

### Review Form 3

Journal Name:	<a href="#">European Journal of Nutrition &amp; Food Safety</a>
Manuscript Number:	Ms_EJNFS_122772
Title of the Manuscript:	Evaluation of Nutritional and Antioxidant Properties of Cola cordifolia Seeds
Type of the Article	Research article

#### **General guidelines for the Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guidelines for the Peer Review process, reviewers are requested to visit this link:

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#### **Important Policies Regarding Peer Review**

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#### PART 1: Review Comments

<b>Compulsory</b> REVISION comments	<b>Reviewer's comment</b>	<b>Author's Feedback</b> (Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b>Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimum of 3-4 sentences may be required for this part.</b>	This research is a good attempt at uncovering the health benefits of the consumption of Cola cordifolia seeds. The nutritional quality was well highlighted in addition to the antioxidant property. However, to give the research article more relevance, an attempt could have been made to recommend the daily needed quantity of Cola cordifolia seed consumption to meet up with the daily nutritional and antioxidant requirements.	
<b>Is the title of the article suitable? (If not please suggest an alternative title)</b>	Yes	
<b>Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.</b>	Yes	
<b>Are subsections and structure of the manuscript appropriate?</b>	Yes	
<b>Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.</b>	The classes of food present in the Cola cordifolia seed were individually highlighted. Also the constituents with anti-nutritional properties were investigated. This is commendable as it gives a holistic picture of the nutritional quality of the seed. Considering oxidative stress is involved in the pathogenesis or progression of most diseases, evaluating the antioxidant property of the seed highlights the health benefit of the Cola cordifolia seed	
<b>Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.</b>	Yes	
<b>Minor</b> REVISION comments	Yes	
<b>Is the language/English quality of the article suitable for scholarly communications?</b>		
<b>Optional/General</b> comments	Given the results of this study, an attempt can be made to recommend the daily needed quantity of Cola cordifolia seed consumption to meet up with the daily nutritional and antioxidant requirements	

#### PART 2:

	<b>Reviewer's comment</b>	<b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b>Are there ethical issues in this manuscript?</b>	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

#### Reviewer Details:

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