

Review Form 1.6

Journal Name:	Journal of Pharmaceutical Research International
Manuscript Number:	Ms_JPRI_77162
Title of the Manuscript:	“EFFECTIVENESS OF PHYSICAL WORKOUT ON PSYCHOLOGICAL WELLBEING AMONG STUDENTS IN SELECTED UNIVERSITY OF HEALTH SCIENCES MANGALURU”
Type of the Article	Original Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://peerreviewcentral.com/page/manuscript-withdrawal-policy>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments		
Minor REVISION comments		
Optional/General comments	<p>This article is very interesting, it addresses a fundamental issue the relationships between physical activity and psychological well-being. It is very important that students and the entire population become aware of the reality that in order to feel good it is very important for the body to have an activity regular, sedentary lifestyle is the source of emotional problems and unhappiness. This idea must be promoted and any work that affects it is essential.</p>	

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PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

Name:	<i>Amador Cernuda Lago</i>
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