

## Review Form 1.6

Journal Name:	<a href="#">Journal of Pharmaceutical Research International</a>
Manuscript Number:	Ms_JPRI_80236
Title of the Manuscript:	Management of Hypertension Through Shodhana & Shamana Chikitsa: A Systematic Review
Type of the Article	Review Article

### **General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

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**PART 1: Review Comments**

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b>Compulsory</b> REVISION comments	<p>It would be appreciated, whenever possible, that <i>Sanskrit</i> terms be followed by their respective English translations (maybe parenthesized). Therefore, taking into account readers from other areas of knowledge besides <i>Ayurvedic</i> Medicine.</p> <p>I particularly believe that there is a need for a brief definition of <i>Ayurveda</i> in the ABSTRACT section.</p> <p>Using the indefinite article "an" prior to <i>Ayurveda</i>, in "An <i>Ayurveda</i>" on page 2, introduction section, makes a limited impression about this holistic science. I strongly suggest correcting such a grammatical slip. How about leaving only, "<i>Ayurveda</i>"?</p> <p>Is the term "<i>Acharya</i>" on page 2, introduction section, really necessary? I did not feel that the citation "Our ancient <i>Acharyas</i>" meets the criteria of impersonality. And I believe it is not very suitable for the nature of this study. Suggestion: "Ancient scholars [...]" or <i>Ancient Acharyas</i> (then use the translation of the term in English, between parenthesis). Still in this paragraph, was the intention to write sculptures or scriptures?</p> <p>In the introduction section, how about giving a brief look at <i>Yoga</i> and emphasizing it as a branch of <i>Ayurvedic</i> Medicine?</p> <p>I found it a bit confusing to approach the terms "Main <i>Dosha</i>" and "elimination of vitiated <i>Doshas</i>" on page 12, chapter "Role of <i>Virechana</i>", without an explanation and prior definition of them. Perhaps it would be better to take some time, in the introduction section, to define <i>Dosha</i> before saying that they can become corrupted, vitiated.</p> <p>Pointing out the types of <i>Doshas</i>, perhaps at the end of the first paragraph of the Discussion section, would help to understand when hypertension is said to be "<i>kapha</i> predominant", on page 14, and so on.</p>	
<b>Minor</b> REVISION comments	<p>In section 2. Bhogayata K. et al. .2009, page 4, there is a one word missing: "In this clinical study conducted for the (Time/Period) of 21 days [...]". In the next sentence, there is another grammatical slip: "The study <b>was</b> population <b>was</b> divided [...]"</p> <p>In section 4. Mishra J. et al. (2012), page 5, I believe that instead of "more", "greater" would be better: "This decrease was <b>greater when</b> compared to group A."</p> <p>On page 6, section 6. Agrawal R. et al. 2015 there is a redundancy in: "inspirations <b>&amp; and</b> expirations".</p> <p>In section 10. Singh A.et al.2017, page 8, there is a misspelled word: "Slightly Body Pain with <b>oedema</b>, Breathlessness [...]"</p> <p>On page 15, I found the following paragraph confusing: "Generally, therapies like <i>Shirodhara</i> with <i>Bramhi Taila</i>, <i>Nasya</i>, <i>Takradhara</i>, <i>Yoga</i> is an ancient therapy". Would it be the correct form: "Generally, methods like <i>Shirodhara</i> with <i>Bramhi Taila</i>, <i>Nasya</i>, <i>Takradhara</i> <b>and Yoga are</b> ancient therapies [...]" ?</p> <p>Just ahead, still on the same page, when it is said that "Yogic practices at the region of <i>Agnya Chakra</i>, the person can develop t capability", would the intention be to write: "Yogic practices in the region of <i>Agnya Chakra</i>, <b>makes</b> the person develop the capability [...]" ?</p>	
<b>Optional/General</b> comments	<p>The title clearly and sufficiently reflects the content of the manuscript.</p> <p>The content of the manuscript explains the use of the theoretical/methodological framework and the method used is appropriate for the type of study proposed.</p> <p>The article provided adequate justification of why the matter is worthy of study and further study.</p>	

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	<p>The discussion is pertinent. Differences between other studies were considered and limitations of the study are presented. Having added the roles within each Ayurvedic technique (<i>Shodhana Chikitsa</i> and <i>Shamana Chikitsa</i>) was an interesting idea, able to make the understanding and perspective clearer, not leaving the findings and conclusions resting heavily on the insight of the authors.</p> <p>The conclusion expresses considerations about the theoretical or practical implications of the results and presents a contribution of the study to the advancement of scientific knowledge.</p> <p>There is a good theoretical framework and the references are pertinent, adequate for the purpose of the study.</p>	
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**PART 2:**

	<b>Reviewer's comment</b>	<b>Author's comment</b> <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
<b>Are there ethical issues in this manuscript?</b>	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

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