

### **Tunisian *Ceratonia siliqua*: phytochemical analysis, antioxidant activity, preparation and characterization of Carob emulsion system**

#### **Abstract**

*Ceratonia siliqua* were screened for their polyphenol content and antioxidant ability. A formulation of emulsion using the seed oil and galactomannans was assessed. Results showed that maceration contained the greatest amount of phenolics in organs. The best antioxidant capacity was found in seeds extract using soxhlet method. A chromatographic analysis of carob organs showed the predominance of gallic acid in fruits and pods.

Fatty acid composition was dominated by palmitic, oleic and linoleic acids with 16.04, 38.08 and 38.85%, respectively. Finally, characterization of emulsions stabilized with the galactomannan from seeds proves that this biopolymer is an excellent food emulsifier. In fact, the production of emulsions having an average diameter of the dispersed droplets of a few micrometers and a creaming index greater than 80% reflects the very high stability. Overall, the results obtained indicated that *C. siliqua* can be valued as an emulsifier in several foods, pharmaceutical and cosmetic industries.

#### **Keywords**

Antioxidant activity, *Ceratonia siliqua*, emulsion, phenolic compounds, phytochemical analysis.

#### **1. Introduction**

Carob tree (*Ceratonia siliqua* L.) is evergreen specie belongs to the Fabaceae family and presented in several countries of the Mediterranean basin. The main produce in the word are Spain, Italy and Portugal with carob pods production is around 374,800–441,000 tonnes/year [1]. In fact, **Seeds** and pods of carob fruit are used in potent sectors such as food, pharmaceutical, and cosmetics ones [2]. Besides, *Ceratonia siliqua* can be used in emulsion which is defined as colloidal systems consisting of two liquid phases, oil and water in which one of these dispersed into the other [3]. So, this domain have potent and high prospective for food industries, cosmetic and agriculture [4]. Actually, the main interest of carob is extraction of carob gum (E140) used as a growth medium, a thickener and as a food stabilizer (E410)

[5], also called locust bean gum (LBG) containing an important content of galactomannans which are found in the endosperm [6]. Furthermore, Carob powder is a natural sweetener with flavor and appearance similar to chocolate; therefore it is often used as cacao substitute for sweets, biscuits, and processed drinks production [2]. LBG is considered as the first galactomannan used as additive in industries such as paper industry, textile industry, pharmaceutical industry, cosmetic industry and food industries [5].

This evergreen specie is considered one of the most effective fruit and forest trees, since all its organs (leaves, flowers, fruits, wood, bark and roots) are precious and have values in several fields. The two main carob pod constituents are pulp (90%) and seed (10%), Carob pulp has a high content in total sugar, consisting of mainly sucrose, glucose, fructose and maltose. In addition, it contains about 18% of cellulose and hemicelluloses. However, constituents of the carob seed are coat (30-33%), endosperm (42-46%) and embryo or germ (23-25%) (El Hajaji et al., 2010). The carob pods is characterized by the high amounts of carbohydrates (40–60%), dietary fibers (27–50%), phenolic compounds, particularly tannins (18–20%), minerals (potassium, sodium, iron, copper, manganese and zinc) and 3 to 4 % protein [7].

Carob pods are a rich source of natural antioxidants which are affected by numerous parameters such as development stage, organs, region and extraction methods. In this context, several techniques have been used for phenolic compounds extraction including supercritical fluid, ultrasound and conventional extractions, soxhlet apparatus [1]. In fact, its richness on phenolic compounds such as gallic, syringic, cinnamic and *p*-coumaric acids, quercetin derivatives and flavan-3-ols [8] are related by the potent biological activities of this specie. *Ceratonia siliqua* extracts was known for their antioxidant properties [6] which are directly associated to the ability to inhibit reactive oxygen species production. These compounds are able to ensnare free radical species derived from oxygen or nitrogen and neutralize non-radical species such as hydrogen peroxide [9]. Besides, carob pod exhibit anti-diarrheal and anti-bacterial activities especially against *Escherichia coli*, *Staphylococcus aureus* and *Staphylococcus epidermidis* [10]. Then, carob extracts have also anti-inflammatory and anti-ulcer effects [10]. All these potentialities are related to their phenolic compounds mainly flavonoids.

To improve and maintain the products and especially territorial product, the aim of this study was to determine the variability of phenolic content and antioxidant activities of *C. siliqua* L. depending on the organ ( fruit, pulp and seeds) and on extraction method (maceration and soxhlet system). Then, evaluation of antimicrobial activity, identification of main phenolic

compounds by RP-HPLC and carob seed oil extraction and identification by CPG were carried out. Finally, a valorization of locust bean gum from seeds as an emulsion concept has been developed.

## **2. Materials and methods**

### **2.1. Plant sampling**

*Ceratonia siliqua* fruits were collected from Grombalia (Northeast of Tunisia), superior semiarid bioclimatic stage; Plant identification was carried by Professor Abderrazek Smaoui (Biotechnology Center in Borj-Cedria Technopole, Tunisia).

Once brought back to the laboratory, the fruits were washed, dried in the open air for 48 hours, and then the seeds were separated from the pulp of the pods. The whole fruit, the pulp and the separated seeds were dried in an oven at a temperature of 40 ° C for 72 hours in order to obtain dry samples. These were directly ground using a 400MM type ball mill. The powders obtained were stored in glass boxes for further analysis.

### **2.2. Preparation of plant extract**

#### **2.2.1. Extraction by traditional maceration**

Three g of the corresponding dried and ground fruit, pulp and seeds were weighed, to which 30 ml of the solvent was added. The solvent was used: 30% aqueous ethanol (EtOH 30%) [11], subsequently, it was constantly stirred in the dark for 30 min at room temperature, which followed by filtration through Whatman No. 4 filter paper. The filtrate is combined, centrifuged at 4,000 rev/min for 20 min and stored at 4°C until use.

#### **2.2.2. Extraction using soxhlet apparatus**

20 grams of plant material was put in the presence of 200 ml of 30% ethanol. The assembly is carried out with a temperature which has not exceeded 40°C for 6 hours. With these parameters we were able to more or less reach the 18 cycles. The extracts thus obtained were stored in the dark at 4 ° C for further handling.

### **2.3. Total phenolic contents**

Total polyphenols were assayed by the Folin–Ciocalteu reagent according to a previous work of Oueslati et al. [12]. Total phenolic contents were expressed as milligrams gallic acid equivalents per gram dry weight (mg GAE/g DW) through the calibration curve with gallic acid, ranging from 0 to 400 µg/ml. All samples were analysed in triplicate. The absorbance was read at 760 nm versus a prepared blank.

#### **2.4. Total flavonoid contents**

Total flavonoids were measured according to Oueslati et al. [12]. Absorbance of the mixture was determined at 510 nm against the blank where the sample was omitted. Flavonoid contents were expressed as mg catechin equivalent per gram of dry weight (mg CE/g DW), through the calibration curve of (+)-catechin, ranging from 0 to 400 µg/ml. All samples were analysed in triplicate.

#### **2.5. Condensed tannin contents**

The analysis of condensed tannins (proanthocyanidins) was carried out according to the Oueslati et al. [12]. Contents were expressed as mg CE per gram of dry weight (mg CE/g DW). The calibration curve range of catechin was established between 0 and 400 µg/ml. The absorption was measured at 500 nm. Samples were analyzed in triplicate.

#### **2.6. Determination of antioxidant activities**

##### **2.6.1. Total antioxidant capacity**

Total antioxidant ability was evaluated through the bio-assay of a green phosphate/Mo<sup>5+</sup> complex according to the method described previously by Oueslati et al. [12]. The absorbance was measured at 695 nm against blank. Antioxidant capacity was expressed as mg gallic acid equivalent per gram dry weight (mg GAE/g DW). All samples were analyzed in triplicate.

##### **2.6.2. DPPH radical-scavenging activity**

DPPH· quenching ability of plant extracts was measured according to Oueslati et al. [12]. The potential of extracts to reduce the free DPPH radical (1,1-diphenyl-2-picrylhydrazyl) was expressed as IC<sub>50</sub> (µg/ml), the antiradical dose required to cause a 50% inhibition. Antioxidant (BHT) was used as standard. For that, samples at different concentrations were added to DPPH methanolic solution (0.2 mM). The absorbance was measured at 517 nm.

### **2.6.3. Iron reducing power**

The reducing power of *Ceratonia siliqua* extracts was determined through the transformation of  $\text{Fe}^{3+}$  to  $\text{Fe}^{2+}$ . The intensity of the appearing blue-green colour was measured at 700 nm. Reduction power was expressed as  $\text{EC}_{50}$  ( $\mu\text{g/ml}$ ), is the ability of extract at which the absorbance was 0.5 and ascorbic acid was used as a positive control. All samples were analysed in triplicate [12].

### **2.7. RP-HPLC evaluation of phenolic compounds**

*Ceratonia siliqua* extracts was filtered through a 0.45 mm membrane filter and injected into a high-performance liquid chromatography (HPLC) system. The phenolic compounds were analyzed using a reverse-phase-HPLC system (RP-HPLC; Agilent Technologies 1100 Series; Agilent Technologies, Santa Clara, CA) that was coupled with an ultraviolet/visible spectrum multi-wave length detector. The separation was carried out on a reverse phase ODS C18 (4  $\mu\text{m}$ , 2509 4.6 mm, Hypersil) column used as stationary phase (Thermo Fisher Scientific Inc., Waltham, MA) at ambient temperature. The mobile phase consisted of acetonitrile (Solvent A) and water with 0.2% sulfuric acid (Solvent B). The flow rate was maintained at 0.5 ml/min. The gradient program was as follows: 15% A/85% B for 0–12 min; 40% A/60% B for 12–14 min; 60% A/40% B for 14–18 min; 80% A/20% B for 18–20 min; 90% A/10% B for 20–24 min and 100% A 24–28 min. The injection volume was 20  $\mu\text{l}$  and peaks were monitored at 280 nm. Phenolic compounds were identified according to their retention times and spectral characteristics of their peaks against those of standards. Analyses were performed in triplicate.

### **2.8. Oil extraction**

Ten g of each ground sample were extracted using a soxhlet-apparatus with 100 ml hexane (Analytical Reagent, LabScan, Ltd., Dublin, Ireland) for 6 h. The extraction was protected against light. Oil was removed after mixture filtration and solvent evaporation under reduced pressure.

### **2.9. Fatty acid methylation and analysis**

Total fatty acids were converted into their methyl esters using 3% sodium methylate in methanol according to the method described by Cecchi et al. [13]. Neodecanoic acid (C10:0) methyl ester was used as an internal standard in order to quantify fatty acids. The superior phase that contains fatty acid methyl esters (FAMES) was aspired and the solvent volume

reduced under a stream of nitrogen, prior to analysis. FAMES were analysed by gas chromatography using a Hewlett- Packard 6890 chromatograph (Agilent Technologies, Palo Alto, CA, USA) equipped with a flame-ionization detector (FID) and an electronic pressure control (EPC) injector. They were separated on a RT-2560 capillary column (100m length, 0.25mm i.d., 0.20 mm film thickness). The oven temperature was kept at 170 °C for 2 min, followed by a 3°C min<sup>-1</sup> ramp to 240°C and finally held there for an additional 15 min period. Nitrogen (U) was used as carrier gas at a flow rate of 1.2 ml min<sup>-1</sup>. The injector and detector temperatures were maintained at 225°C, and finally, a comparison of the retention times of the FAMES with those of co-injected authentic standards was made to facilitate identification.

### **2.10. Gas chromatography (GC-FID)**

Volatile compounds was carried out according to Bettaieb Rebey et al. [14]. using an Agilent 6980 gas chromatograph equipped with a flame ionisation detector (FID) and an electronic pressure control (EPC) injector attached to HP-INNOWAX polyethylene glycol capillary column (30m 0.25 mm). The flow of the carrier gas (N<sub>2</sub>) was 1.6 ml min<sup>-1</sup>. The split ratio was 60:1. The analysis was performed using the following temperature program: oven temps isotherm at 35°C for 10 min, from 35 to 205°C at the rate of 3 °C min<sup>-1</sup> and isotherm at 205°C during 10 min. Injector and detector temperature were held, respectively, at 250 and 300 °C. One micro-liter of the sample (dissolved in hexane as 1/50 v/v) was injected into the system. Individual peaks were identified by comparison of their retention indices relative to (C<sub>6</sub>-C<sub>22</sub>) n-alkanes with those of literature and/or with those authentic compounds available in our laboratory. Percentage compositions of samples were calculated according to the area of the chromatographic peaks using the total ion current.

### **2.11. Emulsification and spray drying**

Oil-in-water emulsions were prepared by mixing 0.5 or 1% carob seed oil as oil phase with 95 or 99% (w/w) aqueous phase containing 5% (w/w) galactomannan extracted from carob as emulsifier. Emulsions were produced by high shear mixer using an Ultra Turrax T25 (IKA Werke GmbH & Co., Sigma-Aldrich, St.Louis, MO) equipped with a S25 N18 G rotor operated at 10.000 rpm for 5 min at 4°C twice. The resulting emulsions were spray dried in a Buchi-B90 model mini spray dryer (Buchi, Switzerland) (inside chamber dimension: 100 cm height, 60cm diameter) equipped with 0.5 mm diameter nozzle. The pressure of compressed air for the flow of the spray was adjusted to 2 bars. The inlet and outlet temperatures were maintained at 85±2°C and 75±2°C respectively. And the feed rate was 20ml/min. the

microcapsules obtained were recovered from the collecting chamber and stored until utilization.

### **2.11.1. Emulsions characterization**

#### **a. Creaming index**

Creaming index was measured to evaluate the physical stability of emulsions against centrifugation test. Emulsion samples (10 ml) were centrifuged for 1h at 5000 rpm and 25°C using a refrigerated centrifuge (PK 130R, ALC International, Italy). The creaming index was calculated according to equation (1)

$$CI(\%) = \frac{V_{sep}}{V_{tot}} \times 100$$

Where  $V_{sep}$  is the volume of the separated oil layers and  $V_{tot}$  is the total volume of emulsion.

#### **b. Droplet size measurements**

A photon correlation spectrometer (HPPS, Malvern Instruments, Malvern, UK) was used for the droplet size measurement of each emulsion, whose characteristic size was comprised in the instrument sensitivity range (1 – 6000nm). The droplet size distribution was characterized in terms of the mean droplet size (Z-average diameter) which was determined by cumulant analysis of the intensity-intensity autocorrelation function  $G(q,t)$ , as previously described by Donsi et al. [15]. and polydispersity index (PDI), the samples were diluted with bidistilled water to a suitable concentration (usually a 1 :100 dilution was applied).

### **2.12. Statistical analysis**

Results were expressed as mean  $\pm$  standard deviation (SD) of six replicates. Data were subjected to statistical analysis using statistical program STATISTICA. Analysis of variance (ANOVA) followed by Duncan's multiple comparison test ( $p < 0.05$ ) were used.

## **3. Results and discussion**

### **3.1. Fatty acid composition**

Fatty acid composition of *Ceratonia siliqua* seeds was determinate in Table 1. Comparison of the analytical data revealed that a total of 12 different fatty acids were identified in the seed oils. The total unsaturated fatty (UFA) acids recorded 79.11%, while the total saturated fatty acids (SFA) recorded 20.83%. Unsaturated fatty acids are classified as monounsaturated or polyunsaturated fatty acids. The predominant fatty acids in Tunisian carob seed oils were

linoleic acid (C18:2n6) (38.85 %), oleic acid (C18:1n9) (38.08%), palmitic acid (C16:0) (16.04 %) and stearic acid (C18:0), (3.9 %). Our results are in accord with values previously reported by Matthaus and Özcan [16], they reported that oil seeds of Turkish carob contain linoleic acid (49.1 %), oleic acid (30.4 %), palmitic acid (10.3 %) and stearic acid (3.5 %). These results are better than those found in *Pimpinella anisum* which oleic and linoleic acids contents are 13.5 and 0.09 %, respectively [14]. In other study, Tlili et al. [17] reported that carob seed oil contained linoleic, oleic and palmitic acids with 45.43%, 32.49% and 13.13% acids, respectively. The results indicate that carob fruit seed has a high degree of unsaturated fatty acids, so the oil must be stored at lower temperature, avoiding exposure to air. Arachidic, eicosenoic, myristic, lauric, behenic, erucic and stearic acids were also present in carob seeds (Table. 1).

### **3.2. Total phenol, flavonoid, and condensed tannin contents**

The contents of total phenols was determined as gallic acid equivalent in milligrams per gram dry weight (mg GAE/g DW) while flavonoid and condensed tannin contents were calculated as catechin equivalent in milligrams per gram dry weight (mg CE/g DW). As shown in Figure 1a, maceration extracts showed the highest polyphenol contents in comparison with soxhlet extraction. In fact, the highest phenolic content was detected in fruits and pods with 11.65 and 11.51 mg GAE/g DW, respectively with maceration. While the lowest one was observed in seeds with 1.59 mg GAE/g DW (soxhlet extraction). Concerning flavonoid content, seeds extract with maceration exhibit the highest amount (1.98 mg CE/g DW) (Figure.1b). In fact, the total condensed tannin varied from 0.49 (seeds extract using soxhlet method) to 2.71 mg CE/g DW (pods extract using maceration) (Figure.1c). Several studies have shown that the extraction technique is an important factor influencing total polyphenol content [18]. These changes observed could occur from an increase in the activity of phenylalanine ammonia-lyase (PAL) enzyme implicated in secondary metabolites biosynthesis [19]. In this context, the level of secondary metabolites is reported to vary among the organs of a plant species and according to the environmental conditions and plant development stage [20]. Our results are in accord with those demonstrated by Jalleli et al. [21], they reported that the comparison of the two extraction methods revealed that total phenolic contents of maceration extract of *C. maritimum* are higher than those of Soxhlet extracts. Besides, Tunisian carob extracts seems to be more efficient than carob extracts from Morocco which shows polyphenol contents of the order of 0,77 mg EAG g<sup>-1</sup> MS [7]. Besides, [1] reported that the phenolic contents of

carob pods of three Algerian varieties at ripe stage were ranged from  $1.35 \pm 0.01$  to  $2.34 \pm 0.01$  g GAE/100 g DW.

### 3.3. Antioxidant potentialities

Antioxidant activities of *Ceratonia siliqua* extracts using two extractions (maceration and soxhlet) during three ripening stages were evaluated by three complementary tests *via* total antioxidant ability (AAT), DPPH and reducing power assays (Table 2). Based on AAT, results showed that maceration is the potent extraction method then soxhlet one. Pods and seeds using maceration exhibited the highest capacity with 19.64 and 17.98 mg GAE/g DW, respectively, this result is directly related to the highest level of polyphenol content in these organs. For the antiradical activity, this ability depends on the extraction method and organ of the plant. Seeds extract showed the higher capacity to quench DPPH radical than the other organs whether by maceration or by soxhlet method. In fact the potent activity was observed with soxhlet with  $IC_{50}=32 \mu\text{g/ml}$ . Concerning reducing power, the extracts obtained by soxhlet exhibit the lowest values of  $EC_{50}$ , showing a high antioxidant power of these extracts to reduce iron. Seeds extracts obtained by soxhlet show the lowest  $EC_{50}$  value which is of the order of  $520 \mu\text{g ml}^{-1}$ . This activity is twice as high as that observed for the extracts of the seeds obtained by maceration. The same trend was observed for the fruits and pulps of *C. siliqua* L. However, the extracts obtained by soxhlet reveal the best antioxidant potentialities than those found by maceration. Thus the extracts of the seeds obtained by soxhlet exhibit the best activity in neutralizing the DPPH radical with the lowest  $IC_{50}$  ( $32 \mu\text{g ml}^{-1}$ ) in comparison with that found by maceration ( $46 \mu\text{g ml}^{-1}$ ). Our results corroborate those found by Shukla et al. [22] who showed that the extract of the leaves of *Casearia tomentosa* obtained by soxhlet has the best antioxidant potential with the lowest  $IC_{50}$  ( $280 \mu\text{g ml}^{-1}$ ) in comparison with the extract obtained by maceration ( $480 \mu\text{g ml}^{-1}$ ). The same is true for the reducing iron activity, the lowest  $EC_{50}$  were marked in the extracts obtained by soxhlet. These results were confirmed by Murugan and Parimelazhagan [23] who revealed that the extract of *Osbeckia parvifolia* obtained by soxhlet has the lowest  $EC_{50}$  ( $113 \mu\text{m Fe / g}$ ) in comparison with the extract obtained by maceration which reveals an  $EC_{50}$  of the order of  $538 \mu\text{m Fe/g}$ . This clearly shows that the extraction by soxhlet makes it possible to obtain lower levels of phenolic compounds but of better qualities since it determines the extent of their biological properties [21]. In addition, secondary metabolites particularly phenolic compounds, depending on their diverse properties, contribute effectively to the antioxidant capacity in a dose-dependent manner until a maximum of activity.

### **3.4. Identification of phenolic compounds in *ceratonia siliqua* organs by RP-HPLC**

The chromatographic profile of several carob organs demonstrates eleven phenolic compounds in pods extracts (figure 3A), nine phenolic compounds (PC) were identified in fruits extract (figure 3B) and 17 PC in seeds (figure 3C). The comparison of the retention times and the spectral characteristics with the reference standards made it possible to identify that the seed seems to be the richest in phenolic compounds. In fact, the main phenolic compound in pods and fruits extracts was gallic acid. However, seeds extract was rich mainly in phenolic acids (11 acids) and flavonoids (9 compounds). The major compound was cinnamic acid followed by gallic acid and Kampferol 3-O-rutinoside. Other compounds such as epigallocatechin, catechin, *p*-coumaric and sinapic acids were also identified in seeds extract. Previous studies indicated that gallic acid was the most abundant phenolic acid and it is very dominating in both unripe and ripe carob pods [24]. These compounds might be considered as interesting bioactive natural substances that may be used in several fields, such as nutraceuticals, cosmetics and agro-food industry. Besides, recent study showed a variability of qualitative and quantitative compounds. Extracts of pure solvents (acetone, ethyl acetate, methanol, and ethanol) contained lower amounts of flavonoids. This means that the carob fruit comprises more glycosidic forms of flavonoids than aglycones [25].

In fact, the chemical substances in carob pods differ widely according to carob species, climate and the stage of maturity as well as to different parts of tree. Indeed, the HPLC analysis was showed that the principal compounds are: pyrogallol ( $48.02 \pm 3.55\%$ ), catechin ( $19.10 \pm 2.11\%$ ) and tannic acid ( $9.01 \pm 1.40\%$ ) in mature carob pods [8]. However, in immature carob pods the proportions are different and they are in the following order, the pyrogallol ( $26.45 \pm 3.03\%$ ), catechin ( $16.52 \pm 2.34\%$ ), gallic acid ( $15.12 \pm 2.31\%$ ), chlorogenic acid ( $15.01 \pm 1.72\%$ ) and epicatechin ( $12.26 \pm 1.04\%$ ) [26]. In addition, the chromatogram revealed the presence of many phenolic compounds in leaves as kaempferol ( $77 \pm 2.43\%$ ), tannic acid ( $13 \pm 0.45\%$ ), catechin hydrate ( $4.30 \pm 0.34\%$ ) and polydatin ( $0.85 \pm 0.22\%$ ) [26]. All these compounds are responsible for multiple pharmacological activities, especially, in digestive tract including antioxidant, antidiarrheal, antibacterial, anti-ulcer and anti-inflammatory actions. Besides Rtibi et al. [26] suggested that carob tree may be used in preventing free radical-related diseases as a dietary natural antioxidant supplement.

### **3.5. Emulsifying properties**

#### **3.5.1. Creaming index**

The emulsifying ability of the galactomannan extracted from carob seeds was assessed in terms of physical stability of the resulting emulsions under centrifugation. Creaming measures the tendency of the oil phase to separate. As expected, higher oil phase concentration increased the stability of emulsions by decreasing the creaming index. Indeed, the use of 0.5% carob seed oil resulted in the emulsion with lower physical stability, with the creaming index of 91%. However, at higher concentration of oil phase (1%), galactomannan stabilized emulsions results in the reduction of the creaming index (83%). These results showed that an increase in the concentration of the oil phase causes a significant stability of emulsions. Therefore, an increase in oil phase concentration resulted in a decrease in creaming stability. Similar results were observed by Sun and Gunasekaran [27-29] who showed that oil phase volume fraction has a significant effect on the creaming of emulsions.

These results could be explained by the effect of higher oil phase concentration on increasing emulsion viscosity which will have a significant effect on the stability of emulsions. Indeed, creaming behavior correlates with the viscosity of the emulsion systems, where emulsions with higher viscosity show higher stability against creaming. As a result, in emulsions prepared with higher concentration of oil phase, droplets are more densely packed, which increases emulsion viscosity which decreases the creaming rate [30].

### **3.5.2. Droplet size measurement**

Mean droplet size of emulsions was measured after homogenization using the ultra turrax. Higher sizes were observed when oil phase concentration was increased from 0.5 to 1% (1.21  $\mu\text{m}$  to 2.36  $\mu\text{m}$  respectively) (Figure 2). These results could be explained by the effect of the emulsifier, the extracted galactomannan from carob, on the stability of emulsions. So the used concentration of emulsifier (5%) was not enough to cover the surface of oil droplets when the oil phase concentration increased from 0.5 to 1%. Similar results were observed by Jacome-Guth et al. [31] who found that the concentration of gum arabic used to stabilize beverage emulsions has an important influence on their stability. Indeed, they proved that we should increase gum arabic concentration if we increase the oil phase concentration in order to obtain stable emulsions and to reduce the droplet size. In general, emulsion properties as stability, appearance and rheology are determined by droplet size. Indeed, when the droplet size decrease the apparent viscosity of the emulsion increase, which increases the emulsion stability.

## **4. Conclusion**

The current study highlighted that extraction method of organ carob act phenolic content and antioxidant activity. A great variability in phenolic composition was shown in carob organs. According to our data, the seeds carob extracts exhibits potent radical scavenging and reducing power. The potentiality of *Ceratonia siliqua* organs as effective natural antioxidants that can be considered as substituent source in the food and pharmaceutical fields.

#### COMPETING INTERESTS DISCLAIMER:

Authors have declared that no competing interests exist. The products used for this research are commonly and predominantly use products in our area of research and country. There is absolutely no conflict of interest between the authors and producers of the products because we do not intend to use these products as an avenue for any litigation but for the advancement of knowledge. Also, the research was not funded by the producing company rather it was funded by personal efforts of the authors.

#### References

1. Benchikh Y, Louaileche H, George B, Merlin A. Changes in bioactive phytochemical content and *in vitro* antioxidant activity of carob (*Ceratonia siliqua* L.) as influenced by fruit ripening. *Ind. Crop Prod.* 2014; 60: 298–303.
2. Durazzo A, Turfani V, Narducci V, Azzini E, Maiani G, Carcea M. Nutritional characterisation and bioactive components of commercial carobs flours. *Food Chem.* 2014 ; 153: 109–113.
3. Kale SN, Deore SL. Emulsion Micro Emulsion and Nano Emulsion: A Review. *Syst. Rev. Pharm.* 2017; 8: 39–47.
4. Ito M, Uehara M, Wakui R, Shiota M, Kuroiwa T. Preparation Characteristics of Water-in-oil Emulsion Using Olive Oil as a Continuous Phase in Microchannel Emulsification. *Jpn. J. Food Eng.* 2017; 18: 103–111.
5. Barak S, Mudgil D. Locust bean gum: Processing, properties and food applications. *Int. J. Bio. Macro.* 2014; 66:74–80.
6. Stavrou IJ, Christou A, Kapnissi-Christodoulou CP. Polyphenols in carobs: A review on their composition, antioxidant capacity and cytotoxic effects, and health impact. *Food Chem.* 2018 ; 269:355–374.

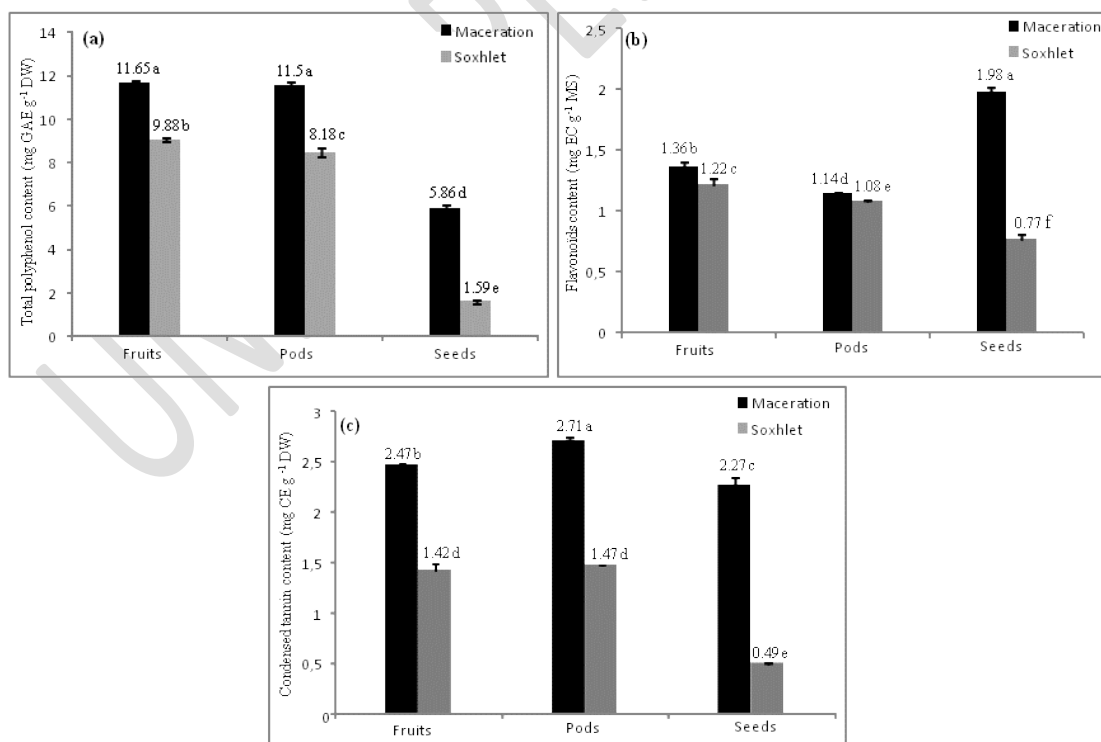
7. El Hajaji H, Lachkar N, Alaoui K, Cherrah Y, Farah A, Ennabili A, El Bali B, Lachkar M. Antioxidant Properties and Total Phenolic Content of Three Varieties of Carob Tree Leaves from Morocco. *Rec. Nat. Prod.* 2010; 4: 193-204.
8. Rtibi K, Jabri MA, Selmi SA, Souli H, Sebai J, El-Benna M, Amri L, Marzouki L.. Carob pods (*Ceratonia siliqua* L.) inhibit human neutrophils myeloperoxidase and in vitro ROS-scavenging activity, *RSC Adv*: 2015; 13: 84207–84215.
9. Ouchemoukh N, Ouchemoukh S, Meziat N, Idiri Y, Hernanz D, Stinco CM, Rodríguez-Pulido FJ, Heredi J, Madani K, Luis J. Bioactive metabolites involved in the antioxidant, anticancer and analgesic activities of *Ficus carica* L., *Ceratonia siliqua* L. and *Quercus ilex* L. extracts. *Ind. Crop. Prod.* 2017; 95: 6–17.
10. Rtibi K, Selmi S, Gramia D, Amri M, Eto B, El-benna J, Sebai H, Marzouki L. . Chemical constituents and pharmacological actions of carob pods and leaves (*Ceratonia siliqua* L.) on the gastrointestinal tract. *Biomed. Pharmacol.* 2017; 93: 522–528.
11. Dinnies Santos R, Shetty K, Lourenço Cecchini A, Da Silva Miglioranza LH. Phenolic compounds and total antioxidant activity determination in rosemary and oregano extracts and its use in cheese spread, *Ciências Agrárias, Londrina* 2012; 33: 655–666.
12. Oueslati S, Trabelsi N, Boulaaba M, Legault J, Abdelly C, Ksouri R. Evaluation of antioxidant activities of the edible and medicinal Suaeda species and related phenolic compounds. *Ind. crop. prod.* 2012; 36:513-518.
13. Cecchi G, Biasini S, Castano J. Methanolyse rapide des huiles en solvant médium. *Rev. Fr. Corps Gras.* 1985 ; 32 : 163-164.
14. Bettaieb Rebey I, Aidi Wannes W, Ben Kaaba S, Bourgou S, Saidani Tounsi M, Ksouri R, Laure Fauconnier M. Bioactive compounds and antioxidant activity of *Pimpinella anisum* L. accessions at different ripening stages. *Scientia Hort.* 2019; 246: 453–461.
15. Donsì F, Wang YW, Li J, Huang QR. Preparation of curcumin submicrometer dispersions by high-pressure homogenization. *J. Agr. Food Chem.* 2010; 58: 2848-2853.
16. Matthausa B, Ozcan MM. Lipid evaluation of cultivated and wild carob (*Ceratonia siliqua* L.) seed oil growing in Turkey. *Sci. Horticult.* 2011; 130:181–184.

17. Tlili N, Sakouhia F, Elfalleh W, Triki S, Khaldi, A. Fatty Acids, Total Phenols and Protein of Caper, Acacia, Cactus and Carob seeds. *As. J. Biotechnol. Res.* 2011; 2: 384-390.
18. Kechebar MSA, Karoune S, Laroussi K, Djellouli A. Phenolic Composition and Antioxidant Activities of *Opuntia ficus Indica* L. Cladodes Related to Extraction Method. *Int. J. Pharmaco. Phytochem. Res.* 2017; 9(6): 744-749.
19. Feduraev P, Chupakhina G, Maslennikov P, Tacenko N, Skrypnik L. Variation in Phenolic Compounds Content and Antioxidant Activity of Different Plant Organs from *Rumex crispus* L. and *Rumex obtusifolius* L. at Different Growth Stages. *Antiox.* 2019; 8(7): 237.
20. Deborde C, Moing A, Roch L, Jacob D, Rolin D, Giraudeau P. Plant metabolism as studied by NMR spectroscopy. *Prog. Nucl. Magn. Reson. Spectrosc.* 2017; 103: 61-97.
21. Jallali I, Megdiche W, M'Hamdi B, Oueslati S, Smaoui A, Abdely C, Ksouri R. Changes in phenolic composition and antioxidant activities of the edible halophyte *Crithmum maritimum* L. with physiological stage and extraction method. *Acta physiol. Plant.* 2012; 34: 1451-1459.
22. Shukla A, Tyagi R, Kumar R. The effect of two different extraction methods for antioxidant activity on petroleum ether extract of leaves of plant *Casearia tomentosa*. ISBN : 2016; 978-81-932074-8-2.
23. Murugan R, Parimelazhagan T. Comparative evaluation of different extraction methods for antioxidant and anti-inflammatory properties from *Osbeckia parvifolia* Arn. an in vitro approach. *J. King Saud Unive - Science.* 2014; 2:, 267–275.
24. Ydjedd S, Chaalal M, Richard G, Kati DE, López-Nicolás R, Fauconnier ML, Louaileche H. Assessment of antioxidant potential of phenolic compounds fractions of Algerian *Ceratonia siliqua* L. pods during ripening stages. *Inter. Food Res. J.* 2017; 24(5): 2041-2049.
25. Goulas V, Georgiou E. Utilization of Carob Fruit as Sources of Phenolic compounds with Antioxidant Potential: Extraction Optimization and Application in Food Models. *Foods.* 2020; 20: 1-13.
26. Rtibi K, Selmi S, Jabri M A, Mamadou G, Limas-Nzouzi N, Sebai H, El Benna J, Marzouki L, Eto B, Amri M. Effects of aqueous extracts from *Ceratonia siliqua* L.

Pods on small intestinal motility in rats and jejunal permeability in mice, *RSC Adv.* 2016; 6:44345-44353.

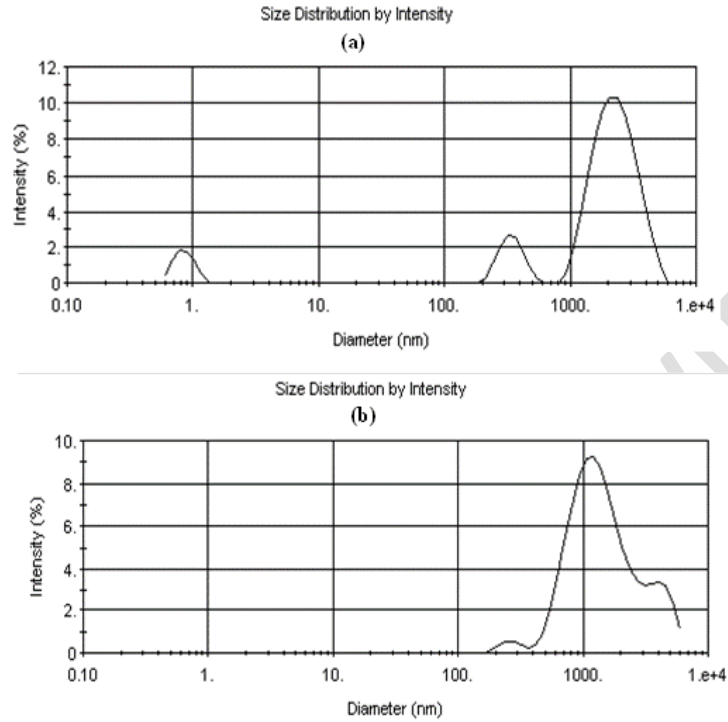
27. Sun C, Gunasekaran S. Effects of protein concentration and oil-phase volume fraction on the stability and rheology of menhaden oil-in-water emulsions stabilized by whey protein isolate with xanthan gum. *Food Hydrocol.* 2009; 23: 165-174.
28. Samavati V, Emam-Djomeh Z, Mohammadifar MA, Omid M, Mehdinia ALI. Stability and rheology of dispersions containing polysaccharide, oleic acid and whey protein isolate. *J. Texture Stud.* 2012; 43: 63–76.
29. Hadnadev TD, Dokic P, Krstonosic V, Hadnadev M. Influence of oil phase concentration on droplet size distribution and stability of oil-in-water emulsions *Eur. J. Lipid Sci. Technol.* 2013; 115: 313–321.
30. Nikovska K. Study of olive oil-in-water emulsions with protein emulsifiers. *E.J.F.A.* 2012 ; 24: 17–24.
31. Jacome Guth A, Aserin N, Garti N. Stability and opacity of orange oil cloudy emulsions based on gum elemi and gum Arabic. *Inter. J. Food Sci. Technol.* 1991; 26: 249-257.

**Figure-1**



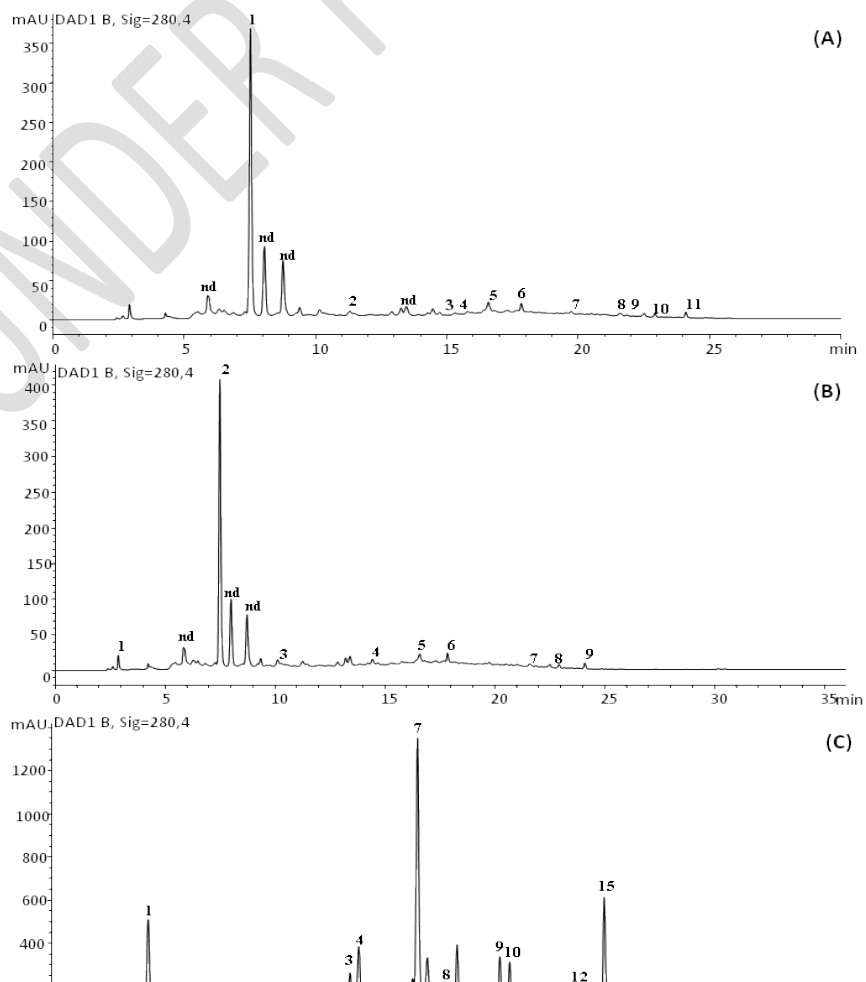
**Figure 1:** Total phenolic (a), flavonoid (b) and condensed tannin contents (c) from *Ceratonia siliqua* extracts (fruits, pods and seeds). Values are the means of three replicates and standard deviation. Values with different superscripts are significantly different at  $P < 0.05$ .

**Figure-2**



**Figure 2:** Profile of droplet size of emulsions prepared on 0.5% (a) and 1% (b) of Carob seeds oil.

**Figure-3**



**Figure 3A.** Chromatogram obtained for pods extract. Detection at 280 nm. Pics correspond to : 1, gallic acid; 2, Resorcinol ; 3, Epigallocatechin; 4, chlorogenic acid; 5, Epicatechin 3-O-gallate ; 6, syringic acid ; 7, coumaric acid; 8, rosmarinic acid; 9, protocatechuic acid ; 10, Kampferol 3-O-rutinoside ; 11, quercitin.

**Figure 3B.** Chromatogram obtained for fruits extract. Detection at 280 nm. Pics correspond to : 1, ascorbic acid; 2, gallic acid; 3, Resorcinol ; 4, Epigallocatechin; 5, Epicatechin 3-O-gallate ; 6, syringic acid ; 7, rosmarinic acid; 8, myricitin ; 9, quercitin.

**Figure 3C.** Chromatogram obtained for seeds extract. Detection at 280 nm. Pics correspond to : 1, gallic acid; 2, Resorcinol ; 3, Epigallocatechin; 4, Catechin hydrate; 5, chlorogenic acid ; 6, Epicatechine 3-O-gallate ; 7, cinnamic acid, 8, acid syringique ;9, *p*-coumaric acid ; 10, sinapic acid, 11, ferulic acid; 12, rosmarinic acid, 13, isoquercetin, 14, ellagic acid, 15, Kampferol 3-O-rutinoside ; 16, Quercetin ; 17, transcinnamic acid; 18, Isorhamnetin

## Tables

**Table 1:** Fatty acid composition of carob seeds

Fatty acids	Carbon chain	Oil yield (%)
Lauric acid	C 12: 0	0.03
Myristic acid	C 14: 0	0.16
Palmitic acid	C 16: 0	16.04
palmitoleic acid	C 16:1n7	0.27
stearic acid	C 18: 0	3.91
oleic acid	C 18: 1n9	38.08
Linoleic acid	C 18: 2n6	38.85
Linolenic acid	C 18: 3n3	1.40
Arachidic acid	C 20: 0	0.36
Eicosenoic acid	C 20: 1n9	0.35
Behenic acid	C 22: 0	0.33
Erucic acid	C 22: 1	0.16
<b>SFA (%)</b>		20.83
<b>UFA (%)</b>		79.11
<b>PUFA (%)</b>		40.25
<b>SFA/PUFA</b>		0.52

**Table 2:** Antioxidant activity of carob

<b>Antioxidant assays</b>				
	<b>AAT</b> (mg EAG g <sup>-1</sup> DW)	<b>DPPH</b> CI <sub>50</sub> (µg ml <sup>-1</sup> )	<b>Reducing power</b> CE <sub>50</sub> (µg ml <sup>-1</sup> )	
<b>Maceration</b>	<b>Fruits</b>	15.07 c	68a	2400a
	<b>Pods</b>	19.64 a	72a	1700b
	<b>Seeds</b>	17.98 b	46b	1100d
<b>Soxhlet</b>	<b>Fruits</b>	13.13d	38c	1300c
	<b>Pods</b>	13.44 d	37c	1150d
	<b>Seeds</b>	10.53 e	32d	520e