

## Effect of preparation techniques and pre-treatments on quality of carrot powder

Comment [M1]: Title should be modify

### ABSTRACT

The experiment was carried out to study the effects of preparation techniques and pre-treatment on the quality of carrot powder. In this experiment; a total of 18 treatments were used for the dehydration of carrot into powder using combinations of different treatments viz. preparation techniques as Factor-1 ["Shredding" (T<sub>1</sub>), "Crushing" (T<sub>2</sub>) and "Slicing" (T<sub>3</sub>)]; microwave pre-treatments as Factor-2 [Control (M<sub>1</sub>), Microwave pre-treatment 450 W for 30 seconds (M<sub>2</sub>) and microwave pre-treatment 450 W for 60 seconds (M<sub>3</sub>)] and pressing as Factor-3 [without pressing (P<sub>1</sub>) and pressing (P<sub>2</sub>)]. The results of the investigation revealed that the best quality carrot powder can be obtained from carrots which was prepared by dehydrating crushed materials by giving a microwave for 60 seconds followed by pressing (T<sub>2</sub>M<sub>3</sub>P<sub>2</sub>) and carrot powder obtained from this treatment possesses a higher rehydration ratio, dehydration ratio, and a sensory score while lowest drying time, moisture content, water activity, reducing sugars and non-enzymatic browning (NEB). While, the carrot powder which was prepared by dehydrating crushed materials by giving microwave pre-treatment for 60 seconds followed by pressing (T<sub>2</sub>M<sub>3</sub>P<sub>2</sub>) exhibited minimum changes in nutritional as well as sensory attributes during six months' storage when packed in polypropylene bags of 400-gauge thickness. The carrot powder can be prepared by dehydrating crushed materials by giving microwave pre-treatment for 60 seconds followed by pressing (T<sub>2</sub>M<sub>3</sub>P<sub>2</sub>) and the powder can remain microbiologically safe for the storage period of six months.

**Keywords:** Carrot, Powder, dehydration, Quality, Pre-treatments

### INTRODUCTION

Among major vegetables, carrot (*Daucus carota* L.) belonging to Apiaceae family is the most important root crop grown throughout the world. It is a root vegetable, usually orange, purple, red, white, or yellow in color, with a crisp texture when fresh. It is a rich source of β-carotene and contains other vitamins, like thiamine, riboflavin, vitamin B-complex, and minerals (Jabbaret al., 2013). The carrot is consumed in different forms as raw, juice, salads, cooked vegetable and sweet dishes, etc. Carrots provide great health benefits to the human body as they are good sources of carotenoids, bioactive compounds, vitamins, and minerals (Qin et al., 2005). Bioactive compounds present in the carrots are α- and β-carotene, phenolic acids, and lycopene which are responsible for its antioxidant activity. Carrot contains approximately 86.00 percent moisture, 10.60 g carbohydrates, 0.20 g fat, 1.20 g fiber, 1890 μg carotene, 0.04 g thiamine, 0.02 g riboflavin, 0.60 g niacin, 530.00 mg phosphorus, 1.10 g minerals, 3.00 mg vit C and 26.60 μg total phenolic content per 100 g (Gopalan et al., 2004). Due to its good flavor and nutrition, carrot is regarded as a very important vegetable owing to its various properties like anticancer, anti-anemic, antioxidant, sedative, and healing which are directly related to human health (Shivhareet al., 2009). Due to the perishable and seasonal nature of carrots, it is not possible to make fresh carrots available throughout the year. Therefore, consumer demand has increased toward processed foods which have more natural flavour and colour with high nutritional quality and sufficient storage safe for distribution and consumption. This can be achieved by adopting suitable processing methods which inactivate micro-organisms as well as enzymes with little loss of pigments, flavour compounds, and vitamins (Dedeet al., 2007).

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Comment [M3]: Improve the background with more recent citation. Also, the innovation behind this study should be stated at the background session of this study

Dehydrated carrots in the form of grating can be used in the preparation of *halwa*, discs made into chips (Khan, 2012). Pre-treatment improves the nutritional, sensorial, and functional properties of the dehydrated food without changing its integrity. It also improves the texture as well as stability of the pigment during dehydration and the storage of dehydrated products (Kumar and Kumar, 2011). Carrots are dehydrated in the form of slices, shreds, crushed, cubes, and strips. High solids and freedom from woody fiber are desired qualities of carrots to be dehydrated. The low rehydration ratio, discoloration, and development of off-flavour are the commonly reported problems with dehydrated carrot products. Removal of biologically active water is the main task while preserving food (Sra *et al.*, 2014) by reducing the moisture contents to a level, which that allows safe storage over an extended period-of-time with microbial safety. Very limited literature is available on the effect of preparation techniques, microwave pre-treatments and preservatives on quality of carrot powder during storage. Thus, the present investigation was carried out to study the effect of preparation techniques, microwave pre-treatments, and preservatives on the quality of carrot powder.

## MATERIALS AND METHODS

**Raw materials:** Fresh matured but tender, disease, and injury-free, orange-colored carrots (*var.* Chantney) selected and purchased from Morarji yard, APMC, Navsari. The carrots were cleaned and used for further processing into dehydrated powder.

**Experiment detail:** A total of 18 treatments were used for dehydration of carrot into powder using combinations of different treatments *viz.* preparation techniques as Factor-1 ["Shredding" (T<sub>1</sub>), "Crushing" (T<sub>2</sub>) and "Slicing" (T<sub>3</sub>); microwave pre-treatments as Factor-2 [Control (M<sub>1</sub>), Microwave pre-treatment 450 w for 30 seconds (M<sub>2</sub>) and microwave pre-treatment 450 w for 60 seconds (M<sub>3</sub>)] and pressing as Factor-3 [without pressing- Control (P<sub>1</sub>) and pressing for juice extraction (P<sub>2</sub>)].

**Sample Preparation and treatments: Methodology:** The defective as well as undesirable carrots were removed while sorting. Then carrots were thoroughly washed to remove any adhering dust and dirt particles. After washing, the carrots were cut from the end and top to remove undesirable portions with a stainless steel (SS) knife. Then cut carrots were shredded, crushed, and slices sliced (2-3mm) with the help of a shredder, crusher, and slicer machines (Factor 1). The prepared shreds, crushed materials, and slices of carrots (Factor-1) were subjected to microwave pre-treatments (Factor-2). After microwave pre-treatments, the shreds, crushed materials, and slices were subjected to pressing (Factor-3) for single-stage strength juice extraction followed by loading into a mechanical dehydrator using three-stage dehydration temperatures (75 °C for 2 hours, 65 °C for 2 hours, and 60 °C for about 11-12 hours) till final moisture content of 5.50 ± 1% as reported by Raj *et al.* (2004) for dehydration of onions. After dehydration, dried shreds, crushed materials, and slices were ground into powder using a grinder. The prepared powder was packed in polypropylene bags of 400-gauge thickness and stored at ambient temperature to evaluate the nutritional as well as sensory quality of developed products during six months' storage. The principal steps used for the dehydration of carrots into powder are illustrated in Fig. 1.

**Comment [M4]:** This sentence should be rephrased.

**Comment [M5]:** Did you crushed before slicing?

**Comment [M6]:** How was the pressing done?

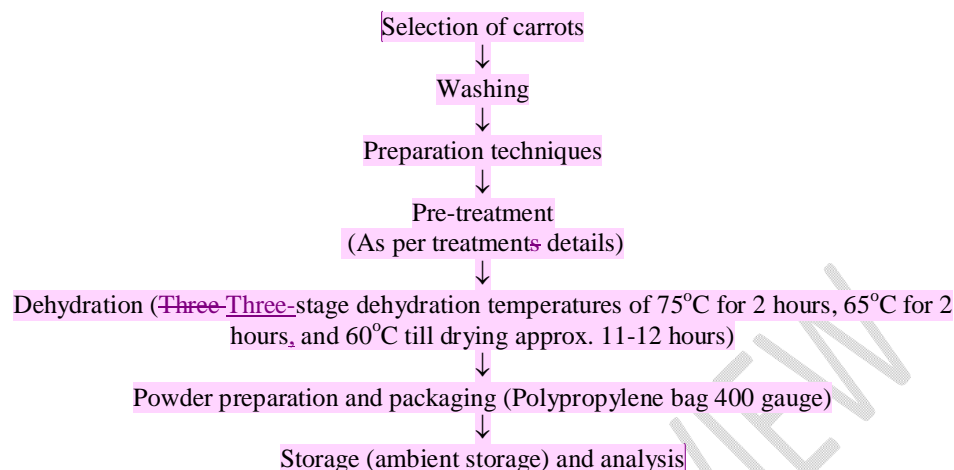
**Comment [M7]:** What kind of mechanical dehydrator was used. Provide details of the dehydrator

**Comment [M8]:** There are lots of study on carrot dehydration, why not utilized such methodology as onion moisture content is not total comparable with carrot

**Comment [M9]:** Why dehydration and drying?

**Comment [M10]:** What make of grinder was used?

**Comment [M11]:** At what interval was it analysed?



**Fig 1: Principal steps used for dehydration of carrot into powder**

Physico-chemical parameters of fresh carrots used for dehydration (n=10) were recorded. The powder recovery was arrived at by recording the final weight of powder obtained after drying and the total weight of raw materials and expressed as recovery percent. The moisture was estimated by drying the weighted samples in a hot air oven at  $70 \pm 2^\circ\text{C}$  to a constant weight (AOAC 1984). The beta-carotene content of the samples was determined by the method as detailed by Ranganna (1997). The powder was evaluated for sensory qualities on the basis of based on overall acceptability by a panel of 7-10 judges on a 9-point Hedonic scale (Amerine *et al.* 1965). The data pertaining to the physico-chemical characteristics of powder were analysed statistically by following a completely randomized design (Panse and Shukhatme (1967). Each treatment was replicated thrice.

## RESULTS AND DISCUSSION

**Physico-Chemical Attributes of Fresh Carrots:** The physico-chemical characteristics of fresh carrots which were used for the preparation of juice and powder are given in Table 1. The data on physical parameters of fresh carrots revealed the mean weight, peeling, and trimming losses of the carrots in the range of 75.45 g and 7.40 percent having the orange colour of skin/ peel and flesh. The data on chemical parameters of carrots revealed mean moisture, TSS, acidity, reducing sugars, non-reducing sugars, total sugars, beta-carotene, proteins, crude fibre, ascorbic acid in the range of 9.53 °Brix, 0.12 %, 2.74 %, 4.15 %, 6.89 %, 38.65 mg/100g, 0.95 %, 1.80 % and 3.91mg/100g, respectively. Our results in the present investigation for physico-chemical parameters of carrots are dissimilar to earlier studies as reported by Gopalan *et al.* (2004). The chemical constituents of carrot are reported to contain 86 % moisture with 9.55 °Brix TSS, 2.77 % reducing sugars, 6.92 % total sugars, 0.12 % acidity, 10.6 g carbohydrates, 0.2 g fat, 1.2 g fiber, 3965 micro g beta-carotene and 3 mg per 100 g vitamin C (Gopalan *et al.*, 2004). Sharma *et al.* (2012) also reported similar variations for moisture (86 to 88 %), carbohydrate (6 to 10.6 %), crude fiber (1.2 to 2.4 %), total sugars (5.6 %), beta-carotenes (39.6 mg/ 100 g).

**Table 1: Physico-chemical characteristics of fresh carrot used for dehydration**

Parameters*	Mean
Weight of carrot (g)	75.45
Peeling and trimming loss (%)	7.40
Skin/peel colour, visual	Orange

**Comment [M12]:** This should be improved. The author (s) could consider using a standardized methodology.

**Comment [M13]:** The methodology utilized in this study is too old. Also, the methodology were not described for easy replication of this study. The determinations should be outlined individually and well outlined

**Comment [M14]:** Generally, the discussion needs to be greatly improved. The results should also be backed up and compared with recent study

**Comment [M15]:** Table should be well presented

**Comment [M16]:** Was the weight of the carrot assessed individually for all the carrot used?

Flesh color, visual	Orange
Moisture (%)	86.12
TSS(°Brix)	9.53
Acidity (%)	0.12
Total Sugars (%)	6.89
Reducing sugars (%)	2.74
Non-reducing sugars (%)	4.15
Beta-carotene (mg/100g)	38.65
Proteins (%)	0.95
Crude fibre (%)	1.80

**QUALITY OF POWDER:** As per the dehydration experiment treatment details, one factor was taken to study the effect of pressing along with control (without pressing) on the quality of the dehydrated carrot powder. The aim of the factor was factor aimed to evaluate the feasibility of pressing for juice extraction, to utilize leftover carrot pomace for dehydration, and to evaluate dehydrated carrot powder on the basis of based on physico-chemical, sensory, and microbial characteristics. Thus, the prepared dehydrated carrot powder was evaluated for physico-chemical, sensory, and microbial characteristics to study the effect of different treatments during six-month storage. In addition, juice yield/recovery (single single-strength juice) obtained due to pressing pre-treatment used prior to before dehydration was also documented. However, for juice extraction prior to before dehydration, only two factors viz. preparation techniques (T) and microwave pre-treatments (M) were taken into consideration while pressing level (P<sub>2</sub>) was common. Among different preparation techniques, it was possible to extract the juice only from shredded and crushed carrots by pressing treatment. It was not possible to extract carrot juice by pressing treatment from the slices. Hence two levels of preparation techniques (T<sub>1</sub> and T<sub>2</sub>) were considered for juice extraction by pressing.

#### **Powder yield**

The perusal of data pertaining to the effect of different treatments on powder yield content of carrot powder during six months storage period have has been presented in Table 2.

*Effect of preparation techniques:* Among different preparation techniques (T), the powder yield of carrot powder varied significantly between 9.09 and 12.38 %, with minimum powder yield (9.09 %) in carrot powder which was prepared by giving crushing treatment (T<sub>2</sub>) and maximum powder yield (12.38 %) in slicing (T<sub>3</sub>). The minimum powder yield of carrot which was prepared by giving crushing treatment might be attributed to higher juice recovery in carrot juice. Crushing of carrots resulted in immediate release of the moisture and its soluble compounds upon pressing due to more disintegration of the cell structure. Wilczynski *et al.* (2019) also reported a higher yield (71.6 %) of apple juice of different varieties in screw type of juice extractor due to the crushing action of fruit tissues as compared to basket press (61.9 %). Raj *et al.* (2011) reported yield of potato flour among different potato cultivars varied from 13.23 to 20.73 percent, with the maximum yield in Kufri Chipsona-2 followed by Kufri Chipsona-1 (20.63 %) and Kufri Chandramukhi (18.53 %) and minimum in Kufri Jyoti followed by Kufri Badshah (14.70%). The increase in the dehydration ratio of the flour in blanching treatment might be attributed to leaching losses of the nutrients and solids.

*Effect of microwave pre-treatment:* Data shows that among different microwave pre-treatments grand mean powder yield (M) of microwave pre-treated carrot powder varied significantly between 10.16 and 10.96 %, with minimum powder yield (10.16 %) in carrot

powder pre-treated with microwave for 60 seconds (M<sub>3</sub>) and maximum powder yield (10.96 %) in carrot powder prepared without microwave pre-treatment (M<sub>1</sub>). The differences in powder yield in carrots under different microwave pre-treatments might be due to the extraction efficacy of soluble compounds owing to variations in pre-treatment time. The exposure to microwave causes disintegration of the cell structure due to vibration of the water molecules and resulted in higher juice recovery upon pressing and lower powder yield because the juice itself contains soluble solids along with other micro-nutrients. Gerard and Roberts (2004) reported that Fuji and McIntosh apple mashes heated to bulk temperatures of 60 °C by a 2450 MHz microwave oven at 1500 W increased juice yield when the mash was treated before pressing. Rayman and Baysal (2011) also reported an increase in carrot juice yield of 9.7 % (50.90 to 55.84 %) juice yield due to applications of the electrical methods (electroplasmolysis + microwave). The juice yield was found to vary with the variation of voltage and time of EP application. These treatments affect the cell permeability and make the juice extraction process easier. Leeratanaraket *et al.* (2006) reported that blanching helps to increase the dehydration ratio of the product which represents the decrease in the yield of the dehydrated product. The decrease in yield of the flour in blanching treatment might be attributed to leaching losses of the nutrients and solids

*Effect of pressing:* Further, it was observed that the mean powder yield (P) of the carrot when dehydrated followed by pressing treatment varied significantly from 9.19 to 11.87 %, with minimum powder yield (9.19 %) in carrot powder when dehydrated followed by pressing treatment (P<sub>2</sub>) and maximum powder yield (11.87%) in carrot powder when dehydrated without pressing treatment (P<sub>1</sub>). The minimum powder yield of the carrot which was prepared for dehydration by giving pressing treatment might be attributed to the transfer of soluble solids to carrot juice during the extraction process and thus decreasing the weight of soluble solids for dehydration. Wilczynski *et al.* (2019) also reported a higher yield (71.6 %) of apple juice of different varieties due to higher pressure in screw-screw-type juice extractor as compared to basket press (61.9 %) leaving less pomace for dehydration. Leeratanaraket *et al.* (2006) reported that blanching helps to increase the dehydration ratio of the product which represents the decrease in the yield of the dehydrated product. The decrease in yield of the flour in blanching treatment might be attributed to leaching losses of the nutrients and solids.

*Effect of treatment interactions:* The interaction of microwave and pressing treatments (MP) depicted a variation in carrot powder yield from 8.64 to 12.16 %, with a minimum powder yield of 8.64 % in powder which was dehydrated by pressing the raw material followed by pre-treatment with microwave for 60 seconds (M<sub>3</sub>P<sub>2</sub>) and maximum powder yield (12.16 %) in powder which was dehydrated without pressing and microwave pre-treatment (M<sub>1</sub>P<sub>1</sub>). Interaction of preparation techniques and pressing technique (TP) depicted variation in carrot powder yield from 6.72 to 12.53 %, with a minimum powder yield of 6.72 % in powder which was prepared by crushing technique (T<sub>2</sub>P<sub>2</sub>) and a maximum powder yield of 12.53 % in powder which was dehydrated by without pressing and microwave pre-treatment (T<sub>3</sub>P<sub>1</sub>). Interaction of preparation techniques, microwave, and pressing techniques (TMP) depicted variation in carrot powder yield from 6.20 to 12.92 %, with a minimum powder yield of 6.72 % in powder which was prepared by dehydrating crushed materials by giving microwave for 60 seconds followed by pressing treatment (T<sub>2</sub>M<sub>3</sub>P<sub>2</sub>) and maximum powder yield of 12.92 % in powder which was prepared by dehydrating carrot slices without microwave and pressing pre-treatment (T<sub>3</sub>M<sub>1</sub>P<sub>1</sub>). Interactions of TxM, TxP, MxP, and TxMxP were found to have significant effects.

## Dehydration rate

The perusal of data ~~pertaining to~~the effect of different treatments on ~~the~~ dehydration rate (g/min) of carrot powder during dehydration has been presented in Table 3.

*Effect of preparation techniques:* Among different preparation techniques (T), the dehydration rate of carrot powder varied significantly between 6.89 and 8.28 (g/min), with minimum dehydration rate (6.89 g/min) in carrot powder which was prepared by giving crushing treatment (T<sub>2</sub>) and maximum dehydration rate (8.28 g/min) in slicing (T<sub>3</sub>). The minimum dehydration rate of ~~the~~ carrot which was prepared by giving crushing treatment might be attributed to less moisture available in ~~the~~ carrot pomace for drying after pressing because ~~the~~ pressing treatment causes ~~the~~ yield of juice is higher ~~upon~~ and ~~the~~ pomace ~~remained~~ ~~remains~~ with less moisture. Crushing of carrots followed by pressing resulted ~~from~~ immediate release of the moisture due to more disintegration of the cell structure and thus less available moisture remained in ~~the~~ carrot pomace for drying. Leeratanaraket *et al.* (2006) reported that blanching time ~~had an effect on~~affected the drying rates at all drying temperatures in hot air drying. The samples prepared by ~~blanching~~ dried faster than the unblanched samples. The increase in ~~the~~ drying rate of the flour in blanching treatment might be attributed to faster diffusion of the water out of the tissues. Hatamipouret *et al.* (2007) reported that ~~an~~ increase ~~of~~ ~~in~~blanching time decreased ~~the~~ drying rate. Dinrifo (2012) recorded variations in ~~the~~ drying rate of sweet potato slices when pre-treated with blanching at 100°C and sulphitation with sodium metabisulphite. The pre-treatment reduces the resistance to moisture transport thereby increasing the drying rates. The drying of sweet potato slices exhibited higher drying rates for pre-treated samples than for untreated samples, especially at higher temperatures.

*Effect of microwave pre-treatment:* Data shows that among different microwave pre-treatments grand mean dehydration rate (M) of microwave pre-treated carrot powder varied significantly between 7.56 and 7.83 (g/min), with maximum dehydration rate (7.83 g/min) in carrot powder prepared pre-treated with microwave for 60 seconds (M<sub>3</sub>) and minimum dehydration rate (7.56 g/min) in carrot powder pre-treated with microwave for 30 seconds (M<sub>2</sub>). The differences ~~of~~ ~~in~~ drying rate during carrot dehydration under different microwave pre-treatments might be due to the extraction efficacy of soluble compounds owing to variations in pre-treatment time. The exposure to microwave causes disintegration of the cell structure due to vibration of the water molecules and ~~resulted results from~~ easy water removal during dehydration. Sabry *et al.* (2016) reported that microwave treatment of carrots slices (2-3 MM) with 360 watts for 6 min can reduce weight loss from 81.75 % moisture content to 52.32 % on ~~a~~ dry weight basis with ~~a~~ slight reduction of drying period as compared to other treatments. Kaur and Singh (2014) reported that drying of beet slices at high air temperature (75°C) followed by high microwave power (1080 W) witnessed increased drying rates and substantial shortening of the drying time. Andres *et al.* (2004) reported that when drying of apple with ~~a~~ combined air microwave system, the drying rate curve could be divided ~~into~~ four periods limited by four critical points ~~and results resulting~~ faster drying.

*Effect of pressing:* Further, it was observed that mean Dehydration rate (P) of the carrot powder when dehydrated followed by pressing treatment varied significantly from 6.82 to 8.50 (g/min), with minimum dehydration rate (6.82 g/min) in carrot powder when dehydrated followed by pressing treatment (P<sub>2</sub>) and maximum dehydration rate (8.50 g/min) in carrot powder when dehydrated without pressing treatment (P<sub>1</sub>). The minimum dehydration rate of ~~the~~ carrot which was prepared by giving pressing treatment might be attributed to less moisture available in ~~the~~ carrot pomace for drying after pressing because pressing treatment causes higher juice extraction and pomace remained with less moisture. Pressing of prepared carrots resulted ~~in~~ immediate release of the moisture due to more disintegration of the cell structure.

**Comment [M17]:** The author (s) should compared this work with related study

*Effect of treatment interactions:* Interaction of preparation techniques, microwave, and pressing techniques (TMP) depicted variation in carrot powder dehydration rate from 5.00 to 9.08 g/min, with a minimum dehydration rate of 5.00 g/min in powder which was prepared by dehydrating crushed materials by giving microwave for 30 seconds followed by pressing treatment (T<sub>2</sub>M<sub>2</sub>P<sub>2</sub>) and maximum dehydration rate of 9.08 g/min in powder which was prepared by dehydrating shredded materials by giving microwave for 60 seconds without pressing pre-treatment (T<sub>1</sub>M<sub>3</sub>P<sub>1</sub>). Interactions of TxM, TxP, MxP, and TxMxP were found to have significant effects. However, interactions of MxP were found to have a non-significant effect. Abano *et al.* (2011) reported improvement in drying rates of the garlic slices followed by a drying temperature at 45 °C compared to control dried samples that were harder than all the pre-treated dried samples. Wu *et al.* (2013) reported higher drying rates and greater effective diffusivities under catalytic infrared (CIR) than hot air (HA) heating before the moisture contents reached the range of 16 to 30% on a wet basis (w.b.).

### Rehydration ratio

The perusal of data pertaining to the effect of different treatments on the rehydration ratio of carrot powder during has been presented in Table 4.

*Effect of preparation techniques:* Among different preparation techniques (T), the rehydration ratio of carrot powder varied significantly between 4.73 and 6.55, with a maximum rehydration ratio of 6.55 in carrot powder which was prepared by giving crushing treatment (T<sub>2</sub>) and a minimum rehydration ratio of 4.73 in slicing (T<sub>3</sub>). Loesecke and Willard (1955) reported that the rehydration characteristics of the dehydrated food are influenced by processing conditions as well as the sample composition used in dehydration.

*Effect of microwave pre-treatment:* Data shows that among different microwave pre-treatments grand mean rehydration ratio (M) of microwave-pre-treated carrot powder varied significantly between 5.54 and 6.08, with maximum rehydration ratio (6.08) in carrot powder pre-treated with microwave for 60 seconds (M<sub>3</sub>) and minimum rehydration ratio (5.54) in carrot powder prepared without microwave pre-treatment for (M<sub>1</sub>). Pandit (2015) reported similar variations in the rehydration ratio (2.20 to 2.94) of dehydrated elephant foot yam due to variation in microwave exposure time and power. This can be explained by the high internal pressure produced by microwave heating which can cause the structure of carrot slices to expand and puff during dehydration and thus causing high rehydration ratio. Similar results were obtained by several researchers in other foods viz. kiwi fruits (Maskan, 2001) and onions (Kalseet *et al.*, 2012). Kaur and Singh (2014) reported that the rehydration characteristics of beetroot improved for samples dehydrated at 55°C air temperature followed by high microwave power (1080 W) which can be helped in the reduction of shrinkage. Zielinska *et al.* (2018) also reported an increase in the rehydration ratio due to microwave treatment in dried cranberries.

*Effect of pressing:* Further, it was observed that mean rehydration ratio (P) of the carrot powder when dehydrated followed by pressing treatment varied significantly from 5.49 to 6.06, with maximum rehydration ratio (6.06) in carrot powder when dehydrated by pressing treatment (P<sub>2</sub>) and minimum rehydration ratio (5.49) in carrot powder when dehydrated without pressing treatment (P<sub>1</sub>). Loesecke and Willard (1955) reported that the rehydration characteristics of the dehydrated food are influenced by processing conditions as well as the sample composition used in dehydration.

*Effect of treatment interactions:* The interaction of preparation techniques and pressing technique (TP) depicted variation in carrot powder rehydration ratio from 4.59 to 6.72, with a maximum rehydration ratio of 6.72 in powder which was prepared by crushing

technique followed by pressing treatment (T<sub>2</sub>P<sub>2</sub>) and minimum rehydration ratio of 4.59 in powder which was dehydrated by slicing technique without pressing treatment (T<sub>3</sub>P<sub>1</sub>).

## Moisture

The perusal of data ~~pertaining to~~the effect of different treatments on ~~the~~ moisture content of carrot powder during six months storage period ~~have is~~been presented in Table 5.

*Effect of preparation techniques:* Among different preparation techniques (T), the moisture of carrot powder varied significantly between 5.91 and 7.53 %, with minimum moisture in carrot powder which was prepared by giving crushing treatment (5.97 %) and maximum moisture in slicing (7.53%). The lower moisture in carrot powder prepared using crushing treatment followed by pressing might be attributed to ~~the~~ release of most of ~~the~~ water from the tissue due to pressing and ~~the~~ higher dehydration rate for leftover carrot pomace which requires less dehydration time for drying. Earlier studies also observed similar results for moisture in treatments ~~which that~~requires less dehydration time for okra, cauliflower, and onions (Anon., 2017). Lower moisture and water activity ~~was were~~also observed in food products which requires less dehydration time as reported by Vaghashiya et al (2016) in dehydrated Aloe vera gel and Zinzala (2019) for bael candy. Alam *et al.* (2013) variations in water activity in dried carrot pomace powder prepared using different pre-treatments i.e., water blanching (WB), steam blanching (SB), citric acid blanching (CB), potassium metabisulphate (KMS) dipping after blanching (WBS) and reported highest water activity (0.558) in untreated samples and lowest (0.379) value in WBS pre-treated samples.

*Effect of microwave pre-treatment:* Data shows that among different microwave pre-treatments grand mean moisture (M) of ~~microwave-microwave~~-pre-treated carrot powder varied significantly between 6.32 and 7.13 %, with minimum moisture (6.32 %) in carrot powder pre-treated with microwave for 60 seconds (M<sub>3</sub>) and maximum moisture (7.13 %) in carrot powder prepared without microwave pre-treatment (M<sub>1</sub>). Zielinska *et al.* (2018) reported lower moisture content in microwave pre-treated samples compared to ~~the~~ control. Higher levels of moisture could lead to microbial spoilage and subsequent deterioration in quality. Sabry *et al.* (2016) reported variations in ~~the~~ moisture content of the dried carrot powder due to microwave treatments. Water loss during microwave pre-treatments increased with ~~an~~ increase in microwave power and time.

*Effect of pressing:* Further, it was observed that ~~the~~ mean moisture (P) of the carrot powder when dehydrated followed by pressing treatment varied significantly from 6.15 to 7.27 %, with minimum moisture (6.15 %) in carrot powder when dehydrated followed by pressing treatment (P<sub>2</sub>) and maximum moisture (7.27 %) in carrot powder when dehydrated without pressing treatment (P<sub>1</sub>). The lower moisture in carrot powder prepared pressing treatment might be attributed to ~~the~~ release of most of ~~the~~ water from the tissue due to pressing and ~~the~~ higher dehydration rate for leftover carrot pomace which requires dehydration time for drying. Earlier studies also observed similar results for moisture in treatments ~~which that~~requires less dehydration time for okra, cauliflower, and onions (Anon., 2017). Lower moisture and water activity ~~was were~~also observed in food products which requires less dehydration time as reported by Vaghashiya (2016) in dehydrated Aloe vera gel and Zinzala (2019) for bael candy.

*Effect of storage:* Storage of the carrot powder for six months resulted significant increase in moisture (S) from ~~an~~ initial value of 5.35 to 7.80 %. Al-Amin *et al.* (2015) also observed ~~an~~ increase in ~~the~~ moisture content of dried carrot slices (5mm) when dried by mechanical as well as solar drying methods. Chukwu and Lawal (2015) reported that ~~the~~ moisture content of sweet potato flour increased from 4.32 to 5.36 % within ~~the~~ first week of storage but

decreased to 5.27 % at the end of two weeks storage period and attributed this to loss of moisture during storage. Alinnor and Akalezi (2014) reported that ~~the~~ dehydrated flour can be stored successfully during storage if the moisture content of flour is below 8.3 %. Maneepunet *et al.* (1992) reported increased the moisture content of sweet potato flour upto 8 % in four and a half months. During storage, a gain in moisture content in potato flour was also reported by Kulkarni *et al.* (1993). Raj *et al.* (2011) registered a moisture content increase in potato flour of different cultivars from 3.07 to 4.78 percent during a storage period of six months. Sra *et al.* (2014) reported that the moisture content of dried carrot slices increased from 6.3 to 8.4 %. Abano *et al.* (2011) reported that KMS pre-treated samples performed better in terms of moisture diffusivity at all drying temperatures. Tiwari and Sarkar (2018) reported 87.02 % moisture content in fresh carrot and 4.2 % in dried carrot powder. Ramachandra and Rao (2011) also reported a gradual increase in the moisture content of dehumidified air-dried *Aloe vera* gel powder during accelerated storage. Sharada (2013) also reported a gradual increase in the moisture content of foam ~~mat-mat~~-dried guava and banana powder during storage. The increase in moisture during the storage period of six months might be attributed to an increase in relative humidity in the atmosphere due to the continuations of rainy monsoons and due to the permeability of packaging materials to water vapours. ~~The~~ A similar reason for other processed products had been reported by Raj *et al.* (2009) for dehydrated onion rings.

*Effect of treatment interactions:* Interaction of preparation techniques, microwave pre-treatment, pressing and storage (TMPS) depicted variation in moisture of carrot powder from 4.15 to 10.41 %, with minimum increase of moisture from 4.15 to 5.85 % (T<sub>2</sub>M<sub>3</sub>P<sub>2</sub>S<sub>1</sub> to T<sub>2</sub>M<sub>3</sub>P<sub>2</sub>S<sub>4</sub>) in powder which was prepared by dehydrating crushed materials by giving microwave for 60 seconds followed by pressing and maximum increase of moisture from 7.30 to 10.41% (T<sub>3</sub>M<sub>1</sub>P<sub>1</sub>S<sub>1</sub> to T<sub>3</sub>M<sub>1</sub>P<sub>1</sub>S<sub>4</sub>) in carrot powder which was prepared by dehydrating carrot slices without microwave and pressing pre-treatment. Interactions of TxM, TxP, MxP, TxMxP, TxS, MxS, PxS, TxMxS, TxPxS, MxPxS, TxMxPxS were found to have significant effect.

### **β-carotene**

The perusal of data ~~pertaining to~~the effect of different treatments on beta carotene of carrot powder during six months storage period has been presented in Table 6.

*Effect of preparation techniques:* Among different preparation techniques (T), the beta carotene of carrot powder varied significantly between 105.91 and 124.72 mg/100g, with minimum beta carotene (105.91 mg/100g) in carrot powder which was prepared by giving crushing treatment (T<sub>2</sub>) and maximum beta carotene (124.72 mg/100g) in slicing (T<sub>3</sub>). The food commodity having a smaller size possesses a large surface area and can release most of the soluble solids along with water. The crushing treatment observed minimum beta carotene in carrot powder which might be attributed to the release of large amountsof soluble solids along with water in the form of juice and thus less beta carotene remained in the dried carrot powder due to pressing treatment. Tadesse *et al.* (2015) reported the highest β-carotene (74.97 ppm) for the combination of the samples blanched at 55°C and soaked in 5% salt solutions. Alam *et al.* (2013) reported the maximum β-carotene (633.57 μg 100 g<sup>-1</sup>) value for citric acid blanching (CB) pre-treated samples of carrot pomace followed by solar dried and the minimum value (186.01 μg 100 g<sup>-1</sup>) for CB pre-treated samples followed by ~~sun~~sun-dried.

*Effect of microwave pre-treatment:* Data shows that among different microwave pre-treatments grand mean beta carotene (M) of ~~microwave-microwave~~-pre-treated carrot powder varied significantly between 112.32 and 117.55 mg/100g, with maximum beta carotene (117.55 mg/100g) in carrot powder pre-treated with microwave for 60 seconds (M<sub>3</sub>) and

Comment [M18]: Improve the quality of this manuscript

minimum beta carotene (112.32 mg/100g) in carrot powder prepared without microwave pre-treatment (M<sub>1</sub>). Sabry *et al.* (2016) reported similar variations in beta carotene content of the dried carrot powder due to microwave treatments and higher beta carotene content was observed in the samples treated with microwave as compared to without microwave. Cui *et al.* (2004) also reported higher beta carotene content in dried carrot slices and Chinese chive leaves when given microwave treatment. Arjmandi *et al.* (2016) reported an increase in phenolics and lycopene contents in smoothies due to microwave treatment.

*Effect of pressing:* Further, it was observed that the mean Beta carotene (P) of the carrot powder when dehydrated followed by pressing treatment varied significantly from 100.47 to 128.73 mg/100g, with minimum beta carotene 100.47 mg/100 g in carrot powder when dehydrated followed by pressing treatment (P<sub>2</sub>) and maximum beta carotene 128.73 mg/100g in carrot powder when dehydrated without pressing treatment (P<sub>1</sub>). The food commodity having a smaller size possess a large surface area can release most of the soluble solids along with water due to pressing. The pressing treatment observed minimum beta carotene in carrot powder which might be attributed to the release of large amounts of soluble solids along with water in the form of juice and thus less beta carotene remained in the dried carrot powder due to the pressing treatment.

*Effect of storage:* Storage of the carrot powder for six months resulted significant decrease in beta carotene (S) from an initial value of 157.29 to 59.53 mg/100g. Hal (2007) reported that during storage, auto-oxidation of carotenoids may take place, leading to a loss of color and an undesirable decline in beta-carotene value. The stability of beta-carotene proved to be strongly and adversely affected by storage temperature and light. Chaturvedi *et al.* (2013) reported that carotenoids content decreased during storage from 59.8 percent to 52 percent of β-carotene after six months of storage. Sraet *et al.* (2014) reported a decrease in the β-carotene content from 69.4 to 49.2 mg/100 g during storage. Carrot slices pre-treated with 6% KMS and packed in AFL pouches were found to retain the highest carotene content. Singh *et al.* (2013) reported that the pressure-cooking treatment utilized for the preparation of carrot powder and grits revealed that carrot powder had higher β-carotene levels (36.94 mg/100 g) than carrot grits (33.48 mg/100 g) which further showed a gradual loss of β-carotene during storage in all the packaging materials but higher β-carotene content reported to be retained in the aluminum laminated pack and can be stored safely up to 6 months at room temperature. Similar A similar decrease in β-carotene content (S) from an initial value of 17.53 mg/100g to 9.84 mg/100g was observed during six months of storage of the sweet potato flour by Ashuqullah (2017).

*Effect of treatment interactions:* Interaction of preparation techniques, microwave pre-treatment, pressing, and storage (TMPS) depicted variation in beta carotene of carrot powder from 42.16 to 177.28 (mg/100g), with a minimum decrease of beta carotene from 144.90 to 54.80 mg/100g (T<sub>2</sub>M<sub>3</sub>P<sub>2</sub>S<sub>1</sub> to T<sub>2</sub>M<sub>3</sub>P<sub>2</sub>S<sub>4</sub>) in powder which was prepared by dehydrating crushed materials by giving microwave for 60 seconds followed by pressing and maximum decrease of beta carotene from 171.87 to 50.55 mg/100g (T<sub>3</sub>M<sub>1</sub>P<sub>1</sub>S<sub>1</sub> to T<sub>3</sub>M<sub>1</sub>P<sub>1</sub>S<sub>4</sub>) in carrot powder which was prepared by dehydrating carrot slices without microwave and pressing pre-treatment. Interactions of TxM, TxP, MxP, TxMxP, TxS, MxS, PxS, TxMxS, TxPxS, MxPxS, TxMxPxS were found to have significant effect.

### Overall acceptability

The perusal of data pertaining to the effect of different treatments on the overall acceptability of carrot powder during six months storage period has been presented in Table 7.

*Effect of preparation techniques:* Among different preparation techniques (T), the overall acceptability (9–9-point Hedonic scale) of carrot powder varied significantly between 6.25 and 7.56, with maximum overall acceptability (7.56) in carrot powder which was prepared by giving crushing treatment (T<sub>2</sub>) and minimum overall acceptability (6.25) in shredding (T<sub>1</sub>). Nath et al. (2012) reported variations in taste in ginger candy when prepared using different slice thicknesses (5-25 mm) and blanched for different times (10-30 min). The higher overall acceptability in carrot powder prepared using crushing treatment followed by pressing might be attributed to a higher dehydration rate and requirement of less dehydration time for drying. Earlier studies also observed similar results for overall acceptability in treatments which that requires less dehydration time for okra, cauliflower, and onions (Anon. 2017). Higher overall acceptability was also observed in food products which that requires less dehydration time as reported by Zinzala (2019) for bael candy. The higher overall acceptability score in carrot powder which was prepared by giving crushing treatment attributed to the retention of more colour, taste, flavor, and texture in dehydrated powder. Chaturvedi et al. (2013) reported variations in overall acceptability in dehydrated carrots using different pre-treatments and drying techniques i.e., tray dried (TD), tray dried and radiated (TDR), Infra-red dried (IR), Infra-red dried and radiated (IRR). They reported a maximum overall acceptability value (4.93) in IRR and the lowest value (4.17) in TD. Kukanoo et al. (2014) reported the highest value (4.46) of texture and overall acceptability (4.55) in the dehydrated carrot slices blanched for 2 minutes and steeped in 300 brix syrup followed by 6% salt for 2 hours. Whereas, Raj et al (2009) reported significant variations in the overall acceptability of the potato flours of the varieties due to variations in the NEB, sensory colour, and texture score, and these scores of the product directly correlated with the overall acceptability of the product.

*Effect of microwave pre-treatment:* Data shows that among different microwave pre-treatments grand mean overall acceptability (M) of microwave-pre-treated carrot powder varied significantly between 6.56 and 7.04, with maximum overall acceptability (7.04) in carrot powder pre-treated with microwave for 60 seconds (M<sub>3</sub>) and minimum overall acceptability (6.56) in carrot powder prepared without microwave pre-treatment (M<sub>1</sub>). Pandit (2015) reported similar variations in the overall acceptability of dehydrated elephant foot yam due to variations of microwave exposure time and power. This can be explained by the high internal pressure produced by microwave heating which can cause the structure of carrot slices to expand and puff during dehydration which provides a more porous structure in the food product. Zielinska et al. (2018) also reported an improvement in colour due to microwave treatment in dried cranberries.

*Effect of pressing:* Further, it was observed that the mean overall acceptability (P) of the carrot powder when dehydrated followed by pressing treatment varied significantly from 6.59 to 7.00, with maximum overall acceptability (7.00) in carrot powder when dehydrated followed by pressing treatment (P<sub>2</sub>) and minimum overall acceptability (6.59) in carrot powder when dehydrated without pressing treatment (P<sub>1</sub>). The higher overall acceptability in carrot powder prepared using pressing treatment might be attributed to a higher dehydration rate and requirement of less dehydration time for drying.

*Effect of storage:* Storage of the carrot powder for six months resulted significant decrease in overall acceptability (S) from an initial value of 7.31 to 6.09. The decrease in overall acceptability score might be attributed to an increase in moisture content, water activity, and NEB in dehydrated carrot powder during storage. Sra et al. (2014) reported a decrease in the overall acceptability of dried carrot slices from 8.2 to 7.1 during six months storage period. Chaturvedi et al. (2013) reported a decrease in the overall acceptability in dehydrated

**Comment [M19]:** The sensory analysis method should be properly stated at the M&M.

carrots during six months of storage. Pandit (2015) reported similar variations in the overall acceptability of dehydrated elephant foot yam due to variations of in microwave exposure time and power during six months of storage. This can be explained by the high internal pressure produced by microwave heating which can cause the structure of carrot slices to expand and puff during dehydration which provides a more porous structure in the food product. Similar results were obtained by Sunjka *et al.* (2004) in cranberries.

*Effect of treatment interactions:* Interaction of preparation techniques, microwave pre-treatment, pressing and storage (TMPS) depicted variation in overall acceptability of carrot powder from 4.81 to 8.65, with a minimum decrease of overall acceptability from 8.65 to 7.78 ( $T_2M_3P_2S_1$  to  $T_2M_3P_2S_4$ ) in powder which was prepared by dehydrating crushed materials by giving microwave for 60 seconds followed by pressing and maximum decrease of overall acceptability from 6.95 to 5.15 ( $T_3M_1P_1S_1$  to  $T_3M_1P_1S_4$ ) in carrot powder which was prepared by dehydrating carrot slices without microwave and pressing pre-treatment. Interactions of TxM, TxP, MxP, TxMxP, TxS, MxS, PxS, TxMxS, TxPxS, MxPxS, TxMxPxS were found to have significant effect.

## CONCLUSION

It can be concluded that carrot powder prepared by dehydrating crushed materials by giving microwave pre-treatment for 60 seconds followed by pressing (after single-single-strength juice extraction) can remain safe for six months in PP bags (400 gauge) with minimum changes in chemical and sensory quality. This technique possesses the additional benefit of preparing two products simultaneously i.e. juice and powder instead of the product either alone. Thus, the developed technologies can commercially be explored by the food processing industry. Therefore, profitable utilization of carrots s grown in India by processing can ensure better returns to the growers, processors, s and consumers.

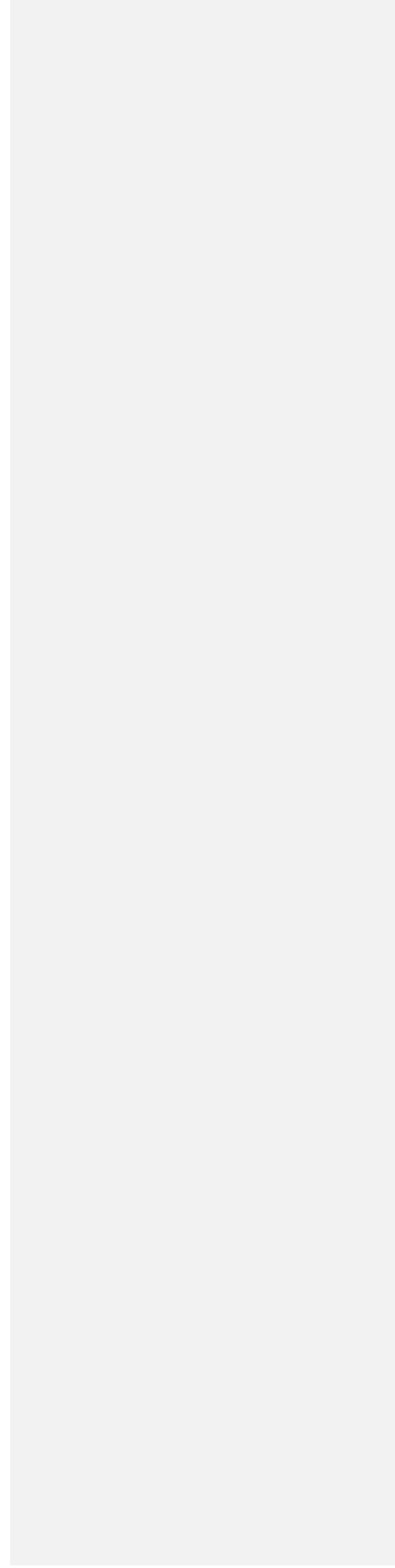
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UNDER PEER REVIEW



**Table 2: Effect of preparation techniques, microwave pre-treatment and pressing on the dehydrated powder yield of carrot (10 kg tray load) during preparation of powder**

Storage Intervals(S)	Preparation techniques (T)	Pressing (P)								Grand Mean (T)
		P <sub>1</sub> : Without pressing - (Control)				P <sub>2</sub> : Pressing				
		Microwave pre-treatment (M)				Microwave pre-treatment (M)				
		M <sub>1</sub> ,control	M <sub>2</sub> , 30 S	M <sub>3</sub> , 60 S	Mean	M <sub>1</sub> ,control	M <sub>2</sub> , 30 S	M <sub>3</sub> , 60 S	Mean	
Powder yield (%)	T <sub>1</sub> : Shredding	11.97	11.43	11.51	<b>11.64</b>	9.47	8.60	7.80	<b>8.62</b>	10.13
	T <sub>2</sub> : Crushing	11.58	11.41	11.38	<b>11.46</b>	7.26	6.70	6.20	<b>6.72</b>	9.09
	T <sub>3</sub> : Slicing	12.92	12.51	12.16	<b>12.53</b>	12.53	12.23	11.93	<b>12.23</b>	12.38
	<b>Mean (M, P of S<sub>1</sub>)</b>	<b>12.16</b>	<b>11.78</b>	<b>11.68</b>	<b>11.87</b>	<b>9.75</b>	<b>9.18</b>	<b>8.64</b>	<b>9.19</b>	
Grand Mean		<b>10.96</b>	<b>10.48</b>	<b>10.16</b>						
			<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>			
	<b>T</b>		0.042	0.121	<b>T<sub>x</sub>P</b>	0.060	0.171			
	<b>M</b>		0.042	0.121	<b>M<sub>x</sub>P</b>	0.060	0.171			
	<b>P</b>		0.034	0.099	<b>T<sub>x</sub>M<sub>x</sub>P</b>	0.103	0.297			
	<b>T<sub>x</sub>M</b>		0.073	0.210						
	<b>CV%</b>	1.70								

Comment [M20]: Why usedifferent character for this? What about the statistical parameter?

UNDER PEER REVIEW

Table 3: Effect of preparation techniques, microwave pre-treatment, and pressing on the dehydration rate of carrot (10 kg tray load) during preparation of powder

Storage Intervals(S)	Preparation techniques (T)	Pressing (P)								Grand Mean (T)
		P <sub>1</sub> : Without pressing - (Control)				P <sub>2</sub> : Pressing				
		Microwave pre-treatment (M)				Microwave pre-treatment (M)				
		M <sub>1</sub> : control	M <sub>2</sub> : 30 S	M <sub>3</sub> : 60 S	Mean	M <sub>1</sub> : control	M <sub>2</sub> : 30 S	M <sub>3</sub> : 60 S	Mean	
Dehydration rate (g/min)	T <sub>1</sub> : Shredding	8.88	8.97	9.08	<b>8.98</b>	7.04	6.76	6.15	<b>6.65</b>	7.81
	T <sub>2</sub> : Crushing	8.38	8.55	8.62	<b>8.52</b>	5.24	5.00	5.54	<b>5.26</b>	6.89
	T <sub>3</sub> : Slicing	7.97	8.02	8.07	<b>8.02</b>	8.04	8.08	9.49	<b>8.54</b>	8.28
	<b>Mean (M, P of S<sub>i</sub>)</b>	<b>8.41</b>	<b>8.51</b>	<b>8.59</b>	<b>8.50</b>	<b>6.77</b>	<b>6.61</b>	<b>7.06</b>	<b>6.82</b>	
Grand Mean		<b>7.59</b>	<b>7.56</b>	<b>7.83</b>						
			<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>			
		<b>T</b>	0.060	0.172	<b>TxP</b>	0.085	0.243			
		<b>M</b>	0.060	0.172	<b>MxP</b>	0.085	NS			
		<b>P</b>	0.049	0.140	<b>TxMxP</b>	0.147	0.421			
		<b>TxM</b>	0.104	0.298						
		<b>CV %</b>	3.32							

Table 4: Effect of preparation techniques, microwave pre-treatment and pressing on the rehydration ratio of carrot of powder

Storage Intervals (S)	Preparation techniques (T)	Pressing (P)								Grand Mean (T)	
		P <sub>1</sub> : Without pressing - (Control)				P <sub>2</sub> : Pressing					
		Microwave pre-treatment (M)				Microwave pre-treatment (M)					
		M <sub>1</sub> :control	M <sub>2</sub> : 30 S	M <sub>3</sub> : 60 S	Mean	M <sub>1</sub> :control	M <sub>2</sub> :30 S	M <sub>3</sub> :60 S	Mean		
Rehydration ratio	T <sub>1</sub> : Shredding	5.31	5.42	5.74	<b>5.49</b>	6.27	6.58	6.98	<b>6.61</b>	6.05	
	T <sub>2</sub> : Crushing	6.12	6.33	6.7	<b>6.38</b>	6.48	6.58	7.11	<b>6.72</b>	6.55	
	T <sub>3</sub> : Slicing	4.39	4.55	4.84	<b>4.59</b>	4.65	4.81	5.12	<b>4.86</b>	4.73	
	Mean (M, P of S <sub>1</sub> )	<b>5.27</b>	<b>5.43</b>	<b>5.76</b>	<b>5.49</b>	<b>5.80</b>	<b>5.99</b>	<b>6.40</b>	<b>6.06</b>		
<b>Grand Mean</b>		<b>5.54</b>	<b>5.71</b>	<b>6.08</b>							
			<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>				
		<b>T</b>	0.035	0.100	<b>TxP</b>	0.049	0.141				
		<b>M</b>	0.035	0.100	<b>MxP</b>	0.049	NS				
		<b>P</b>	0.029	0.082	<b>TxMxP</b>	0.086	NS				
		<b>TxM</b>	0.060	NS							
		<b>CV%</b>	2.56								

**Table 5: Effect of preparation techniques, microwave pre-treatment and pressing on the moisture content (%) of carrot powder during storage**

Storage Intervals(S)	Preparation techniques (T)	Pressing (P)									
		P <sub>1</sub> : Without pressing - (Control)				P <sub>2</sub> : Pressing				Grand Mean (S, TS)	Grand Mean (T)
		Microwave pre-treatment (M)				Microwave pre-treatment (M)					
M <sub>1</sub> .control	M <sub>2</sub> . 30 S	M <sub>3</sub> . 60 S	Mean (P <sub>1</sub> , S)	M <sub>1</sub> .control	M <sub>2</sub> . 30 S	M <sub>3</sub> . 60 S	Mean (P <sub>2</sub> , S)				
<b>S<sub>1</sub>: Initial</b>	T <sub>1</sub> : Shredding	5.98	5.82	5.46	5.75	4.97	4.65	4.44	4.69	5.22	<b>6.69</b>
	T <sub>2</sub> : Crushing	5.63	5.52	5.45	5.53	4.53	4.42	4.15	4.37	4.95	<b>5.91</b>
	T <sub>3</sub> : Slicing	7.30	6.24	5.71	6.42	5.82	5.35	4.85	5.34	5.88	<b>7.53</b>
	<b>Mean (MP of S<sub>1</sub>)</b>	<b>6.30</b>	<b>5.86</b>	<b>5.54</b>	<b>5.90</b>	<b>5.11</b>	<b>4.81</b>	<b>4.48</b>	<b>4.80</b>	<b>5.35</b>	
<b>S<sub>2</sub>: 2 Months</b>	T <sub>1</sub> : Shredding	7.62	7.46	7.10	7.39	6.61	6.04	5.94	6.20	6.80	
	T <sub>2</sub> : Crushing	6.27	6.16	6.09	6.17	5.67	5.36	5.19	5.41	5.79	
	T <sub>3</sub> : Slicing	8.94	7.88	7.35	8.06	7.46	6.99	6.49	6.98	7.52	
	<b>Mean (MP of S<sub>2</sub>)</b>	<b>7.61</b>	<b>7.17</b>	<b>6.85</b>	<b>7.21</b>	<b>6.58</b>	<b>6.13</b>	<b>5.87</b>	<b>6.19</b>	<b>6.70</b>	
<b>S<sub>3</sub>: 4 months</b>	T <sub>1</sub> : Shredding	7.86	7.70	7.34	7.63	6.85	6.28	6.18	6.44	7.04	
	T <sub>2</sub> : Crushing	6.51	6.40	6.33	6.41	5.71	5.57	5.33	5.54	5.98	
	T <sub>3</sub> : Slicing	9.18	8.12	7.59	8.30	8.70	7.23	6.73	7.55	7.93	
	<b>Mean (MP of S<sub>3</sub>)</b>	<b>7.85</b>	<b>7.41</b>	<b>7.09</b>	<b>7.45</b>	<b>7.09</b>	<b>6.36</b>	<b>6.08</b>	<b>6.51</b>	<b>6.98</b>	
<b>S<sub>4</sub>: 6 months</b>	T <sub>1</sub> : Shredding	8.80	8.23	7.93	8.32	7.22	7.13	6.88	7.08	7.70	
	T <sub>2</sub> : Crushing	7.85	7.78	7.63	7.75	6.27	6.12	5.86	6.08	6.92	
	T <sub>3</sub> : Slicing	10.41	9.65	8.27	9.44	8.88	8.18	7.34	8.13	8.79	
	<b>Mean (MP of S<sub>4</sub>)</b>	<b>9.02</b>	<b>8.55</b>	<b>7.94</b>	<b>8.51</b>	<b>7.46</b>	<b>7.14</b>	<b>6.69</b>	<b>7.10</b>	<b>7.80</b>	
Grand Mean (P)	<b>7.70</b>	<b>7.25</b>	<b>6.85</b>	<b>7.27</b>	<b>6.56</b>	<b>6.11</b>	<b>5.78</b>	<b>6.15</b>			
Grand Mean (M)	<b>7.13</b>	<b>6.68</b>	<b>6.32</b>								
	<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>
<b>T</b>	0.021	0.061	<b>T<sub>x</sub>P</b>	0.030	0.086	<b>S</b>	0.025	0.071	<b>T<sub>x</sub>M<sub>x</sub>S</b>	0.076	0.213
<b>M</b>	0.021	0.061	<b>M<sub>x</sub>P</b>	0.030	0.086	<b>T<sub>x</sub>S</b>	0.044	0.123	<b>T<sub>x</sub>P<sub>x</sub>S</b>	0.062	0.174
<b>P</b>	0.017	0.049	<b>T<sub>x</sub>M<sub>x</sub>P</b>	0.052	0.148	<b>M<sub>x</sub>S</b>	0.044	0.123	<b>M<sub>x</sub>P<sub>x</sub>S</b>	0.062	0.174
<b>T<sub>x</sub>M</b>	0.037	0.105				<b>P<sub>x</sub>S</b>	0.036	0.100	<b>T<sub>x</sub>M<sub>x</sub>P<sub>x</sub>S</b>	0.107	0.301
<b>CV %</b>			2.67			<b>CV %</b>			2.77		

**Table 6: Effect of preparation techniques, microwave pre-treatment and pressing on the  $\beta$ - carotene (mg/100g) of carrot powder during storage**

Storage Intervals(S)	Preparation techniques (T)	Pressing (P)								Grand Mean (S, TS)	Grand Mean (T)
		P <sub>1</sub> : Without pressing - (Control)				P <sub>2</sub> : Pressing					
		Microwave pre-treatment (M)				Microwave pre-treatment (M)					
		M <sub>1</sub> :contro l	M <sub>2</sub> : 30 S	M <sub>3</sub> : 60 S	Mean (P <sub>1</sub> , S)	M <sub>1</sub> :control	M <sub>2</sub> : 30 S	M <sub>3</sub> : 60 S	Mean (P <sub>2</sub> , S)		
<b>S<sub>1</sub>: Initial</b>	T <sub>1</sub> : Shredding	175.95	177.43	178.04	177.14	139.18	133.52	120.67	131.12	154.13	<b>118.63</b>
	T <sub>2</sub> : Crushing	177.28	178.45	180.13	178.62	111.13	104.81	114.90	110.28	144.45	
	T <sub>3</sub> : Slicing	171.87	170.44	178.40	173.57	171.11	171.11	176.82	173.01	173.29	
	<b>Mean (MP of S<sub>1</sub>)</b>	<b>175.03</b>	<b>175.44</b>	<b>178.86</b>	<b>176.44</b>	<b>140.47</b>	<b>136.48</b>	<b>137.46</b>	<b>138.14</b>	<b>157.29</b>	
<b>S<sub>2</sub>:2 Months</b>	T <sub>1</sub> : Shredding	154.33	155.86	156.47	155.55	114.09	117.25	110.03	113.79	134.67	<b>118.63</b>
	T <sub>2</sub> : Crushing	155.70	156.88	158.56	157.05	80.61	92.11	101.13	91.28	124.17	
	T <sub>3</sub> : Slicing	150.30	148.87	156.77	151.98	149.48	148.41	155.24	151.04	151.51	
	<b>Mean (MP of S<sub>2</sub>)</b>	<b>153.44</b>	<b>153.87</b>	<b>157.27</b>	<b>154.86</b>	<b>114.73</b>	<b>119.26</b>	<b>122.13</b>	<b>118.71</b>	<b>136.78</b>	
<b>S<sub>3</sub>:4 months</b>	T <sub>1</sub> : Shredding	116.48	117.96	118.63	117.69	88.16	89.74	95.38	91.09	104.39	<b>118.63</b>
	T <sub>2</sub> : Crushing	117.81	118.98	120.72	119.17	70.85	72.87	77.01	73.58	96.37	
	T <sub>3</sub> : Slicing	112.40	110.98	118.93	114.10	111.64	110.52	117.40	113.19	113.65	
	<b>Mean (MP of S<sub>3</sub>)</b>	<b>115.56</b>	<b>115.97</b>	<b>119.43</b>	<b>116.99</b>	<b>90.22</b>	<b>91.04</b>	<b>96.60</b>	<b>92.62</b>	<b>104.80</b>	
<b>S<sub>4</sub>:6 months</b>	T <sub>1</sub> : Shredding	67.58	69.05	69.72	68.78	42.45	52.97	55.23	50.22	59.50	<b>118.63</b>
	T <sub>2</sub> : Crushing	68.90	70.07	71.81	70.26	44.20	42.16	54.80	47.05	58.66	
	T <sub>3</sub> : Slicing	50.55	62.12	70.02	60.90	53.73	61.61	64.49	59.94	60.42	
	<b>Mean (MP of S<sub>4</sub>)</b>	<b>62.34</b>	<b>67.08</b>	<b>70.52</b>	<b>66.65</b>	<b>46.79</b>	<b>52.25</b>	<b>58.17</b>	<b>52.40</b>	<b>59.53</b>	
<b>Grand Mean (P)</b>	<b>126.60</b>	<b>128.09</b>	<b>131.52</b>	<b>128.73</b>	<b>98.05</b>	<b>99.76</b>	<b>103.59</b>	<b>100.47</b>			
<b>Grand Mean (M)</b>	<b>112.32</b>	<b>113.92</b>	<b>117.55</b>								
	<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.Em. ±</b>	<b>CD<sub>0.05</sub></b>
<b>T</b>	0.405	1.161	<b>T<sub>x</sub>P</b>	0.572	1.641	<b>S</b>	0.512	1.436	<b>T<sub>x</sub>M<sub>x</sub>S</b>	1.537	4.309
<b>M</b>	0.405	1.161	<b>M<sub>x</sub>P</b>	0.572	1.641	<b>T<sub>x</sub>S</b>	0.887	2.488	<b>T<sub>x</sub>P<sub>x</sub>S</b>	1.255	3.518
<b>P</b>	0.330	0.947	<b>T<sub>x</sub>M<sub>x</sub> P</b>	0.991	2.842	<b>M<sub>x</sub>S</b>	0.887	2.488	<b>M<sub>x</sub>P<sub>x</sub>S</b>	1.255	3.518
<b>T<sub>x</sub>M</b>	0.171	0.490				<b>P<sub>x</sub>S</b>	0.725	2.031	<b>T<sub>x</sub>M<sub>x</sub>P<sub>x</sub>S</b>	2.174	6.094
<b>CV %</b>			3.02			<b>CV %</b>			3.31		

**Table 7: Effect of preparation techniques, microwave pre-treatment and pressing on the sensory overall acceptability (9-point Hedonic scale) of carrot powder during storage**

Storage Intervals(S)	Preparation techniques (T)	Pressing (P)									Grand Mean (S, TS)	Grand Mean (T)
		P <sub>1</sub> : Without pressing - (Control)				P <sub>2</sub> : Pressing						
		Microwave pre-treatment (M)				Microwave pre-treatment (M)						
		M <sub>1</sub> :control	M <sub>2</sub> : 30 S	M <sub>3</sub> : 60 S	Mean (P <sub>1</sub> , S)	M <sub>1</sub> :control	M <sub>2</sub> : 30 S	M <sub>3</sub> : 60 S	Mean (P <sub>2</sub> , S)			
<b>S<sub>1</sub>: Initial</b>	<b>T<sub>1</sub>: Shredding</b>	6.20	6.75	6.85	6.60	6.88	6.75	7.00	6.88	6.74	<b>6.25</b>	
	<b>T<sub>2</sub>: Crushing</b>	7.30	7.95	7.95	7.73	8.15	8.35	8.65	8.38	8.06	<b>7.56</b>	
	<b>T<sub>3</sub>: Slicing</b>	6.95	7.00	7.18	7.04	7.10	7.10	7.40	7.20	7.12	<b>6.59</b>	
	<b>Mean (MP of S<sub>1</sub>)</b>	<b>6.82</b>	<b>7.23</b>	<b>7.33</b>	<b>7.13</b>	<b>7.38</b>	<b>7.40</b>	<b>7.68</b>	<b>7.49</b>	<b>7.31</b>		
<b>S<sub>2</sub>:2 Months</b>	<b>T<sub>1</sub>: Shredding</b>	5.85	6.40	6.75	6.33	6.70	6.40	6.65	6.58	6.46		
	<b>T<sub>2</sub>: Crushing</b>	6.95	7.60	7.70	7.42	7.80	8.00	8.25	8.02	7.72		
	<b>T<sub>3</sub>: Slicing</b>	6.70	6.85	6.90	6.82	6.60	6.75	7.20	6.85	6.83		
	<b>Mean (MP of S<sub>2</sub>)</b>	<b>6.50</b>	<b>6.95</b>	<b>7.12</b>	<b>6.86</b>	<b>7.03</b>	<b>7.05</b>	<b>7.37</b>	<b>7.15</b>	<b>7.00</b>		
<b>S<sub>3</sub>:4 months</b>	<b>T<sub>1</sub>: Shredding</b>	5.58	6.13	6.48	6.06	6.93	6.13	6.38	6.48	6.27		
	<b>T<sub>2</sub>: Crushing</b>	6.68	7.33	7.58	7.19	7.53	7.73	8.03	7.76	7.48		
	<b>T<sub>3</sub>: Slicing</b>	6.43	6.58	6.63	6.54	6.83	6.48	6.93	6.74	6.64		
	<b>Mean (MP of S<sub>3</sub>)</b>	<b>6.23</b>	<b>6.68</b>	<b>6.89</b>	<b>6.60</b>	<b>7.09</b>	<b>6.78</b>	<b>7.11</b>	<b>6.99</b>	<b>6.79</b>		
<b>S<sub>4</sub>:6 months</b>	<b>T<sub>1</sub>: Shredding</b>	4.81	5.40	5.58	5.26	5.63	5.70	6.03	5.78	5.52		
	<b>T<sub>2</sub>: Crushing</b>	6.01	6.72	6.87	6.53	7.07	7.39	7.78	7.41	6.97		
	<b>T<sub>3</sub>: Slicing</b>	5.15	5.63	5.92	5.57	5.70	5.87	6.33	5.96	5.76		
	<b>Mean (MP of S<sub>4</sub>)</b>	<b>5.32</b>	<b>5.92</b>	<b>6.12</b>	<b>5.79</b>	<b>6.13</b>	<b>6.32</b>	<b>6.71</b>	<b>6.39</b>	<b>6.09</b>		
<b>Grand Mean (P)</b>	<b>6.22</b>	<b>6.69</b>	<b>6.86</b>	<b>6.59</b>	<b>6.91</b>	<b>6.89</b>	<b>7.22</b>	<b>7.00</b>				
<b>Grand Mean (M)</b>	<b>6.56</b>	<b>6.79</b>	<b>7.04</b>									
	<b>S.E.m. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.E.m. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.E.m. ±</b>	<b>CD<sub>0.05</sub></b>		<b>S.E.m. ±</b>	<b>CD<sub>0.05</sub></b>	
<b>T</b>	0.021	0.059	<b>T<sub>x</sub>P</b>	0.029	0.084	<b>S</b>	0.026	0.073	<b>T<sub>x</sub>M<sub>x</sub>S</b>	0.079	0.220	
<b>M</b>	0.021	0.059	<b>M<sub>x</sub>P</b>	0.029	0.084	<b>T<sub>x</sub>S</b>	0.045	0.127	<b>T<sub>x</sub>P<sub>x</sub>S</b>	0.064	0.180	
<b>P</b>	0.017	0.049	<b>T<sub>x</sub>M<sub>x</sub>P</b>	0.051	0.145	<b>M<sub>x</sub>S</b>	0.045	0.127	<b>M<sub>x</sub>P<sub>x</sub>S</b>	0.064	0.180	
<b>T<sub>x</sub>M</b>	0.036	0.103				<b>P<sub>x</sub>S</b>	0.037	0.104	<b>T<sub>x</sub>M<sub>x</sub>P<sub>x</sub>S</b>	0.111	0.312	
<b>CV %</b>			2.59			<b>CV %</b>			2.84			