

Review Form 3

Journal Name:	Asian Journal of Medicine and Health
Manuscript Number:	Ms_AJMAH_125842
Title of the Manuscript:	Pain intensity and Disability of Chronic Low Back Pain patients receiving Physiotherapy in Cameroon: A call for patients' awareness to focus on physiotherapy treatment
Type of the Article	

General guidelines for the Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guidelines for the Peer Review process, reviewers are requested to visit this link:

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PART 1: Review Comments

Compulsory REVISION comments	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimum of 3-4 sentences may be required for this part.	I, appreciate this manuscript because physiotherapy is essential for efficient treatment of low back pain, which is becoming more and more common worldwide. By treating the root causes of back pain with focused exercises, manual treatment, and education, physiotherapists can help reduce pain, increase mobility, stop recurrences and thereby improve the quality of life.	
Is the title of the article suitable? (If not please suggest an alternative title)	According to the PICO Framework, a standardized tool for framing questions, the title lacks a specific intervention and mention of the comparator, which is essential for any reader to gain insight of the study. Suggestion- When compared to Traditional Medicines with Physiotherapy, does Manual Therapy, and Electrotherapy help patients in Cameroon with Chronic Low Back Pain reduce Pain and Disability.	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	The abstract is well-written and provides a clear overview of the study	
Are subsections and structure of the manuscript appropriate?	To improve its suitability for publication in a prestigious journal, the structure could be further improved.	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.	The study's unequal gender representation may induce biases because some of the findings may not apply to the whole population. It may be unethical to use traditional drugs with physical therapy if they have possible dangers or adverse effects. There is no control group in the suggested design that receives neither traditional medication nor physiotherapy. It is possible to ascertain whether the observed improvements are attributable to the interventions themselves or to other elements, such as the placebo effect or the condition's natural course Traction may be helpful for some types of low back pain, but it might be troublesome to use it universally without considering the unique circumstances of each patient and the underlying cause of the pain. The study groups' respective participant counts were out of balance. Potential biases may be introduced since the results can be biased in favor of the larger group.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form. -	Because there is a growing need for research in this field, the references selected are relatively recent and appropriate for the study.	
Minor REVISION comments Is the language/English quality of the article suitable for scholarly communications?	Not quite, to make sure the English language satisfies the strictest requirements for academic publications, think about speaking with a professional editor. The English language could be improved even further to satisfy academic publication requirements.	
Optional/General comments	Was the intended population sufficiently represented by the sample size? Would more robust results have been obtained with a bigger sample size? Although the article has a few flaws, it might be improved in the future because it provides useful information about how well manual and exercise treatment works for chronic low back pain in comparison to other options. NSAIDs and other drugs cannot be prescribed by physiotherapists. Since administering medication takes specific training and knowledge to evaluate patient requirements, potential adverse effects, and interactions with other medications, this is a crucial ethical consideration.	

PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes. Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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