

[Review Form 1.6](#)

Journal Name:	Asian Journal of Advanced Research and Reports
Manuscript Number:	Ms_AJARR_89212
Title of the Manuscript:	Effect of Self Instruction Technique on Generalized Anxiety among Secondary School Adolescents in Enugu State
Type of the Article	Original Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of 'lack of Novelty', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journaljesbs.com/index.php/JESBS/editorial-policy>)

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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	<p>Methods:</p> <ul style="list-style-type: none"> - add mean(\pmstandard) deviation age, and percentage of girls of the sample - experimental group was well selected, because with higher score of anxiety, also the fact of two different schools for experimental and control group is correct, because both decisions avoid internal threats, and are strong points for the quality of the study, so authors should explain their methodological decision and what internal threats were controlled with those decisions - clarify if informed consent and assent were obtained, or if other agreements were used to preserve sample blindness - clarify if counsellors knew or not the hypotheses of the study (double blindness or not) - identify calendar period of data collecting <p>Statistical Treatment:</p> <ul style="list-style-type: none"> - Transfer it to "Methods" - Data was collected in an ordinal scale, explain why ANCOVA was selected - Clarify if level of significance is one- or two-tailed - Identify effect size and power test used <p>Results:</p> <ul style="list-style-type: none"> - Table 1: i) Remove "Remark" column; ii) Add standard-deviations in pre, post, and lost - Table 2: Remove equivalent column ("Retained") ; ii) Add standard- deviations in post, retention, and lost; iii) Verify signal in "Lost", of experimental group - Table 3 can be replaced by presentation of ANCOVA statistical result (using APA norms), suggestion: consult Field statistical books (and take the opportunity to estimate and present effect size and power test) - - same for table 4 <p>Discussion:</p> <ul style="list-style-type: none"> - There are no tables 5 and 6 cited, correct numbers <p>Conclusion- is a repetition of what was told in the discussion, and last phrase needs to be</p>	
Minor REVISION comments	<p>Title- identify country of Enugu State (Nigeria) Keyword- remove "Effects"</p> <p>Results:</p> <ul style="list-style-type: none"> - If tables present the mean values, why do you repeat them in the text? - Remove slash in the paragraph after table 2 ("...mean \-2.07...") - Table 3 needs friendly formatting - Repeating null hypothesis before tables 3 and 4, and reject them after may confound general readers 	
Optional/General comments	<p>Literature is pertinent and relatively recent</p> <p>Authors tried to not speculate; however, recommendations surpass what results obtained allow to discuss</p> <p>Experimental design is well constructed but statistical treatment needs to be improved</p> <p>Sample characterization needs to be stronger (age, gender, SES)</p>	

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<p><i>(If yes, Kindly please write down the ethical issues here in details)</i></p> <p><u>Yes:</u></p> <ul style="list-style-type: none"> - <u>No information is offered relative to informed consent and assent</u> - <u>No information about ethical committee submission and approval</u> 	

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