

## Review Form 1.6

Journal Name:	<a href="#">Journal of Pharmaceutical Research International</a>
Manuscript Number:	Ms_JPRI_77162
Title of the Manuscript:	<b>“EFFECTIVENESS OF PHYSICAL WORKOUT ON PSYCHOLOGICAL WELLBEING AMONG STUDENTS IN SELECTED UNIVERSITY OF HEALTH SCIENCES MANGALURU”</b>
Type of the Article	<b>Original Research Article</b>

### **General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://peerreviewcentral.com/page/manuscript-withdrawal-policy>)

### **PART 1: Review Comments**

	<b>Reviewer's comment</b>	<b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b>Compulsory</b> REVISION comments		
<b>Minor</b> REVISION comments	<p>a) The principal point of this study was to assess the level of psychological wellbeing among students, to find the effectiveness of workout on psychological wellbeing among students &amp; to determine the association between psychological wellbeing and selected demographic variables.</p> <p>b) I think that this study is suitable, after minor revision, to be published onto your prestigious journal.</p> <p>Comments to Authors</p> <p>Authors are kindly requested to emphasize the current concepts about these issues in the context of recent knowledge and the available literature. This articles should be quoted in the References list.</p> <p>References</p> <ol style="list-style-type: none"> <li>1. Increasing Resident Physician Well-Being through a Motivational Fitness Curriculum: A Pilot Study. <i>Kans J Med.</i> 2020;13:228-234. Published 2020 Sep 11.</li> <li>2. Acceptability and feasibility of public square dancing for community senior citizens with mild cognitive impairment and depressive symptoms: A pilot study. <i>Int J Nurs Sci.</i> 2021;8(4):401-408. Published 2021 Sep 2. doi:10.1016/j.ijnss.2021.08.005.</li> </ol>	
<b>Optional/General</b> comments		

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**PART 2:**

	<b>Reviewer's comment</b>	<b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b>Are there ethical issues in this manuscript?</b>	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

**Reviewer Details:**

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