

## Original Research Article

# Knowledge, Attitude & Practice of Ultrasonic bone surgery (Piezo electric) among Dentists in the state Tamilnadu- KAP study

### ABSTRACT

**Background:****Objectives:**

To assess the knowledge, attitude, practice of Ultrasonic bone surgery (piezo electric) among dentist in the state of Tamilnadu.

**Methods:**

A set of 29 questions was sent to dentists in and around Tamilnadu. The questionnaire was circulated digitally (Google forms & emails) and responses were recorded. 125 dentists participated in the study, among them 21 dentists were excluded since they did not have any awareness about piezo surgery or the equipment used.

**Statistical Analysis:**

The basic data was expressed using frequency with percentages and by diagrams. For expressing quantitative variable, mean and standard deviation were used. Kruskal wallis test was used to compare whether knowledge score differed by characteristics of the selected variables and Dunn's post hoc test was applied to find out which of the characteristics were statistically significant. All the statistical analysis were done using XLSTAT 2014 software

**Results:**

63% of the dentists had adequate knowledge regarding piezo surgery and 53% of the dentists were currently using piezotome in their dental practice and 47% of dentists use it for harvesting bone grafts and 86% have complimented that it was less traumatic to the hard tissues. 81% felt that patient compliance was better compared to traditional methods like osteotome and chisel. Majority of the dentists showed a positive attitude towards piezosurgery and they extended their willingness to update their knowledge furthermore and emphasized that the concept of piezosurgery, its usage and its advantages should be given adequate importance in future dental education.

**Conclusion:**

This study demonstrated that knowledge and attitude towards piezosurgery was good among the dental professionals, but the actual practice of it is still deficient. This could be probably because of the lack of training in the dental schools, which could be overcome by including piezo surgery in dental curriculum and conducting workshops for improvising the skill of the dentists.

*Keywords: Piezosurgery, Implant surgery, Periodontal surgery, Piezotome*

### INTRODUCTION

Alveolar bone loss in periodontitis is the major cause for tooth loss. Prevention and augmentation of lost bone plays a major role in retaining original teeth or better placement of the future dental prosthesis. Techniques which have been used to improve the available alveolar bone either from adjacent areas or distant areas intra-orally<sup>1</sup>. Piezoelectric surgery using piezotome is one of the recent techniques to harvest autogenous bone with less discomfort and limited morbidity to the donor site<sup>2</sup>.

The advantages of using piezosurgery are it is minimally invasive<sup>3</sup>, fastidious for hard tissue cutting<sup>4</sup> which causes adequate haemostasis, enhancing tissue healing, increased comfort and safety to the patient and thus promoting decreased post-operative pain and swelling

compared with the traditional methods (manual & rotary). The benefits of piezotome are surgical precision and predictability which increases treatment effectiveness. The added benefits of piezotome are selective and micrometric cutting action, maximum intra-operative visibility brought by light emitting diode (LED) and cavitation effect, sterile irrigation system, and preservation of vital structures (Neurovascular bundle and Schenederian membrane<sup>5</sup>) are the added benefits of using piezotome.

It has a wide variety of clinical applications in dentistry, and especially in Periodontics, for supra and subgingival calculus removal<sup>6</sup>, in crown lengthening<sup>7</sup>, Harvesting autologous bone graft<sup>8</sup>, Implant site preparation, alveolar ridge split, Expansion and recontouring, preparation of bone window laterally for Maxillary sinus Elevation and Nerve repositioning. Even piezosurgery has got so many advantages in the field of dentistry, most of the dentists do not practice it due to the lack of Knowledge and awareness.

## MATERIAL AND METHODS

### *Study design*

This study was designed and conducted as a multiple-choice questionnaire based cross sectional survey to assess the knowledge, attitude and practicing trends towards piezosurgery among general dentists practicing in and around Tamilnadu. The approval for this study was obtained from the human institutional ethics committee of Sri Venkateswara dental college & hospital, Chennai. The duration of the study was 3 months, from October 2020 to December 2020. This questionnaire was validated by randomly selecting academicians from various dental colleges and private dental professionals. This questionnaire was then finalized with the statistician and unsuitable questions were modified based on their suggestions.

125 dentists participated in this survey. The questionnaire comprised of 29 questions (5 questions to collect the demographic data of the participants, 1 question regarding awareness about piezosurgery, 11 questions related to knowledge, 7 questions assessing the attitude of the participant, 4 questions related to the practice of piezosurgery and finally 1 question was given to elaborate the participant's opinion on piezosurgery).

The questionnaire was circulated digitally (google forms & emails) and responses were recorded.

### *Statistical analysis*

The responses were compiled using Microsoft XL sheets, and the data was statistically analysed using the XLSTAT 2014 software. The basic data was expressed using frequency with percentages and by diagrams. For expressing quantitative variable, mean and standard deviation were used. Kruskal wallis test was used to compare whether knowledge score differed by characteristics of the selected variables and Dunn's post hoc test was applied to find out which of the characteristics were statistically significant.

## 1. RESULTS AND DISCUSSION

A total of 125 subjects participated in this study. Demographic details of the respondents are summarized in **Table 1**.

**Table 1: Distribution of the respondents by selected background variables**

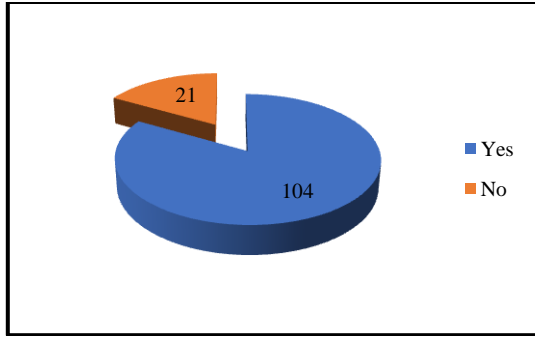
Variables	No. (N=125)	%
Gender		

Male	52	41.6
Female	73	58.4
<b>Age in years</b>		
25-30	55	44.0
30-40	40	32.0
40-50	26	20.8
>50	4	3.2
<b>Qualifications</b>		
BDS	26	20.8
MDS	79	63.2
Post graduate	20	16.0
Any other qualification		
<b>Years of Practice</b>		
<= 5 years	60	48.0
6-10 years	24	19.2
>10 years	41	32.8
<b>Types of practice</b>		
General dentist	41	32.8
Speciality practice	26	20.8
Institution	15	12.0
Private & Institution	43	34.4

**Awareness**

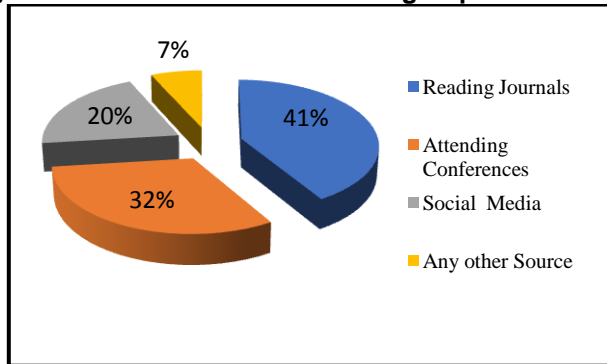
Out of the 125 participants in this study, 104 participants were aware about piezosurgery and 21 participants were totally unaware about its usage in the field of dentistry, and they were excluded from the study (**Figure.1**)

**Figure 1: Awareness about piezosurgery**



The dentists participating in this study updated their knowledge in the field of dentistry by various ways. 32% of the dentists attended multiple conferences which maybe either national or international, and 41% read journals pertaining to the recent trends in the field. 20% of the participants accepted that social media played a major role in updating themselves and 7% used other sources to renew their knowledge (**Figure.2**)

**Figure 2: Main Source of Knowledge Update**



### **Knowledge**

Among the participants, 53.8% gave the correct response regarding the effective piezoelectric wavelength, 88.5% knew that different types of tips are available in piezotome. While questioned about the applications of piezo in various branches of dentistry, the following responses were given as shown in **Table.2**: Endodontics (73.1%), periodontics (86.5%), orthodontics (65.4%), Implant and oral surgical procedures (84.6%,76% respectively). 92.3 % of the participants had knowledge about various advantages of using piezotome and 72.1% of them were aware about the disadvantages pertaining to its use. 60.6% know contraindications for performing piezosurgery.

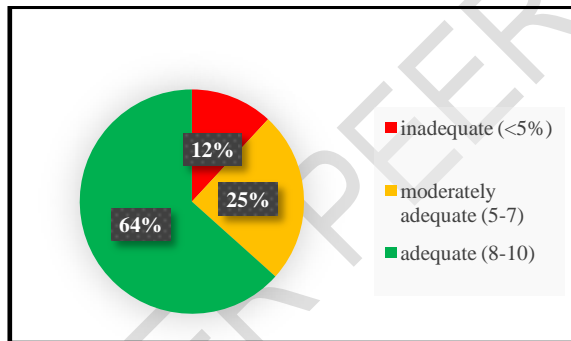
**Table No.2: Distribution of the respondents based on their response to the knowledge questions on piezoelectric procedure**

Knowledge questions	Correct response No.(N=104)	%
Effective Piezoelectric wavelength	56	53.8
What are the different types of tips available in piezoelectric device	92	88.5
Advantages of piezoelectric includes	96	92.3
Piezoelectric surgery is contraindicated in?	63	60.6
Application of piezo in Endodontics includes	76	73.1
Application of piezo in Periodontics includes	90	86.5
Application of piezo in Implant related surgery includes	88	84.6
Application of piezo in oral surgery includes	79	76.0
Application of piezo in orthodontics includes	68	65.4
Disadvantages of piezo includes	75	72.1

### Knowledge score

The knowledge score was computed as shown in **figure.3**. 64% of the dentists had adequate knowledge about piezosurgery, 25% had moderately adequate and 12% of the dentists were considered to have inadequate knowledge about piezosurgery.

**Figure.3 Distribution of respondents based on their knowledge score on piezoelectric procedure**



### Attitude of dentists towards piezosurgery

Among the participants, 75% of them agreed that piezotome can be more effectively used in bone surgery. >65% agreed that along with osteotome and chisel, piezotome can be used as an adjunct for removing bone. 86.5% of the dentist agreed that piezo surgery is less traumatic when compared to traditional methods of bone harvesting. 76% of them felt there is a lack of awareness regarding piezo among dentist and surgeries using piezoelectric equipment should be taught in the institutional level for the upcoming dentist. (**Table.3**)

**Table.3: Assessment of responses to attitude statements (%)**

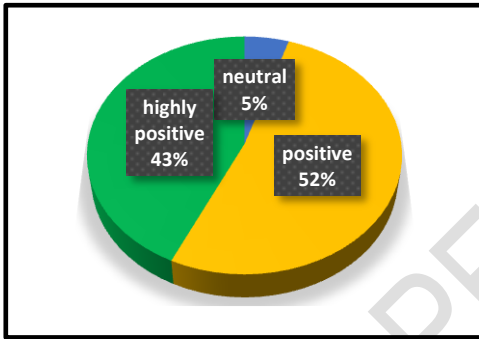
Statements	Disagree	Neutral	Agree
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Piezo can be more effective in bone surgery	1.0	24.0	75.0
Piezo electric equipment can be used as an adjunct to osteotome bone removal	4.8	26.9	68.3
Piezo electric equipment can be used as an adjunct to Chisel in bone removal	8.7	21.2	70.1
Piezo Surgery is less traumatic when compared to traditional bone harvesting Techniques	--	13.5	86.5
Surgery using Piezoelectric equipment should be given adequate importance in dental education	1.0	14.4	86.6
There is lack of awareness regarding piezosurgery amongst dentists	--	24.0	76.0

**Attitude status**

Among the dentists participating in this study, 43% showed highly positive attitude and 52% positive attitude towards piezoelectric procedure (**Figure.4**)

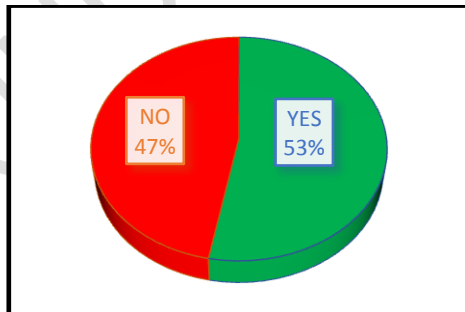
**Figure.4 Distribution of respondents based on their attitude status towards piezoelectric procedure**



**Self-reported practice of piezosurgery**

Almost 53% of the dentists participating in this study are using piezotome in their routine clinical practice and 47% do not use it in their dental practice (**Figure.5**)

**Figure.5 Practice of piezosurgery**



**Duration and frequency**

Piezotome was used to multiple purposes in dentistry. 47% dentists use piezotome for harvesting bone, 21% for ostectomy, 16% for sinus lift procedure, and 14.5% for splitting the ridge. 40% dentists have been using piezotome in their dental practice for more than a year (Table.4)

**Table.4: distribution of respondents based on their experience**

Variables	No. (N=55)	%
<b>Duration of use</b>		
< 6 months	24	43.6
6-12 months	9	16.4
>12 months	22	40.0
<b>Most Frequent techniques used</b>		
Sinus lift procedure	9	16.4
Harvesting Bone	26	47.3
Ostectomy	12	21.8
Ridge split	8	14.5
<b>Patient compliance is more while using piezo electric device</b>		
Yes	45	81.8
No	10	18.2

**Patient acceptance**

More than 80% of dentists accepted that patient compliance is more while using piezotome (Table.4)

**DISCUSSION**

Piezoelectricity is the electric charge that accumulates in certain solid materials (crystals, ceramics) and biological matter (Bone, proteins) in response to applied mechanical stress. The word 'Piezo' originates from Greek word which is synonymous with squeeze, press or pressure<sup>9</sup>. The piezoelectric effect was first proven in 1880 by brothers Pierre, Jacques curie and it was Dr. Tomaso Verzelotti in 1988<sup>10</sup> who applied this effect in surgery and patented the term "piezo surgery". He also invented the piezosurgery device (piezotome) which is akin to an ultrasound machine with a modulated functional frequency of 25- 30 kHz and a controlled tip vibration range.

Ultrasonic bone surgery or surgery using piezotome has been employed in the field of dentistry for more than 30 years. Piezotome is a specially designed tool with a modulated ultrasonic frequency of 25-30kHz with adjusted micro vibrations ranging from 60 to 200mm/sec targeting only mineralized tissues<sup>8</sup>. It has a high precision and safely cuts the hard tissues sparing soft tissues, nerves and vessels.

Various cutting tips or inserts are available: 1. Titanium nitrate coated tips for osteoplasty and harvesting bone chips 2. Diamond coating tips for osteotomy in thin bone or for complete osteotomy which are close to anatomical structures 3. Sharp insert tips for bone

cutting 4. Smooth insert tips for preparing delicate structures 5. Blunt insert tips are for sinus membrane elevation, nerve lateralization and for root planning procedures<sup>11</sup>.

In the past decades, bone cutting was customarily performed using motorized instruments. Excessive heat production, requiring irrigation from external source and pressure exerted by the increased vibrations from the burs were the inadvertent effects of using these motor driven devices.

Piezotome with its well-known precision and intra-operative safety, has overcome all the fore mentioned drawbacks. Ever since piezotome has proven to be evidence-based alternative to traditional surgical tools, it is very essential for the dentists to have a good knowledge to use piezotome more effectively and deliver a good care to the patients.

The present study was conducted to determine the knowledge, attitude, and practice of piezosurgery among dental professionals. A total of 125 dentists actively participated in this questionnaire study, 73 females and 52 males. Post graduates, MDS qualified dentists running a private dental setup and attached to institutions participated in large numbers with the years of dental practice  $\leq 5$  years.

Overall majority of the dentists participating in this study had awareness and good knowledge about piezosurgery, its applications in the field of dentistry, advantages, disadvantages which were assessed by the knowledge score. 10 questions were given to assess the knowledge about piezosurgery and more than 8-10 correct responses were given by 64% of the dentists. More than 95% of the participants showed a positive attitude towards piezo surgical procedures and expressed to update their knowledge in future.

Vercellotti *et al.* in 2005<sup>12</sup> assessed the postoperative wound healing in a dog model after osteotomy and osteoplasty using piezotome and burs (carbide and diamond). The surgical sites treated with burs showed loss of bone whereas in there was gain in bone and regeneration of cementum and periodontal ligament in the area of piezosurgery. They concluded that piezosurgery is favours bone repair and regarded more constructive and effectual in bone surgeries. In our study 75% of the dentists agreed that piezo can be used more effectively in bone surgeries and greater number of the dentists agreed it that piezotome can be used as an adjunct to osteotome (68%) and chisel (70.1%) for bone removal.

Arndt Happe in 2007<sup>13</sup> used piezosurgical device in 45 donor sites to harvest bone grafts from the mandibular ramus region. Harvested grafts were placed in recipient sites with inadequate bone volume (maxilla and mandible) prior to implant placement. He concluded that the osteotomies using piezotome was very precise and less traumatic which allowed better visibility and in majority of the sites healing was satisfactory.

In our study, 47.3% of the dentists used piezosurgical device for harvesting bone, 21.8% for osteotomy, 14.5% for ridge split and 16.4% for sinus lift procedures. Greater than 85 % of dentists agreed that piezosurgery was less traumatic when compared to the other traditional methods.

Athira *et al* in 2020<sup>14</sup> conducted a study in 100 dental practioners in chennai comprising of 16 questions and they concluded that the awareness regarding piezosurgery is less. But the study sample was confined to a particular locality and the limited number of questions was the drawbacks of their study.

To the best of our knowledge, very few studies have been done to assess the KAP about piezosurgery among dental professional in the state of Tamil Nadu (India).

#### **Strengths and Limitations of the Study**

The major strength of this study is the categorization of the questions in each section to identify and record the responses precisely given by the participants. The limitation of this study was the essentially small number of participants.

## CONCLUSION

This study showed that majority of the dental professionals had good awareness, knowledge and attitude about piezosurgery and they understand the advantage of using piezo over traditional methods. eventhough more than 50% of the dentists in this study practicing piezo in their routine dental practice, others may have practical difficulties. This could be probably because of the cost of the piezo device and the clinical expertise needed to perform surgeries using piezotome. These can overcome by attaining knowledge by attending conferences, live workshops and CDE programs. The inclusion of this innovative technology in dental curriculum and by proper training instituted by experienced and skilled practitioners, Piezosurgery can spread its wings further more in the field of dentistry.

## CONSENT (WHERE EVER APPLICABLE)

Not applicable (Questionarie based study )

## ETHICAL APPROVAL (WHERE EVER APPLICABLE)

Not applicable

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UNDER PEER REVIEW