

Review Form 3

Journal Name:	Asian Journal of Medical Principles and Clinical Practice
Manuscript Number:	Ms_AJMPCP_122620
Title of the Manuscript:	Obesity, Diabetes and Female Poly Cystic Ovary Syndrome (PCOS) Practices of different Herbal treatments in Khyber Pakhtunkhawa (KPK), Pakistan
Type of the Article	Research

General guidelines for the Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guidelines for the Peer Review process, reviewers are requested to visit this link:

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PART 1: Review Comments

Compulsory REVISION comments	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimum of 3-4 sentences may be required for this part.	"The fact that this study offers a comprehensive account of the therapeutic plants that have been researched in the study locations makes it significant for the field of ethno-nutrition. Future pharmacological screening and active phytochemical identification might benefit from this knowledge in order to develop potent pharmaceuticals." I agree with the authors.	
Is the title of the article suitable? (If not please suggest an alternative title)	There are abbreviations in the title which are written in parentheses. This should be avoided. The words "different" and "treatments", the first letter must be written in capital letters.	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	Yes, it is good.	
Are subsections and structure of the manuscript appropriate?	The headings and subheadings are not numbered. Some headings are written in capital letters (for example "RESULTS and DISCUSSION"), some not (for example "Introduction"). And in the results and discussion part there is not a discussion, only repeating the results given in the tables.	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.	Authors stated that "Regarding doses and administration, a thorough interview and cross-interview were carried out..." but there is not enough statements about the doses. In table 2, most of the data is taken from another publication, regardless of the authors saying that they had done research in the specific geographical area. The questionnaires used for the manuscript should be explained more. "The study's 35 plant species are grouped into 26 families, 12 of which are trees, 4 of which are roots, 2 of which are shrubs, 1 of which is a vine, and 12 of which are herbs" it is 31 in sum, not 26. The statement is not clear.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	The references are sufficient and recent.	

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<p>Minor REVISION comments</p> <p>Is the language/English quality of the article suitable for scholarly communications?</p>	<p>There are points to be corrected:</p> <p>Latin names of plants should be written in italics. This is a standard convention in scientific writing to distinguish the scientific names from the rest of the text.</p> <p>The abbreviations should be given in the first place they are mentioned (starting from the INTRODUCTION, not the abstract).</p> <p>Some words are starting with capitalized letters within the sentences. For example: “for lowering the hormone imbalance condition in Females.” or “to explain the effects of herbal medicines not included in this Paper”.</p> <p>The statements that have not clear meanings should be corrected. Following you can find examples: “In one study (PCOS) is a complex endocrine disorder characterized by polycystic ovaries, chronic anovulation, and hyperandrogenism.” Is PCOS a complex disease in one study? The statement is not clear. “Nyangono and its coworkers (year should be added, and et al. can be better that saying coworkers) studies that Diabetes is a metabolic disease characterized by chronic hyperglycemia, disrupting carbohydrate, lipid, and protein metabolism due to defects in insulin secretion.” Does Nyangono et al. proved that data? “A study showed that Obesity is a major cause of death, diabetes, cardiovascular diseases, and cancer globally.” Did only one study showed that? And obesity shouldn’t start with a capitalized letter here. “Pakistan uses medicinal plants to treat diabetes and cardiovascular disease”. What exactly this statement means? “Plant-based phytomedicines have shown great promise in treating incurable infectious diseases as overweight, opportunistic AIDS infections, PCOS and obesity” are they all infectious diseases? “The earliest phytomedicines developed in the twenty-first century regularly prevented fatal diseases in patients.” Proof? “The early years of the twenty-first century saw the development of plant-based treatments that were dependable in saving people from obesity and diabetes.” Proof? (citations?) “One scientist named as Saad worked on Obesity, characterized by excessive fat mass and chronic inflammation, leads to insulin resistance, diabetes, and metabolic dysfunctions.” Please provide the year of the publication and correct the sentence in terms of language and meaning.</p> <p>“with in vitro studies, animal studies,” should be “with <i>in vitro</i> studies, <i>in vivo</i> studies,”. <i>In vivo</i> and <i>in vitro</i> should be written in italics.</p> <p>In the objectives, sentences should start such as “ to determine” or “to identify” etc.</p> <p>It is better not to say “my” or “I obtained in the sentence: “My research was ethically approved because there was no harmful or irrelevant material present, and I obtained permission from the Dar UI Shifa Hospital, Pakistan, to conduct this research work.” “The conducted research as ethically approved because there was no harmful or irrelevant material present, and permissionwas obtained from the Dar UI Shifa Hospital, Pakistan, to conduct this research work.” Can be used.</p>	
<p><u>Optional/General</u> comments</p>		

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PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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