

Review Form 3

Journal Name:	Journal of Pharmaceutical Research International
Manuscript Number:	Ms_JPRI_128421
Title of the Manuscript:	The Promise of Nutraceuticals in Obesity Management: Understanding the Science Behind Weight Regulation
Type of the Article	Review Article

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This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guidelines for the Peer Review process, reviewers are requested to visit this link:

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PART 1: Comments

	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.	This manuscript provides significant insights into the potential of nutraceuticals in the management of obesity, a growing global health concern. By examining natural compounds like curcumin, green tea extract, psyllium fibre, and omega-3 fatty acids, the review highlights their promising roles in regulating appetite, boosting metabolism, and enhancing insulin sensitivity. The complexity of obesity, driven by genetic, environmental, and behavioural factors, makes effective treatment challenging, but nutraceuticals offer a targeted, safer, and more natural approach compared to traditional therapies. The review calls for further research, clinical testing, and consumer education to maximize the benefits of these compounds, emphasizing their integration with lifestyle changes to achieve sustainable weight management and improved health outcomes.	
Is the title of the article suitable? (If not please suggest an alternative title)	It's very common title- "Nutraceuticals for Obesity: Exploring Natural Solutions for Weight Management" "Harnessing the Power of Nutraceuticals: A New Approach to Obesity Treatment"	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	Abstract is justifying the manuscript.	
Is the manuscript scientifically, correct? Please write here.	Yes	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	Yes	
Is the language/English quality of the article suitable for scholarly communications?	Yes	
<u>Optional/General</u> comments	Conclusion needs to be more related to the complete article. As it is very precise and please incorporate the future aspects of nutraceutical's role in weight management. A key nutraceutical 'Garcinia Cambogia' is missing, which is very imp. For weight management.	

PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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