

Review Form 3

Journal Name:	Archives of Current Research International
Manuscript Number:	Ms_ACRI_124897
Title of the Manuscript:	Dietetic Sweet Boondi: A Sugar-Free Innovation with Stevia and Polyols
Type of the Article	Original Research Article

PART 1: Review Comments

<u>Compulsory</u> REVISION comments	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimum of 3-4 sentences may be required for this part.	Diabetes is leading cause of many diseases and its growing rapidly in subcontinent. A new study published in Lancet estimates that 101 million people in India - 11.4% of the country's population - are living with diabetes. A survey commissioned by the health ministry also found that 136 million people - or 15.3% of the people - could be living with pre-diabetes. Sugar (carbohydrates) are the main element which is being used in sweets and responsible for the insulin spikes in body which ultimately leads to diabetes. Using the alternate sweeteners for sweet is only option which can limit the insulin spikes and prevent the insulin resistance.	
Is the title of the article suitable? (If not please suggest an alternative title)	Title should be modified instead of using diabetic Exploring the Benefits of natural Sweeteners (Stevia and Polyols in Traditional Sweets)	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	Should also include the nutritional profile of using the natural sweeteners. Its impact on the insulin and impact on lowering the insulin level despite enjoying the traditional sweets and lowering the insulin resistance which cause the inflammation in body which is ultimate cause of diseases.	
Are subsections and structure of the manuscript appropriate?	yes	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.	As i mentioed that paper is only focusing on replacing the sugar content with natural sweetner and its sensory acceptance to common people but its lacking the nutritional impact on health which is main reason of using the natural sweetners. Nutritional profiling should be included to made this paper more technically sound and correct.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	Reference are ok	
<u>Minor</u> REVISION comments Is the language/English quality of the article suitable for scholarly communications?	language/English quality of the article is simple lacking the Technical terminology	
<u>Optional/General</u> comments		

Review Form 3

PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

Name:	Majid Majeed
Department, University & Country	Government College University, Pakistan