

**Review Form 3**

Journal Name:	<a href="#">Asian Journal of Food Research and Nutrition</a>
Manuscript Number:	Ms_AJFRN_125040
Title of the Manuscript:	<b>Title: Influence of Culture on Obesity and Overweight among Ghanaian Adults</b>
Type of the Article	<b>Original Research</b>

**Review Form 3**

**PART 1: Review Comments**

<b>Compulsory</b> REVISION comments	Reviewer's comment	Author's Feedback <i>(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimum of 3-4 sentences may be required for this part.	This manuscript is valuable to the scientific community as it sheds light on the cultural factors influencing obesity among Ghanaian adults, an often-overlooked aspect of obesity research. Its focus on culturally tailored interventions offers practical insights for creating public health strategies that respect local traditions while promoting healthier habits.	
Is the title of the article suitable? (If not please suggest an alternative title)	Yes	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	The abstract is comprehensive, providing a clear summary of the study's objectives, methodology, key findings, and conclusions. However, a few adjustments could enhance its effectiveness: <ol style="list-style-type: none"> <li>1. <b>Emphasize Implications:</b> While the abstract mentions the role of cultural practices, it could further emphasize the practical implications of these findings for public health interventions, suggesting a need for culturally sensitive strategies.</li> <li>2. <b>Include Limitations:</b> Briefly noting any limitations, such as the convenience sampling method, would provide a more balanced view and strengthen the abstract by acknowledging potential biases.</li> </ol>	
Are subsections and structure of the manuscript appropriate?	Yes, the manuscript's subsections and structure are generally appropriate. However, a few adjustments could improve the structure: <ol style="list-style-type: none"> <li>1. <b>Consider Renaming Sections:</b> The "Statement of the Problem" could be integrated into a broader Introduction section or renamed as "Research Questions" or "Objectives" to clarify its purpose.</li> <li>2. <b>Separate Discussion and Implications:</b> Separating the Discussion from Implications and Recommendations would help delineate between interpreting findings and suggesting practical applications or future directions.</li> <li>3. <b>Add a Limitations Section:</b> Including a separate Limitations section or expanding on it within the Conclusion would make the manuscript more transparent regarding the study's constraints.</li> </ol>	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.	This manuscript appears scientifically robust, as it employs a descriptive survey design with a substantial sample size, allowing for a broad view of cultural influences on obesity among Ghanaian adults. The use of descriptive statistics to analyze data on cultural practices and lifestyle behaviors provides a sound basis for interpreting the relationship between culture and obesity. Additionally, the manuscript aligns its findings with relevant literature, which strengthens its scientific credibility by showing consistency with existing research. The clear methodological approach and ethical considerations also contribute to its technical soundness.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	The references included in the manuscript are relevant and support the discussion effectively.	

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Minor REVISION comments  <b>Is the language/English quality of the article suitable for scholarly communications?</b>	While the manuscript effectively conveys its message, a thorough proofreading and editing process would enhance its overall academic quality.	
<u>Optional/General</u> comments	<b>Overall Suggestions</b> <ul style="list-style-type: none"><li>• <b>Clarity and Flow:</b> The paper is generally well-organized. Some paragraphs, especially in the discussion, could benefit from additional transition sentences to improve flow.</li><li>• <b>Cultural Sensitivity:</b> As you discuss the impact of cultural practices on obesity, ensure that the tone remains neutral and culturally sensitive. This can be achieved by recognizing the positive aspects of traditional diets and how they can be adjusted rather than completely replaced.</li><li>• <b>Limitations:</b> Consider including a section on the study's limitations (e.g., convenience sampling, self-reported data) and how they might impact the findings.</li></ul>	

### **PART 2:**

	<b>Reviewer's comment</b>	<b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b>Are there ethical issues in this manuscript?</b>	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

### Reviewer Details:

Name:	<b>Anantha Krishna B S</b>
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