

# Original Research Article

## Comparative evaluation of microleakage of three different restorative materials (Cention N, Zirconomer improved and Glass hybrid restorative system) in Class V cavity restoration using stereomicroscope: an In vitro study

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### ABSTRACT

*Aim and Objective: Microleakage is the most important factor responsible for the destruction of restoration margins. The aim of this study was to compare and evaluate the Microleakage of three different restorative materials namely glass hybrid restorative system, zirconomer improved and cention N under stereomicroscope.*

*Materials and Method: In this in-vitro experimental study, 45 Class V cavities were prepared on the buccal surface of maxillary premolars. The prepared cavities were divided into three groups for restoration with cention N(group I), Zirconomer Improved(group II), equiaforte (group III). All the samples were thermocycled for 5-55°C initially and then immersed in 0.5% methylene blue for 24 hours before sectioning. All the sectioned samples were observed for microleakage under a stereomicroscope.*

*Results: Data were analyzed with ANOVA for comparison between three groups and the result revealed statistically significant with  $P < 0.05$  between three groups. Post hoc turkey test were used for intergroup comparison and the result showed statistically significant with  $P < 0.05$ .*

*Conclusion: Zirconomer improved exhibited lower Microleakage when compared to cention N and Equiaforte cements.*

*Keywords: Cention N, Equiaforte, Microleakage, Zirconomer improved.*

### 1. INTRODUCTION

Dental caries is an infectious microbiologic disease of the teeth that leads to localized dissolution and destruction of the calcified tissues. Caries activity, as evidenced by demineralization and loss of tooth structure varies, and the course of individual lesion is not always predictable. Restoration of the tooth structure is essential for the proper functioning of the teeth and prevention of further loss of tooth structure. A good restorative material should have the following properties for the success and longevity of a restoration, which includes least microleakage better diametral tensile strength, good compressive and shear bond strength<sup>1</sup>.

Poor adaptation between the restorative material and cavity wall is the primary reason for microleakage. Due to thermal alteration in oral cavity, volumetric change in restorative material occur, which creates gap between the restorative material and tooth structure, and results in microleakage<sup>2</sup>.

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Failure of class v restorations are mainly due to microleakage, because the margins of the class V restorations are located near to dentin / cementum and the dentinal bonding is less to be expected than enamel due to its lower mineral content and complex pattern<sup>3</sup>.

Numerous studies that marginal microleakage may cause marginal staining, secondary caries around restorations and lead to pulpal pathology<sup>4,5</sup>. Therefore, less microleakage has been a key to the success in operative dentistry<sup>6</sup>.

Cention N is an "alkasite" restorative material, introduced in 2016. As a dual-cured material, it can be used as a bulk replacement material. Optional light curing is carried out with blue light in the wavelength range of approximately 400–500 nm<sup>7</sup>.

Alkaline filler has been used as a newer category filler, which releases acid-neutralizing ions. It also includes a special patented filler (isofiller) which acts as a shrinkage stress reliever minimizing the shrinkage force. Cention N is radiopaque, which releases fluoride, calcium, and hydroxide ions where the powder and liquid are separately packed that are mixed before use. One drop of liquid is mixed with one scoop of powder. The liquid comprises of dimethacrylates and initiators, while the powder contains various glass fillers, initiators, and pigments<sup>8</sup>.

Shofu introduced a modified glass ionomer cement (GIC) with zirconia named Zirconia reinforced GIC (zirconomer improved). They are also known as white amalgam. Zirconia is a high-strength ceramic in which powder contains fluoroaluminosilicate glass, zirconium oxide, pigments and others, while liquid have polyacrylic acid and tartaric acid solution<sup>9</sup>.

Incorporation of zirconia helps to achieve greater compressive and flexure strengths, as well to attain less occlusal wear and fast setting reaction, excellent marginal adaptation and resistance to abrasion and erosion, sustained fluoride release, and durability of silver amalgam without the hazards of mercury. Zirconomer improved is formulated with zirconia nano fillers which give better translucency than zirconomer for more natural colour<sup>9</sup>.

Glass hybrid restorative system (equiaforte) contains fluoroaluminate silicate glass, polyacrylic acid, surface treated glass, polybasic carboxylic acid, water. Equia forte provides a good mechanical and physical properties like high wear resistances to acid, high fluoride release and high flexural strength.

The upgraded equia forte has added micron sized fluoroaluminosilicate fillers to the standard one. The addition of these highly reactive fillers leads to release more fluoride and metal ions and improve the physical properties of the set material. Another modification includes a light-cured, nanofilled resin coating (Equia forte coat). This modernized coat have a new highly reactive multifunctional monomer that has thinner film layer, more wear resistance and adds lustrous smooth surface to the final restoration<sup>10</sup>.

The aim of this study is to compare and evaluate the microleakage of three different restorative materials namely cention N, zirconomer improved and glass hybrid restorative system under stereomicroscope by using dye penetration method.

## 2. MATERIAL AND METHODS

45 human maxillary and mandibular premolars (extracted for orthodontic purposes) without caries, cracks and no previous restorations were included in this study. The collected 45 teeth were cleaned stored in distilled water at 4°C until use. By means of straight fissure bur Class V cavity were prepared on the buccal surface with standardization of 3 mm width, 3 mm height, and 1.5 mm depth. A graduated William's probe used to measure the dimensions of the cavities. The preparations were randomly divided into three equal groups of 15 cavities each. The samples were categorized into three groups as

Group I –Cention N

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**Comment [r3]:** Author may include and discuss more on these different type of restorative material regrading previous research on microleakage.

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Please state who was doing the preparation and who did the measurement and random sampling.

Please explain on how the number of sample was decided.

Group II - Zirconomer Improved and

Group III - Glass hybrid restorative system (Equia Forte).

According to the manufacturer's instructions, prepared cavity was restored with respective materials. After this samples were subjected to thermocycling of 500 cycles between 5-55 degree Celsius with a dwell time of 30sec. Then the samples were prepared for dye immersion by coating each sample with finger nail varnish, with the exception of a 0.5-1.0 mm window around the restoration margins and sealing the apices with sticky wax. The teeth were immersed in 5% methylene blue dye (figure:1) for 48 hours. Afterwards the samples were split longitudinally in a buccolingual direction. The microleakage was assessed by viewing all the samples under stereomicroscope (figure:2) at a magnification of 40X.

Figure 1: samples immersed in 5% methylene blue dye



Figure 2: Stereomicroscope



The scoring criteria for the microleakage assessment (figure:3a,3b,3c) were followed according to Vinay S and Shivanna V (2010)<sup>11</sup>.

0 = No dye penetration.

1 = Dye penetration up to 1/3rd cavity depth

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**Comment [r7]:** Please explain why the process of soaking went for 48hours. References?

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2 = Dye penetration up to 2/3rd cavity depth

3 = Dye penetration to full depth of cavity

Figure 3a: Stereomicroscope images showing microleakage of score 1



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Figure 3b: Stereomicroscope images showing microleakage of score 2



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Figure 3c: Stereomicroscope images showing microleakage of score 3



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### 3. RESULTS AND DISCUSSION

Descriptive statistical analysis was performed to calculate the mean with corresponding standard deviation. Furthermore, one-way analysis of variance followed by post hoc Tukey's test was performed with the help of critical difference (CD) or least significant difference at 5% and 1% level of significance to compare the mean values.  $P < 0.05$  was taken to be statistically significant.

Table 1 shows the mean and standard deviation of microleakage of three different restorative materials considered in the present study. Samples in group III (Equiaforte) exhibited the highest mean value (2.20) followed by Cention and Zirconomer improved. Zirconomer improved exhibited the least mean microleakage among the three restorations.

**Table 1:-Distribution of mean values of Microleakage in all groups**

	<i>N</i>	<i>Mean</i>	<i>Std. Deviation</i>	<i>Std. Error</i>
Cention N (Group I)	15	1.93	0.594	0.153
Zirconomer improved (Group II)	15	1.07	0.594	0.153
Equiaforte (Group III)	15	2.20	0.676	0.175
Total	45	1.73	0.780	0.116

Table 2 shows the comparison of mean microleakage of the three restorative materials using One way ANOVA test. The result was statistically significant indicating that there exists a significant difference in the mean values of the three restorative materials included in the study ( $p < 0.05$ ).

**Table 2:-Comparison of mean microleakage between groups- One way ANOVA test**

		<i>Sum of Squares</i>	<i>Degree of freedom</i>	<i>Mean Square</i>	<i>F</i>	<i>P value</i>
Microleakage	Between Groups	10.533	2	5.267	13.598	<.001**
	Within Groups	16.267	42	0.387		
	Total	26.800	44			

\*\*Highly significant

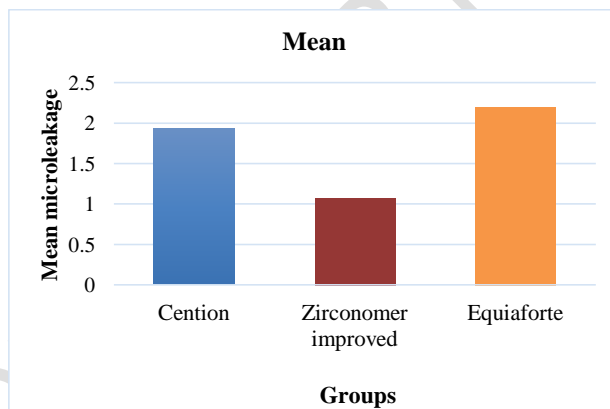
Table 3 shows the pairwise comparison of the mean microleakage between Cention, Zirconomer improved and Equiaforte using Tukey's post hoc test. It is observed that both Cention and Equiaforte are superior to Zirconomer improved in terms of microleakage ( $p < 0.05$ ). However no statistically significant difference was found between Cention and Equiaforte.

**Table 3:-Inter Comparison of microleakage between groups- Tukey's HSD post hoc test**

(I) group	(J) group	Mean Difference (I-J)	Std. Error	P value	95% Confidence Interval of mean difference	
					Lower Bound	Upper Bound
Cention	Zirconomer improved	0.867	0.227	<.001**	0.31	1.42
	Equiaforte	-0.267	0.227	0.48	-0.82	0.29
Zirconomer improved	Cention	-0.867	0.227	<.001**	-1.42	-0.31
	Equiaforte	-1.133	0.227	<.001**	-1.69	-0.58
Equiaforte	Cention	0.267	0.227	0.48	-0.29	0.82
	Zirconomer improved	1.133	0.227	<.001**	0.58	1.69

\*\*Highly significant

**Graph 1 : Mean microleakage of three materials considered in the study**



Thus the result showed mean microleakage score of Group I is higher compared to other groups, and the mean microleakage score of Group III is lowest when compared to other groups.

### 3.1. DISCUSSION

Dr. GV Black's 'extension for prevention' manoeuvre has made great progress in restorative dentistry from dental amalgam fillings to the minimally invasive micro-retention of adhesive composite fillings and chemically bonded restorations such as glass ionomers. As a result of minimal removal of sound tooth structure endurance time for the restorative material remains longer<sup>12,13</sup>.

Major problem in restorative dentistry is microleakage as it has been related to pulp alterations, sensitivity and secondary caries, which leads to failure of restoration (Manhart et al., 2004). To evaluate microleakage, presently there is no stupendous method (Alani and Toh, 1997). Microleakage define as

the leakage of tiny amounts of fluids and debris in the space between a dental restoration (cement or adhesive) and the tooth (cavity wall) at the surface<sup>14</sup>.

To determine durability of the restorative material, dye penetration test is used by clinicians and researchers. Regardless of its limitation dye penetration method was used in this study because they are considered to be still popular to determine microleakage. They also have a benefit of low cost and simplicity of technique<sup>15</sup>.

Numerous methods used to detect microleakage, dye penetration with methylene blue has confirmed to be a time-tested method. Methylene blue (0.5%) has low molecular weight known to be smaller than bacteria, it helps to determine leakage in places where even bacteria cannot penetrate<sup>16</sup>.

To mimic the oral cavity environment, thermo-cycling is considered a collective in vitro aging technique. In this study, thermo-cycling was carried out, subjecting the specimens 1000 cycles representing approximately 1.2 months of in vivo activity<sup>17</sup>.

Persistence of Class V restorations is minimal, suggesting that in this kind of restoration the performances of the tested GIC system were most challenged. Chemical resistance and self-adhesion define glass ionomer cement as reliable material for Class V restorations<sup>18</sup>.

Similar to glass ionomer cement (GIC) Centon N discharges fluoride and more esthetic material as a result of its higher transparency of 11% in accordance to GIC which presents transparency of 3–4%<sup>19-21</sup>.

In this present study, zirconomer Improved exhibits lesser microleakage value when compared to Centon N and hybrid ionomer cement (Equiaforte) statistically significant with p value of less than 0.05%. It might be due incorporation of zirconia fillers which is an uneven compound and hence deviations its phase from monoclinic to tetragonal and then to cubic and vice versa thereby increasing in volume counteracting the volumetric shrinkage expressed during polymerization<sup>22-24</sup>.

It is contradictory to the study conducted by Talat Naz et al in which they concluded the mean microleakage of Zirconomer Improved was found to be more than Centon N. Contradiction results may be due to variation in selection of tooth samples, storage time, type of cavity preparation which will affect the microleakage<sup>25</sup>.

Present study is similar to the study conducted by Albesti et al who concluded that Zirconomer Improved displayed minimum microleakage when tested by dye penetration method. It could be due to that incorporation of zirconia fillers would cause interference in the chelating reaction between the carboxylic group (-COOH) of polyacrylic acid and the calcium ions (Ca<sup>2+</sup>) of tooth apatite<sup>26</sup>.

In contrary to this study Sahadev CK et al, who showed a significant lower microleakage for Centon N than zirconomer. The authors attributed this result due to incorporation of organic/inorganic ratio and the monomer composition of the material, validation for its low volumetric shrinkage<sup>27</sup>.

In this study Centon N displayed relatively lesser microleakage than Equiaforte which exhibit higher microleakage. It is incongruous to the study revealed by Bharath M J et al, who found Centon N displayed lesser microleakage than Equiaforte it could be due to Centon N has a distinctive patented isofiller, which is moderately functionalized by silanes which acts like a spring, enlarging to some extent as the forces between the fillers grow during polymerization. Hence, it pushes the material towards cavity walls which further leads to close adaptation and thus decreases the microleakage<sup>28</sup>.

#### 4. CONCLUSION

In this study, zirconomer improved a newer restorative material displayed minimum microleakage compared to Centon N and Equiaforte. To overcome postoperative sensitivity as a result of marginal leakage we are in need of better restorative materials. So, newer materials like Zirconomer with improved

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physical properties can be used to minimize the microleakage, but still further in vivo studies are needed with larger no of samples to determine the masticatory forces, humidity variation, presence of salivary enzymes and bacterial by products which can affect the microleakage.

#### COMPETING INTERESTS DISCLAIMER:

AUTHORS HAVE DECLARED THAT NO COMPETING INTERESTS EXIST. THE PRODUCTS USED FOR THIS RESEARCH ARE COMMONLY AND PREDOMINANTLY USE PRODUCTS IN OUR AREA OF RESEARCH AND COUNTRY. THERE IS ABSOLUTELY NO CONFLICT OF INTEREST BETWEEN THE AUTHORS AND PRODUCERS OF THE PRODUCTS BECAUSE WE DO NOT INTEND TO USE THESE PRODUCTS AS AN AVENUE FOR ANY LITIGATION BUT FOR THE ADVANCEMENT OF KNOWLEDGE. ALSO, THE RESEARCH WAS NOT FUNDED BY THE PRODUCING COMPANY RATHER IT WAS FUNDED BY PERSONAL EFFORTS OF THE AUTHORS.

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Some of the references are very outdated. Preferably to put references in range of 5-10 years

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