests on physical fitness of university level female athletes The manuscript submitted is appropriate to the subject matter and scientific rigor. The authors raised a very current issue at work, which is not only interesting from a scientific but also a practical point of view. Some remarks improving the quality of future research. and suggested changes and comments to the submitted manuscript in order to improve the quality of the planned research and future publications below:</p> <ol style="list-style-type: none"> 1. Abstarct: a) Please correct the abstract. Please provide more information about the surveyed girls and universities: age, weight, height, sports discipline and the name of the university. b) The name and reference of the questionnaire used to assess health and demographics. c) Please describe the training in detail (place of training, duration - how long was it, intensity and how it was assessed with references, form of training, on which days or rest breaks were kept). d) The description of the result is not clear please correct it and enter the units, e.g. age 20.86 yers or height 164.19 cm and others. E) Please write information about what tests were used to measure motor skills - strength, flexibility, agility, muscular endurance and strength and references to these tests. 2. Introduction a) The literature I refer to the author was not included in the refernces, eg Gamble, 2011 and others, see my comments (the file in the attachment). In addition, you should enter more surnames when there are several authors, not just enter the first one. Please correct this. b) Most of the items the author refers to refer to people-children and adolescents at the age of 7, 9, 12, 18 or 19, and the girls he surveyed are people over 20 years of age. Please refer in the article to this age group and athletes. Supplement the article with such information. C) I believe that in order to assess aerobic fitness, it would be necessary to assess VO2 max, if only by indirect methods. the result would be more reliable. 3. Literature review a) Would you please describe the abbreviation "20mSTR" when using an abbreviation it must be defined for the first time. b) like in abstract most of the items the author refers to refer to people-children and adolescents at the age of 7, 9, 12, 18 or 19, and the girls he surveyed are people over 20 years of age. Please refer in the article to this age group and athletes. Supplement the article with such information's) Like in abstract Describe the clear training and test which was used during evaluation. 4. Dyskusja a) please complete the discussion. compare the obtained results of motor skills - strength, flexibility, agility, muscular endurance and strength with the results presented by other scientists in the groups of girls over 20 years of age, athletes, not students and men as described in the discussion (comments in the comments - attachment). practiced by this discipline in which the respondents participated. 5. Results a) The results in article do not match those given in the table, please correct it. Please provide in the table the results rounded to two decimal places.b) Please describe the results from table 2 and figure 1 in more detail. Figure 1 is not clear. Maybe it is worth changing it to make it understandable 6. Conclusion: Authors write "results of the study concluded that aerobic and anaerobic field fitness tests significantly improved selected physical fitness variables..." I'm not sure if I understood it correctly, but can the test improve my physical fitness or the training which women participated? please explain it? 	

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Minor REVISION comments	<ol style="list-style-type: none">1. May be use reference from 2021 (some publication in your article are very old from 19812. Would you please correct the references in the article Complete: the authors, page numbers according to the guidelines and also add doi.	
Optional/General comments	<ol style="list-style-type: none">1. Would you please write me why in this article is big letters would you please correct it (GRIVAS, G.2020)	

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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