

## Study of morphofunctional parameters of blood cells in ischemic stroke using a genome-wide research

### Abstract

Biomarkers can play many useful roles in modern neurology. Early diagnosis and immediate therapy are important factors for reducing the degree of brain tissue damage in ischemic stroke, reduces the risk of death from stroke. In the current study, apolipoprotein CIII (ApoCIII), a biomarker of ischemic stroke, was found.

**Keywords:** *biomarkers, brain, fibrinolysis, DNA, ischemic stroke, genome-wide sequencing*

### Introduction

Cardiovascular diseases continue to be the main cause of disability and death in all countries of the world. [It can be changed from here and current statistics is needed to mention here](#) According to WHO estimates, in 2012, CVD claimed the lives of 17.5 million people, which accounted for 31% of all deaths in the world. In this regard, in recent years, scientists have been actively searching for biological markers that would allow identifying the atherosclerotic process at the early stages of its occurrence, and thereby screening patients with further stratification of risk groups.

As part of the search for universal diagnostic markers that would allow diagnosing and predicting the course of stroke with different clinical manifestations, it is necessary to update the study of genetic markers of oxidative stress as predictors of cardiovascular catastrophes. Then develop technologies for routine diagnostics based on new data suitable for implementation in general medical practice [1-4]. [Reference number should be in sequential, we are not able](#)

Formatted: Font color: Red

to understand that which content you have taken from which literature. It is essential to understand the reviewing the content proper

In the foreign literature there are indications of associations of the development of ischemic stroke and its more severe course, including the carriage of polymorphic gene variants: glutathione peroxidase (GPXC599T), hypoxia-induced factor (HIF1a C1772T), NADPH-H oxidase (p22phox C242T), manganese superoxide dismutase (MnSOD C47T) [5, 6]. Same as above suggestions.

Substantiation of the prospects for the study of biomarkers of cardiovascular catastrophes of various genesis

The methods currently used in the diagnosis of cardiovascular brain catastrophes are not effective enough and, moreover, take too much time. There is a need to search for new types of diagnostics that will be much better than today's existing protocols and tools [7].

The discovery of sensitive and specific biomarkers of ischemic stroke of the brain will improve the results of the therapeutic strategy and will help to assess the progress or complications of the disease [8]. Relevant diagnosis of ischemic stroke within the first 4.5 hours after the appearance of the first symptoms makes it possible to start treatment with recombinant tissue plasminogen activators, which limits the magnitude of negative changes in the brain, increases the effectiveness of treatment [9-10].

The studied potential biomarkers are substances involved in the processes of coagulation and fibrinolysis, as well as molecules released from damaged vascular endothelial cells, nerves and cardiac tissue. The analyzed substances are characterized by oxidative stress, apoptosis, excitotoxicity and damage to the blood-brain barrier.

In addition to the CRP protein, Pentraxin-3 (PTX3) is a protein of the acute phase of inflammation. However, unlike CRP, this is not produced in the liver, but is generated locally at the crash site [11]. The synthesis of PTX-3 is under the stimulating influence of interleukin-1 $\beta$  (IL-1 $\beta$ ), TNF- $\alpha$  and lipopolysaccharides,

while interleukin-4 (IL-4), interleukin-13 (IL-13) and IFN- $\gamma$  inhibit the production of PTX-3-process. Elevated levels of pentraxin-3 are independently associated with increased mortality after ischemic stroke, so it could be used as a prognostic factor [12,13].

Another well-known acute phase protein is lipocalin associated with neutrophil gelatinase (NGAL). Its secretion increases with inflammation and damage to the endothelium. Studies show that NGAL may be useful for distinguishing ischemic stroke from hemorrhagic stroke.

Another representative who claims to become a biomarker in the diagnosis of cardiovascular catastrophe: osteoprotegerin - glycoprotein, which is a representative of the superfamily of tumor necrosis factor  $\alpha$  receptors. In recent years, data on the possible role of osteoprotegerin in the development of cardiovascular diseases have begun to appear in the literature. Its role in increasing the level of osteoprotegerin in the development and progression of atherosclerosis and as a consequence of coronary heart disease, strokes and chronic heart failure has been proven [14,15].

In recent years, studies have been conducted that have shown that a high concentration of osteoprotegerin in blood plasma correlates with the severity of atherosclerotic lesions of peripheral arteries, the severity of heart failure and carotid artery stenosis, unstable angina and acute myocardial infarction [16].

Elderly patients with chronic heart failure were examined as part of a large randomized placebo-controlled CORONA trial (2011). The obtained results demonstrated the relationship of osteoprotegerin levels with age, low body mass index, functional class of chronic heart failure, left ventricular ejection fraction, heart rate, glomerular filtration rate, levels of very low density lipoproteins, triglycerides, NT-proBNP, C-reactive protein [17]. The authors also showed that the level of osteoprotegerin is a risk factor for the progression of heart failure and an increase in the frequency of hospitalizations [18].[does it really mean that both reviews were of same authors ? kindly read in deep.](#)

However, the findings should be interpreted with caution: despite the large sample size and the large number of outcomes studied, the study was conducted among patients older than 60 years with systolic heart failure and the results obtained cannot be applied in patients with chronic heart failure and preserved left ventricular ejection fraction. In the same study, the effect of statins (rosuvastatin) on the concentration of osteoprotegrin was studied. Rosuvastatin significantly improved the lipid composition of the blood in patients, but the level of osteoprotegrin did not change statistically significantly [19-20].

At the same time, B. Nellesmann and co-authors published data that low doses of statins reduce the level of the marker in patients with type 2 diabetes with microalbuminuria and hypercholesterolemia [17].

Research objectives: [so many objectives, it makes bit confusion in readers mind, can be clubbed , be specific about objective and how to measure it ?](#)

1. To identify patterns of changes in ischemic stroke at the genetic, molecular and cellular levels;
2. To assess the risk of stroke in the population of different ethnic groups (ethnic Russians and Caucasian nationalities) in the North Caucasus Federal District and people of different ages;
3. Statistically process patient data on the main indicators of blood clotting: plasma and cellular clotting factors;
4. To form groups of patients up to 50 years and after 50 years to track the degree of "rejuvenation" of stroke and candidate genes (apolipoprotein E - ApoE; lipoprotein lipase - LPL, paraoxonase) involved in the occurrence of stroke;
5. Statistically show a significant effect on the prognosis of the outcome of the disease and rehabilitation measures with the study of the effect of polymorphisms on clinical symptoms with an increase in the number of patients;
6. Study of platelet cell membranes and their components in ischemic stroke using flow cytometry methods;

7. If possible, to identify new targets (markers) of blood clotting when exposed to drugs administered during stroke (thrombolytics, antiplatelet agents and anticoagulants) on the morphofunctional parameters of platelets;

8. To study the properties of the plasma N-terminal pro-brain natriuretic peptide, the T allele of the HIF1a C1772T gene, to trace the polymorphism of this allele using Snp-coding;

9. If possible, identify a new gene marker for the prevention and diagnosis of ischemic stroke.

### **Materials and Methods**

The immediate subject of the search for the identification of associative links are single-nucleotide (point) bases in genes (SNP) that determine the components of a particular molecular biological system. Substitution of one nucleotide in one or both alleles of a gene causes the mutation effect. There is a decrease in the functional activity of the encoded molecule, therefore, options for strengthening the function or its complete disappearance are much less possible.

Based on the known pathogenetic mechanisms of ischemic stroke development, the research is aimed at the main enzyme-metabolic systems: inflammatory cascade, hemorheological reactions, oxidative stress. [What methods used in current study ??????????? kindly be specific.](#)

Cell samples:

1 ml of peripheral blood (about 200 µl is used for the first analysis) in a test tube for coagulological studies (vacutainer with sodium citrate), hematological studies (with EDTA and K3), biochemical studies (EDTA K3) and genetic studies (EDTA K3) [21]. DNA isolation is carried out using commercially available kits (DNeasy Blood and Tissue Kit, Qiagen) in accordance with the manufacturer's recommendations. The study material is genotype II of the ACE polymorphic gene (I/D), which is an independent predictor of a favorable 12-month outcome of the STEMI. The carriage of the Ser allele of the polymorphic gene ADRB1 Ser49Gly is associated with an increase in the frequency of adverse cardiovascular events

within 12 months after STEMI. Polymorphisms of the genes SLCO1B1 (val174ala), CYP2C19\*2, CYP2C19\*3, ADRB1 (Arg389Gly), LIPS (C514T) do not affect the 12-month prognosis after STEMI.

200 samples of biological material (blood, saliva) were used in the work.

The following scenarios are set in the work:

1) Selection of calculation protocols capable of describing experimental data for the objects under consideration and predicting the properties of new protein systems with the required accuracy; 2) Analysis of polymorphisms in ACE and AGT genes; 3) In silico modeling, using neural networks and supercomputer calculations, the development of myocardial infarction, based on the data obtained after DNA sequencing. [Kindly understand the best first research practice in lab and clinical trials if you want to make your manuscript best.](#)

Methods of determination: 1) Genome-wide sequencing); 2) PCR and restriction analysis; 3) Targeted gene sequencing.

Target markers: apolipoprotein CIII (ApoCIII) is normally present in blood plasma at a concentration of 0.1 g/l, and is mainly found in VLDL and in HDL and LDL particles. This is due to atherogenesis.

### **Results and discussion**

In our study, apolipoprotein CIII (Apo CIII), a biomarker of ischemic stroke, was found. The clinical significance of all candidate markers should be thoroughly tested in future controlled clinical trials with analysis focused on focused clinical questions. biomarkers of cerebral circulation, such as NR2-peptide and NR2-antibodies, can become key components of a successful treatment strategy and monitoring of disease outcomes. [Again what are the statistical results ????????????](#)

In an expanded study, an attempt was made to identify new targets (markers) of blood clotting in ischemic stroke, morphofunctional parameters of platelets, which may be useful in the treatment of AI and prevention of venous thromboembolism.

Target markers were found: apolipoprotein CIII (Apo CIII) is normally present in blood plasma at a concentration of 0.1 g/l, and is mainly found in VLDL and in HDL and LDL particles. This is due to atherogenesis.

Based on the known pathogenetic mechanisms of ischemic stroke development, the research is aimed at the main enzyme-metabolic systems: inflammatory cascade, hemorheological reactions, oxidative stress, molecular mechanisms of signaling interactions [22].

### **Conclusion**

Biomarkers can play many useful roles in modern neurology. Early diagnosis and immediate therapy are important factors for reducing the degree of brain tissue damage in ischemic stroke, reduces the risk of death from stroke. In addition to the clinical benefits, the financial benefits cannot be ignored, because when creating new diagnostic systems to determine the cardiovascular threat, doctors will be able to find such patients much faster, provide appropriate treatment and prevent economic gaps in the economy and job losses in case of illness or death.

### **References**

1. Kurzepa J, Bielewicz J, Stelmasiak Z, Bartosik-Psujek H. Serum bilirubin and uric acid levels as the bad prognostic factors in the ischemic stroke. *Int J Neurosci*. 2009;119(12):2243-9. doi: 10.3109/00207450903223939
2. Kadoglou NP, Gerasimidis T, Golemati S, Kapelouzou A, Karayannacos PE, Liapis CD. The relationship between serum levels of vascular calcification inhibitors and carotid plaque vulnerability. *J Vasc Surg*. 2008 Jan;47(1):55-62. doi: 10.1016/j.jvs.2007.09.058.
3. Salazar-Camelo RA, Moreno-Vargas EA, Cardona AF, Bayona-Ortiz HF. Ischemic stroke: A paradoxical manifestation of cancer. *Crit Rev Oncol Hematol*. 2021 Jan;157:103181. doi: 10.1016/j.critrevonc.2020.103181.

4. Hijazi Z, Wallentin L, Lindbäck J, Alexander JH, Connolly SJ, Eikelboom JW, Ezekowitz MD, Granger CB, Lopes RD, Pol T, Yusuf S, Oldgren J, Siegbahn A. Screening of Multiple Biomarkers Associated With Ischemic Stroke in Atrial Fibrillation. *J Am Heart Assoc.* 2020 Dec 15;9(24):e018984. doi: 10.1161/JAHA.120.018984.

5. Margis R, Dunand C, Teixeira FK, Margis-Pinheiro M. Glutathione peroxidase family - an evolutionary overview. *FEBS J.* 2008 Aug;275(15):3959-70. doi: 10.1111/j.1742-4658.2008.06542.x.

6. Kuroda J, Kitazono T, Ago T, Ninomiya T, Ooboshi H, Kamouchi M, Kumai Y, Hagiwara N, Yoshimura S, Tamaki K, Kusuda K, Fujii K, Nagao T, Okada Y, Toyoda K, Nakane H, Sugimori H, Yamashita Y, Wakugawa Y, Asano K, Tanizaki Y, Kiyohara Y, Ibayashi S, Iida M. NAD(P)H oxidase p22phox C242T polymorphism and ischemic stroke in Japan: the Fukuoka Stroke Registry and the Hisayama study. *Eur J Neurol.* 2007 Oct;14(10):1091-7.

7. Kramer AH, Roberts DJ. Computed tomography angiography in the diagnosis of brain death: a systematic review and meta-analysis. *Neurocrit Care.* 2014 Dec;21(3):539-50. doi: 10.1007/s12028-014-9997-4.

8. Zuo L, Zhang L, Zu J, Wang Z, Han B, Chen B, Cheng M, Ju M, Li M, Shu G, Yuan M, Jiang W, Chen X, Yan F, Zhang Z, Yao H. Circulating Circular RNAs as Biomarkers for the Diagnosis and Prediction of Outcomes in Acute Ischemic Stroke. *Stroke.* 2020 Jan;51(1):319-323. doi: 10.1161/STROKEAHA.119.027348.

9. Crisafulli A, Romeo A, Floccari F, Aloisi E, Atteritano M, Cincotta M, Aloisi C, Pizzoleo MA, Ruello A, Artemisia A, Valenti A, Frisina N, Teti D, Buemi M. Osteoprotegerin and bone mineral density in hemodiafiltration patients. *Ren Fail.* 2005;27(5):531-9. doi: 10.1080/08860220500198698

10. Mezhidov BS, Belyaeva AA, Kh. S-M. Bimarzaev, Sh. Bektashev A, Shekhshebekova AM, Dzgoeva MG, et al. Prospects for creating 3D models of internal organs based on computer and magnetic resonance imaging images in emergency surgery and resuscitation. *Pharmacophore.* 2021;11(1):8-14

11. Tatamov, A. A., Boraeva, T. T., Revazova, A. B., Alibegova, A. S., Dzhanaralieva, K. M., Tetueva, A. R., Yakubova, L. A., Tsoma, M. V., Mishvelov, A. E. and Povetkin, S. N. "Application of 3D Technologies in Surgery on the Example of Liver Echinococcosis", *Journal of Pharmaceutical Research International*, 2021; 33(40A), pp. 256-261. doi: 10.9734/jpri/2021/v33i40A32242.

12. Webb DC, Cai Y, Matthaei KI, Foster PS. Comparative roles of IL-4, IL-13, and IL-4 $\alpha$  in dendritic cell maturation and CD4<sup>+</sup> Th2 cell function. *J Immunol*. 2007 Jan 1;178(1):219-27. doi: 10.4049/jimmunol.178.1.219.

13. Jin M, Kim SR, Yoon SJ, Jeong HH, Kim DK, Cho E, Yang M, Pyo MY. Suppressive effects of fructus of *Magnolia denudata* on IL-4 and IL-13 expression in T cells. *In Vitro Cell Dev Biol Anim*. 2013 Dec;49(10):805-14. doi: 10.1007/s11626-013-9670-9.

14. Rochette L, Meloux A, Rigal E, Zeller M, Cottin Y, Vergely C. The role of osteoprotegerin in the crosstalk between vessels and bone: Its potential utility as a marker of cardiometabolic diseases. *Pharmacol Ther*. 2018 Feb;182:115-132. doi: 10.1016/j.pharmthera.2017.08.015.

15. Gouweleeuw L, Naudé PJ, Rots M, DeJongste MJ, Eisel UL, Schoemaker RG. The role of neutrophil gelatinase associated lipocalin (NGAL) as biological constituent linking depression and cardiovascular disease. *Brain Behav Immun*. 2015 May;46:23-32. doi: 10.1016/j.bbi.2014.12.026.

16. Golledge J, McCann M, Mangan S, Lam A, Karan M. Osteoprotegerin and osteopontin are expressed at high concentrations within symptomatic carotid atherosclerosis. *Stroke*. 2004 Jul;35(7):1636-41. doi: 10.1161/01.STR.0000129790.00318.a3.

17. Nellemann B, Gormsen LC, Dollerup J, Schmitz O, Mogensen CE, Rasmussen LM, Nielsen S. Simvastatin reduces plasma osteoprotegerin in type 2 diabetic patients with microalbuminuria. *Diabetes Care*. 2007 Dec;30(12):3122-4. doi: 10.2337/dc07-0919.

18. Choi DW, Kim TS, Kim YS, Kim DJ. Elevated plasma biomarkers of inflammation in acute ischemic stroke patients with underlying dementia. *BMC Neurol.* 2020 Aug 5;20(1):293. doi: 10.1186/s12883-020-01859-1.

19. Abraira L, Santamarina E, Cazorla S, Bustamante A, Quintana M, Toledo M, Fonseca E, Grau-López L, Jiménez M, Ciurans J, Luis Becerra J, Millán M, Hernández-Pérez M, Cardona P, Terceño M, Zaragoza J, Cánovas D, Gasull T, Ustrell X, Rubiera M, Castellanos M, Montaner J, Álvarez-Sabín J. Blood biomarkers predictive of epilepsy after an acute stroke event. *Epilepsia.* 2020 Oct;61(10):2244-2253. doi: 10.1111/epi.16648.

20. Cao Y, Cui C, Zhao H, Pan X, Li W, Wang K, Ma A. Plasma Osteoprotegerin Correlates with Stroke Severity and the Occurrence of Microembolic Signals in Patients with Acute Ischemic Stroke. *Dis Markers.* 2019 May 2;2019:3090364. doi: 10.1155/2019/3090364

21. Demchenkov, E.L., Nagdalian, A.A., Budkevich, R.O., Oboturova, N.P., Okolelova, A.I. (2021). Usage of atomic force microscopy for detection of the damaging effect of CdCl<sub>2</sub> on red blood cells membrane. *Ecotoxicology and Environmental Safety.*, 208, 111683

22. Bledzhyants G. A., Mishvelov A. E., Nuzhnaya K.V., Anfinogenova O.I., Isakova J. A., Melkonyan R. S., et al. The Effectiveness of the Medical Decision-Making Support System "Electronic Clinical Pharmacologist" in the Management of Patients Therapeutic Profile, *Pharmacophore*, 2019; 10(2), 76-81