

## Review Form 1.6

Journal Name:	<a href="#">Journal of Advances in Medicine and Medical Research</a>
Manuscript Number:	Ms_JAMMR_78588
Title of the Manuscript:	EFFECTS OF STRUCTURED EXERCISE PROGRAM ON TENDERNESS AND CYCLIC MASTALGIA IN OBESE WOMEN:AN EXPERIMENTAL STUDY.
Type of the Article	

### **General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journaljammr.com/index.php/JAMMR/editorial-policy> )

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**PART 1: Review Comments**

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b>Compulsory</b> REVISION comments	<p><b>ABSTRACT- Background need to be concise, need not be so elaborated in abstract</b>  <b>Methodology- Needs to be specific</b>  <b>Results has not been mentioned</b>  <b>Discussion need not be mentioned in abstract</b>  <b>Conclusion not mentioned in the abstract.</b></p> <p><b>AIM and OBJECTIVE to be mentioned in introduction only.</b>  <b>Both AIM and OBJECTIVE are written in similar way. They need to be different.</b></p> <p><b>Material methods:</b>  <b>Sentences written in future tense, while writing an original study with results- should be written in past written as already the study is done on subjects with results obtained.</b></p> <p><b>Study Design: - Experimental study design????</b>  <b>The present study is not a type of Experimental study design.</b>  <b>No control group in the study</b></p> <p><b>In INCLUSION CRITERIA</b>  <b>The inclusion criteria of participants are under-</b></p> <ul style="list-style-type: none"> <li>• Obese Women's with grade 1 and 2 complaining of breast tenderness.</li> </ul> <p><b>WHAT IS GRADE 1 and Grade 2 ????</b></p> <p><b>RESULT:</b>  The study's goal is to see how the Structured Exercise Program reduces tenderness and cyclical mastalgia in obese women.</p> <p><b><u>NO RESULTS EXPLAINED</u></b>  <b><u>NO RESULTS TABLE</u></b>  <b>DISCUSSION NOT written ON BASIS ON RESULTS.</b>  <b>Conclusion is not conveying any prompt message. Needs to be written more clearly.</b></p>	
<b>Minor</b> REVISION comments		

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<b>Optional/General</b> comments		
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**PART 2:**

	<b>Reviewer's comment</b>	<b>Author's comment</b> <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
<b>Are there ethical issues in this manuscript?</b>	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

**Reviewer Details:**

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