

Review Form 3

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|--------------------------|---|
| Journal Name: | Journal of Complementary and Alternative Medical Research |
| Manuscript Number: | Ms_JOCAMR_129219 |
| Title of the Manuscript: | PROTECTIVE EFFECTS OF FLAVONOIDS AND SAPONINS FROM TIGER NUTS AND DATE FRUITS ON PROSTATE HEALTH IN ALUMINUM-EXPOSED WISTAR RATS. |
| Type of the Article | Research |

General guidelines for the Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guidelines for the Peer Review process, reviewers are requested to visit this link:

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PART 1: Comments

| | Reviewer's comment | Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i> |
|---|--|--|
| Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part. | This type of research bridges the gap between nutrition, toxicology, and medical science, emphasizing the potential of dietary components in promoting overall health and preventing disease. | |
| Is the title of the article suitable? (If not please suggest an alternative title) | Yes | |
| Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here. | The findings underscore the potential of tiger nuts and date fruits as functional foods with chemopreventive properties. Their inclusion in the diet may serve as a non-invasive, affordable, and accessible strategy to protect against prostate dysfunctions, particularly in individuals exposed to environmental toxins like aluminum. Furthermore, these foods are nutrient-dense, offering additional health benefits such as improved cardiovascular health, better glucose metabolism, and enhanced gastrointestinal function. | |
| Is the manuscript scientifically, correct? Please write here. | Yes | |
| Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form. | Sufficient, | |
| Is the language/English quality of the article suitable for scholarly communications? | Yes | |
| Optional/General comments | Nil | |

PART 2:

| | Reviewer's comment | Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i> |
|---|--|---|
| Are there ethical issues in this manuscript? | <i>(If yes, Kindly please write down the ethical issues here in details)</i> | |

Reviewer Details:

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|----------------------------------|---|
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