

**Review Form 3**

Journal Name:	<a href="#">European Journal of Nutrition &amp; Food Safety</a>
Manuscript Number:	Ms_EJNFS_125087
Title of the Manuscript:	<b>Millets: The Sustainable Super-Food with Anti-Aging Properties</b>
Type of the Article	<b>Review Article</b>

### Review Form 3

#### **PART 1: Review Comments**

<b>Compulsory</b> REVISION comments	<b>Reviewer's comment</b>	<b>Author's Feedback</b> (Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimum of 3-4 sentences may be required for this part.	Millets are a potential source of anti-aging nutrients and may help prevent age-related diseases due to their high levels of antioxidants, vitamins, and minerals. It contributes to antioxidant activity with phytates, polyphenols, tannins, anthocyanins, phytosterols and pinacosanols presents which have important role in aging and metabolic diseases which is the reason of my interest in this literature.	
Is the title of the article suitable? (If not please suggest an alternative title)	YES	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	YES	
Are subsections and structure of the manuscript appropriate?	NO	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.	Millets have become more popular in recent years for a number of reasons, including health benefits, versatility, and UN declaration of International Year of Millets. It a rich source of protein, vitamins and minerals, and they are gluten free and have low glycemic index. They can help with weight management, cholesterol, digestive health, anti-aging and preventing cardiovascular disease. However, the present study lacks many aspects in context to the title.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	NO need to increase more	
<b>Minor</b> REVISION comments		
Is the language/English quality of the article suitable for scholarly communications?	YES	
<b>Optional/General</b> comments		

#### **PART 2:**

	<b>Reviewer's comment</b>	<b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

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**Reviewer Details:**

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