

## FORMULATION, CHARACTERIZATION AND RELEASE BEHAVIOUR OF METFORMIN HYDROCHLORIDE MODIFIED RELEASE TABLET BY USING HYDROPHILIC POLYMERS

### ABSTRACT

Diabetes mellitus is a global public health problem faced by human. It is a chronic life-style related disease which is now growing as an epidemic in both developed as well as developing countries. The current study is about formulation of metformin hydrochloride which is an oral antidiabetic drug, as sustained release tablets using various polymers. The tablets are prepared by granulation techniques using binding solution containing PVP K30. The possible interaction between the pure metformin hydrochloride and polymers are identified by Fourier transform-infrared (FT-IR). Tablets were formulated with different polymers like PVP K30, HPMC K100 and sodium CMC. Matrix prepared with high concentration of Hydroxy propyl methyl cellulose K100 polymer retards the drug release up to 6 hrs at 59 %, but the formulation F3 showed 72.72% of drug release in 6 hrs. The release of drug from the F3 formulation was found to be prolonged compared to other formulations. It would be desirable to study about the drug release from formulation containing optimum concentration of polymer will be prolonged drug release.

*Keywords: Metformin hydrochloride, HPMC K 100, PVP K 30, CMC, sustained release tablet*

### 1.INTRODUCTION

Diabetes mellitus is a chronic disease suffered by approximately 150 million people out of which 35 million people are Indians. The available antidiabetic drugs are used to treat diabetes mellitus and insulin resistance. The antidiabetic drugs are classified as biguanides, thiazolidinediones, the sulfonyl ureas, benzoic acid derivatives and alpha glucosidase inhibitors. The biguanide drug, metformin is currently prescribed by most of the physicians worldwide. An ideal drug delivery formulation should release required amount of drug inside human body to desired therapeutic effect. Nowadays, sustained release dosage formulations are main focus of the pharmaceutical research field to avoid noncompliance by the patient and to reduce adverse drug reactions. The novel sustained release dosage form should be able to maintain drug concentration in blood and tissue for extended or sustained period of time. The ideal SR

dosage form is obtained by trying "zero order" release dosage form without the influence of the delivery system [1-4].

The oral antidiabetic drugs are formulated as tablets and capsules. Those tablets and capsules are modified into controlled drug delivery formulation and sustained drug delivery formulation. Matrix tablets are widely acknowledged for oral controlled release tablet, as they are easy to formulate. The controlled release dosage forms are formulated using polymers and release-retarding materials as matrix. The rate of drug released from an ideal oral sustained release formulations is based on the polymer concentration. The intrinsic properties of the drug or the situation of GI tract should not affect the formulation. The drug molecules exhibited higher permeability across the gastrointestinal epithelium. The absorption rate of the drug is controlled by the rate of drug released from the formulation [5-9].

## 2.METHODOLOGY

Metformin drug was purchased from Himedia lab pvt ltd., Mumbai and HPMC K 100 was purchased from phoenix Pharma, Pondicherry. Lactose, PVP K30, talc, aerosil, sodium hydroxide and sodium CMC were generous gift sample from Nice chemicals, Cochin, Kerala. Magnesium stearate was get from loba chemicals, Mumbai.

### Parameters for preformulation:

Precompression study parameter of the pre-formulation was determined to find out the flow and compression properties of granules before compressing into tablet form.

### Bulk Density

The 25 gram of the drug is weighed after passing through sieve (no. 20). The drug was then transferred into a graduated cylinder (100 ml). The powder is carefully leveled without compaction and apparent volume ( $V_0$ ) is measured. The apparent bulk density (gram per ml) is calculated by dividing powder weight by bulk volume [4].

### Tapped Density:

Metformin hydrochloride (25 gm) is weighed after passing through the sieve (no. 20) and transferred into graduated cylinder (100 ml). The cylinder is then tapped mechanically using density tester and the drug is allowed to settle. The tester provided a fixed drop of  $14 \pm 2$  mm at a rate of 300 drop per minute. Again, the cylinder is tapped for 500 and 750 times, respectively and initial volumes ( $V$ ,  $V_1$ ) were measured<sup>10, 11</sup>. If the difference between the volumes ( $V$  and  $V_1$ ) was less than 2 %, then the obtained volume was considered as final volume ( $V_2$ ). The final tapped density (gram per ml) was determined by dividing weight of the powder by final tapped volume [4]

#### Angle of Repose:

The angle of repose ( $\theta$ ) is measured by fixed funnel method by adjusting the height of the funnel in order to touch the apex of the granular heap. The prepared granules flowed freely through the funnel and the angle of repose is calculated by using the below formula.

$$\theta = \tan^{-1} \left( \frac{h}{r} \right) [4]$$

Where, h is the height of the granular heap and r is the radius of the granular circle.

#### Compressible Index (Carr's Index):

Carr's Index is a parameter to measure the flow properties of the powder and it is measured using below equation

$$I = (D_t - D_b / D_t) \times 100$$

Where,  $D_t$  is the tapped density of the powder and  $D_b$  is the bulk density of the powder<sup>4</sup>.

#### Hausner Ratio:

Hausner ratio is the flowability of a powder or granular material measured by the below given formula.

$$\text{Hausner ratio} = D_t / D_b$$

#### Drug excipients compatibility studies

The drug-excipient compatibility is determined using FT-IR. The drug and excipients are mixed with KBr pellets and scanned at a speed of 400-4000  $\text{cm}^{-1}$  [12-16]. The peak values, spectra and the functional groups of the mixture are compared with standard values.

#### Fabrication of Sustained Release tablet containing Metformin:

The sustained release formulation of metformin was prepared by wet granulation method by mixing with various ingredients and various batches listed in the table 1.

All the ingredients were thoroughly blended with addition of PVP K 30 solution and then magnesium stearate and talc were added. The blend is compressed into tablets with 16/32 flat punches by keeping average weight of 700 mg. The variation in weight, tablet hardness, tablet thickness, tablet friability and dissolution rate of the compressed tablet were evaluated [17-20].

TABLE 1: Formulation of Metformin hydrochloride Sustained Release Tablets

INGREDIENTS	F <sub>1</sub>	F <sub>2</sub>	F <sub>3</sub>	F <sub>4</sub>	F <sub>5</sub>	F <sub>6</sub>	F <sub>7</sub>

Metformin	500 mg	500 mg	500 mg	500 mg	500 mg	500 mg	500 mg
HPMC K100	120 mg	115 mg	-	-	-	-	-
Sodium CMC	-	-	105 mg	110 mg	115 mg	120 mg	125 mg
Lactose	42 mg	42 mg	42 mg	42 mg	42 mg	42 mg	42 mg
PVP K30	15 mg	20 mg	30 mg	35 mg	40 mg	45 mg	50 mg
Magnesium Stearate	10 mg	10 mg	10 mg	10 mg	10 mg	10 mg	10 mg
Talc	10 mg	10 mg	10 mg	10 mg	10 mg	10 mg	10 mg
Aerosil	3 mg	3 mg	3 mg	3 mg	3 mg	3 mg	3 mg
Distilled Water	q.s	q.s	q.s	q.s	q.s	q.s	q.s

### In vitro Dissolution Studies

The *in-vitro* drug release profile of the prepared sustained release tablet is measured using USP type II dissolution apparatus. 900 ml of phosphate buffer was filled in the basket of apparatus as the dissolution medium at  $37 \pm 0.5$  °C for 6 hours[17-18] For every one hour intervals, sample (5 ml) was withdrawn from the dissolution medium and replaced with fresh buffer solution to maintain constant volume. After filtration, dissolution was measured using UV spectrometer (UV – 1800 shimadzu, japan) at the 233 nm.

**Comment [NATN1]:** The author should decide whether that they are using type I or II dissolution apparatus because type I using basket and type II using peddle

**Comment [NATN2]:** Numbers are not acceptable to be put in the beginning of the sentence

**Comment [NATN3]:** Spectrophotometer

### Properties of optimized sustained release tablets

The compressed tablets are checked for quality control parameters (weight variation, thickness, hardness, friability, drug content, and in-vitro drug release behavior).

### Hardness

The hardness of the tablet is measured by tablet crushing load using the tablet hardness tester (Pfizer hardness tester). The tablet crushing load is the load required to break the tablet.

### Variations in tablet weight

Tablets are randomly selected from each formulations and weighed separately. The average weight of tablet is determined from the measured values.

**Comment [NATN4]:** The author should decide which is this test according to USP is it the same as weight Variation? If yes then try to re-write the title

### Friability

The friability of the tablets were measured using Roche friabilator™ at 100 rpm. The tablets are weighed again and percentage friability was calculated using the below formula.

$$\text{Percentage Friability} = \frac{\text{initial weight} - \text{Final weight}}{\text{initial weight}} \times 100$$

#### Estimation of Amount of Drug

Tablets (10) from each formulation are powdered. The phosphate buffer (pH 6.8) was used to dissolve the powdered tablets. The diluted solution was analyzed by UV and DBSM at 233 nm [21-23].

#### Thickness

Size and thickness of the tablet were measured using screw gauge. The thickness of tablet obtained was related to tablet hardness.

#### Drug Release Kinetic Profile

The release kinetics of the tablet at zero order and first order were measured using Higuchi and Korsmeyer-peppas model [23-25].

### 3.RESULTS

#### Pre-formulation Studies

##### Properties of compressed granules

The properties of granules before compression are given in table 2. The obtained result indicated that the flow properties of powder was better for smooth tablet compression.

TABLE 2: Pre-compression Parameters

Formulations	Bulk density (g/ml)	Tapped density (g/cm <sup>3</sup> )	Compressibility	Hausner Ratio	Angle of Repose
F <sub>1</sub>	0.53	0.62	12.35	1.14	22.5
F <sub>2</sub>	0.51	0.60	13.40	1.13	24.7
F <sub>3</sub>	0.57	0.65	12.48	1.06	25.9
F <sub>4</sub>	0.54	0.62	13.40	1.13	24.6

F <sub>5</sub>	0.49	0.60	12.42	1.11	22.6
F <sub>6</sub>	0.47	0.61	12.56	1.10	23.6
F <sub>7</sub>	0.45	0.63	13.20	1.09	21.6

### Compatibility Studies

The FT-IR spectra of metformin HCl, HPMC K100, sodium CMC and their composition was measured. It is shown that a high intense stretching frequency occurring at 3371.34 and 1625.88 cm<sup>-1</sup> correspond to –OH and –NH<sub>3</sub><sup>+</sup> groups is present in metformin HCl. CH showed 1475.44 cm<sup>-1</sup> corresponding to NH<sub>3</sub><sup>+</sup> groups, HPMC K100 showed peak at 3445.56 cm<sup>-1</sup> assigning to –OH groups, and sodium CMC showed 3419.56 cm<sup>-1</sup> corresponding to –OH groups. In case of drug and polymer composition, the broadening of bonds appeared at ranges of 3523.70, 3371.34, 3294.19 cm<sup>-1</sup>, respectively. This can be inferred due to intermolecular hydrogen bonding between drug and polymers. The result concluded that the obtained values of FT-IR is within the limit and showed excellent flow properties.

### Post Compression Parameters:

The results of parameters of compressed tablets are illustrated in table 3.

**Table 3: The results of parameters of compressed tablets are illustrated**

Formulation	Weight Variation (%)	Hardness (Kg/cm <sup>2</sup> )	Thickness (mm)	Friability (%)
F <sub>1</sub>	710 ± 10	4.34 ± 0.35	4.96 ± 0.03	0.547 ± 0.27
F <sub>2</sub>	700 ± 10	4.81 ± 0.12	4.98 ± 0.02	0.57 ± 0.19
F <sub>3</sub>	720 ± 10	3.79 ± 0.52	4.97 ± 0.02	0.273 ± 0.35
F <sub>4</sub>	710 ± 10	3.81 ± 0.47	5.01 ± 0.01	0.731 ± 0.11
F <sub>5</sub>	700 ± 10	4.45 ± 0.51	5.22 ± 0.05	0.621 ± 0.12
F <sub>6</sub>	705 ± 10	5.66 ± 0.40	5.25 ± 0.03	0.581 ± 0.18
F <sub>7</sub>	710 ± 10	6.70 ± 0.42	5.38 ± 0.01	0.430 ± 0.19

### In-vitro Dissolution Profile

In-vitro release data from controlled release formulation were carried out for six hours and graphically represented as percentage drug release verses time profile. Dissolution rate of pure metformin is very low. Only 27.64% of the drug was released in phosphate buffer at the time end of six hours. The sustained release of drug from the formulation rate is increased more than the pure drug, due to the increase in surface of the drug and possible better contact with polymer between the formulations and dissolution medium.

The results of dissolution studies indicated that F<sub>1</sub>-F<sub>7</sub> released 56.89%, 59.28%, 72.72%, 63.25%, 56.25%, 51.56% & 54.98% of drugs, respectively. Dissolution studies prove that our modified tablet formulation F<sub>3</sub> have shown 72.72% of drug in six hours. The result showed that considerable amount of drug was released for a period of up to six hours. Minimum amount of drug released within two hours in phosphate buffer (pH 6.8). The release of formulation F<sub>3</sub> was prolonged than the other formulation showing the fig.no.1.

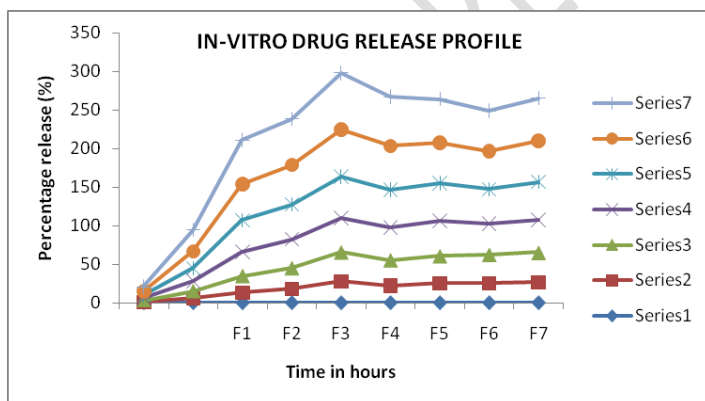
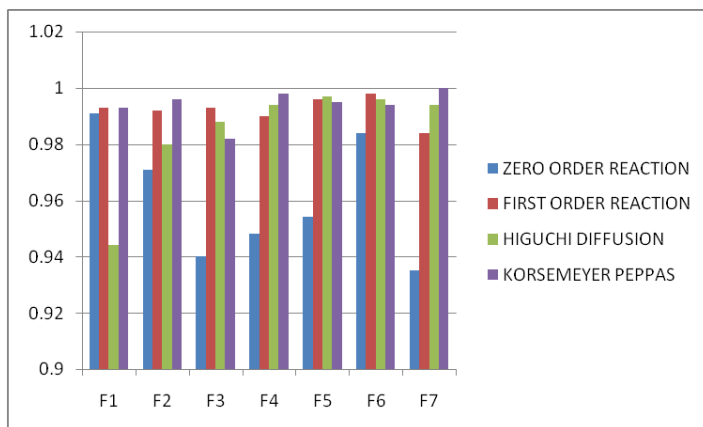


Figure 1: In-vitro drug release profile

### Drug Release Kinetic Profile

The kinetic data of the drug formulation was checked in zero order, first order, Higuchi and Korsmeyer and peppas model, respectively. The results were showed in the histogram graph figure 2.

**Comment [NATN5]:** The figure should be completely done again because the data is missing like time and the formulations numbers were put instead of it



**Figure 2: Drug release kinetic profile**

The release rate kinetic data of F<sub>3</sub> formulation was found to be the best when compared to other formulation as represented in figure 3. As shown in drug release data, the drug release of F<sub>3</sub> formulation is best formulation suitable for first order kinetic equation with highest linearity ( $r^2=0.988$ ).

As shown in figure 3, the plot for Korsmeyer-Peppas equation indicated a respectable linearity ( $r^2 = 0.982$ ). The diffusion exponent "n" fitted 0.982 that indicated the diffusion mechanism is Class II transport. This indicated that the drug release is better for diffusion and dissolution.

#### 4.CONCLUSION

In this current study, Metformin hydrochloride sustained release tablet was successfully designed by wet granulation technique. Tablets were formulated with different polymers with different composition to achieve, the target. These formulations showed good flow properties with better release of drugs and kinetics. In the *in-vitro* drug release formulation F<sub>3</sub>, showed 72.72% of drug release in 6 hrs. The release of drug from the F<sub>3</sub> formulation was prolonged compared to that of other formulations. It would be desirable to study that formulation containing optimum concentration of polymer will release the drug after prolonged time interval compared with high concentration polymers. Compare to all formulation from F1 to F7, only F3 has found to be ideal concentration of the sustained release behavior. These finding suggest the HPMC K 100 at the higher concentration shows the drug release retardation possibly due to viscosity of the gel structure so the formulation F3 was considered as optimized formulation.

Comment [NATN6]: Compared

Comment [NATN7]: The author needs to approve this theory

#### CONSENT

The patient's informed consent was obtained before the case facts were published.

## ETHICAL APPROVAL

As per international standard or university standard written ethical approval has been collected and preserved by the author.

## COMPETING INTERESTS DISCLAIMER:

Authors have declared that no competing interests exist. The products used for this research are commonly and predominantly use products in our area of research and country. There is absolutely no conflict of interest between the authors and producers of the products because we do not intend to use these products as an avenue for any litigation but for the advancement of knowledge. Also, the research was not funded by the producing company rather it was funded by personal efforts of the authors.

## REFERENCE

1. Bandari S, Mittapalli RK, Gannu R, Rao YM, Oral dispersible tablets; an overview, Asian J pharm. 2008;2(1):2-11.
2. Prabu M, Subramian L, Palanichamy S, Jeganath S, ThangaThirupathi A. Formulation and evaluation of Ciprofloxacin controlled release matrix tablets. Sch Res Lib Der Pharmacia Letter 2010;2(2):237-43.
3. Tapaswi RD and Pankaj V, Matrix Tablets; An approach towards Oral Extended Release Drug Delivery, Int J Pharm Res and Rev.2010; 2(2): 12-24.
4. The Theory and Practice of industrial pharmacy by Leon Lachman third edition page no. 294.-98.
5. Colombo P, Massimo G, Catellaani PL, Santi P, Peppas NA. Drug diffusion front movement is important in drug release is controlled from swellable matrix tablets, Ind J pharma Sci.1995 84:991-97.

6. Rangasamy M, Venkatachalam S, Bandaru Lakshmi N, PalnatiVenkata KR. Formulation and evaluation of Metformin HCL sustained release tablets. *Int J Biopharmaceutics*. 2013; 4(2):73-79.
7. Rohini D, Alexander S, Chandrasekar JN, Preparation and In-vitro evaluation of sustained release tablet formulation of Metformin hydrochloride. *Asian J Pharm clin Res*. 2012;5(1): 45-48.
8. Madhusudhan R, Ayesha S, Surya B, Manasak J, Srinivasa BP. Formulation and evaluation of sustained release matrix tablet of Metformin Hydrochloride. *Ind J Res Pharm and Biotec*. 2013 1(2):197-200.
9. Ganesh G, Sureshkumar R, Jawahar N, Senthil V, NagasamyVenkatesh D, ShanmukhaSrinivas M. Preparation and evaluation of sustained release matrix tablet of Diclofenac sodium using Natural Polymer. *J Pharm Sci and Res*. 2010; 2(6): 360-68.
10. Bhupendra P, Rakesh P, Dhaval P, Payal S. Metformin Hydrochloride sustained release matrix tablet using different Polymers. *E-Journal of science and technology*. 2013; 8(4):61-72.
11. Upadhyay U, Rathore KS. Formulation and evaluation of sustained release matrix tablet of Metformin hydrochloride, *Pharm Chem J*. 2014; 1(2):5-13.
12. Md.Asaduzzaman, Md. RezowanurRahman, Md. SaifurRahmanKhan, S.M. Ashraful Islam,. Development of Sustain Release Matrix Tablet of Ranolazine Based on Methocel K4M CR, *in vitro* Drug Release and Kinetic Approach, *J Applied Pharm Sc*. 2001; (8)1:131-36.
13. Dharmendra S, Surendrakumar S, SujataMahapatra. Formulation and Evaluation of Sustained Release Metformin Hydrochloride matrix tablet using natural Polysaccharide, *Am J Pharm Tech Res*. 2014;4(6):492-502.
14. Rahavendra R, Gandhi S, Patel T. Formulation and Evaluation of Sustained release Matrix tablet of t Tramadol Hydrochloride, *Int J Pharm and pharm sci*. 2009;1(1):60-70.
15. Svashankar M, Manasa K, KrishnmohanGM, Sunithareddy.M. Formulation and evaluation of sustained release matrix tablets of metformin by using the combination of natural and synthetic polymers, *World journal of pharmacy and pharmaceutical science*. 2013;(2):5977-87.
16. Tamizharasi S, Sivakumar T, Chandra, R.J. Formulation and evaluation of floating drug delivery system of aceclofenac, *Int J Drug Dev and Res*. 2011;3(3):242-51.
17. Sato H, Miyagawa Y, Okabe T, Miyajima M, Sunada H, Dissolution mechanism of Diclofenac sodium from wax matrix granules *Indian J pharm sci* .1997;86:929-34
18. Alford Martin, physical pharmacy, physical chemical properties in the pharmaceutical science. Fourth edition: 592.

19. Senthil A, Sureshkumar R, Hardik P, Sivakumar RT. Chitosan loaded mucoadhesive microspheres of Glipizide for treatment of type 2 diabetes mellitus: *in vitro* and *in vivo* evaluation, Der Pharmacia Lettre. 2011;3(4):366-79.
20. Ghodake JD, Vidhate JS, Shinde DA, Kadam AN. Formulation and evaluation of floating microsphere containing anti-diabetic (metformin hydrochloride) drug, Int J Pharm Tech Research. 2010;2(1):378-84.
21. Chintankumar T, Borkhataria Chetan J, Baria Ashok H, Patel Rakesh H, Tamizharas P, Sureja S, Pate DR, Parmar SD. Formulation and evaluation of aceclofenac loaded maltodextrin based proniosome, International Journal of Chem Tech Research. 2009; 1(3):567-73.
22. Suresh V, Nikung P, Pratik K, Patal P, Anand A. Formulation and *in vitro* evaluation of sustain release matrix tablets of Zolpidem tartarate, International journal of pharm tech research. 2013;3(2):858-63.
23. Basak SC, Kumar KS, Ramalingam M. Design and release characteristics of sustained release tablet containing metformin hydrochloride. Brazilian journal of pharmaceutical science. 2008;44(3):477-83
24. Sato H, Miyagawa Y, Okabe T, Sunada H,. Dissolution mechanism of diclofenac sodium fro wax matrix granules, Indian journal of pharmaceutical science.1997;86:929-34.
25. Jeongseok. Physical properties of polymer and their theoretical consideration system.1997;38(15):3761-766.