

Review Form 1.6

Journal Name:	Journal of Pharmaceutical Research International
Manuscript Number:	Ms_JPRI_82667
Title of the Manuscript:	The Mediterranean diet, but not metformin, is effective in the prevention of gestational diabetes: A review of randomized controlled trials
Type of the Article	Review Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

<https://www.journaljpri.com/index.php/JPRI/editorial-policy>

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PART 1: Review Comments

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Compulsory REVISION comments	<p>Its study is of great interest to the scientific community. Despite this, I kept thinking about how we could think of comparing a preventive action, which would be the Mediterranean diet, and an action of a more therapeutic nature, which is the use of metformin.</p> <p>I would like to know if they would agree with that thought. If they are, I suggest thinking of a title that gives the real impression of what was done, that is, an analysis of outcomes of studies that used metformin to improve high blood glucose rates and another analysis of studies that evaluated outcomes of high blood glucose rates among women who adopted a Mediterranean diet.</p> <p>All this because I think that metformin is not a preventive use, but a therapeutic resource. Perhaps for this reason it has not proved to be effective. We would then have to place appropriate titles on the engravings and figures, removing the terminology "prevention of gestational diabetes mellitus" associated with metformin.</p> <p>The authors' methodology seemed adequate to me as it followed the criteria of a meta-analysis, despite the reduced number of articles, as stated, as to a limiting factor. I also understand that RevMan was a suitable tool for the study.</p> <p>The results reflected the quantitative nature of the studies and it is a limiting factor but does not detract from the study, on the contrary. Finally, the discussions are adequate and pertinent, but the conclusion should be made separately, without associating the comparative idea of the effectiveness of metformin with the oriental diet.</p>	
Minor REVISION comments		
Optional/General comments		

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PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

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