

Review Form 1.6

Journal Name:	Journal of Advances in Medicine and Medical Research
Manuscript Number:	Ms_JAMMR_80627
Title of the Manuscript:	Relationship between knowledge and practice of physical activity and development of chronic diseases among adults in Port Harcourt, Rivers State
Type of the Article	Original Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journaljammr.com/index.php/JAMMR/editorial-policy>)

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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	<p>Abstract, title and references</p> <ul style="list-style-type: none"> • The aim is clear. • It is clear what the study found and how they did it. • The title is informative and relevant. • The references are relevant, most of them are not recent, and without numbering. (Please add number to each reference and mention the reference as number in the main script). • In the abstract, the paragraph of results you have mentioned that (Few (25.2%) of the participants engage in physical activity, more than half of them regularly), 25.2% is not few, it is quarter of the total, also don't use (more than half), you have numbers in your study and it is better to use them. • Why there is No page's numbers? <p>Introduction/background</p> <ul style="list-style-type: none"> • It is clear what is already known about this topic. • The research question clearly outlined. <p>MATERIALS AND Methods</p> <ul style="list-style-type: none"> • The process of subject selection clear, and the variables are defined and measured appropriately • the study methods are valid and reliable, and there is enough detail in order to replicate the study. • The paragraph (2.1 Study Area) contains information's about the city and its population which are unnecessary for the study and it is better to be deleted, and instead of it you can add the place where the study was held, the time of the study, total number of cases, inclusion and exclusion criteria for better understanding. • In the paragraph of (2.2Study Design), you have mentioned that (who must have lived in Port Harcourt for at least 1 year) why? And what are the differences? please explain. • In the paragraph (2.3 Sample Size Determination Sample and Sampling Techniques), you have mentioned (28.4% of children who had acute bronchiolitis with respiratory syncytial virus 1), what is that? And then you mentioned (344 participants was employed for this study), how they become 333? Please clarify. <p>Results</p> <ul style="list-style-type: none"> • the data is presented in an appropriate way. • Tables and figures are relevant and clearly presented, except table (8 and 9) they are not relevant to the study and I think it is better to delete them, you have enough tables. • Titles, columns, and rows are labelled correctly and clearly. • Categories are grouped appropriately. • the text in the results add to the data and not repetitive. • Regarding occupations in (table1: Socio-Demographic Characteristics of the Respondents), you have 92 students, how is that? as your participants are more than 45 years. • Regarding Moderate aerobic physical activity in table 3: Knowledge of the Physical Activity: you have mentioned (1h 30 min, 2h 30 min, and 3 h) per what? And you should start from the smallest to the biggest numbers. • In (table 6: Association between Socio-Demographic Characteristics and 	

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	<p>Exercise) regarding the age when you mention less or equal to five (≤ 5) you should then say more than five and not more or equal to five (≥ 50), also in the same table Marital Status: you have 151 singles? You cannot consider the divorcee or widow as a single.</p> <p>Discussion and Conclusions</p> <ul style="list-style-type: none"> the results are discussed from multiple angles and placed into context without being overinterpreted, but you have used terms such as: most, Majority, two-quarter ... etc., please try to avoid such terms and use numbers instead of them in order to be more accurate. the conclusions answer the aims of the study, and it is supported by references and results. <p>Overall The study design was appropriate to answer the aim.</p>	
Minor REVISION comments		
Optional/General comments	The paper needs an English revision by an English speaker	

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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