

**Review Form 1.7**

Journal Name:	<b>European Journal of Nutrition &amp; Food Safety</b>
Manuscript Number:	<b>Ms_EJNFS_115926</b>
Title of the Manuscript:	<b>The association between dietary intake and lifestyle pattern of diabetes patients in Manipur</b>
Type of the Article	

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**PART 1: Review Comments**

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p><b>Compulsory REVISION comments</b></p> <ol style="list-style-type: none"> <li>1. <b>Is the manuscript important for scientific community?</b> (Please write few sentences on this manuscript)</li> <li>2. <b>Is the title of the article suitable?</b> (If not please suggest an alternative title)</li> <li>3. <b>Is the abstract of the article comprehensive?</b></li> <li>4. <b>Are subsections and structure of the manuscript appropriate?</b></li> <li>5. <b>Do you think the manuscript is scientifically correct?</b></li> <li>6. <b>Are the references sufficient and recent? If you have suggestion of additional references, please mention in the review form.</b></li> </ol> <p><u>(Apart from above mentioned 6 points, reviewers are free to provide additional suggestions/comments)</u></p>	<ol style="list-style-type: none"> <li>1. This is a timely topic and a common area of research in diabetics. Having a sample of 200 is a strength when comparing two groups. Although the title says dietary intake and lifestyle patterns, there was no finding about lifestyle patterns mentioned in the results. There are major areas of revision needed to improve the scientific quality of the manuscript. Please kindly address the following.</li> <li>2. Suggest to change the title as follows. "The association between dietary intake and lifestyle patterns of people with type 2 diabetes mellitus in Manipur, India."</li> <li>3. The abstract has many grammar errors which reduce the quality of academic writing. Please seek expert guidance to make corrections in English writing and grammar. What do you refer to "24-hour recall method"? Was it a dietary record? Or activity record? Please specify. MS Excel is not a statistical tool. Please remove it from the abstract. Please correct 'type II' as 'type 2'.</li> <li>4. <b>Introduction</b> This study mainly focuses on the dietary and lifestyle factors of diabetes. The introduction is less focused on the research problem. Therefore, please add a few more details about how poor diet and physical inactivity affect type 2 diabetes and why it is important.</li> <li>5. <b>Methodology</b> How did you plan the sample size of 200? Was there any sample size calculation? Please clearly mention the data collection tool. What do you mean by interview schedules? What is the 24-hour recall method? Briefly explain (dietary recall/activity recall/both). What WHO classification was used in anthropometry? Asian or other? Please remove MS Excel from analysis as it is not a statistical tool.</li> <li>6. <b>Results</b> Please incorporate table numbers in the results chapter. Some table numbers are missing in the paragraphs. Please add 'years' for age in Table 1. Please write frequency in the table rather than 'F' The authors mentioned that some variables are significantly correlated. Please mention the 'r value' and 'p value' to show statistical findings.  "Moreover, the consumption of specific food categories such as cereals and millets, oils (excess) and sugar also demonstrated significant relationship across both demographic groups." What do you mean by this relationship? Please re-word.  According to Table 2, the mean age shows significant differences between the two groups. Thus, the groups are not matched for their 'age' and it reduces the validity of the findings.  Table 3 seems meaningless as it has been poorly presented. It looks very confusing</li> </ol>	

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	<p>to the reader. What is the meaning of energy intake and its relationship with blood tests? What statistical test was used to analyse it? Your findings should be meaningful to the reader. Suggest to remove it or present it meaningfully.</p> <p>The findings are only about dietary intake. What did you find about lifestyle patterns?</p> <p><b>7. Conclusion</b> Please write a strong conclusion based on your results. Repeating results does not mean a conclusion.</p> <p><b>8. Reference list</b> Numbers 1,2,3 in the reference list do not applying in the Harvard style. Please adhere to the correct referencing style. If it is Harvard style, the alphabetical order should be followed.</p>	
<p><b>Minor</b> REVISION comments</p> <p>1. Is language/English quality of the article suitable for scholarly communications?</p>	<p>Poor quality. Need a lot of improvement in language/writing. Please have expert assistance in improving the quality of the academic writing in all areas of the manuscript. Consider improving grammar, spellings, sentence patterns,etc.</p>	
<p><b>Optional/General</b> comments</p>	<p>This manuscript needs a major revision. Please address all the comments accordingly.</p>	

**PART 2:**

	<b>Reviewer's comment</b>	<b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p>Are there ethical issues in this manuscript?</p>	<p><i>(If yes, Kindly please write down the ethical issues here in details)</i></p>	

**Reviewer Details:**

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