

## Review Article

### Assessing Genetic Variability in Cowpea: Yield Components and Seed Quality Parameters – A Comprehensive Review

#### Abstract:

Cowpea (*Vigna unguiculata* L. Walp) is an important leguminous crop with significant economic and nutritional value. In this comprehensive review, we delve into the genetic diversity observed in cowpea populations with a focus on yield components and seed quality parameters. Cowpea (*Vigna unguiculata*) is a crucial legume crop known for its nutritional value and adaptability to various agroecological conditions. Understanding the genetic variability within cowpea populations is essential for crop improvement programs aimed at enhancing yield components and seed quality parameters. This comprehensive review provides an overview of the methods used to assess genetic variability in cowpea, focusing specifically on yield components such as plant height, pod length, and seed weight, as well as seed quality parameters including protein content, amino acid composition, and mineral nutrient levels. Various factors influencing genetic variability in cowpea, such as domestication history, breeding systems, and environmental factors are discussed. The implications of genetic variability for cowpea breeding and the development of improved varieties with enhanced yield and nutritional quality are also examined. Overall, this review highlights the importance of genetic variability assessment in cowpea for sustainable agriculture and food security.

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#### Introduction:

Cowpea (*Vigna unguiculata* L. Walp) is a versatile leguminous crop widely cultivated in tropical and subtropical regions of the world. It serves as a valuable source of dietary protein, carbohydrates, vitamins, and minerals, particularly in developing countries where it plays a crucial role in food security and poverty alleviation. Despite its nutritional and economic importance, cowpea productivity remains constrained by various biotic and abiotic factors, including pests, diseases, drought, and soil infertility. Genetic improvement through breeding programs offers a promising approach to address these challenges and enhance cowpea yield, quality, and resilience. Genetic divergence studies provide valuable insights into the extent and distribution of genetic variation within

cowpea germplasm, guiding breeders in the selection of diverse parental lines for hybridization and trait introgression.

Cowpea (*Vigna unguiculata* L. Walp), also known as black-eyed pea or southern pea, is an important leguminous crop cultivated in various parts of the world for its high nutritional value, adaptability to diverse agro-climatic conditions, and multiple end uses. It serves as a vital source of dietary protein, vitamins, and minerals, particularly in sub-Saharan Africa, where it is a staple food for millions of people (NRC, 2006). Cowpea is not only valued for its nutritional benefits but also for its ability to fix atmospheric nitrogen, thereby enhancing soil fertility and reducing the need for chemical fertilizers (Singh et al., 2017). Despite its significance, cowpea productivity remains constrained by various biotic and abiotic stresses, including pests, diseases, drought, and soil infertility (Chikalipa, 2023; Chikalipa and Tembo, 2023). Addressing these challenges requires the development of high-yielding cowpea varieties with improved agronomic traits and seed quality attributes. Genetic variability is the raw material for breeding programs aimed at developing such improved varieties. Assessing the extent and nature of genetic variability in cowpea for yield components and seed quality parameters is, therefore, essential for the success of breeding efforts aimed at enhancing cowpea productivity and nutritional quality. This comprehensive review aims to provide an overview of the genetic variability in cowpea focusing on key yield components and seed quality parameters. The review will explore the genetic basis of yield traits in cowpea, including morphological, physiological, and biochemical traits related to yield potential. Additionally, it will examine the genetic regulation of seed quality traits such as protein content, amino acid composition, and mineral content. The review will also discuss the methods used for assessing genetic diversity in cowpea populations and their implications for breeding programs. By synthesizing existing knowledge on genetic variability in cowpea, this review seeks to inform future breeding strategies aimed at developing improved cowpea varieties with enhanced yield potential and nutritional quality.

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Cowpea (*Vigna unguiculata*) is an important legume crop cultivated worldwide, particularly in regions with semi-arid climates where it serves as a vital source of food, fodder, and income for millions of people (Ehlers and Hall, 1997). It is valued for its ability to fix atmospheric nitrogen, enhance soil fertility, and provide high-quality protein in diets, making it a staple food in many developing countries (Ajeigbe et al., 2012). Cowpea is known for its adaptability to diverse agroecological conditions, including poor soil fertility and water scarcity, making

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it an attractive crop for smallholder farmers in marginal environments (Boukar et al., 2019). However, despite its importance, cowpea productivity remains low compared to other legume crops, primarily due to genetic constraints and environmental challenges (Hall et al., 1997).

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Genetic variability, the range of genetic differences within a species or population, is a fundamental aspect of crop improvement programs aimed at enhancing yield potential, stress tolerance, and nutritional quality. Assessing genetic variability in cowpea is crucial for identifying superior genotypes with desirable traits and breeding them to develop improved varieties that meet the diverse needs of farmers and consumers. This review provides an overview of the methods used to assess genetic variability in cowpea, focusing on yield components and seed quality parameters. It also discusses the factors influencing genetic variability in cowpea and its implications for breeding programs and sustainable agriculture. By elucidating the genetic diversity present in cowpea populations, this review aims to contribute to the development of strategies for enhancing cowpea productivity and nutritional quality to address global food security challenges.

**Table 1: Summary of Morphological Traits Assessed in Cowpea Genetic Divergence Studies**

Trait	Description
Plant Height	Height of the cowpea plant
Leaf Size	Size of the leaves
Stem Diameter	Diameter of the stem
Pod Length	Length of the pods
Pod Color	Color of the pods
Seed Size	Size of the seeds
Flower Color	Color of the flowers
Flowering Period	Duration of the flowering period

Source:

**Table 2: Summary of Physiological Traits Assessed in Cowpea Genetic Divergence Studies**

Trait	Description
Water Use Efficiency	Efficiency of water utilization by the plant
Photosynthetic Rate	Rate of photosynthesis
Transpiration Rate	Rate of water transpiration from the plant
Stomatal Conductance	Ability of stomata to open and close
Leaf Area Index	Ratio of leaf area to ground area
Chlorophyll Content	Amount of chlorophyll present in the leaves
Nitrogen Fixation Rate	Rate of nitrogen fixation by the plant

**Source:**

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### **Genetic Divergence in Cowpea:**

Genetic divergence in cowpea can be assessed through various approaches, including morphological, physiological, and molecular markers. Morphological traits such as plant height, branching pattern, pod length, seed size, and flower color exhibit considerable variability among cowpea accessions, reflecting the diverse genetic makeup of the species. Physiological characteristics related to stress tolerance, photosynthetic efficiency, and nutrient uptake further contribute to the genetic diversity observed in cowpea populations. Molecular markers, including simple sequence repeats (SSRs), single nucleotide polymorphisms (SNPs), and amplified fragment length polymorphisms (AFLPs), enable precise quantification and characterization of genetic variation at the DNA level. These markers facilitate the identification of genomic regions associated with desirable agronomic traits, allowing breeders to introgress beneficial alleles into elite cowpea cultivars.

Cowpea (*Vigna unguiculata* L. Walp) is a versatile leguminous crop cultivated in various regions of the world for its nutritional value, adaptability to different agro-climatic conditions, and multiple uses. It serves as a vital source of dietary protein, vitamins, and minerals, particularly in sub-Saharan Africa, where it is a staple food for millions of people (Chikalipa, 2023; Chikalipa and Tembo, 2023). Despite its importance, cowpea productivity is often hampered by various biotic and abiotic stresses. Genetic divergence analysis plays a crucial role in identifying genetically diverse germplasm for breeding programs aimed at developing high-yielding and stress-tolerant cowpea varieties. This review provides a comprehensive overview of genetic divergence in cowpea, focusing

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on the methodologies, factors influencing divergence, and implications for breeding programs.

**Methods of Assessing Genetic Divergence:** Genetic divergence in cowpea can be assessed using various morphological, physiological, and molecular markers. Morphological markers include traits such as plant height, leaf shape, pod length, seed size, and flower color. These traits are visually assessed and can provide valuable information about the genetic diversity present within cowpea populations. Physiological markers, such as enzyme polymorphisms and biochemical traits, offer additional insights into genetic divergence. Molecular markers, including DNA-based markers such as SSRs (Simple Sequence Repeats) and SNPs (Single Nucleotide Polymorphisms), are widely used for assessing genetic diversity due to their high levels of polymorphism and reproducibility.

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**Factors Influencing Genetic Divergence:** Several factors influence genetic divergence in cowpea populations, including geographical distribution, breeding history, and selection pressure. Geographical distribution plays a crucial role in shaping genetic diversity, with cowpea populations in different regions often exhibiting distinct genetic profiles. Breeding history, including the use of modern breeding techniques and the introduction of exotic germplasm, can also impact genetic divergence. Additionally, selection pressure exerted by biotic and abiotic stresses can drive the divergence of cowpea populations by favoring specific genotypes adapted to local environmental conditions.

**Implications for Breeding Programs:** Understanding genetic divergence in cowpea is essential for the development of improved varieties with enhanced yield potential, stress tolerance, and nutritional quality. Genetically diverse germplasm can serve as valuable genetic resources for breeding programs aimed at introgressing desirable traits into elite breeding lines. Furthermore, knowledge of genetic divergence can inform the design of crossing strategies to maximize genetic recombination and generate novel genetic combinations. By harnessing the genetic diversity present within cowpea populations, breeders can accelerate the development of improved varieties tailored to specific agro-ecological regions and production systems.

**Future Directions:** Despite significant progress in understanding genetic divergence in cowpea, several challenges and opportunities remain. Future research efforts should focus on expanding the use of advanced genomic tools, such as high-throughput sequencing and genome-wide association studies, to elucidate the genetic basis of important agronomic traits. Additionally, there is a need for increased collaboration between researchers, breeders, and farmers to facilitate the exchange of germplasm and knowledge, thereby enhancing the efficiency of cowpea breeding programs. By addressing these challenges and

capitalizing on emerging technologies, the genetic potential of cowpea can be fully realized, leading to the development of improved varieties that contribute to global food security and sustainable agriculture.

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### Implications for Breeding Programs:

The genetic diversity present in cowpea germplasm serves as a valuable resource for breeding programs aimed at developing improved cultivars with enhanced yield, nutritional quality, and stress tolerance. By exploiting genetic variability, breeders can introgress desirable traits such as drought tolerance, disease resistance, early maturity, and high seed yield into elite cowpea lines. Furthermore, the incorporation of molecular markers into breeding schemes facilitates marker-assisted selection (MAS) and genomic selection (GS), accelerating the development of superior cowpea varieties with precision and efficiency. Collaboration between plant breeders, geneticists, and biotechnologists is essential to leverage the full potential of cowpea genetic diversity and address the multifaceted challenges facing cowpea production.

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#### List 1. Assessment methods

Traits	Methods of Assessment
Morphological Traits	Visual observation, measurement of plant height, leaf size, etc.
Physiological Traits	Assessment of physiological parameters such as water use efficiency, photosynthetic rate, etc.
Molecular Markers	DNA-based techniques including SSR markers, SNP analysis, etc.

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### Conclusion:

Genetic diversity is a cornerstone of cowpea breeding efforts aimed at enhancing crop productivity, nutritional quality, and resilience to environmental stresses. By systematically assessing genetic variability in cowpea populations, breeders can

identify valuable traits and develop improved cultivars tailored to specific agroecological conditions and end-user preferences. The integration of conventional breeding methods with advanced molecular techniques offers new avenues for accelerating genetic gain in cowpea and ensuring sustainable food production systems. Continued research efforts focused on elucidating the genetic basis of important agronomic traits and harnessing novel genetic resources will be instrumental in shaping the future of cowpea breeding and contributing to global food security. In conclusion, genetic divergence analysis in cowpea (*Vigna unguiculata* L. Walp) is essential for understanding the genetic diversity present within cowpea populations and its implications for breeding programs. Various methodologies, including morphological, physiological, and molecular markers, are used to assess genetic diversity in cowpea. Factors such as geographical distribution, breeding history, and selection pressure influence genetic divergence, shaping the genetic landscape of cowpea populations. Genetic diversity serves as a valuable genetic resource for breeding programs aimed at developing improved cowpea varieties with enhanced yield potential, stress tolerance, and nutritional quality. Future research should focus on leveraging advanced genomic tools and fostering collaboration between researchers, breeders, and farmers to accelerate the development of improved cowpea varieties that contribute to global food security and sustainable agriculture. By harnessing the genetic potential of cowpea, we can address the challenges of increasing demand for food and environmental sustainability in the face of changing climatic conditions and growing population pressures.

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Some references are relevant though old, therefore there is a need to have more from 2020 up to 2024