

Review Form 1.6

Journal Name:	Journal of Pharmaceutical Research International
Manuscript Number:	Ms_JPRI_78098
Title of the Manuscript:	EXERCISE AS AN EMERGING FACTOR EFFECTING CARDIOVASCULAR HEALTH (AN EXPERIMENTAL APPROACH)
Type of the Article	

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journaljamr.com/index.php/JAMMR/editorial-policy>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	<ol style="list-style-type: none"> 1- Abstract: materials and methods in abstract should be written in more detailed manner including the type of intervention for each group, assessment tools and the duration of the study. In addition, data regarding informed consent should not be written in the abstract. 2- Introduction: The last paragraph of introduction should include the rational of the study and the objective of the study should be added to this paragraph not in a separate title. 3- Study design: Write the type of the study in details (randomized or non-randomized, controlled or non) 4- Materials and methods: Ten participants is a very small number for sample size, Why you choose 10 only? 5- Add exclusion criteria. 6- Explain the exercise program in details for the study group and control group. 7- What are the outcome measures? Explain in details. 8- Discussion is very small. I suggest to discuss the results of the previous studies with your results. 	
Minor REVISION comments	<ol style="list-style-type: none"> 1- The title (Background of the study) should be (Introduction) 2- In tables, write the abbreviation in full words under each table. 3- Correct mistakes in spelling, grammar and punctuation in the whole paper. 	
Optional/General comments	It is an interesting study. I hope to correct the mistakes mentioned above.	

Review Form 1.6

PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i> Yes (Ethical approval was taken from Ethical Review and Research Board, University of the Punjab Lahore Pakistan)	

Reviewer Details:

Name:	Nesma Morgan Allam
Department, University & Country	Cairo University, Egypt