

Review Form 3

Journal Name:	Asian Journal of Cardiology Research
Manuscript Number:	Ms_AJCR_129229
Title of the Manuscript:	IMPACT OF AEROBIC EXERCISE ON OBESITY AMONG FEMALE STAFF OF LADOKE AKINTOLA UNIVERSITY OF TECHNOLOGY, OGBOMOSO, NIGERIA
Type of the Article	

PART 1: Comments

	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.	This research is interesting, it covers the impact of exercise on obese female of university staff. It reports the significant effects of aerobic exercise on reducing excess body composition, blood glucose level, BMI, blood pressure and lipid profile.	
Is the title of the article suitable? (If not please suggest an alternative title)	yes	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	yes	
Is the manuscript scientifically, correct? Please write here.	yes	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	yes	
Is the language/English quality of the article suitable for scholarly communications?	yes	
<u>Optional/General</u> comments	I recommend accept with minor changes that include: Add inclusion criteria. Extend discussion to include the key beneficial molecular pathways of aerobic exercise such as PPAR α /CPT-1/MCAD signalling, AMP activation and nitric oxide production. Also discuss the impact of exercise on thermogenesis and hormonal regulation. Add limitations of the study. Add new references.	

PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

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Reviewer Details:

Name:	Hassan Shora
Department, University & Country	Port-Said University, Egypt