

**Review Form 3**

Journal Name:	<a href="#">Asian Journal of Food Research and Nutrition</a>
Manuscript Number:	Ms_AJFRN_125040
Title of the Manuscript:	<b>Title: Influence of Culture on Obesity and Overweight among Ghanaian Adults</b>
Type of the Article	<b>Original research article</b>

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**PART 1: Review Comments**

<b>Compulsory</b> REVISION comments	<b>Reviewer's comment</b>	<b>Author's Feedback</b> (Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimum of 3-4 sentences may be required for this part.	The study reveals that cultural perceptions in Ghana often link being overweight with wealth or good health, complicating efforts to promote healthier lifestyles. Urbanization and dietary shifts are driving obesity rates, highlighting the need for culturally tailored interventions. These strategies could reduce healthcare costs, improve productivity, and contribute to global obesity management efforts. The findings could play a key role in addressing obesity both in Ghana and internationally.	
Is the title of the article suitable? (If not please suggest an alternative title)	Yes	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	The abstract should be structured, consisting of sub-headings of the objectives, study design, methodology, results and conclusion.	
Are subsections and structure of the manuscript appropriate?	Yes	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.	The manuscript addresses a critical issue affecting the Ghanaian population, presented scientifically with a comprehensive statistical analysis. It highlights interventions that could benefit not only Ghana but also have global relevance.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	The references are too old and need to be updated.	
<b>Minor</b> REVISION comments	Yes	
Is the language/English quality of the article suitable for scholarly communications?		
<b>Optional/General</b> comments	The manuscript is well written and highlights an important public health issue within Ghana and which has global relevance.	

**PART 2:**

	<b>Reviewer's comment</b>	<b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

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**Reviewer Details:**

Name:	<b>Umbreen Navied</b>
Department, University & Country	<b>Lahore Medical and Dental College, Pakistan</b>