

Results of Chemical and Pharmacological Study of the Mongolian Traditional Prescription “Indra-4”

ABSTRACT

Aims: The study aims to identify the biologically active ingredients in the Indra-4 prescription and evaluate their effects on rats with acute inflammatory bowel disease (IBD) induced by lipopolysaccharide (LPS).

Methodology: Thin-layer chromatography (TLC) was used to identify bioactive compounds in the prescription, while UV/Vis spectrophotometry measured total phenolic compounds, flavonoids, triterpene saponins, and coumarins. Forty adult Wistar rats were divided into four groups: Normal, LPS (control group), Diarex (reference treatment), and Indra-4 (test group). The study investigates how these components impact the condition of IBD in the rats. Statistical analysis was performed using GraphPad Prism version 9.0.

Results: The study is the first to analyze the chemical and pharmacological properties of the traditional Indra-4 prescription, revealing that it contains polyphenolic compounds such as flavonoids, coumarins, and triterpene saponins. In an enteritis model, a 300 mg/kg dose of Indra-4 reduced diarrhea by 68.9% compared to a control group treated with LPS. It also increased plasma sodium, potassium, and chloride plasma levels and lowered serum prostaglandin E2 levels by 30.8%, indicating potential anti-inflammatory effects. These findings suggest that Indra-4 may help alleviate diarrhea and inflammation in LPS-induced enteritis, providing a basis for its possible use in treating acute inflammatory bowel disease (IBD).

Conclusions: We conducted the first chemical and pharmacological analysis of the traditional Indra-4 prescription and discovered that it primarily contains polyphenolic compound derivatives, including flavonoids, coumarins, and triterpene saponins. These biologically active compounds exhibit various pharmacological actions and therapeutic effects. In the acute inflammatory enteritis disease model induced by lipopolysaccharide, the Indra-4 prescription demonstrates an antidiarrheal effect by decreasing prostaglandin E2 levels and preventing electrolyte loss, as confirmed through laboratory and histological analyses.

Keywords: *Indra-4 prescription, Traditional medicine, Lipopolysaccharide*

1. INTRODUCTION

Each year, approximately 1.7 billion individuals worldwide are affected by diarrhea from various causes, leading to around 525,000 fatalities.¹ In recent years, extensive research has concentrated on pharmacological agents and medicinal plants that can effectively treat and alleviate symptoms of inflammatory bowel disease, which are becoming increasingly prevalent.² Mongolian traditional medicine, with a history spanning approximately 5,000 years, has developed a diverse array of prescriptions for treating various diseases. These prescriptions primarily utilize natural raw materials, including plants, animals, and minerals. However, I would like to point out that not all traditional prescriptions have undergone comprehensive scientific study or validation.³

Mongolian traditional medicine uses antidiarrheal prescriptions, with the Indra-4 prescription being particularly effective in treating diarrhea from various causes. However, further research is needed to identify the biologically active compounds in Indra-4 and understand the mechanisms behind their therapeutic effects. This highlights the need for more in-depth studies to comprehend its action fully.⁴

The Indra-4 recipe consists of four herbs: *Holarrhena antidysenterica*, *Aconitum kuznezoffii*, *Polygonum bistorta*, and *Clematis tangutica*. The prescription shares common characteristics, including a brown color, a bitter taste, and cooling properties.⁵⁻⁶

To establish the scientific basis for the efficacy of the Indra-4 prescription in treating diarrhea, we focused on identifying its bioactive compounds and analyzing their specific effects on the condition.

This study seeks to identify the biologically active compounds in Indra-4 and scientifically validate their traditional use for diarrhea treatment.

2. MATERIALS AND METHODS

Materials

The study employed the Indra-4 prescription, produced by the Traditional Medicine Factory at the Institute of Traditional Medicine and Technology.

Chemical Reagents

Gallic acid ($\geq 98\%$), quercetin ($\geq 98.1\%$), umbelliferone ($\geq 98\%$), and oleanolic acid ($\geq 98\%$) were sourced from suppliers in Shanghai, China. The Folin-Ciocalteu phenol reagent ($\geq 98\%$) was obtained from Sangon, China. All other reagents used were of analytical grade. Lipopolysaccharides from *Escherichia coli* 055:B5 (L2880-100MG) were procured from SIGMA-ALDRICH, USA. MLBio Co., Ltd, China, supplied the PGE2-rat ELISA kit, while the Na-rat, K-rat, and Cl-rat test kits were provided by BiobaseBiodustry (Shandong) Co., Ltd, China.

Animals

An adult Wistar rat weighing 180-220 grams was obtained from the experimental animal vivar of the Institute of Traditional Medicine and Technology. The vivar maintained a temperature of $20\pm 1^\circ\text{C}$, 50-60% humidity, a 12-hour light/dark cycle, and air circulation of 8-15 times per hour. Forty rats were used in the study, and they were provided with fresh water and a specific animal feed.

Chemical analysis

UV/Vis spectroscopy: Absorbance measurements were performed using a UV-2102 UNICO spectrophotometer manufactured in China.

Thin Layer Chromatography (TLC) method:

Weigh 0.5 g of the Indra-4 prescription and extract it with ethyl acetate. Filter the extract and allow it to sit at room temperature for 24 hours. Subsequently, the supernatant was collected using a glass tube and applied to a silica gel glass plate alongside a 1 mg/ml solution of the standard substance (gallic acid). For thin-layer chromatography (TLC), utilize a solvent system composed of benzene, ethyl acetate, formic acid, and acetone in a ratio of 5:5:1:1 for spot extraction. Spray the plate with a 2% ferric chloride alcohol solution and place it in a drying oven at 100°C - 105°C for 1-2 minutes. The spots will appear the same color as the standard substance under normal light.

To detect flavonoids, use a solvent system of toluene, ethyl acetate, formic acid, and methanol in a ratio of 6:6:1.6:0.4. For coumarins, employ a mixture of toluene, ethyl acetate, and acetic acid in a ratio of 4.5:5:0.5. To detect triterpenes and saponins, utilize a benzene-acetone system in a ratio of 8:2. The detection solutions include 1% FeCl_3 , 3% AlCl_3 , 5% KOH, and a 5% vanillin- H_2SO_4 alcohol solution.⁷⁻⁹

Ultraviolet Spectrophotometric Method:

Method for the Quantitative Determination of Total Phenolic Compounds in the Indra-4 Prescription.

Measure 0.5 ml of a 70% ethanol solution of the research sample, 10 ml of distilled water, and 1 ml of the Folin-Ciocalteu selective reagent in a 25 ml volumetric flask. Subsequently, dilute the mixture with a 10.75% sodium carbonate solution. Allow the mixture to stand at room temperature for 30 to 40 minutes before measuring its absorbance using a UV spectrophotometer at a wavelength of 760 nm. Gallic acid equivalents will be utilized to quantify the polyphenolic compounds present in the Indra-4 prescription.^{7,9}

Quantitative determination of total flavonoid content.

Transfer 4 mL of a 70% ethanol solution of Indra-4 into a 25 mL volumetric flask. Add 0.5 mL of concentrated hydrochloric acid, mix thoroughly, and heat the mixture in a water bath at 40°C for 20 minutes. After heating, add 2 mL of 1% aluminum chloride and dilute the solution to the mark with 70% ethanol.

Allow the solution to equilibrate at room temperature for 20 minutes. Subsequently, the absorbance was measured using a UV spectrophotometer at 430 nm.

For the blank solution, transfer 4 mL of the 70% ethanol solution of the Indra-4 formulation into a 25 mL volumetric flask and dilute to the mark with 70% ethanol.

The total flavonoid content of the Indra-4 prescription was quantified in quercetin equivalents.^{10,11}

Determination of the Quantitative Content of Total Triterpene Saponins.

Measure 0.4 mL of a 70% ethanol solution containing the sample (10 mg/mL), 0.4 mL of a 5% vanillin-acetic acid solution, and 2.4 mL of perchloric acid into a 10 mL volumetric flask. Stir the mixture thoroughly and heat in a water bath at 70°C for 15 minutes.¹² After cooling, add ethyl acetate to adjust the final volume to 10 mL. For the blank solution, combine 0.4 mL of the 70% ethanol solution, 0.4 mL of the 5% vanillin-acetic acid solution, and 2.4 mL of perchloric acid in a 10 mL volumetric flask. Stir well and heat in a water bath at 70°C for 15 minutes. After cooling, add ethyl acetate to achieve a total volume of 10 mL. Measure the absorbance using a UV spectrophotometer at a wavelength of 550 nm. The Oleanolic Acid Equivalent (OAE) represents the total triterpene saponins in the traditional Indra-4 prescription.

Determination of Total Quantitative Content.

In a 10 mL volumetric flask, add 1 mL of a 70% ethanol solution containing the sample at 10 mg/mL concentration.¹³ Introduce 0.1 mL of concentrated hydrochloric acid and stir thoroughly. Heat the mixture in a water bath at 40°C for 20 minutes.¹⁴ Subsequently, dilute to the mark with 70% ethanol. Allow the solution to equilibrate at room temperature for 15 minutes, then measure the absorbance using a UV spectrophotometer at 336 nm, using 70% ethanol as the blank.¹⁵ The Isofraxcedin Equivalent (IFE) quantifies the total coumarin content in the traditional Indra-4 prescription.⁸

Effect of the Traditional Indra-4 Prescription Enteritis Model in Rats

Ethics Statement

Mongolia's Ministry of Health Ethical Review Committee has approved the experimental protocol.

Detection of the Inhibitory Effect of the Indra-4 Prescription on LPS-Induced Diarrhea in Rats

The standard group, LPS group, Indra-4+LPS group, and Diarex+LPS group, with ten rats in each group. Before LPS exposure, the rats in the standard and LPS groups were administered distilled water. In contrast, the Indra-4+LPS group received Indra-4 at a dose of 300 mg/kg, while the Diarex+LPS group was administered Diarex at a dose of 500 mg/kg twice daily for five days.¹⁶ Following this administration, the rats were provided with water only for 12 hours. One hour after the final drug administration, all groups, except for the standard group, were treated with LPS at a dose of 30 mg/kg.^{17,18}

Frequency of Diarrhea Detection Before Specimen Collection

After treatment with LPS, each cage of rats had a filter paper couch that was changed hourly for four hours. The frequency of diarrhea was evaluated by counting the fecal deposits on the filter paper. Experiments were conducted with groups of 10 rats, and each experiment was replicated once. Following an overnight fast, the animals received an intraperitoneal injection of 250 µL of sterile 0.9% saline (vehicle), either with or without 1 mg/kg of E. coli 0111: B4-derived LPS (Sigma). The test compounds were administered orally two hours before the LPS injection. Six hours after LPS administration, the rats were euthanized, and jejunal segments were collected for intestinal permeability measurement using Ussing chambers and for evaluating inflammatory tone through myeloperoxidase (MPO) activity assay.

Histopathological Analysis

An enteritis pathological model was established, and microstructural analysis of small intestine tissue was conducted using standard techniques for animal tissue and organ samples. The tissues were fixed in a 10% buffered formalin solution for 24 hours, washed with running water, and processed through ethanol and xylene before being embedded in paraffin.¹⁹ Sections were cut to a 2-5 µm thickness using a sled microtome (Yamato Kohki Industrial Co., Ltd), stained with hematoxylin-eosin, and prepared for microscopic examination with a Nikon Eclipse Ci microscope. Furthermore, histopathological analyses of small intestine tissue samples from the animals will be performed, and the results will be compared across different groups.

3. RESULTS AND DISCUSSION

3.1 TLC result.

Biologically active compounds in the traditional Indra-4 prescription were identified utilizing thin-layer chromatography (TLC). For the analysis of phenolic compounds, gallic acid was employed as a standard in a solvent system consisting of benzene, ethyl acetate, formic acid, and acetone (5:5:1:1). Following the application of a 2% ferric chloride alcohol solution to the chromatogram, a dark blue spot was observed at the same level as the standard ($R_f=0.51$).

In the analysis of flavonoids, quercetin was used as the standard in a toluene, ethyl acetate, formic acid, and methanol (6:6:1.6:0.4) solvent system. The chromatogram was treated with a 3% $AlCl_3$ alcohol solution, detecting a yellow spot exhibiting fluorescence at the same level as the standard ($R_f=0.37$). Additionally, coumarin was compared with umbelliferone in a toluene, ethyl acetate, and acetic acid (4.5:5:0.5) solvent system. Triterpene saponin was analyzed alongside oleanolic acid in a benzene and acetone (8:2) solvent system. Upon applying a detection solution of 5% KOH and 20% H_2SO_4 , colors comparable to those of the standard substances were observed, with umbelliferone exhibiting blue fluorescence ($R_f=0.65$) and oleanolic acid displaying a purple-brown color ($R_f=0.88$).

3.2 Results from the UV/Vis Spectrophotometer

The polyphenolic compounds, total flavonoids, triterpene saponins, and total coumarins in the traditional Indra-4 prescription were quantified using a UV spectrophotometer. The polyphenolic content concerning gallic acid was determined. To establish the gallic acid's linearity, we measured the solutions' light absorption at concentrations of 0.24, 0.72, 1.2, 1.68, and 2.16 $\mu\text{g/mL}$ ($n=5$, $RSD=0.06445\%$). A standard curve was generated, resulting in the linear equation ($Y=0.0849x+0.001$, $R^2=0.9994$), and the results were expressed as a percentage (FIG. 1.).

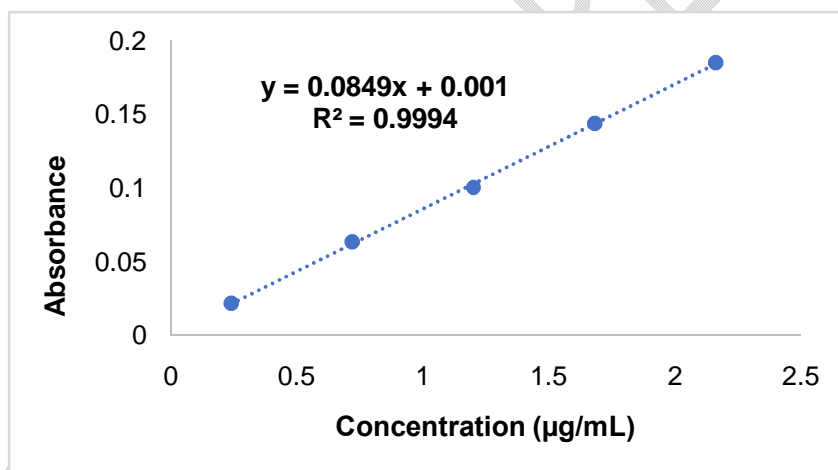


Fig. 1. Standard curve generated using a Gallic acid solution with concentrations ranging from 0.24 to 2.16 $\mu\text{g/mL}$

The Indra-4 prescription contains a polyphenolic compound concentration of $2.38 \pm 0.031\%$, as determined using the line equation in Figure 1. A standard curve was established to evaluate the linearity of quercetin, measuring light absorption in solutions with concentrations of 0.0075, 0.0086, 0.0179, and 0.023 mg/mL ($n = 4$, $RSD = 0.0074\%$). The linear equation obtained was $Y = 9.0739x - 0.0015$, with an R^2 value of 0.9993; this data is illustrated in Fig. 2.

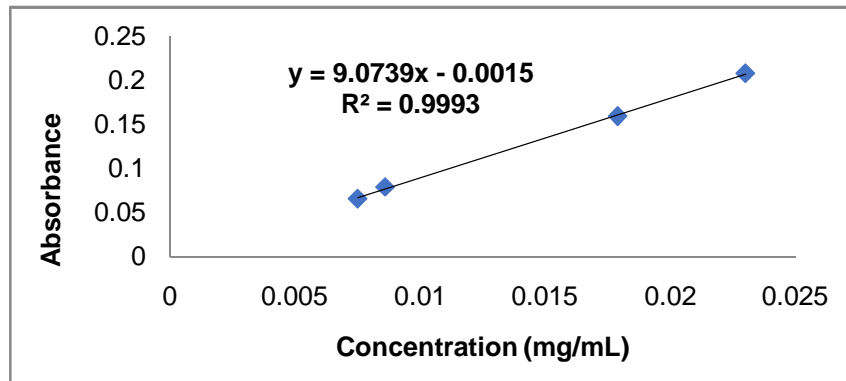


Fig. 2. The standard curve was generated using a quercetin solution with concentrations ranging from 0.0075 to 0.023 mg/mL

The total flavonoid content was measured at 430 nm using a UV spectrophotometer, calculated in terms of quercetin equivalents using the equation $Y=9.0739x-0.0015$ (with $R^2=0.9993$), and found to be $0.28\pm 0.034\%$.

Researchers discovered that the traditional Indra-4 prescription, containing *Polygonumbistorta* and *Clematis tangutica* Korsh, includes phenolic compounds like gallic and tannic acids, phenolic carboxylic acids such as caffeic and chlorogenic acids, flavonoids including quercetin and kaempferol, and vitamin C.

The coumarin content in the Indra-4 prescription was measured using isofraxedin as a reference compound. Based on their light absorption, a calibration curve was created with isofraxedin solutions at 30, 40, 50, and 60 $\mu\text{g/mL}$ concentrations. The resulting equation was $y=0.0653x+0.0019$, with a high correlation ($R^2 = 0.9990$). A relative standard deviation (RSD) of 0.84% ($n=4$) indicated the method's precision (Fig. 3).

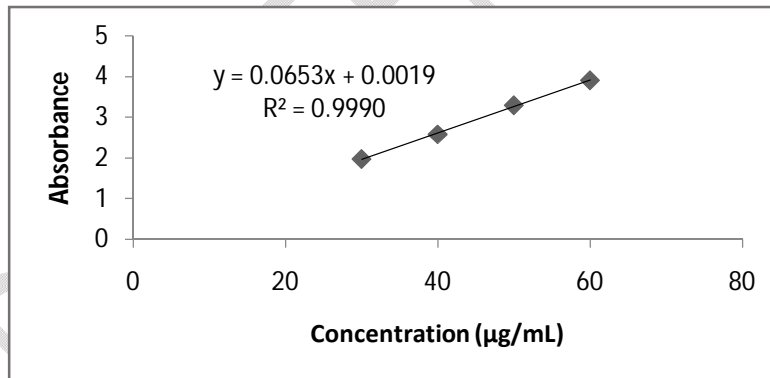


Fig. 3. The standard curve was generated using an isofraxedin solution with 30 to 60 $\mu\text{g/mL}$ concentrations

The coumarin content in the Indra-4 prescription was measured using a UV spectrophotometer at a 336 nm wavelength. By comparing it to the reference substance isofraxedin (calibration equation: $Y=0.0653x+0.0019$), the coumarin content was calculated to be $1.61\pm 0.27\%$.

The traditional Indra-4 prescription includes *Holarrhenaantidysenterica* Wall, which contains coumarin compounds, particularly furacoumarin derivatives, that are significant in medicine. Coumarin is believed to help protect plants from parasites like fungi and bacteria. Furacoumarins have antispasmodic, vasodilating, and muscle-relaxing effects. However, some coumarins can increase skin sensitivity to UV rays, potentially causing inflammation.

The total triterpene saponins content in the Indra-4 prescription was measured using oleanolic acid as a standard. A reference curve was created with concentrations ranging from 2 to 10 $\mu\text{g/mL}$, showing a calibration equation of $y=0.0821x-0.0207$ and a high correlation ($R^2 = 0.9997$). The relative standard deviation was 0.12% across five measurements. ($n=5$, Fig. 4).

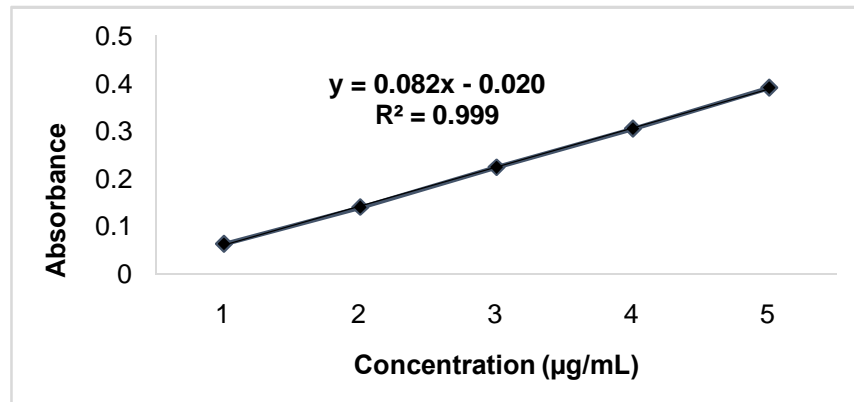


Fig. 4. The standard curve was generated using an Oleanolic acid solution with concentrations ranging from 2 to 10 µg/mL

The total triterpene saponins were measured using a spectrophotometer at a 550 nm wavelength, with the results calculated as oleanolic acid. The equation used for calculation was $Y = 0.0821x - 0.0207$ ($R^2 = 0.9997$). The content of triterpene saponins was found to be $0.9 \pm 0.03\%$. The statement attributes the therapeutic effects of *Clematis tangutica* Korsh to triterpene saponins, which are a vital component of its traditional medicinal use.

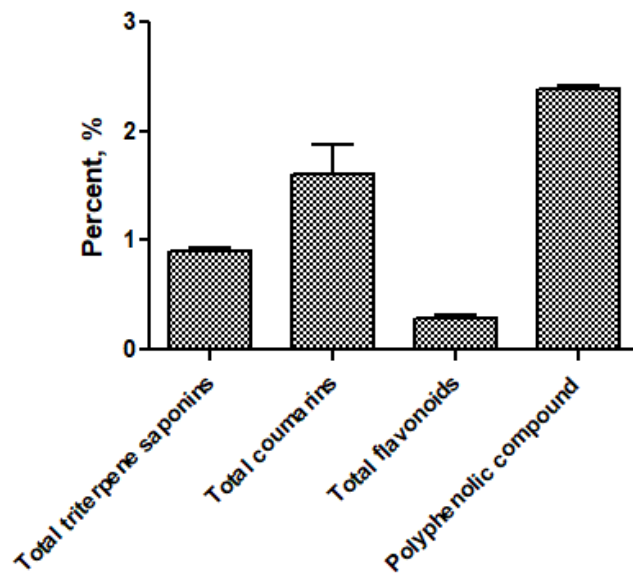


Fig. 5. Amount of biologically active compounds in Indra-4 traditional prescription

The phytochemical analysis of the traditional Indra-4 prescription reveals that polyphenols and coumarins are the most abundant biologically active compounds, while flavonoids and triterpene saponins are present in smaller quantities. This distribution corresponds directly to the medicinal raw materials used in the prescription.

3.3 Results of anti-diarrhea activity

The study by Jun Liu et al. (2009) involved creating an acute enteritis model using an intraperitoneal injection of 30 mg/kg lipopolysaccharide (LPS). We then performed biochemical analyses to measure sodium, potassium, and chloride levels. Additionally, we conducted an ELISA (enzyme-linked immunosorbent assay) to analyze prostaglandin E2 levels. Histopathological examination of the small intestine was also carried out to assess tissue changes associated with the disease.

Frequency of diarrhea after injection of LPS

The frequency of diarrhea was higher in the LPS, Indra-4+LPS, and Diarex+LPS groups compared to the standard group. The frequencies were as follows: LPS group (5.80 ± 1.6), Indra-4+LPS group (1.80 ± 0.8), and Diarex+LPS group (3.50 ± 1.0), compared to the standard group, which had a frequency of 0.60 ± 0.5 ($P < 0.05$).

Table 1. Frequency of diarrhea in different groups

Treatment	Dose (mg/kg)	Number of installations
Normal	10	0.60 ± 0.5
LPS	10	$5.80 \pm 1.6^{\#}$
Diarex	500	$3.50 \pm 1.0^*$
Indra-4	300	$1.80 \pm 0.8^{**}$

$^{\#}p < 0.01$ vs Normal group; $^*p < 0.05$ vs LPS group; $^{**}p < 0.01$ vs LPS group

The table shows that in the LPS-induced acute enteritis disease model, the number of animals in the control group increased by 89.6% compared to the healthy group at 4 hours, with the difference being statistically significant ($p < 0.01$).

The study found that diarrhea was reduced by 68.9% in the group treated with Indra-4 at 300 mg/kg compared to the control group ($p < 0.01$). Diarrhea was decreased by 39.6% in the group treated with Diarex at 500 mg/kg compared to the control group ($p < 0.05$).

Serum electrolyte levels in rats

Table 2. Serum electrolyte levels in different groups (mean \pm sd)

	Dose (mg/kg)	Na	K	Cl
Normal	10	524.4 ± 47.9	2.17 ± 0.60	104.2 ± 1.98
LPS	10	$351.1 \pm 70.3^{\#}$	$0.28 \pm 0.08^{\#}$	$88.4 \pm 12.58^{\#}$
Diarex+LPS	500	$500.0 \pm 41.7^*$	$0.80 \pm 0.39^*$	$105.9 \pm 1.13^*$
Indra-4+LPS	300	$508.4 \pm 91.6^*$	$1.87 \pm 0.47^*$	$104.7 \pm 1.29^*$

$^{\#}p < 0.01$ vs Normal group; $^*p < 0.05$ vs LPS group

Na⁺, Cl⁻, and K⁺ levels were significantly higher in the Indra-4+LPS and Diarex+LPS groups than in the LPS group. Specifically, the Na⁺ level was 508.4 ± 91.6 mmol/l in Indra-4+LPS and 500.0 ± 41.7 mmol/l in Diarex+LPS, compared to 351.1 ± 70.3 mmol/l in the LPS group. The Cl⁻ level was 104.7 ± 1.29 mmol/l in Indra-4+LPS and 105.9 ± 1.13 mmol/l in Diarex+LPS, compared to 88.4 ± 12.58 mmol/l in the LPS group. The K⁺ level was 1.87 ± 0.47 mmol/l in Indra-4+LPS and 0.80 ± 0.39 mmol/l in Diarex+LPS, compared to 0.28 ± 0.08 mmol/l in the LPS group. All differences were statistically significant ($p < 0.05$).

Serum PGE2 levels in rats

ELISA (Enzyme-Linked Immunosorbent Assay) was used to measure the levels of PGE2 (Prostaglandin E2) in serum. The serum PGE2 levels were assessed four hours after LPS (Lipopolysaccharide)-induced stimulation. In Wistar rats, the serum level of prostaglandin E2 (PGE2) increased significantly following the administration of lipopolysaccharide (LPS), indicating an inflammatory response. The results suggest that Wistar rats play a crucial role as an essential enzyme in producing PGE2 when exposed to LPS (lipopolysaccharide). The study assessed cytokine secretion PGE2 levels in serum following enteritis. Results showed a significant increase in PGE2 levels in the experimental enteritis group compared to the healthy group. However, treatment with Indra-4 prescriptions significantly reduced their elevated levels ($p < 0.05$), suggesting that Indra-4 prescription effectively alleviated enteritis and mucosal injury in a rat model of small intestine inflammation.

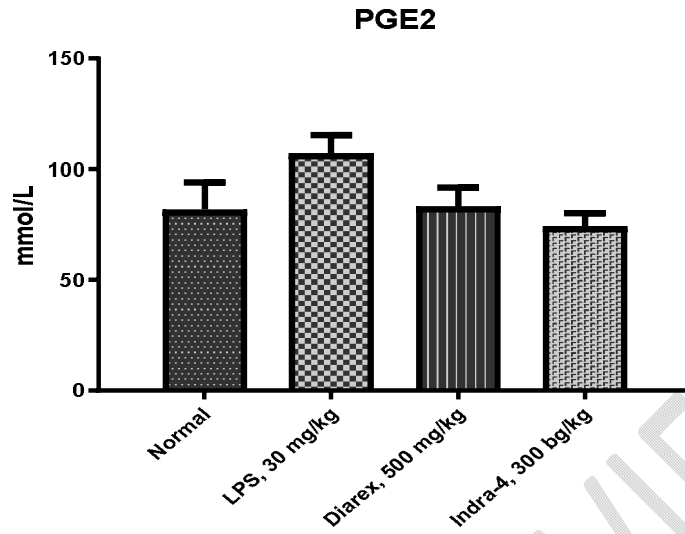


FIG. 6. Serum PGE2 production in response to LPS-induced diarrhea in rats
Effects of Indra-4 prescription on the histology of duodenum in diarrheal rats

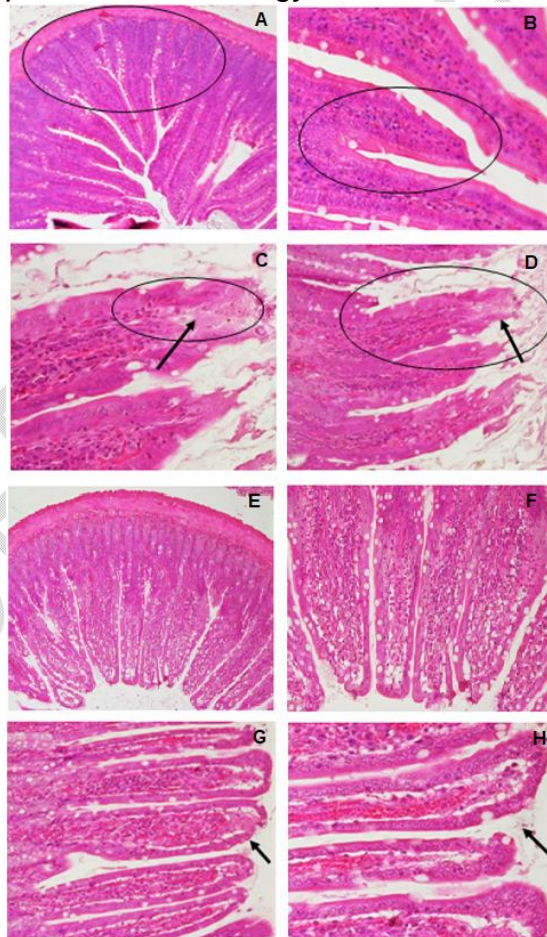


Fig. 7. Histological examination of the small intestine with hematoxylin and eosin, x10 and x20 A, B-Normal, C, D-LPS. E, F-Diarex+LPS, G, H-Indra-4+LPS

The healthy rats duodenum exhibited standard (Figure 7A, B). In untreated diarrheal rats, the duodenal histology showed mucosal destruction (Figure 7C, D). On the other hand, the duodenal was normal in rats treated with Diarex 500 mg/kg (Figure 7E, F) and Indra-4 300 mg/kg (Figure 7G, H).

In Mongolian traditional medicine, plants, and remedies with therapeutic properties have long been utilized to treat various conditions, including diarrhea.³In many developing countries, the majority of people depend on herbal remedies to treat diarrhea.²⁰It is essential to explore natural drugs as alternatives to widely used synthetic antidiarrheal medications, which are linked to serious side effects. In our study, we evaluated the antidiarrheal effects of Indra-4, and the findings demonstrate notable antidiarrheal activity in rat models. Indra-4 prescription demonstrated a significant ($p < 0.05$) reduction in LPS-induced diarrhea in animals. The inhibitory effect supports the traditional use of Indra-4 in treating diarrhea. The antidiarrheal effect of Indra-4 represents the first documented evidence of its antidiarrheal activity. The LPS-induced diarrhea model is frequently utilized to investigate the impact of natural medicines and raw materials in traditional treatments. We concentrated on examining the impact of Indra-4 on LPS-induced intestinal inflammation in rats, aiming to understand the underlying molecular mechanisms.

Research shows that interleukins, such as IL-1, IL-1 β , IL-6, and IL-8, significantly drive inflammatory reactions. They act as indicators of acute inflammation triggered by LPS.^{21,22}The Indra-4 pathway prescription could be a key target for treating inflammation caused by LPS-induced diseases. DK Sharma's research on ethanolic extracts from *Holarrhena antidysenterica* Wall seeds showed a significant rise in fecal dry weight and a reduction in defecation frequency in rat models suffering from diarrhea induced by castor oil and *Escherichia coli*.²³The aqueous and alcoholic extracts from this plant's bark have been shown to possess antibacterial activity against enteroinvasive *E. coli* (EIEC), *Salmonella enteritidis*, *Shigella boydii*, and *Shigella flexneri*, according to a conducted study.²⁴*Kutaja parvati*, which contains *Holarrhena antidysenterica*, is commercially available and has been shown to significantly decrease diarrhea and intestinal motility in mice experiencing diarrhea induced by castor oil.²⁵The antidiarrheal effect may also be attributed to the inhibition of ricinoleic acid release, leading to Na⁺ and K⁺ ATPase activity activating electrolyte absorption in the intestinal lining.²⁶Many studies have shown that certain chemicals in medicinal plants exhibit antidiarrheal effects by reducing gut motility, slowing intestinal transit, enhancing water absorption, or decreasing electrolyte secretion.²⁷Compounds such as flavonoids and tannins demonstrate antidiarrheal effects by promoting the reabsorption of electrolytes and water from the small intestine.²⁸*Clematis tangutica* Korsh contains flavonoids, a group of compounds comprising two benzene rings with hydroxyl groups linked by a central three-carbon atom. These compounds are typically found in plants as conjugates (flavonoid glycosides) or aglycones (flavonoids), with the molecular formula C₁₅H₁₀O₈. Flavonoids can produce pharmacological effects like preventing lipid peroxidation, inhibiting enzyme activity, and combating diarrhea, bacteria, viruses, allergies, and inflammation. They also protect the cardiovascular system and reduce aging in the body through their antioxidant, free radical scavenging, and chelating properties on divalent ions.^{29,30}

Holarrhena antidysenterica Wall, *Clematis tangutica* Korsh, and *Polygonum bistorta* L, which are part of the Indra-4 formulation, contain high levels of flavonoids, triterpenoids, phenolic acids, tannins, resins, coumarins, and saponins, all of which have been found to exhibit anti-diarrheal properties.²⁵*Aconitum kuznezoffii*, included in the Indra-4 prescription, has been shown to treat diarrhea in a model of intestinal inflammation in experimental animals without disrupting the balance of normal microflora.³¹⁻³²

We will extract and identify additional chemical compounds from this traditional Indra-4 prescription and carry out further detailed studies on its chemical and pharmacological properties.

4. CONCLUSIONS

1. We conducted the first chemical and pharmacological analysis of the traditional Indra-4 prescription and discovered that it primarily contains polyphenolic compound derivatives, including flavonoids, coumarins, and triterpene saponins. These biologically active compounds exhibit various pharmacological actions and therapeutic effects.
2. In the acute inflammatory enteritis disease model induced by lipopolysaccharide, the Indra-4 prescription demonstrates an antidiarrheal effect by decreasing prostaglandin E₂ levels and preventing electrolyte loss, as confirmed through laboratory and histological analyses.

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