

## Review Form 1.6

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|--------------------------|--|
| Journal Name:            | <a href="#">Asian Journal of Cardiology Research</a>   |
| Manuscript Number:       | Ms_AJCR_78202  |
| Title of the Manuscript: | Impact of Diet on Cardiovascular Diseases: Coronary Artery Disease Part II: Unhealthy Macronutrients, Special Diets, and Obesity |
| Type of the Article      |  |

### **General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journalajcr.com/index.php/AJCR/editorial-policy> )

### **PART 1: Review Comments**

|                                     | <b>Reviewer's comment</b>   | <b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here) |
|-------------------------------------|---|--|
| <b>Compulsory</b> REVISION comments | <b>No</b>   |  |
| <b>Minor</b> REVISION comments      | <p>Even though it is a review, it should have a methodology chapter that indicates how the articles were selected, what criteria they had for it. How many articles and what type of magazines you have used. The scientific rigor of the articles used in the study must be guaranteed in order to avoid spurious findings.</p> <p>In various parts of the manuscript, it is stated: red meat is high in saturated fat. It is repetitive; it is enough to have reported it only once.</p> <p>There is a lot of literal information that makes reading difficult. As far as possible, it would be better to prepare tables that consider country or place of study, date, sex, result (data, unit, HR, etc.), and authors, which will allow a better appreciation of the finding.</p> |  |
| <b>Optional/General</b> comments    | <p>The article systematizes the adverse health effects of the consumption of processed red meats, saturated fats, trans fats, refined carbohydrates, and sugary drinks, recommending with scientific evidence the advantages of reducing their consumption and replacing them with sources of monounsaturated and polyunsaturated fats to reduce the risk, mainly of coronary heart disease. Therefore, after raising the observations made by the reviewers, it could be published in the journal.</p>   |  |

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**PART 2:**

|   | <b>Reviewer's comment</b>  | <b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here) |
|---|--|--|
| <b>Are there ethical issues in this manuscript?</b> | <i>(If yes, Kindly please write down the ethical issues here in details)</i> |  |

**Reviewer Details:**

|                                  |   |
|----------------------------------|---|
| Name:                            | <b>Jorge Castro Bedriñana</b>                         |
| Department, University & Country | <b>Universidad Nacional del Centro del Perú, Perú</b> |