

### Review Form 3

Journal Name:	<a href="#">Journal of Advances in Medicine and Medical Research</a>
Manuscript Number:	Ms_JAMMR_127947
Title of the Manuscript:	Effectiveness and safety of Cimicifuga racemosa and blackberry compared to soy isoflavone for the treatment of climacteric symptoms: A review of systematic reviews
Type of the Article	Systematic Review

#### **PART 1: Comments**

	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
<b>Please write a few sentences regarding the importance of this manuscript for the scientific community. A minimum of 3-4 sentences may be required for this part.</b>	This manuscript addresses a critical gap in understanding the effectiveness and safety of Cimicifuga racemosa (CR) and Morus nigra (MN) compared to soy isoflavones (SI) in managing climacteric syndrome. It systematically evaluates existing evidence, highlighting variability and limitations in current research. By identifying the lack of direct comparisons among these treatments, it underscores the need for high-quality studies to guide evidence-based decision-making. This work advances knowledge on complementary therapies, promoting the development of safer and more effective strategies for managing menopausal symptoms	
<b>Is the title of the article suitable? (If not please suggest an alternative title)</b>	The title is suitable	

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<p><b>Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.</b></p>	<p>Am suggesting deletion of some words . and the suggested abstract has been indicated</p> <p>The female reproductive phase ends with climacteric syndrome, marked by hormonal variations (progesterone/estrogen). Cimicifuga racemosa (CR), Morus nigra (MN), and soy isoflavones (SI) have emerged as complementary treatments, potentially reducing symptoms. However, evidence gaps persist regarding the effectiveness and safety of CR and MN, necessitating a systematic review.</p> <p><b>Objective:</b> To compare the effectiveness and safety of CR or MN with SI in managing climacteric syndrome.</p> <p><b>Study Design:</b> A review of systematic reviews was conducted, structured using the PICO acronym. Searches were performed in March 2024 across Medline via PubMed, Web of Science, Cochrane, Embase, Lilacs, and grey literature. The study was registered in PROSPERO, adhering to PRISMA 2020 guidelines. Titles and abstracts were screened, followed by full-text reviews by two independent reviewers. Methodological quality was assessed with AMSTAR-2.</p> <p><b>Results:</b> Of 1,291 records, 27 studies underwent full-text review, but none were included. Variability in dosages, SI formulations, and the frequent use of placebo comparators precluded synthesis of safety and effectiveness for CR or MN versus SI.</p> <p><b>Conclusion:</b> Despite substantial scientific interest in herbal treatments for climacteric syndrome, comparative evidence on CR, MN, and SI remains unavailable. This gap limits evidence-based decision-making for managing climacteric symptoms.</p> <p><b>Keywords:</b> Menopause; Climacteric; Phytotherapy; Complementary Practices; Cimicifuga racemosa; Morus nigra; Soy Isoflavones.</p>	
<p><b>Is the manuscript scientifically, correct? Please write here.</b></p>	<p>Yes it is correct</p>	
<p><b>Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.</b></p>	<p>They are sufficient</p>	
<p><b>Is the language/English quality of the article suitable for scholarly communications?</b></p>	<p>Yes the English quality is suitable for scholarly communication</p>	
<p><b>Optional/General</b> comments</p>		<p>Write the key words in alphabetical order</p>

**PART 2:**

	<p><b>Reviewer's comment</b></p>	<p><b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</p>
<p><b>Are there ethical issues in this manuscript?</b></p>	<p><i>(If yes, Kindly please write down the ethical issues here in details)</i></p>	

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