

Review Form 1.6

Journal Name:	Journal of Pharmaceutical Research International
Manuscript Number:	Ms_JPRI_78265
Title of the Manuscript:	Alternative Approaches for Rheumatoid Arthritis Management: Future Perspective, Herbal, Dietary, Lifestyle, Psychological, Nutritional Intervention and Healthcare
Type of the Article	

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	<p>Pic 1: Osteoarthritis: it says bone erosion, there is no bone erosions in OA, its cartilage erosion which happens in osteoarthritis leading to bone rubbing.</p> <p>Figure 1: Figure implies that cartilage breakdown leads to meniscus tear(meniscus tear is due to degeneration) , it also implies that ankylosis happens in rheumatoid arthritis which is completely wrong, deformities in RA are due to erosions leading to joint laxity and not due to ankylosis, please correct the image.</p> <p>Articles talks about limitation of NSAID's and Steroids but fails to talk about benefits and side effects of biologics.</p> <p>Article lacks citations of randomized controlled trials to show efficacy of any of the herbs and alternative medicine mentioned in the article, though it goes on say that "The study highlights the efficacy of "Herbal" which is an ancient tradition". Number one: it is not a study but a review article. Number two: in absence of any citations of definitely conclusive studies this statement is misleading and may create people to shun proven treatment and go for unproven therapies and lead to more harm then benefit.</p> <p>Author has mention more then 20 different herbs but no mention of which one of them is most effective and what dose? Would you recommend patient to take all of them together? Combination? If one by one then which one to start with how long need to try to see if it is beneficial or not?</p> <p>Not to forget discussion of any treatment is incomplete without the discussion of the possible side effect and medication interaction of these herbs.</p> <p>Advise to author: "Though I believe some herbs definitely have anti-inflammatory benefits and can have role in prevention of inflammatory disease and possibly adjuvant therapy, we do need more studies to prove that they are effective in treating the inflammation by themselves".</p>	
Minor REVISION comments		
Optional/General comments		

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PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

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