

Review Form 3

Journal Name:	Journal of Scientific Research and Reports
Manuscript Number:	Ms_JSRR_128634
Title of the Manuscript:	Smartphone Overuse: Its Influence on Physical Health and Social Connections- A Review
Type of the Article	A Review

General guidelines for the Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guidelines for the Peer Review process, reviewers are requested to visit this link:

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PART 1: Comments

	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.	This manuscript addresses a critical and timely issue by exploring the influence of smartphone overuse on physical health and social connections. Given the widespread adoption of smartphones globally, understanding their potential adverse effects is essential for developing evidence-based guidelines to promote healthier technology usage. The review sheds light on the interplay between excessive smartphone use and its impact on physical well-being, such as posture, sleep, and vision, as well as its implications for social relationships and interpersonal dynamics.	
Is the title of the article suitable? (If not please suggest an alternative title)	yes	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	Yes.Mention the keywords	
Is the manuscript scientifically, correct? Please write here.	yes	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	yes	
Is the language/English quality of the article suitable for scholarly communications?	yes	
Optional/General comments	Overall the manuscript is good	

PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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