

Review Form 3

Journal Name:	International Journal of Biochemistry Research & Review.
Manuscript Number:	Ms_IJBCRR_125004
Title of the Manuscript:	NUTRITIONAL STRATEGIES FOR OPTIMIZING PERFORMANCE IN ENDURANCE SPORTS: A CASE STUDY OF MARATHON RUNNERS
Type of the Article	Original Research

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PART 1: Review Comments

Compulsory REVISION comments	Reviewer's comment	Author's Feedback (Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimum of 3-4 sentences may be required for this part.	The manuscript is scientifically robust and technically sound, with practical implications. However, it has been submitted in an academic thesis format, so it is recommended to transform it into a journal format. The abstract should be rewritten, and spelling errors corrected. Additionally, the keywords section repeats words from the title, which should be avoided. A revision of this section is suggested.	
Is the title of the article suitable? (If not please suggest an alternative title)	Yes	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	Rewritten is required particularly in method clarity.	
Are subsections and structure of the manuscript appropriate?	Ok	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.	Used appropriate equipment and technique to collect data.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	ok	
Minor REVISION comments		
Is the language/English quality of the article suitable for scholarly communications?	Good	
Optional/General comments		

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

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