

Review Article

"Exploring Seaweed Extracts: Novel Benefits for Fruit Crop Growth"

Abstract

Seaweeds are macroalgae growing under marine ecosystems and it plays diversified roles in human life. Different types of seaweeds are available and among them, the widely used ones for extraction are brown seaweeds. One of the significant plants bio-stimulants with a wide range of applications in horticulture and agriculture is seaweed extract (SE). Various methods are employed for their extraction process. The bioactive composition of SE varies according to the type or species of seaweeds and methods of extraction. It has got almost similar effects as that of phytohormones. Seaweed extract application alone or in combination with other bio-stimulants or nutrients during different crop stages are being practised in a broad group of fruit crops (temperate, sub-tropical and tropical fruit crops). An array of research studies has also revealed that the usage of seaweed extracts is more environmentally friendly owing to their organic nature and cost-effectiveness. It has proven significant improvements on growth, yield, quality, storage and stress tolerance. Hence, the use of seaweed extract at the appropriate time and right concentration to a variety of fruit crops can support the industry's overall growth.

Keywords: Bio-stimulant, Brown seaweeds, Growth, Phytohormones, Seaweed extract, Yield.

1. Introduction

A plant biostimulant derived from marine macroalgae known as seaweeds is referred to as seaweed extract (SE). It is used for multifarious purposes in agriculture, food, medicine, cosmetics, textiles, colouring dyes etc. Variety of seaweeds have already secured their place in manifold application around the globe and the products from SE are extremely versatile and are used in different crops (22). Seaweeds have been classified as Phaeophyta (brown), Chlorophyta (green) and Rhodophyta (red), and among these Phaeophyta are being widely used for SE. Bioactive components in SE depend on the species of seaweeds and methods of extraction being employed. However, major constituents are carbohydrates (60.92%) such as alginates, fucoidans, laminarans and lichenan. They aid in the stimulation of plant development and stimulate defence mechanisms in plants against bacterial and fungal infections. Proteins like histidine, isoleucine, and leucine are present in SE, along with lipids like glycolipids, betaine lipids, and non-polar glycerolipids, as well as good amount of mineral nutrients. Seaweed extract reminisces the activity of phytohormones, at low concentration improves the growth and at higher concentration inhibits the growth processes. Brown seaweed extracts are abundant in secondary metabolites that are produced during stress, such as phlorotannins and polyphenols, which aid in the defense of cells and their constituent parts.

The SE is extracted by different methods of extraction such as enzymatic, ultrasound, water, acidic and alkaline, and among these, the most widely used extraction method is the alkaline extraction. According to El-Boukhari *et al.* (2020) (37) after the extraction process, SE is subjected to determination of phytotoxicity threshold followed by first screening of efficacy is done through seed germination assay. Further validation of SE is done by conducting greenhouse and field trials. Ali *et al.* (2021) (10) state that the mechanism of action of SE is through activating Mitogen-Activated Protein Kinase (MAPK), which in turn activates transcription factors and defense genes.

Though methods of application of SE vary with species and stage of crop, the commonly followed methods are foliar application, fertigation, seedling root dip and seed treatment. Application of SE increases the activity of phytohormones viz., cytokinins, auxins and gibberellins and can positively influence on stomatal conductance which in turn will help the production of more chlorophyll thereby enhancing the rate of photosynthesis. It also boosts the soil activity which includes soil enzyme activity, microbial population, soil texture and water retention. SE induces tolerance in plants against biotic and abiotic stresses. Fruit quality and production increase as a result of all the aforementioned plant system actions (37). Numerous studies have shown that seaweed extracts can improve crop development and yield while also reducing the effects of a variety of abiotic stresses, like salt and drought (31).

2. Type of seaweeds

Seaweeds have been classified as Phaeophyta-brown seaweeds, Rhodophyta-red seaweeds and Chlorophyta-green seaweeds, and among these Phaeophyta are being widely used for SE. The major species of seaweeds under Phaeophyta are *Ascophyllum nodosum*, *Ecklonia maxima*, *Fucus vesiculosus*, *Durvillea prôtatorum* etc. which are most frequently used for commercial extraction in industries. In the case of Rhodophyta, *Porphyra perforata*, *Gelidium serrulatum*, *Acanthoporaspicifera*, *Gracilaria edulis* etc., are being used and *Ulva lactuca*, *Enteromorpha prolifera*, *Caulerpa paspaloides*, *Codium tomentosum* etc., are the major species under Chlorophyta (10).

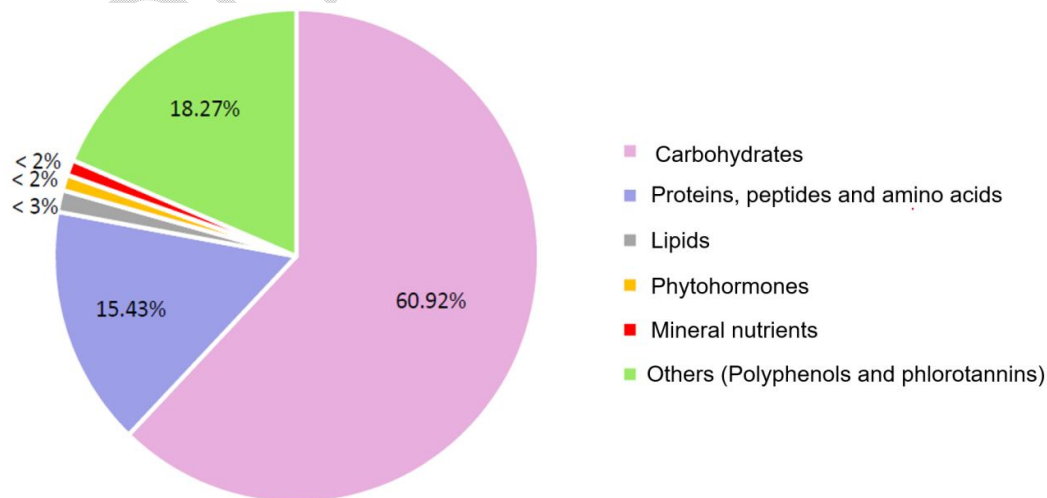


Fig .1 Major bioactive components of seaweed extract (SE)

The types of seaweeds used and the extraction techniques used determine the SE bioactive components contents. However, major constituents are carbohydrates (60.92%) such as alginates, fucoidans, laminarans and lichenan. They aid in the stimulation of plant development and stimulate defence mechanisms in plants against bacterial and fungal pathogens infections. In addition, SE contains proteins (histidine, isoleucine, leucine *etc.*), lipids (betaine lipids, glycolipids, and non-polar glycerolipids) (10) and good amount of mineral nutrients (4). Seaweed extracts can be reminiscent of the activity of phytohormones, at low concentration improve the growth and at higher concentration inhibit the growth processes. Brown seaweeds are used to produce seaweed extracts, which are abundant in secondary metabolites including polyphenols and phlorotannins that are synthesized under stress, which helps in protecting the cells and cellular components (10).

a. Carbohydrates

Major constituents of carbohydrates (60.92%) such as alginates, fucoidans, laminarans and lichenan, are assessed by HPAEC-PAD (High Performance Anion Exchange Chromatography-Pulsed Amperometric Detection). The viscosity of alginates, which are polymers of guluronic and mannuronic acids, vary according to the type of seaweed. It has been demonstrated that alginates encourage plant development (96). Conversely, plant defence responses against bacterial and fungal diseases are recognised and reported to be elicited by laminarins. Fucoidans are involved in antiviral and antioxidant activity. Lichenan possess the antiviral activity (94).

b. Proteins

In addition to carbohydrates, SE contains proteins in the form of amino acids and peptides. These play various roles in plants, like direct the signals, regulation of flowering and imparting stress defense. Even nitrogen is transported primarily in the form of amino acids in most of the plants. These are estimated by Accelerated Solvent Extraction (ASE) - protein extraction technique (54). Some amino acids play significant act in plant systems, such as histidine, which participates in acid-base catalysis and coordination of metal ions. Isoleucine enhances plant resistance against *Botrytis cinerea* via the jasmonate signalling pathway and also acts as a precursor for jasmonate and leucine showing stress response (34). Lysine regulates plant growth and responses to the environment (48), and Methionine is a special amino acid that contains sulphur and aids in the synthesis of numerous compounds in the body as well as proteins. This is a fundamental metabolite which controls the level of several key metabolites, such as ethylene, polyamines and biotin.

c. Lipids

Seaweed extract contain betaine lipids, glycolipids, and non-polar glycerolipids. These lipid forms have specific roles in plant growth and development. Glycolipids act as receptors and help in cell aggregation and in achieving optimal efficiency of photosynthesis (58). Betaine lipids are involved in adapting to low temperatures and non-polar glycerolipids (neutral lipids) are implicated in membrane formation, caloric storage and crucial intracellular signalling processes. Lipids in SE are estimated by chloroform-methanol extraction method.

d. Phytohormone

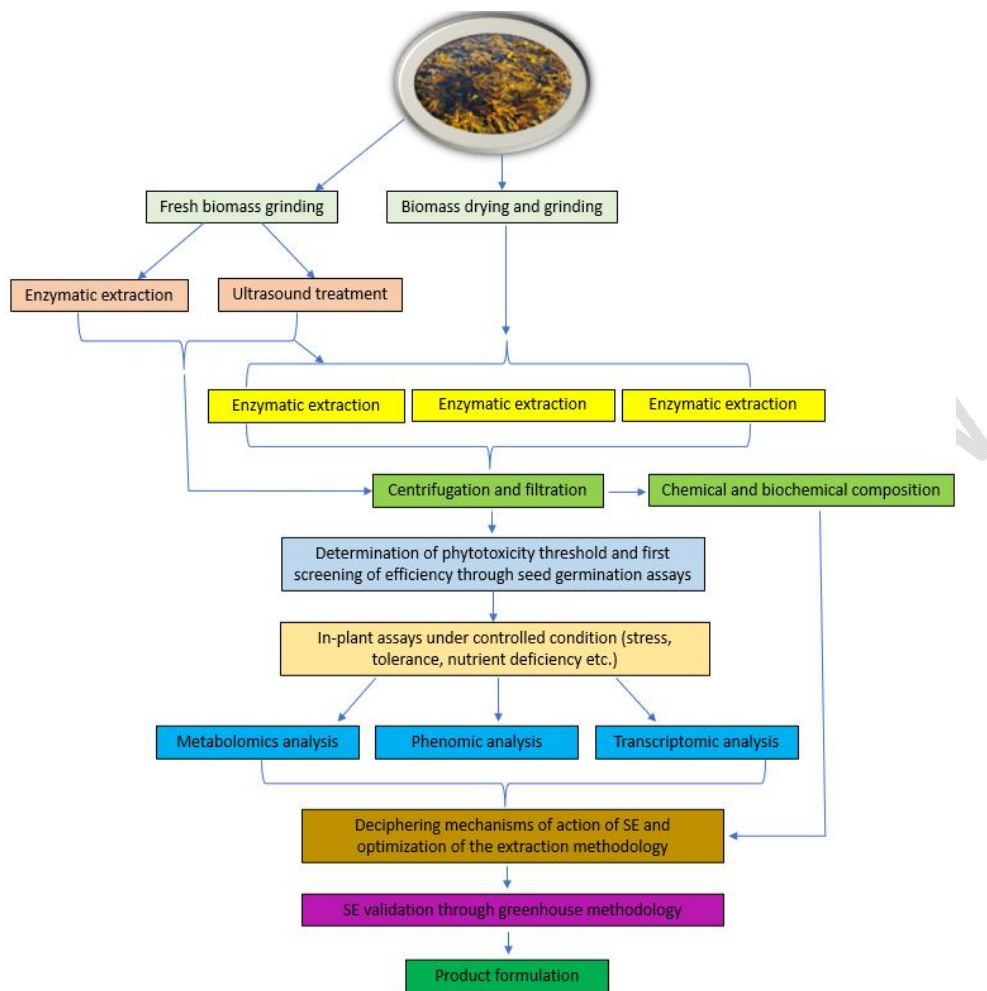
Phytohormones are present in very small quantities in SE and can be estimated by Ultra Performance Liquid Chromatography Mass Spectrometer (UPLCMS). The phytohormones present in SE are zeatin (0.5–50 ng/ml), BAP (0.5–10 ng/ml), GA and kinetin (5–500 ng/ml), IAA and ABA (2.5–500 ng/ml). Activity of SE is similar to phytohormones at low concentrations improves growth and high concentrations inhibit growth (63).

e. Mineral nutrients

Good number and amount of nutrients are available in SE such as nitrogen-0.6%, phosphorus-6%, potassium-20%, magnesium-0.06%, calcium-1%, iron-0.3%, sulphur-1% and copper-30 ppm. These nutrients play crucial role in plant growth. Hence, the application of SE increases the nutrient availability and nutrient use efficiency (4).

f. Polyphenols and Phlorotannins

Estimation of polyphenols and phlorotannins could be done by High-Performance Liquid Chromatography (HPLC). Major polyphenols and phlorotannins are flavonoids, bromophenols, phenolic terpenoids, eckol, dieckol, and phloroglucinol (10). These are the stress-induced secondary metabolites that safeguard cells and their constituent parts. One significant function of phenolic compounds is their ability to scavenge free radicals and exhibit antioxidant activity. The concentration of total phenolics is high in brown seaweeds, including *Ascophyllum nodosum*, *Fucus vesiculosus*, and *Fucus serratus*. Metal ions get chelated by polyphenols (22).

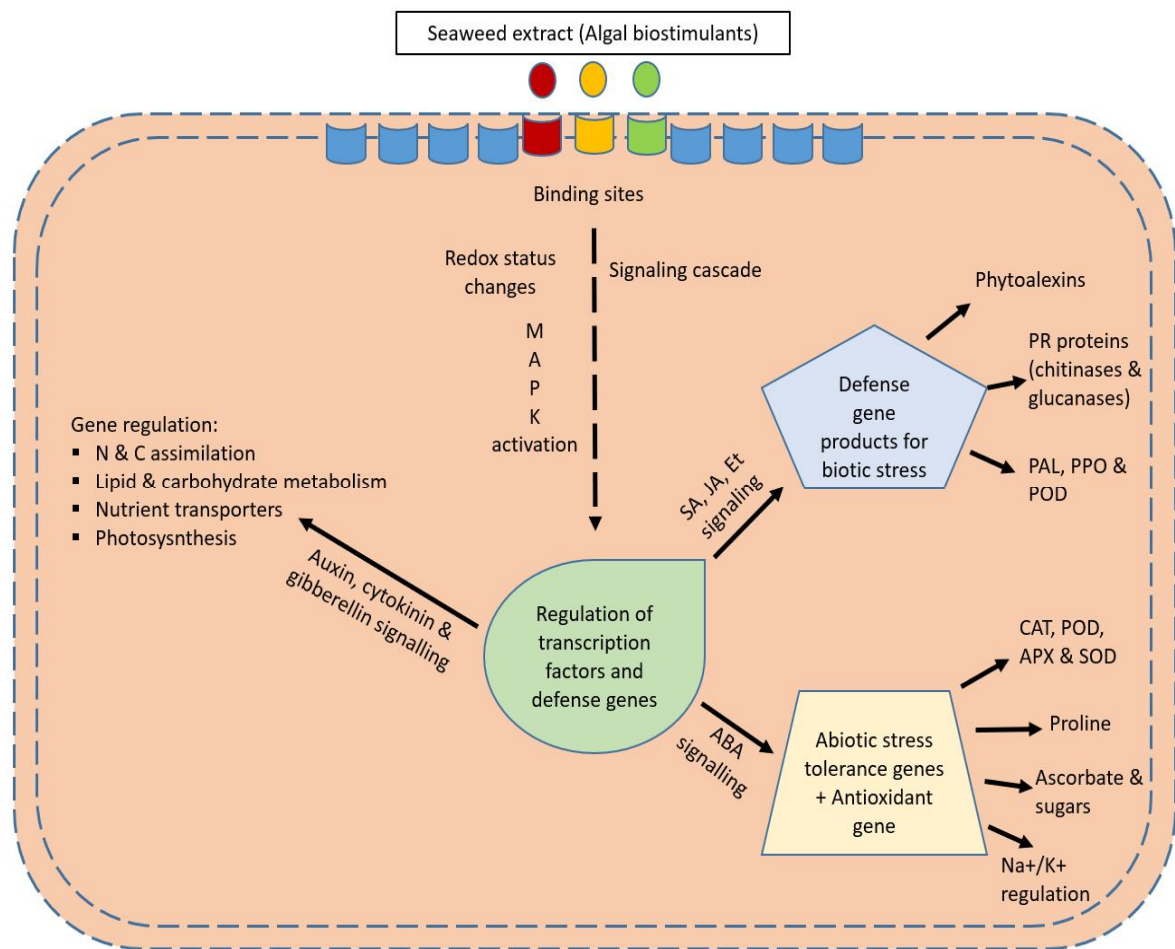


(El-Boukhari *et al.*, 2020) (37)

Fig .2 Flowchart for SE process

The SE is extracted by different methods of extraction such as enzymatic, ultrasound, water, acidic and alkaline extraction. Among these, the most widely used extraction method is alkaline extraction. After the extraction process, SE is subjected to determination of phytotoxicity threshold and then the first screening of efficacy is done through seed germination assay. Later validation of SE is done by conducting greenhouse and field trials (37).

Fig .3 Mechanism of action of SE in systems of plant



MAPK- Mitogenactivated protein kinase

PAL-Phenylalanine ammonia lyase

PPO- Polyphenol oxidases

POD- Peroxidase

APX- Ascorbate peroxidase

CAT-Catalase

SOD - Superoxide dismutase

(Ali *et al.*, 2021) (10)

Mode of bio-stimulatory activities at gene level

Upregulation genes by involvement of SE

- *Bn-Sultr4.1/BnSultr4.2* and *BnNRT1.1/BnNRT2.1*– Uptake nutrients enhancers such as nitrogen, iron and sulphur.

- *GOLS2* and *GOLS3* – Enhance carbohydrate biosynthesis.
- *DREB1A* and *COR78/RD29A* - Cold stress tolerance by cryoprotection of chloroplast and protein.
- *5CSI* and *P5CS2* – Increase proline biosynthesis.

Downregulation genes by SE

- *AtCLH1* and *AtCLH2* (chlorophyll degradation genes) – inhibit the chlorophyll degradation
- ProDH* (proline degradation gene) - inhibits the proline degradation (10)

Table 1 :Methods of application of SE

Sl. No	Methods of application	SE (Sagarika) dosage	Application schedule
1.	Foliar application	2.5 - 5 ml/L	Pre-flowering stage Post-flowering stage
2	Fertigation	2.5 - 5 ml/L	Initial and critical growth stages of crop
3	Seedling root dip	0.5 ml/L	Before planting
4	Seed treatment	1.0 ml/L	Before sowing

7. Positive impact of SE on soil and plant system

Positive impacts of SE on both soil and plant systems through its effects on phytohormones and plant physiology, soil activity, tolerance to biotic and abiotic stress, as well as improvement in yield and quality of fruits.

a. Phytohormones and plant physiology

Application of SE will increase the concentration of plant hormones which includes gibberellins, cytokinins, and auxins in the plant system and enhance the chlorophyll content. Furthermore, it also hastens the physiological processes like stomatal conductance and photosynthesis rate.

b. Soil activity

Soil application of SE promotes following the enzymes activity in soil.

- Hydrogenase catalyzes the reversible oxidation of H₂.
- Invertase is involved in metabolism, osmoregulation, development and defense system.
- Urease is effective in reducing nitrogen loss from soil.
- Proteinase mediates the hydrolysis of protein and proteolysis is an important process in the nitrogen cycle.
- Phosphatase is involved in the phosphorus cycle for acquiring phosphate ions.

- Increased microbial activity of proteobacteria, actinobacteria and cyanobacteria (65).

c. Tolerance to biotic stress

Seaweed extracts from *Ascophyllum nodosum*, *Sargassum wightii*, *Padina pavonica* and *Laminaria* spp. have shown significant insecticidal properties. The decrease in infestation was brought about by the pests' cytotoxicity on their ovarian tissue cells, growth inhibition, and antifeedant actions. It acts as a trigger for the defence mechanisms that plants have against dangerous bacterial, fungal, and even viral infections. Application of SE induces systemic type of acquired resistance in plants and enhances soil suppressiveness by increasing microbial dynamics (10).

d. Tolerance to abiotic stress

Abiotic stress factors like salt, high temperature, drought, and freezing conditions will hinder the productivity of crop. The plant system damaged by abiotic stress builds up due to reactive oxygen species (ROS) which SE treated plants can withstand the damaging effects caused by abiotic stress (10).

e. Yield and fruit quality

Using SE improves yield cum fruit quality by positively influencing the Total Soluble Solids (TSS), vitamin C, fructose, anthocyanins, antioxidants activity, and total phenols of the fruits (37).

8. Potential applications of SE on fruit crops

Use of SE has been reported to perform a vibrant role in the growth as well as overall development of horticultural and agricultural crops. The quality of fruits produced by the fruit crops been enhanced by different types of SE application and had been justified in a variety of fruit crops, as discussed below.

A. Tropical Crops

a. Mango

Application of seaweed extract at 2 percent in combination with 5 percent garlic extracts or 10 percent roselle, or alone had been proved to have positive influence on vegetative growth, leaf major nutrients like nitrogen, phosphorus and potassium contents, which results enhancement of fruit set followed fruit retention, yield as well as quality of mango cv. Fagri Kalan (42). Seaweed extract application by foliar spray at 3 mL⁻¹ documented the more number of leaves (10.77 leaves per plant), maximum plant height (26.38 cm), leaf nitrogen content (1.153%) and IAA content of leaf in mango (43.82 μg g⁻¹ fresh weight) (11).

Carotenoids and photosynthetic components were enhanced in conditions of water deprivation by the extract application of marine algae *Ascophyllum nodosum* and proline, leads to accumulation of more amount of carbohydrate and favouring maturation of shoots. Higher blooming and production as well as an increased ability of mango to withstand the negative impacts of water scarcity in semi-arid locations were the outcomes of these physiological alterations (32). When applied before storage, extract of *Ascophyllum nodosum* directly affected the

physicochemical characteristics of Tommy Atkins mangoes. Loss of fruit mass was reduced, extended the fruit's shelf life, shelf life of fruits got maintained pulp firmness, colour of pulp, pH and acidity (70).

b. Banana

Karthikeyan and Shanmugam (2014) (60) reported that foliar application of 5% SE (Aquasap) on four varieties of banana such as Robusta, Njalipooan, Red Banana and Nendran, at 3rd month (juvenile phase), 5th month (bud differentiation stage and flowering) and 7th month stages of planting resulted in increased yield an averagely of 56.58, 19.08, 39.35 and 11.46 percent respectively. The Grand Naine banana plants recorded the good outcome in terms of yield, bio-chemical properties of fruits when the plants were sprayed with a combination that contained 0.05% seaweed extract and potassium silicate in the mid of April, May, June, and also July (86). When a solution comprising 100 parts per million of glutamic acid, 0.1% part seaweed, and 100 parts per million selenium was sprayed for four times (mid-April, May, June, and July), superior results were obtained in terms of vegetative growth, yield and quality properties Grand Naine variety of banana fruits of (36). The seaweed bio-formulation LBS6S@1 mL⁻¹ had done the best with respect to the yield and yield components as well as quality criteria of Grand Naine (AAA) (85).

Significant improvements were observed in the vegetative growth (as measured by number of leaves per plant, leaf area, pseudostem girth, and pseudostem length) as well as the chemical constituents of the leaves (percentage of potassium, nitrogen, phosphorus, and magnesium), bunch weight, weight of finger, and fruit physical parameters (fruit dimension, fruit weight, and pulp:peel ratio) and chemical properties (total sugars, TSS, and total acidity) when humic acid at 0.5 to 2.0 percent and seaweed at 0.25 to 0.75 percent was sprayed on Williams banana plants. In every examined character, the combination application of seaweed and humic acid proved to be more efficient than the use of each constituent separately (51).

c. Guava

Combined spray of seaweed extract at 15 mg L⁻¹ and GA₃ at 3 mg L⁻¹ had recorded maximum beneficial influence on improving total chlorophyll, vegetative attributes, fruit set percentage, yield, and total soluble solids (TSS). Furthermore, it surged K, N, and P in the leaves in both seasons, as contrast to control and the remaining treatments (53). Vegetative growth of guava plants had been increased markable in terms of height of plant, leaf area, leaves per plant, new shoots, diameter of stem, chlorophyll content of leaf, and mineral contents of leaf (N, K, P, Mg, Ca, Fe, Mn, Zn, and Cu) when fertilizer was applied at half the recommended dose and algae extracts were sprayed on the leaves (44).

The combined soil application of seaweed extract (SE) and fulvic acid (FA) had significant effect on positive benefits on length of shoot, diameter of shoot, leaf area, total chlorophyll content of leaf and also yield contributing parameters such as fruit set percentage, tree yield and productivity per hectare. In addition, fruit chemical and physical characteristics of fruits such as weight of fruit, firmness, volume, TSS%, content of juice, total, nonreduced and reduced sugars, and vitamin C, with reduction in percentage of fruit acidity when compared with control during the seasons of experiment (75). Harhash et al. (2019) (53) found that the Maamoura guava cultivar exhibited the highest concentration of vitamin C and non-reducing sugars by the influence of SE.

There was beneficial interactive effect was observed between bio-fertilizers and bio-stimulants as they influenced significantly on yield parameters of guava. One of the twelve treatment combinations was the application of seaweed extract (75 g tree⁻¹) + phosphate solubilizing bacteria (50 g tree⁻¹) + B3S3-Azotobacter (50 g tree⁻¹) recorded fruit

retention (54.95%), maximum fruit set (56.68%), fruit weight (180.69 g), fruit length (7.12 cm), fruit diameter (7.14 cm), yield per tree (4.51 kg) and yield per hectare (22.56 t) (89).

d. Papaya

seaweed extract (Agazone) and Amino acid (tryptophan), in higher concentration of 10 ml L⁻¹ and 100 mg L⁻¹ respectively, improved the characteristics of vegetative growth such as diameter of the stem, stem height, leaf area, number of leaves, wet weight and dry weights of vegetative growth when sprayed during papaya seedlings stage (73). In papaya cv. Red Lady, the use of 4% of seaweed extract and 0.4% potassium silicate was documented the more productive combination in decreasing physiological loss of weight, shelf life extension, and enhancement of fruit firmness (81). Machado *et al.* (2014) (66) reported on the possible use of seaweed extracts as a good source of antifungal agent to prevent anthracnose in papaya and banana during storage with minimal adverse effects on fruits.

e. Sapota

Christian *et al.* (2022) (27) discovered that enhancement in the number of flower buds, improve fruit sets, and retention, and also to shorten the development periods in sapota cv. Kalipatti by application of seaweed extract.

B. Sub-tropical fruits

a. Lemon

In lemon, combined application of seaweed extract at 30 ml with copper sulfate at 15 mL⁻¹ resulted in maximum plant height, diameter of stem, leaf area, length of root, and leaves chlorophyll content (12).

b. Mandarin orange

Four sprays of liquid potassium 2%, micronutrients 3%, and seaweed extracts to Balady mandarin trees through spraying 2.0% at full flowering, the first week of July and September, right after just fruit set, had resulted increase in fruit quality and quantity (72). In comparison of recommended dose nitrogen via mineral-nitrogen source only, the highest values for Balady mandarin characters had been recorded on trees that were fertilised with the triple form (33% mineral nitrogen, 33 g humic acid, and 33 g seaweed extract). These trees also showed improved quality of fruit in terms of increasing pulp percentage, fruit weight, sugar, total soluble solids, and vitamin C, as well as reduced the total acidity (40).

When Navelina orange and de Nules' clementine mandarin trees were supplemented by a combination of *Ascochyllum nodosum* seaweed extract from 0.15% to 0.30% and gibberellic acid (GA₃) at 6 mg L⁻¹ during initial bud sprouting and peak bloom, in addition at the end of the June drop, increased yield by 41% was obtained (45).

In an experiment, cultivars of citrus viz., "Feutrell's Early" "Kinnow," Mandarins, as well "Blood Red" were sprayed by foliar means at 0.5 mL L⁻¹ "Primo" (seaweed extract (*Ascochyllum nodosum*) + amino acid + 0.01% "Tween 20") in three different locations including exogenous supplementary application. Primo at 0.05% applied at the peak bloom and stage of fruit setting of Kinnow resulted in a significant increase in fruit size (11.5%), marketable fruit (9%), Soluble Solids Content (SSC) (16%), SSC:TA ratio (26.8%), ascorbic acid (21.8%), reducing sugars (37.5%), total phenolic contents (42%), height of tree (28.5%), fruits tree⁻¹ (28.6%), fruit weight tree⁻¹ (42.6%), and total marketable fruit (9%), in contrast to untreated control trees. Similarly, Primo at 0.05% sprayed to 'Feutrell's Early' mandarin trees

during full bloom and fruit setting stage showed an increase in leaf N (27%), Zn (26.4%), Fe (11.9%), fruit weight tree⁻¹ (28.5%), fruits tree⁻¹ (40%), marketable fruit (12.7%), fruit size (15.9%), juice weight percentage (17.6%), taste (23%), SSC (15.7%), and total sugars (42%) against the control. The same treatment *i.e.* 0.05% Primowhen sprayed to trees during full bloom and fruit setting, produced the highest levels of leaf N (50%), Fe (15%), tree height (37%), leaf size (38.8%), fruit weight tree⁻¹ (42%), number of fruits tree⁻¹ (45%), total marketable fruit (8%), percentage of juice weight (15.6%), reducing sugars (45%), SSC (19%), SSC:TA ratio (43.8%), and contents of total phenolic (28%) in comparison with control in the case of "Blood Red" oranges(62).

c. Sweet orange

The varieties of Washington navel and Valencia orange trees had been applied with seaweed extract during two stages of the season *i.e.*, prior to flowering and subsequent to initial fruit set. The results obtained were improved leaf surface area, shoot length, and initial percentage of fruit set. Additionally, there was hiked yield per tree, enhanced fruit quality, improved the content leaf minerals, fruit drop has reduced in June, with highest net profit when compared to the control treatment (56).

d. Pomegranate

When pomegranate trees were sprayed with seaweed extract (Alga300) @10 mg/L a notable increase was observed in majority of the growth and yield parameters such as leaf area, average size of fruit and weight of fruit, mean number of fruits, TSS%, and yield tree⁻¹, (57). The maximum yield from 41.97 to 51.61%, in addition the exportable grade fruits increased by 23.08–33.38%. An improved quality attributes such as anthocyanin, ascorbic acid, protein, non-reducing sugar, and minerals of fruits via enhancement fertility of soil and status of trees micronutrient, were recorded by combining application of 5 kg ha⁻¹ microbial-based product A and 625 ml ha⁻¹ seaweed extract based liquid formulation B, as well 1-2 g L⁻¹ foliar spray of wettable granular formulation seaweed extract C with Chemical fertiliser (67).

The treatment containing Kelpak extract 6 mL⁻¹ and chelated iron 250 mg plant⁻¹ was found to be significantly superior for the vegetative characteristics as represented by leaf area (6.65 cm²), length of the new growth (20.14 cm), dry weight of leaves (68.74g) and concentration of chlorophyll (71.22 mg per 100 g fresh weight) when comparison to control (79).

Maximum values on the various parameters of the seedlings as well as a hike in the leaves dry matter content and chlorophyll were achieved by spraying pomegranate seedlings with a 50 mL⁻¹ concentrated seaweed extract water solution (82).

A positive significant shift was observed during propagation studies of pomegranate in various parameters such as number of shoots, leaf area, number of leaves, length of roots, and number of roots, when foliar spray of Alga 600 was given in combination with peat moss as the growth medium (88).

The extracts of marine algae at 4 mL⁻¹ and fertiliser of NPK at 400 kg ha⁻¹ produced the highest values for all traits which included length and diameter of seedling, leaf area, number of leaves, dry and fresh weight of vegetative shoot, and leaves total chlorophyll content in pomegranate (5).

e. Grapes

A study conducted at four locations of three Australian states using four cultivars, demonstrated that recurrent soil application of extract of seaweed through drip irrigation marked enhancement in yield of wine grapes by an average of 14.7% (16). Research carried out by Ahmed *et al.* (2015) (4) had recorded highest leaf nutrient status and fruit

quality attributes in Taimour mango variety when SE was applied @ 8%. The results of another study which examined the influence of three concentrations at 0.25, 0.5, and 0.75 gL⁻¹ of extract of seaweed on two different grapes varieties showed that the concentrations of 0.75 gL⁻¹ had the good impact on the performance of the vine, titratable acidity (TA), vitamin C, and soluble solids content (SSC) (1).

Vines of grapes treated with many applications of a concoction of seaweed extract and amino acids at flowering, fruit set, and month later stages of fruit setting showed remarkably higher chlorophyll content (18.15 mg g⁻¹), leaf size (41.5%), berry set (6.66%), rachis length (13.5%), number of bunches per cane (6.66%), berry size (7.33%), berry weight (14.78%), soluble solid concentrations (SSC) (16%), SSC:titratable acidity (TA) ratio (29), pH of juice (3%), reducing sugars (28%) and total sugars (35%) with decreased berry drop (10.6%) and ascorbic acid (28.6%) (61). Seaweed extracts from *Hypneamusiformis*, *Ascophyllum nodosum*, *Sargassum vulgare* and *Lithothamnium* sp. applied at 0.6% has been proved to have positive influences on the nutrient content of leaf such as K, Mg, B, Cu, and Zn, net photosynthetic rate, water use efficiency, stomatal conductance, and yield of table grapes cv. Niagara Rosada (33).

Brown seaweed *Ascophyllum nodosum* has reported to produce a bio-stimulant that had been used to improve fruit quality and ripening dynamics in wine grapes. Multiple seaweed extract applications had been documented very productive in enhancing grapes quality for the preparation of high-end red wines (46). Applications of seaweed extract to grapevines increased the number of stilbenes in grapes regardless of season but their effects on phenolic compounds in the grapes as well as wines were found to be highly dependent on the season and with the colour intensity (47).

f. Date palm

Spraying urea and seaweed extract was found to be a useful way to nurture the Zahdi variety of date palm. It helps date palm trees to grow more quickly and to have a higher biochemical composition. For increase the growth of the trees of date palm cultivar Zahdi in a complimentary and efficient manner, a spray of seaweed extract and urea can be administered (77).

According to Hashmin (2022) (55), use of 7 ml L⁻¹ of seaweed extract was found significantly on majority of the properties that were tested in dried fruits of date palm, such as the size, length, and colour of the fresh date fruits with notably higher in total soluble solids percentage, sucrose, and whole sugars.

Merwade *et al.* (2019) (71) reported that seaweed extract combination sprays were found to be fruitful rather than only combined use of boric acid and zinc sulphate sprays. During pollination and a month later, spraying bunches of Barhee date palms with a solution of 1000 ppm zinc sulphate, 1000 ppm boric acid, and 1% seaweed extract produced the best fruit quality and yield.

According to Anli *et al.* (2020) (15), in date palm treated with AMF (arbuscular mycorrhizal fungus), SE (seaweed extract), and AMF+SE increased the photochemistry of PSII (Fv/Fm) quantum yield. Fibre of sclerenchyma counts rose by 681, 164, and 154 percentage in the AMF+SE, SE, and AMF treatments, respectively, whereas the SE alone treatment recorded in a 24% rise in vascular bundle counts against to the control. Finally, the results showed that SE or AMF, and particularly their combination, had a congenial impact on date palm overall growth. Increased xylem and phloem vessels could enhance nutrient, and water uptake, photosynthetic production, and phytohormone interaction between aerial and root parts of plants (64).

g. Fig

Al-Hameedawi and Al-Malikshah, (2017) (8) found that foliar spray treatment of a combination of seaweed extract amino acids, and grapes bleed improved the growth and fruit attributes as well as the fruits quality in fig trees cv. Aswod Diala.

h. Litchi

The best nutrient and bioregulator from among the different treatments under study were observed to be 0.3% borax, 0.1% SE (seaweed extract), and 1% HA (humic acid). This treatment was suggested as a recommendation to enhance the quality yield characteristics of Bombai cultivar of litchi (78).

i. Loquat

Highest values of the vegetative growth contributing characters in loquat, i.e. height of plant and main diameter of stem had observed when the trees were foliar application by Kelpak (seaweed extract) at 1:250 (seaweed extract: water) (9).

j. Kiwi fruit

All biochemical measures, including sugars, ascorbic acid, titratable acidity, and soluble solid content, were found to be better when kiwi fruits were subjected to the dip treatment using SE at 3000 ppm for 10 days later fruit set compared to the fruits supplemented by CPPU (N-(2-Chloro-4-pyridyl)-N'-phenylurea). Seaweed extract treated fruits were harvested three to six days earlier than the control group (84). According to Ghafouri *et al.* (2024) (50), a brown macroalgal extract at 3 gL⁻¹ had the potential to improve the Hayward kiwi fruit quality. According to Dutta *et al.* (2023) (35), seaweed extract and humic acid were effective alternatives to synthetic hormones in promoting the growth of the shoots and roots of kiwi fruit cuttings. Ghafouri and associates (2023) (49) found seaweed extract to be highly beneficial for growth and also for the environment where kiwi fruit cv. Hayward was grown. Application of SE during storage resulting in significant improvement in firmness, improvement in weight of fruit, nutrients, and antioxidant properties.

k. Avocado

Saline stress impact on height of plant in avocado mitigated within thirty days of the stress treatment imposition by the administration of seaweed extract (23). As per the Arioli *et al.* (2024) (17), application of extract of seaweed through fertigation greatly increased avocado yield by 38%, hardness of fruit skin by 4% and flesh by 22%, colour of fruit (hue) by 1°, and enhanced the score of visual maturity. An increase in yield was observed (42% more fruits produced per tree) by liquid seaweed extract application. According to this finding, the seaweed extract might be contributing towards the enhanced yield in avocado through influencing the physiological mechanisms to reduce fruit and flower abscission.

When combined with the application of conventional fertilizer, Morales-Payan and Candelas during the year 2014 reported that foliar six sprays of a *Ascophyllum nodosum* algal extract at 4 L ha⁻¹ enhanced the avocado fruit number (cv. Butler) that are remained in tree. El-Shamma *et al.* (2017) (41) demonstrated that the yield of avocado fruit (cv. Fuerte) increased by mean of 30% when administered by soil application of seaweed extracts from *A. nodosum*, *Sargassum* sp., and *Laminaria* sp. combined with a microbial bio-stimulant.

h. Kair

Ahlatwat *et al.* (2022) (2) found that supplementation of *Ascophyllum nodosum* seaweed extract in absence of plant growth hormones at a higher dosage at 2000-5000 µl per litre outcomed in faster germination and shoot initiation in kair (*Capparis decidua*).

C. Temperate fruits

a. Apple

By applying seaweed extract to apple trees, the mean weight of fruit enhanced and also the yield oscillations between "on" and "off" years were reduced. Additionally, SE treated trees had higher leaf chlorophyll concentrations (increase of 12%), which led to better rates of respiration and photosynthesis (93). Usage of seaweed extract enhanced the growth of 'Jonathan' trees of apple by increasing leaf area, chlorophyll content, and photosynthetic rate (91). During the experimentation seaweed extract enhanced the red colour of apple peel by inducing anthocyanin production (68)(91).

Size together with red colour in apple were improved by foliar spray of seaweed extract-based products like Kelpak® and Goemar BM 86® (21). Beneficial effect was recorded by seaweed extracts on the fruits per tree, average fruit weight, percentage of bigger fruits (larger than 7.5 cm in size) in apple var. Golden Delicious compared to the control (59). According to Augusto *et al.* (2016) (19), seaweed extract was superior to other treatments, in terms of citric acid, preserving the freshness and reducing browning of freshly cut fruits of apple.

The diameter of fruit, shape, and weight showed substantial improvements after seaweed treatment, although the contents of microelements remained unchanged from the control. Fruit yield and marketability of apple were generally influenced by seaweed extracts (95).

Seaweed extracts (*Ascophyllum nodosum*) and Thidiazuron were applied directly to apple cv. Gala at doses of 0.1, 0.2, 0.3, 0.4, and 0.6%. High concentrations of seaweed extracts improved the number of fruits, yield per plant, mean fruit weight, seeds per fruit, fruit diameter and length, length to diameter ratio, soluble solids, firmness, and fruit growth (20). Additionally, they claimed that seaweed extract from *Ascophyllum nodosum* worked better than Thidiazuron.

The amount of nitrogen, iron, phosphorus, chlorophyll a and b contents, relative water content, size of fruit, and yield were reported to increase in apple cultivar 'Golden Delicious' after the administration of seaweed extract (76). According to Bradshaw *et al.* (2013) (24) the spray of algae extracts Seacrop 16 and Stimplex, from the seaweed *Ascophyllum nodosum*, had a major influence on the vegetative development of apple trees.

b. Peach

The impact of seaweed extract treatments extracted by *Ascophyllum nodosum* on peach trees were examined by Colavita *et al.* (2010) (28). They observed that the fruit diameter, weight, and size were not significantly affected by first treatment, which involved spraying the solution at the stages of bud initiation, full bloom, and petal fall, and the second treatment spraying solution at peak flowering, flower fall, and initial development of fruit stage had a substantial impact on growth and development, but the amount of chlorophyll did not differ significantly. Their results showed that in the first treatment, the yield was improved by 4-5%, and in the second treatment it was 7-9%. Mannino *et al.* (2022) (69) examined the outcome of yeast and seaweed extracts on two *Prunus persica* L. varieties. Findings showed reduction in ripening time, enhancement in secondary metabolism, and increased nutraceutical and antioxidant properties, particularly in the peel.

c. Apricot

During a two-year study, in comparison to the control trees during both experimented years, the spraying of humic acid (HA) at 2000 mgL⁻¹, brassinosteroid (BR) at 2 mL⁻¹, and SE at 3000 mgL⁻¹ constructively enhanced the

length of shoot, leaf area, chlorophyll content of leaf, fruit set, total yields, and fruit chemical and physical characteristics. It also hiked the contents of leaf major and trace nutrients (Al-Saif *et al.*, 2023). According to Al-Hadethi and Al-Qatan, (2013) (7) apricot trees traits of vegetative growth and content of leaf chlorophyll were enhanced by seaweed extract recommendation.

d. Sweet cherry

According to preliminary findings, sweet cherry cv. Simone treated with a seaweed-based product derived from *Ascophyllum nodosum* showed improved fruit quality, primarily in the form of increased fruit weight and a greater proportion of larger-sized fruits (25). According to Correia *et al.* (2015) (29), *Ascophyllum nodosum*, a seaweed bio-stimulant, could lessen cracking in cvs. Sweetheart and Skeena, along with an upsurge of fruit waxes, average fruit weight, fruit diameter, and pH status of fruit juice. Use of 150 ml L⁻¹ of seaweed extract led to a 3% minimized cracking index and a 2% increase in fruit weight in sweet cherry (Santos *et al.*, 2024) (90). According to Correia *et al.* (2017) (30), extract of seaweed treatments imposed three weeks after peak blooming showed an enhancement in weight and size of fruit as well as limiting in fruit breaking in cherries.

e. Strawberry

According to El-Miniawy and co-workers (2014) (39), the treatment of strawberry cv. Sweet Charlie plants using seaweed extract has increased hardness of fruit by 13.33%, weight of fruit by 20%, and plant yield by 21% over control. Ashour *et al.* (2022) (18) documented that there was improved in fruit weight, yield, and leaves chlorophyll content in strawberries when extract of seaweed was supplemented. Applications of 'Actiwave' a bio-stimulant made up of seaweed extracts, enhanced the photosynthetic rate, stomatal density, leaf chlorophyll content, vegetative development, production of fruit and weight of berry. The overall noteworthy outcome was the rise in plant biomass, which included an increase in root dry matter (76%) and dry matter of shoot (up to 27%). The studies further demonstrated that Actiwave® had a favourable impact on microbial biocoenosis associated with roots as well (92).

The treatments of bio-stimulants (conjugation of a extract of seaweed along with a commercial form of nitrophenolates) enhanced the productivity of plant as results more marketable yield, with absence of any negative impact on fruit quality attributes (87). According to a study, soluble *Ascophyllum* extract powder treatments were enhanced the yield of berries, microbial diversity of rhizosphere, and berries physiological activity (6).

According Rana *et al.* (2022) (83), apply of seaweed extracts during before flowering and at the time of fruit set period boosted flowering characters and production of runners in strawberry. Additionally, seaweed extract treated plants at 1.0–1.25 ml L⁻¹ showed maximum total yield and superior fruit quality attributes during the ahead of flowering and fruit set stages. Al-Shatri *et al.* (2020) (14) found that a 8 gL⁻¹ of seaweed extract was recorded more efficient in enhancing the overall growth, flowering, and yield attributes of strawberry cv. Albion.

Two strawberry cultivars, Camarosa and Nabila, benefited greatly from foliar sprays of 2.0 ml L⁻¹ HA (Humic Acid) along with 1.0 ml L⁻¹ SE. This resulted in significant increase in the spread of plant, leaves number, crowns count, leaf area, petiole length, total flowers, fruits, weight of fruit, length of fruit, and whole fruit yield when compared to plants of control (26).

f. Almond

A study by Erogulet *et al.* (2022) (43) found that applying 4000 ppm seaweed as a foliar spray on the 10th day following full flowering in almond improved yields. In comparison to the control group, the kernel ratio fruits applied with seaweed extract was registered 6% more in "Texas" variety and 14% more in the "Nonpareil" type. Furthermore,

since the seaweed treatments promoted the fruit set of almond trees, the total yield per tree increased in "Texas" type by 11.18% variety and "Nonpareil" type by 12.12%.

g. Hazelnut

The use of seaweed extracts enhanced yield per tree, kernel yield per tree, fruit weight, and kernel size in hazelnut. The foliar spray resulted in higher quantities of starch in the buds and the lower percentage of blank nuts. Applying 3 L ha⁻¹ of seaweed extract during the fruit set and development of fruit has documented increase yield and higher quality nuts during summer season (38).

h. Pistachio

According to Nikoogoftar-Sedghi *et al.* (2023) (80), applying *Ascophyllum nodosum* seaweed extract on pistachios increased their levels of protein, carbohydrates, and flavonoids as well as their total phenol and antioxidant enzyme activity. Among the hard-shelled fruits, pistachios exhibited an improvement in quality yield of fruits by utilization of seaweed extract treatment (3).

Conclusions

In a nutshell a broad range of fruit crops (tropical, sub-tropical, and temperate) have shown that the application of seaweed extracts alone or in combination with other bio-stimulants/or nutrients during different crop stages has been found to significantly influence crop growth, yield, quality, storage, and stress tolerance. Because seaweed extracts are organic, using them is also more ecologically beneficial, according to a number of study studies. Seaweed extract will consequently have a greater effect on the contemporary fruit crop sector if it is applied to different fruit crops at the appropriate times and in the proper amounts.

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Conflict of interest statement

There is no conflict of interest among the authors.

Author contribution statement

1. Rajendra B. N. – Collected the information about seaweed extract (SE), then studied all the aspects and rewritten in a very understandable way, like types of seaweeds, major bioactive components of SE, flowchart for the SE process, mechanism of action of SE, methods of application, and positive impact on soil and plants. In addition, gather information on the potential application of SE, then study and paraphrase the results of research works conducted in various parts of the world on mango, banana, lemon, mandarin orange, avocado, kair, and strawberry.

2. Jyothi Bhaskar – Gather information on the potential application of SE, then study and paraphrase the results of research works conducted in various parts of the world on pomegranate, grapes, and guava.

3. Singamaneni Alekya Naidu – Gather information on the potential application of SE, then study and paraphrase the results of research works conducted in various parts of the world on papaya, sapota, and date palm.

4. KeerthanaSethunath - Gather information on the potential application of SE, then study and paraphrase the results of research works conducted in various parts of the world on fig, litchi, loquat, and kiwi fruit.

5. Mohammed Billal, M. – Gather information on the potential application of SE, then study and paraphrase the results of research works conducted in various parts of the world on apple, peach, and apricot.

6. Amrita Manohar – Gather information on the potential application of SE, then study and paraphrase the results of research works conducted in various parts of the world on sweet cherry and almond.

7. Megha Raghavan-Gather information on the potential application of SE, then study and paraphrase the results of research works conducted in various parts of the world on hazelnut and pistachio.

8. Suvarjit Patra - Gather information potential application of SE then studied and paraphrased the results of research works conducted in various place of world on hazelnut and pistachio

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