

ORAL CANDIDIASIS WITH SUBCUTANEAOUS EMPHYEMA ASSOCIATED WITH SARI FOLLOWING POST COVID 19 : A CASE REPORT

Abstract:

Background: Over the last few decades, the covid 19 has increased all over the world. More issues are likely to be observed as covid 19 rate increases. The major cause of morbidity and mortality is infection. Oral Candidiasis With Subcutaneous Emphyema and SARI are very rare complications in Covid 19 patient. The final cause is infection ,but sometimes it causes due to allergic or inflammatory reaction of the drugs. If it occurs after post covid 19 then creates very serious issues with the peoples health.

Case presentation: Here we are mentioning a very rare case of Oral Candidiasis With Subcutaneous Emphyema and SARI after Covid 19 positive patient. In this case, on physical examination and investigation, it was found that, after covid 19 patient has developed Oral Candidiasis ,Subcutaneous Emphysema , severe breathlessness, cough, fever, nausea,vomiting, throat infection and loss of appetite. To overcome this sudden issue, emergency exploratory medical and surgical treatment was done.

During Covid 19 treatment her HRCT Score was 21/25 and the infection was severe. There was no any sign of oral candidiasis, subcutaneous emphysema, or tissue or organ damage or no any other abnormality was detected during Covid 19 tratment. No bacterial growth or fungal growth observed on investigation. After some days and treatment of covid 19 the patient was developed a Oral Candidiasis and Subcutaneous Emphysema and SARI. The working diagnosis was finalized by doctors i.e. Oral Candidiasis With Subcutaneous Emphyema and SARI. After expert medical management and excellent nursing care patient was discharged with full recovery.

Conclusion: In this study, we mainly focus on expert medical management and excellent nursing care helped in managing the complicated case very nicely. All the patient response was positive for conservative and nursing management and after treatment the patient was discharged without any complications and satisfaction with full recovery.

Keywords: Oral Candidiasis, Subcutaneous Emphyema, SARI, Covid 19.

Introduction:

Over the last few decades, the covid 19 has increased all over the world. More issues are likely to be observed as covid 19 rate increases. Infection is the leading cause of morbidity and mortality. Oral Candidiasis With Subcutaneous Emphyema associated with SARI very rare complications in Covid 19 patient. The final cause is infection ,but sometimes it causes due to allergic or inflammatory reaction of the drugs. If it occurs after post covid 19 then creates very serious issues with the peoples health.¹

It's a life threatening situation and is a very serious issue with respect to Covid 19 .

The main cause of Oral Candidiasis and Subcutaneous Emphysema SARI is mostly bacterial or fungal infection, foreign bodies or any chemical agents. Due to these factors, organs or tissues may perforate and become infected. Sometimes in this situation the patient was death also ².

In these cases, the client was admitted in hospital for the treatment of Covid 19, during the treatment he developed the oral candidiasis, subcutaneous emphysema and SARI also, i.e. any bacterial or fungal infection of tissue damage of the Oropharyngeal tract. To improve patient survival and decrease mortality rate of the client a medical and surgical treatment given to the client. Sometimes, the exact cause cannot be found after an extensive diagnostic work-up. In these cases, very rarely allergic and inflammatory reaction may be the final diagnosis ³.

Case history:

A case was taken by Acharya Vinoba Bhave Rural Hospital, Datta Meghe Institute of Medical Sciences, (Deemed to be University), Sawangi (Meghe), Wardha, Maharashtra, India. After covid 19 infection, this complicated case was taken care nicely by the hospital because of expert medical team management and excellent nursing care.

Patient information

We report a 59 year-old-male was post covid-19 infection, complete covid-19 period and all routine laboratory blood test was normal. During covid 19 he developed severe Odynophagia and Candidia flaky whitish over the tongue and postpharyngeal wall. After CECT of the neck extensive subcutaneous emphysema dissecting into the deeper soft tissue and musculature, extending from chest wall to Superior mediastinum and neck space bilaterally are present. Crepitus noted in anterior neck and both supraclavicular region. After all the investigation the patient was diagnosed as Oral Candidiasis With Subcutaneous Emphysema and SARI followed Covid -19 infection.

Patient belonged to middle class family. Her family members had no any complaints of communicable and non-communicable diseases. He maintained a good interpersonal relationship with family members and relatives and neighbours also. But due to this condition he had developed some symptoms like irritability, anxiety, crying and restlessness and found it difficult cooperate. He was behaving like this due to separation from her family and community. Previously and at the time of admission patient doesn't have the communicable and noncommunicable disease.

After admission Ryle's tube intubation was inserted. On admission, her vital sign was temperature 98.8⁰F, pulse 108/min, Blood pressure 110/70 mm of Hg. Overall, this condition was managed by administration of intravenous fluid and antibiotic treatment. Blood investigation and the CECT were done, CECT report the neck extensive subcutaneous emphysema dissecting into the deeper soft tissue and musculature, extending from chest wall to Superior mediastinum and neck space bilaterally present.

Physical Examination:

Her Physical examination was done and on examination swelling is present on the neck region. And in the mouth candida flake (whitish) over tongue is present. Other than there were no any abnormality was detected.

Diagnostic assessment:

The laboratory test was conducted and results were: Hemoglobin 12.5 gm /dl (12.1-15.1 gm/dl), and total leukocyte count was 11,400 cell/m³ (5000-11,000 cell/m³), total RBC 3.78 cell/m³, total platelet count 1.3 per microliter and radiologist mentioned in CECT report, i.e. the neck extensive subcutaneous emphysema dissecting into the deeper soft tissue and musculature, extending from chest wall to Superior mediastinum and neck space bilaterally present.

Preoperative care

Doctors tried to treat this condition with the help of conservative management, i.e. Inj Ceftriaxone 1 gm antibiotic intravenously, inj. Metronidazole 100ml antimicrobial intravenously, Inj tramadol pain killer in IV drip, Inj neomol 100ml antipyretic intravenously given, but only operation was next choice for surgeon to handle this case and before start surgical operation preparation written consent was taken by her son and physical and psychological preparation was done preoperatively. All these conditions were very threatenful to patient because he was so much worried about her health. On observation he looked very tensed.

But exact cause was not found and finally on respiratory opinion ICD placement was done for management of subcutaneous emphysema .

Postoperative care

Postoperatively the patient shifted in the surgery Intensive Care Unit; semi fowler's position was given, 4 hourly Ryle's tube aspiration and abdominal girth was measured. Post operatively continuous cardiac monitoring was done, Inj. Piptaz 4.45 gm higher antibiotic intravenously, inj. Metronidazole 100ml antimicrobial intravenously, Inj Pantoprazole antacid 40 mg intravenously, Inj. Emset 4 mg antiemetic intravenously, Inj Tramadol pain killer in an IV drip, Inj Neomol 100ml antipyretic intravenously given as per doctors ordered.

But exact cause was not found and finally on respiratory opinion ICD placement was done for management of subcutaneous emphysema .

Nursing management

Postoperatively the patient was under strict observation of on duty staff. Intravenous fluid administered as per calculation. Vital signs were recorded strictly. Overall her response was positive for treatment and patient condition too improved progressively.

Excellent nursing care was given and the patient herself reported to nursing staff that. He was very satisfied about nursing care. Complete discharge procedure was explained by nursing staff to the patient and her family members along with medication prescribed at home as advised by the surgeon. The patient was discharged without any complications.

Discussion:

This was a very rare medical case of exact cause is unknown. No any additional medical treatment was given other than intravenous antibiotics and antimicrobial injections. Pain killer and antiemetic ⁴.

Till now, there is no any exact information in the literature to assume the possibility of allergic reaction or any other inflammatory reaction due to handling of Oral Candidiasis With Subcutaneous Emphyema and SARI ⁵. The cause and effects of the disease have not been identified, it is limited to isolated case reports only. Most of the reports are related to this topic are based on patients undergoing Covid 19 patients ⁶. Different studies on Covid 19 were reported ⁷⁻¹¹. Few of the related studies were reviewed ¹²⁻¹⁴.

Conclusion:

A case of Oral Candidiasis With Subcutaneous Emphyema and SARI secondary to post covid - 19, it's is very important to diagnosed in early stage so that the patient will not be develop complications from the disease. It is also very important to take preventive measure like avoid going to dusty area or construction site, wear N95 mask, avoid activities that has direct contact with dust or soil, clean oxygen mask, humidifier. My patient show great improvement after getting the treatment and the treatment was still going on discharge. ⁷

Ethical approval

Not applicable

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