

## Original Research Article

### “STUDY OF CLINICAL PROFILE AND MICROBIOLOGY OF COMMUNITY-ACQUIRED PNEUMONIA ”

#### ABSTRACT

**Aim:** This study aimed to investigate the patterns of etiological agents, predisposing factors, radiological presentations, and bacteriological etiologies of Community-Acquired Pneumonia (CAP). The primary objective was to study the prevalence of CAP, while the secondary objective was to explore its association with age, sex, comorbidities, risk factors, causative organisms, severity, and prognosis.

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**Study Design:** Prospective observational study.

**Place and Duration of Study:** The study was conducted at Ruby Hall Clinic, Pune, from December 1, 2022, to November 30, 2023.

**Background:** Community-acquired pneumonia (CAP) is a significant cause of morbidity and mortality, particularly in the elderly. Diagnosis relies on clinical, radiological, and microbiological assessments. The study aims to provide insight into the clinical and microbiological profiles of CAP in a developing country setting.

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**Methodology:** 72 patients aged over 12 years, presenting with clinical and radiological evidence of CAP, were enrolled. Standard investigations included complete blood count, biochemistry, sputum Gram stain and culture, blood culture, BioFire FilmArray Pneumonia Panel, chest X-ray, and CT scan. The BioFire Panel was used selectively due to cost considerations. Data analysis employed statistical methods such as the Chi-Square test, Mean, Standard Deviation, Fischer Exact test, and Odds Ratio.

**Results:** The mean age of the patients was 59.93 years, with a male predominance (61%). Fever, dyspnea, and cough were the predominant symptoms. Common comorbidities included hypertension, diabetes, and chronic lung diseases. Microbiological analysis revealed diverse pathogens, with gram-positive cocci in 17% and gram-negative bacilli in 11% of cases. Sputum culture and BioFire Panel identified various bacterial and viral pathogens. Prior antibiotic use significantly affected sputum culture results but not BioFire test outcomes.

**Conclusion:** CAP in the studied cohort presented with diverse clinical and microbiological profiles. The BioFire Panel demonstrated higher sensitivity and a broader pathogen detection range compared to conventional methods. The findings emphasize the need for precise diagnostic tools and tailored treatment strategies to manage CAP effectively.

## INTRODUCTION

Community-acquired pneumonia (CAP) is an acute infection of the pulmonary parenchyma acquired outside the hospital (1). Diagnosis is based on signs and symptoms such as fever  $>38^{\circ}\text{C}$  ( $>100^{\circ}\text{F}$ ), cough, mucopurulent sputum, pleuritic chest pain, dyspnea and signs like crackles or bronchial breathing. (1).

**Commented [RQ4]:** Is an acute non-nosocomially acquired infection of the pulmonary parenchyma

CAP incidence ranges from 1.3 to 11.6 cases per 1000 individuals annually, with higher rates among elderly adults, reaching 13 to 15 cases per 1000 annually. Additionally, in developed countries, almost half of all pneumonia hospitalizations occur in patients over 65, making it a leading cause of death in this age group (2).

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According to the American Thoracic Society/Infectious Disease Society of America chest imaging is the gold standard for diagnosis (3). CT scanning helps identify complications and provides a more accurate picture of pneumonia.

**Commented [RQ6]:** Geriatric patients

**Commented [RQ7]:** Making this infection the main cause of increasing mortality rate in this age group

**Commented [RQ8]:** Have a main role in identifying

Microbiologic tests are crucial for determining local epidemiology and guiding treatment. Gram-positive bacteria, such as *Streptococcus pneumoniae* (*Pneumococcus*), *Staphylococcus aureus*, *Streptococcus pyogenes* (Group A *Streptococcus*), and Group B *Streptococcus* (GBS), are major CAP pathogens. *Streptococcus pneumoniae* and respiratory viruses are the most frequently identified pathogens in individuals with CAP (4),(5),(6),(7). While some studies found that gram-negative organisms are commonly involved (9),(10),(11),(12), common Gram-negative bacteria in CAP include *Pseudomonas aeruginosa*, *Klebsiella pneumoniae*, *Haemophilus influenzae*, *Escherichia coli*, and *Acinetobacter baumannii*.

For most moderate CAP patients admitted to the general ward, we obtain a sputum Gram stain and culture, blood culture, complete blood count, chest x-ray, and CT scan. During virus season, testing for respiratory viruses using PCR is preferred, especially for influenza. Additionally, multiplex molecular assays such as the BioFire FilmArray Pneumonia Panel (PN panel) and Pneumonia Plus Panel (PNplus panel) are employed to detect multiple respiratory pathogens from a single sample(13). Bronchoscopy, including bronchoalveolar lavage (BAL) Gram stain and culture or BAL BioFire FilmArray Pneumonia Panel, is performed in selected cases when clinically indicated (14).

**Commented [RQ9]:** In the majority of moderate CAP cases

The main sources of CAP are:

### Typical bacteria (15):

- *Streptococcus pneumoniae*
- *Haemophilus influenzae*
- *Moraxella catarrhalis*
- *Staphylococcus aureus*
- Group A streptococci
- Aerobic gram-negative bacteria (e.g., Enterobacteriaceae like *Klebsiella* spp or *Escherichia coli*)
- Microaerophilic bacteria and anaerobes (associated with aspiration)

### Atypical bacteria (15):

- Legionella spp
- Mycoplasma pneumoniae
- Chlamydia pneumoniae
- Chlamydia psittaci
- Coxiella burnetii

#### **Respiratory viruses (15):**

- Influenza A and B viruses
- Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)
- Other coronaviruses
- Rhinoviruses
- Parainfluenza viruses
- Adenoviruses
- Respiratory syncytial virus
- Human metapneumovirus
- Human bocaviruses

BioFire Pneumonia Panel is a multiplex molecular assay that identifies 33 pathogens, including bacteria, viruses, and resistance markers (carbapenemases: IMP, KPC, NDM, OXA-48-like, and VIM; ESBLs: CTX-M; methicillin resistance: mecA/C and MREJ) from lower respiratory specimens in about one hour. It aids faster pneumonia diagnosis and appropriate antibiotic prescription (16).

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The limited data on CAP microbiological causes in developing nations like India complicates understanding. Therefore, this study aims to investigate the clinical profile and microbiology of CAP through a prospective observational study with a sample size of 72, conducted from 1st December 2022 to 30th November 2023 at Ruby Hall Clinic, Pune

## **Material And Methods**

### **Study Design:**

- Prospective observational study.

### **Inclusion Criteria**

1. Age > 12yrs, irrespective of sex.
2. Clinical symptoms like fever, cough with or without expectoration, pleuritic chest pain, dyspnea and altered sensorium.
3. Clinical Signs like tachypnea, reduced chest movements, dull percussion notes, bronchial breath sounds, increased vocal fremitus and vocal resonance and crepitations.
4. Radiological evidence of pneumonia without any clinical evidence of pneumonia will also be included.

### Exclusion Criteria

1. Active pulmonary tuberculosis
2. Hospital Acquired Pneumonia
3. Parapneumonic Effusion
4. Ventilator-Associated Pneumonia

**Study Period:** 12 months [01/12/22 to 30/11/23]

The study, conducted at the Department of Pulmonary Medicine at Ruby Hall Clinic, was a prospective observational study on Community-Acquired Pneumonia cases in patients aged over 12 years from December 1, 2022, to November 30, 2023. Patients were interviewed, underwent clinical examination, and had their laboratory findings analyzed according to a predetermined protocol.

Commented [RQ11]: Have been conducted

Data were sourced from outpatient (OPD) and inpatient wards (IPD) at Ruby Hall Clinic, Pune, confirming CAP cases based on etiology, clinical history, and radiological findings. At least 72 cases were evaluated with written consent. Data collection followed the study proforma. Patients meeting inclusion criteria underwent standard investigations: complete blood count, standard biochemistry (RFT, LFT, Electrolyte), sputum Gram stain, culture, blood culture, BioFire FilmArray Pneumonia Panel, chest X-ray, and CT scan.

Commented [RQ12]: collected

BioFire FilmArray Pneumonia Panel, a rapid PCR system, was selectively used due to cost. The disposable pouch contains all reagents for nucleic acid extraction, purification, reverse transcription, and PCR. It detects multiple pathogens simultaneously in sputum and bronchoalveolar lavage samples, offering quick results in about an hour, facilitating prompt therapy initiation.

Participants were recruited from Ruby Hall Clinic, Pune. Detailed clinical histories and factors contributing to CAP were documented. Data collected underwent analysis and comparison with previous studies. Statistical methods, including the Chi-Square test, Mean, Standard Deviation, Fischer Exact test, and Odds Ratio, were employed for analysis

### SAMPLE SIZE CALCULATION AND JUSTIFICATION -

Sample Size was determined by using the proportion from a previously published study (Ranjith Kumar GK, Eshwarappa P, Rashmi GK, Nagabhushana S).

A sample Size 72 is to be enrolled for this study with the help of the following formula:

Where,  $n$  = Desired Sample Size

$P$  = Proportion of community-acquired pneumonia= 40 %

$d$  = effect size =0.10

$Z = Z_{\alpha/2}$  (Z statistics for the level of confidence) =1.645

$$n = (1.645/0.10)^2 * (0.40) * (0.60)$$

$$n = 64.94$$

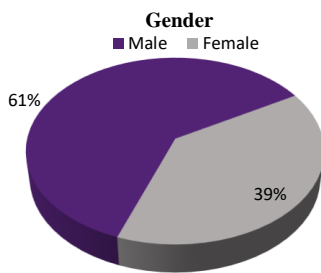
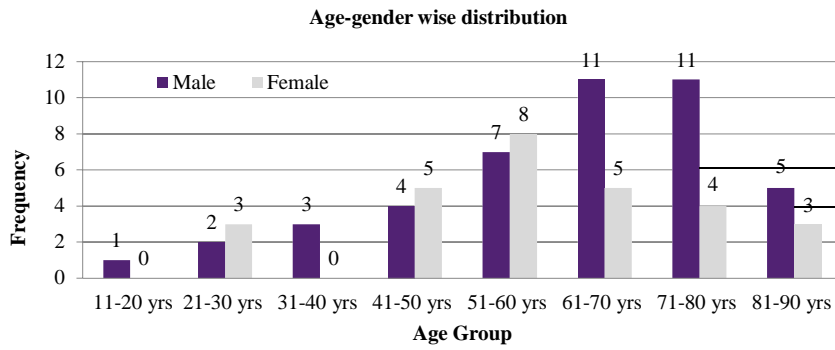
$$n^* = 72 \text{ (With 10\% dropout rate)}$$

So, the minimum sample size of 72 patients included in this study.

Statistical Analysis Data will be collected in a predesigned Performa and tabulated in Microsoft Excel. Categorical data will be shown as n (% of cases), and numerical data as mean  $\pm$  std. dev. Statistical analysis will be done using IBM SPSS Statistics 20. The Chi-square test or Fisher exact test will be used as appropriate, with other tests applied as needed.  $P < 0.05$  will be considered significant.

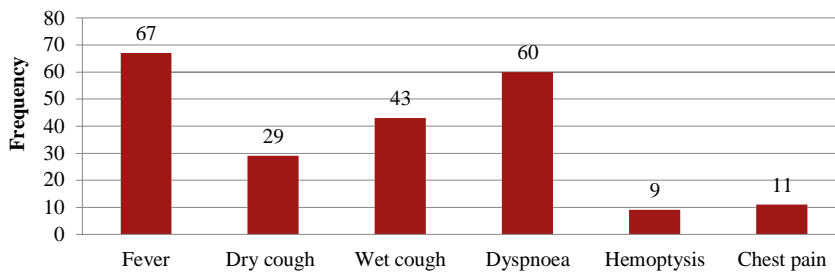
## **RESULTS**

**Graph-1) Bar diagram showing age and gender-wise distribution & BMI of the study sample.**



The mean age of the 72 samples was 59.93 years (SD 17.41), ranging from 20 to 88 years. There were 44 (61%) males and 28 (39%) females. Sixteen (22.22%) samples were from the 61-70 age group, followed by 15 (20.83%) from the 51-60 age group.

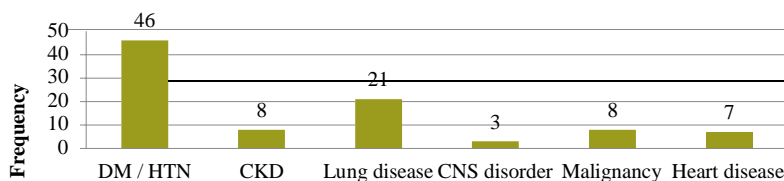
**Graph -2) Bar diagram showing chief complaint among CAP subjects**



In 72 CAP patients, 67 (93.1%) had fever, 29 (40.3%) dry cough, and 43 (59.7%) wet cough. Dyspnea affected 60 (83.3%), hemoptysis 9 (12.5%), and chest pain 11 (15.3%). Fever, dyspnea, and cough were predominant CAP symptoms.

27.8% reported yellow sputum, suggestive of respiratory infection. White sputum appeared in 15.3%, possibly benign or viral. Greenish sputum occurred in 5.6%, indicating bacterial infection. Additionally, 4.2% had blood-tinged, 4.2% rusty, and 2.8% brown sputum, suggesting lung tissue damage or blood in secretions.

**Graph -3) Bar diagram showing comorbidities among CAP subjects**



**Comorbidites among CAP subjects**

In the 72 CAP patients, common comorbidities included hypertension and diabetes mellitus, affecting 63.89%. Chronic kidney disease was noted in 11.11%, emphasizing its respiratory impact. Lung diseases (COPD, asthma, ILD, bronchiectasis etc) were present in 29.17%, highlighting vulnerability. Malignancy and heart disease affected 11.11% and 9.72%, respectively, possibly increasing CAP risk.

COPD affected 15.28% of patients, emphasizing its relevance in CAP management. Asthma was present in 6.94%, highlighting vulnerability. Bronchiectasis and interstitial lung disease (ILD) were less common, at 4.17% and 1.39%, respectively.

Malignancies included breast, prostate, tongue cancer, CML, NHL, and AML, each at 1.39%. Two patients (2.78%) had a history of lung cancer

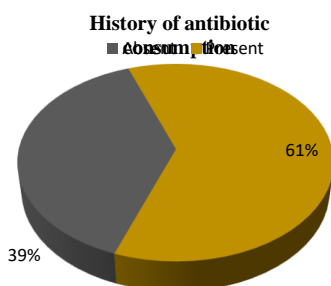
#### **4) addiction among CAP subjects**

Smoking was reported by 29.17% of patients, and tobacco use accounted for 19.44% of cases. Alcohol addiction was identified in 8.33% of patients, suggesting a link between addiction and susceptibility to respiratory infections

#### **5) history of travelling among CAP subjects**

Among the 72 community-acquired pneumonia (CAP) patients, a small proportion (13%) had a history of travelling, while the majority (87%) did not report any recent travel.

**Graph -4) Pie chart showing the history of antibiotic consumption among CAP subjects**

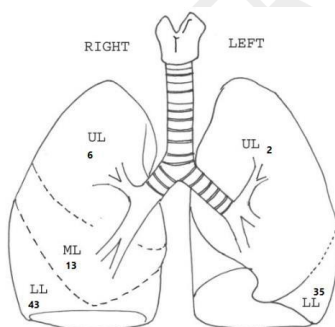


Among 72 CAP patients, 61% (44) had a history of antibiotic use, while 39% (28) did not. This highlights the prevalence of prior antibiotic exposure and its implications for treatment and antibiotic resistance

**7) General, Systemic & radiological examination findings among CAP subjects**

Among CAP patients, the average SBP was 114.72 mmHg (SD = 13.144), DBP was 74.36 mmHg (SD = 10.837), and RR was 25.85 breaths per minute (SD = 3.559).

Crepitations were present in 69 cases (95.83%), bronchial breathing in 48 cases (66.67%), dullness on percussion in 57 cases (79.17%), and pleural effusion in 3 cases (4.17%). Altered sensorium and Type I respiratory failure on ABF were each observed in 7 cases (9.72%).



- 38 patients out of 72- have the involvement of bilateral or multiple lobes.
- The pictogram illustrates lung consolidation in 72 CAP patients. Right upper lobe involvement was seen in 6 cases, left upper in 2, and right middle in 13. Lower lobes were notably affected, with 43 cases on the right and 35 on the left. Thirty-eight patients showed bilateral or multiple lobe involvement.

**Figure 1** pictogram of lung

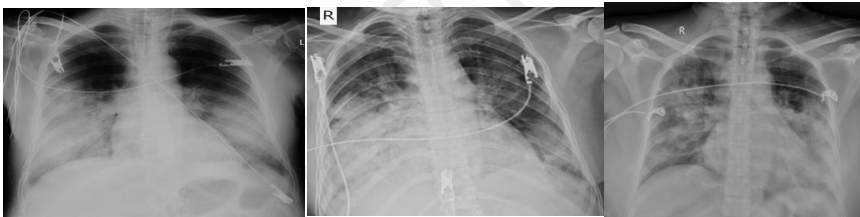
- **Figure 2-Chest X-ray of Community-Acquired Pneumonia**



2a.Right Upper Lobe 2b.Right Upper & Middle Lobe 2c.Right Middle & Lower Lobe

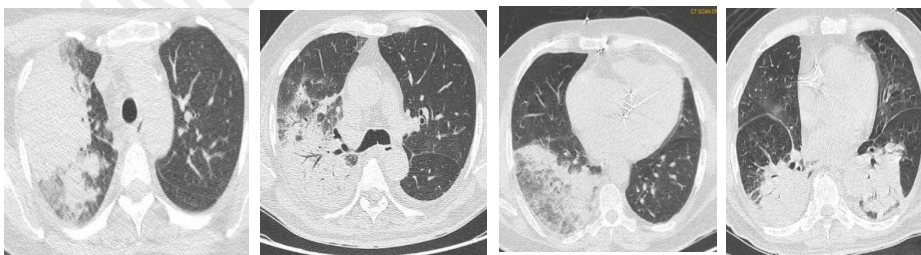


2d.Left Upper Lobe 2e.Left Lingual & LL Lobe 2f.Left Lower Lobe



2g. Bilateral Or Multiple Lobes involvement

• **Figure 3- HRCT Scan of Community-Acquired Pneumonia**



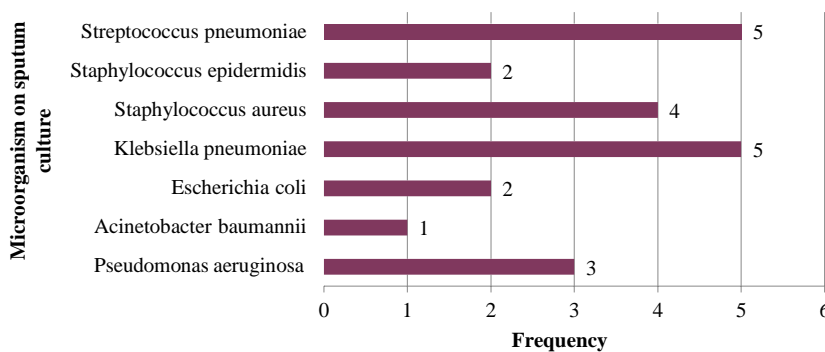
3a.Right Upper Lobe 3b.Right ML & LL 3c.Right Lower Lobe 3d.Bilateral LL

The study found pleural effusion in some cases: 2 with bilateral mild effusion (3%) and 1 with mild right-sided effusion (1%). Most cases (96%) showed no pleural effusion.

### 8) Microbiological examination findings among CAP subjects

In the cohort of 72 CAP patients, Gram staining analysis revealed diverse bacterial characteristics. Gram-positive cocci were found in 17% (12 cases), and Gram-negative bacilli in 11% (8 cases). Intriguingly, a subset showed a combination of both, accounting for 5% (4 cases). A significant portion, 67% (48 cases), displayed no bacterial organism. These findings highlight the varied bacterial profiles in CAP cases, emphasizing the need for precise identification and tailored treatment strategies.

Graph 5 : Microbiological examination findings among CAP subjects

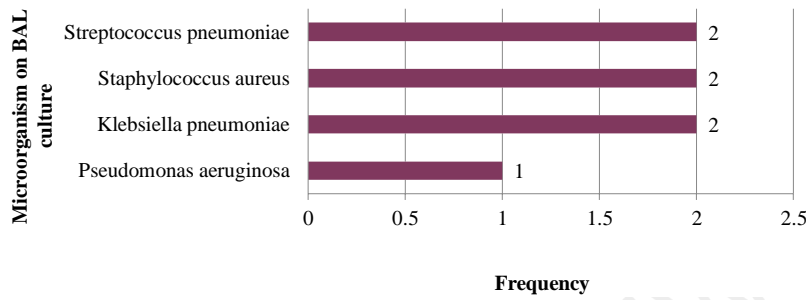


Sputum culture analysis on CAP patients revealed diverse bacterial isolates, including *Pseudomonas aeruginosa*, *Acinetobacter baumannii*, *Escherichia coli*, *Klebsiella pneumoniae*, *Staphylococcus aureus*, *Staphylococcus epidermidis*, and *Streptococcus pneumoniae* (4.17%, 1.39%, 2.78%, 6.94%, 5.56%, 2.78%, and 6.94% respectively), indicating mixed microbial infections. Furthermore, 69.44% of cases showed no bacterial growth. Sputum Gram Stain:

- Organisms detected in 24 cases.
- No organism detected in 48 cases. Sputum Culture:
- Organisms detected in 22 cases.
- No organism growth in 50 cases. Comparing the organism detection rates:
- Gram Stain: 33.33%
- Sputum Culture: 30.56%

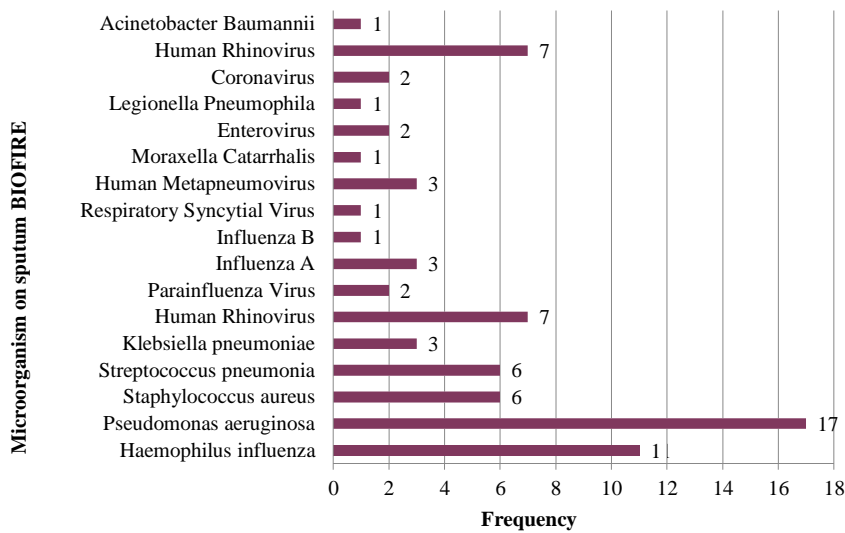
Blood culture results from suspected infections show varied findings. Out of 72 individuals, 51.39% (37 cases) had no growth, and in 30.56% (22 cases), cultures were not done. Bacterial isolates identified include *Pseudomonas aeruginosa* (4.17%), *Acinetobacter baumannii* (1.39%), *Escherichia coli* (2.78%), *Klebsiella pneumoniae* (2.78%), *Staphylococcus aureus* (1.39%), *Staphylococcus epidermidis* (1.39%), *Streptococcus pneumoniae* (2.78%), and *Streptococcus pyogenes* (1.39%).

Graph 6 : Microorganism on BAL culture



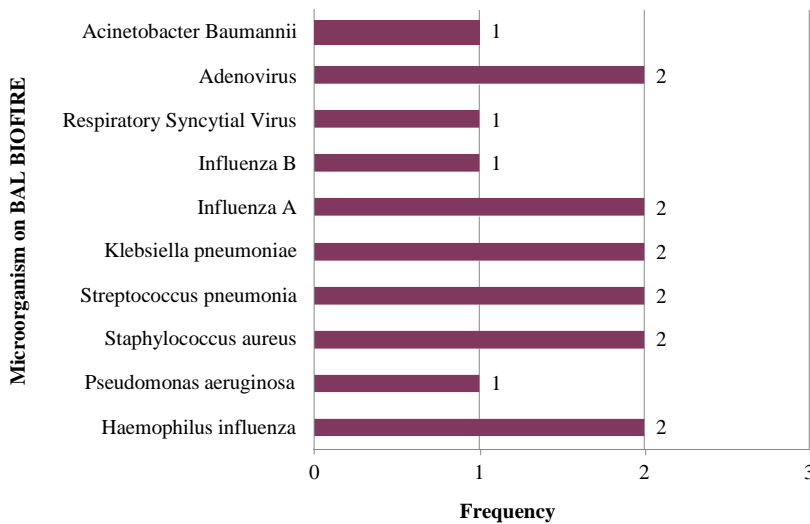
BAL culture findings in 72 CAP patients showed diverse results. Notably, 86.11% (62 patients) had no BAL cultures performed, and 4.17% (3 patients) showed no growth. Positive cultures included Klebsiella pneumoniae, Staphylococcus aureus, and Streptococcus pneumoniae (2.78% each), and Pseudomonas aeruginosa (1.39%). These results highlight potential CAP pathogens and the need for thorough diagnostic and treatment strategies

Graph -7) Microbiological examination of BIOFIRE test findings among CAP subjects



The SPUTUM BIOFIRE PNEUMONIA PANEL results from 72 CAP subjects showed varied infections. Haemophilus influenza was found in 11 cases, Pseudomonas aeruginosa in 17, Staphylococcus aureus in 6, Streptococcus pneumoniae in 6, and Human Rhinovirus in 7 cases. Other pathogens detected included Klebsiella pneumoniae (3), Parainfluenza virus (2), Influenza A (3), Influenza B (1), Human Metapneumovirus (3), Moraxella catarrhalis (1), Enterovirus (2), and others. Some patients had multiple infections. This diversity highlights the complexity of CAP infections and the need for accurate diagnostics and tailored treatments.

The BIOFIRE test on sputum samples revealed various gene resistance patterns. CTX-M was found in 2.78% of cases, CTX-M and NDM in 5.56%, and CTX-M, NDM, OXA-48, and VIM in 1.39%. NDM and VIM together appeared in 2.78% of cases, and MEC A/C + MREJ in 4.17%. Notably, 31.94% of cases showed no resistance, while 48.61% were not tested with BIOFIRE



Graph 8 : Microorganism on BAL BIOFIRE

The BAL BIOFIRE analysis showed various organisms: Haemophilus influenzae, Streptococcus pneumoniae, and Klebsiella pneumoniae in 2 cases each; Influenza A in 2 cases; Influenza B, Respiratory Syncytial Virus, and Adenovirus in 1 case each. Staphylococcus aureus, Pseudomonas aeruginosa, and Acinetobacter baumannii were each found once. One case showed no growth, and 62 cases were not tested.

The BAL BIOFIRE analysis revealed gene resistance patterns. CTX-M resistance was detected in 1.4% of cases, CTX-M and NDM in 2.8%, and MEC A/C +

MREJ in 1.4%. No gene resistance was found in 8.3% of cases. The BIOFIRE test was not performed in 86.1% of cases.

The throat swab test revealed several viral pathogens. Human Rhinovirus was detected in 1 case, Parainfluenza Virus in 3, Influenza A in 3, Influenza B and Adenovirus in 4 each, and Coronavirus in 2 cases. Six cases tested negative, and 55 cases did not undergo the BIOFIRE test.

**Table -1) Comparison of sputum culture & BIOFIRE test with history of antibiotic consumption**

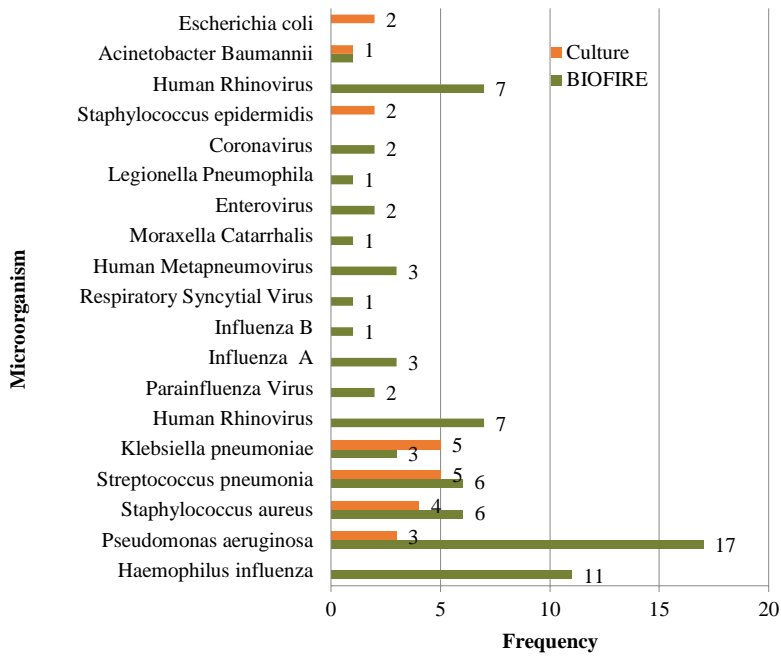
Variables		Growth in sputum culture		P value
		Present	Absent	
History of antibiotics	Present	2	42	<b>&lt;0.00001</b>
	Absent	20	8	
Variables		Growth on BIOFIRE		P value
		Present	Absent	
History of antibiotics	Present	42	2	<b>0.840</b>
	Absent	27	1	

20 out of 28 subjects without a history of antibiotic use showed growth on sputum culture. The chi-square test indicates a significant association between antibiotic history and sputum culture growth (chi-square = 36.0731,  $p < 0.00001$ , significant at  $p < .05$ )

There was no significant association between growth on the BIOFIRE test and history of consumption of antibiotics (The chi-square statistic is 0.0407. The p-value is .840205. Not significant at  $p < .05$ )

The study finds a significant association ( $p < 0.00001$ ) between past antibiotic use and sputum culture growth, indicating that antibiotic history affects culture results. In contrast, the BIOFIRE test shows no significant association ( $p = 0.840$ ) with past antibiotic use, suggesting test outcomes are independent of such history. These findings imply that while antibiotic history impacts sputum culture results, it does not affect BIOFIRE test results.

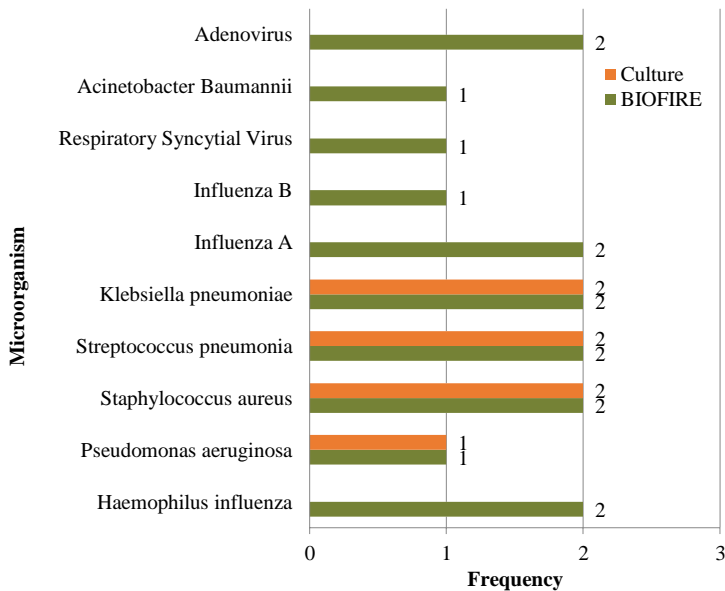
**Graph 9 : Comparison of sputum culture with sputum BIOFIRE test finding**



The BioFire Panel was significantly more sensitive in detecting pathogens in CAP patients. The Sputum BioFire Panel had a higher positive rate (91.66%) compared to sputum culture (30%), and the BAL BioFire Panel showed 90% positivity versus 70% for BAL culture. This indicates a substantial improvement in microbial detection. The BioFire Panel also identified a broader range of pathogens, including viruses, and revealed greater microbial diversity. These findings highlight the enhanced diagnostic capability of the BioFire Panel, crucial for guiding treatment and management in CAP

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**Graph -10) Comparison of BAL culture with BAL BIOFIRE test finding**



The BAL BioFire test seems to be more sensitive and capable of detecting a broader spectrum of microorganisms compared to the traditional BAL culture method. It can identify a variety of bacterial and viral pathogens, potentially providing more comprehensive diagnostic information.

## DISCUSSION

72 Patients with Community-Acquired Pneumonia treated at the Department of Respiratory Medicine, Ruby Hall Clinic, Pune were enrolled for this study.

- Incidence of sex & age**

In this study, 61% of participants were male, with females comprising 39%, indicating a notable male predominance. Bansal et al. found similar results in a study conducted in Himachal Pradesh (48). Similarly, in Iraq, a study with 52 participants also noted a majority of males (49). Research from Ludhiana yielded comparable results (7)(52)(6).

The majority of participants were >60 years old. Oberoi et al study in Ludhiana similarly found most participants were over 60 years old (7). In Iraq, Ghizawi et al study revealed most subjects were under 15 years old (49). Another study reported participant ages between 65 and 80 years (50). One study noted a mean age of 63 years (54), while another reported 56 years (52).

**Commented [RQ14]:** this study comprised 61% of male participants and 39% of female participation

- **Incidence of Signs and Symptoms**

Among 72 CAP patients, fever was the most common complaint, reported by 67 (93.1%) patients. Dry cough occurred in 29 (40.3%) cases, while wet cough was observed in 43 (59.7%). Dyspnea, indicating breathing difficulties, was prevalent in 60 (83.3%) patients. Hemoptysis, characterized by coughing up blood, was noted in 9 (12.5%) cases, and pleuritic chest pain was reported by 11 (15.3%) patients. Crepitation and Bronchial Breath sounds were found in 95.83% and 66.67% of patients respectively. Angela & Shah et al identified cough and fever as the most common signs and symptoms (7)(54)(9).

- **predisposing risk factors in patients with CAP**

Among the 72 CAP patients, various comorbidities were identified. Diabetes mellitus (DM) was the most prevalent, present in 63.89% of patients, emphasizing the significance of underlying conditions in CAP cases. Chronic kidney disease (CKD) was observed in 11.11% of patients, highlighting the potential impact of renal impairment on respiratory health. Lung disease, including chronic obstructive pulmonary disease (COPD) and asthma, was present in 29.17% of cases, underscoring the heightened vulnerability of individuals with pre-existing respiratory conditions to CAP. Jain & Shah et al showed underlying lung disease associated with CAP in 35.8% & 57% (9)(56). Malignancy and heart disease were also notable, each found in 11.11% and 9.72% of patients, respectively, suggesting a potential association with increased CAP risk.

- **Role of Travel History in Community-Acquired Pneumonia (CAP)**

Among the 72 individuals with CAP, 13% had a documented travel history, and 87% had none. The New England Journal of Medicine has published an article discussing CAP aetiology in adults, recommending consideration of uncommon causes like travel or animal exposure (46).

- **Lobar distribution of consolidation**

The study found that 26% of patients had involvement in the right lower lobes, 21% in the left lower lobes, 24% in bilateral lobes, 18% in the right middle lobes, and 3% in the left upper lobes. Overall, the right lower lobe was most commonly involved, and the least common was the left upper lobe. This can be attributed to its dependent position, making it more susceptible to aspiration (58). Similar findings of 24% in the right lower lobe were reported by Lamb et al. (57) and 48.3% by Jain et al. (56).

Commented [RQ15]: had right lower lobes involvement

The radiological data in our study showed a predominance of lobar pneumonia in 66 (91.66%) patients followed by bronchopneumonia in 4 (5.5%) and interstitial pneumonia in 2 (2.7%) patients. Radiological data ( $P < 0.0001$ ) of our study

- **Gram staining analysis**

In our study, Gram-positive cocci were detected in 17% (12 cases), while Gram-

negative bacilli were identified in 11% (8 cases). Intriguingly, a subset of patients exhibited a combination of Gram-negative bacilli along with Gram-positive cocci, accounting for 5% (4 cases). A significant portion, representing 67% (48 cases), displayed no bacterial organism.

- **Pattern of micro-organism isolation from sputum culture in patients with CAP**

The study found 69.44% cases had no identifiable cause. Staphylococcus was common in sputum culture, followed by streptococcus, Klebsiella, Pseudomonas, E. coli, and Acinetobacter. White et al study noted Streptococcus pneumoniae as common, followed by Staphylococcus aureus, Hemophilus influenzae, Klebsiella, Legionella pneumophila, and Viridans streptococcus, with 52% cases unidentified (5). In another, Streptococcus pneumoniae and Legionella pneumophila were frequent (6). Yet another oberoiat et study found Streptococcus pneumoniae and Pseudomonas aeruginosa common, with 72% unidentified (7), and another shah et al highlighted Pseudomonas aeruginosa, with 71% unidentified (9). Sputum culture aids empirical antibiotic selection. While valuable, culturing has limitations, including time-consuming procedures, potential growth issues, antibiotic interference, and sampling errors. Graham Rogers et al. address factors contributing to discrepancies, including contamination, inadequate samples, lab conditions, non-culturable bacteria, antibiotics, and delays, stressing clinical context and multiple diagnostics for accurate diagnosis and treatment (60) (61).

- **Incidence of Blood culture growth**

This study observed mostly negative blood culture growth, with only 18% positive cases. Another study noted blood culture growth in 8.5% (62) and 6% (9) of patients respectively. Positive blood culture, bilateral/multiple lobe involvement, high WBC count, and decreased saturation suggest severe community-acquired pneumonia. Streptococcus pneumoniae and Pseudomonas aeruginosa, common pathogens, require targeted treatment for optimal outcomes.

Commented [RQ16]: detected

Commented [RQ17]: gaining optimal outcomes

- **Table-2.Comparison Of Culture & Biofire Filmarray Pneumonia Panel Test**

	Test	
	Sputum culture (N=72)	Sputum FilmArray Pneumonia Panel (N=36)
Positive	22 cases	33 cases
Negative	50 cases	3 cases

<b>Total Microbiological Isolation</b>	<b>30%</b>	<b>91.66%</b>
	<b>BAL culture (N=10)</b>	<b>BAL BioFire FilmArray Pneumonia Panel (N=10)</b>
<b>Positive</b>	7	9
Negative	3	1
<b>Total Microbiological Isolation</b>	<b>70%</b>	<b>90%</b>

Limited BioFire Panel testing due to cost; only 36 of 72 CAP cases tested. BioFire Panel showed higher sensitivity in CAP pathogen detection. Sputum BioFire Panel: 91.66% vs. 30% for culture; BAL BioFire Panel: 90% vs. 70%. Another study-Human p , Kosai k & Endicott y et al showed detection rate by BioFire Panels (87.5%, 75%, and 70% respectively) vs. culture (37.5%, 25%, and 20% respectively). Broader pathogen detection enhances CAP diagnosis and management.

Our study found BioFire Panel's superior sensitivity in CAP pathogen detection. Sputum and BAL BioFire Panels showed higher positivity rates (91.66% vs. 30% and 90% vs. 70%), improving microbiological isolation. Kosai et al. examined BioFire FilmArray Pneumonia Panel's utility, detecting 97 targets (84 bacteria, four viruses, and nine resistance markers) in lower respiratory specimens. PN panel outperformed bacterial culture in pathogen and resistance marker detection, with 100.0% and 92.9% positive and negative agreements (66).

In our study, common gene resistances in sputum BioFire included CTX-M (2.78%), CTX-M + NDM (5.56%), and more complex profiles (1.39%). Notably, 31.94% showed no gene resistance, and 48.61% were untested. BAL BioFire revealed CTX-M (1.4%) and CTX-M + NDM (2.8%). These resistance genes suggest potential antibiotic resistance, emphasizing tailored treatment (67).

Resistance gene implications:

- CTX-M: Resistant to various beta-lactam antibiotics (68).
  - NDM: Resistant to carbapenems (68).
  - OXA-48: Renders carbapenems ineffective (68).
  - VIM: Carbapenem resistance (68).
  - MEC-A/C: Methicillin resistance, including MRSA (68).
  - MREJ: Linked to methicillin resistance in Staphylococcus species, including MRSA (68).
- **Table-2.Comparison of culture & BIOFIRE test with history of antibiotic consumption**

The study showed Antibiotic use linked to sputum culture results ( $p < 0.00001$ ), but not BIOFIRE ( $p = 0.840$ ), suggesting prior antibiotics don't affect it (69). García-Vázquez E & Manatrey-Lancaster JJ et al observed that BioFire FilmArray Respiratory Panel doesn't change antibiotic therapy duration in hospitalized patients (69) (70).

Commented [RQ18]: related

- **Throat swab PCR test for respiratory viruses (N=17)**

Among the 17 participants, 64% (11) tested positive for respiratory viruses. Influenza B was the most prevalent (4 cases), followed by Influenza A (3), Adenovirus (3), Parainfluenza Virus (3), Coronavirus (2), and Human Rhinovirus (1). This highlights the diversity of respiratory viruses in the population and the importance of thorough testing.

Burk M et al.'s systematic review and meta-analysis in the European Respiratory Society found a significant viral infection rate (24.5%) in CAP patients, rising to 44.2% when lower respiratory samples were tested. Viral infection prevalence might be underestimated due to swab PCR tests, emphasizing the need for comprehensive diagnostic strategies to enhance patient outcomes and treatment (71).

## CONCLUSION

- Males (61%) had a higher CAP incidence than females (39%).
- CAP was most common in the >60 years age group (54.16%).
- Common CAP symptoms included cough (100%), fever (93.1%), dyspnea (83.3%), and expectoration (59.7%). Pleuritic chest pain (15.3%) and hemoptysis (12.5%) were less common.
- Crepitations (95.83%) and bronchial breath sounds (66.67%) predominated in respiratory examinations.
- Diabetes (63.89%) was the most prevalent comorbidity, followed by smoking and underlying lung disease (29.7%).
- Right lower lobe (26%) and bilateral involvement (24%) were most affected on chest X-ray.
- Staphylococcus (8.34%) was the most common sputum culture pathogen, followed by Streptococcus (6.94%), Klebsiella (6.94%), Pseudomonas (4.17%), Escherichia coli (2.78%), and Acinetobacter (1.39%). In 69.44% of cases, sputum culture yielded no etiological cause.
- Blood culture growth was absent in most patients (82%).
- BioFire FilmArray Pneumonia Panel showed higher sensitivity (91.66%) than sputum culture (30%) in pathogen identification, detecting a broader range of pathogens, including viruses. Resistance gene analysis emphasized antibiotic treatment customization.
- Past antibiotic use significantly influenced sputum culture outcomes, while BioFire test remained reliable.
- Throat swab PCR for respiratory viruses had a 64% isolation rate, stressing viral pathogen recognition in CAP.

This study offers insights into CAP demographics, clinical features, risk factors, and diagnostics, underscoring the BioFire Panel's role in enhancing diagnostic accuracy and guiding treatment.

#### LIMITATIONS

- Single-center setting may not generalize to other regions (69).
- Sputum culture's low detection rate (30%) and frequent absence of growth pose limitations (69).
- Challenges with sputum culture include potential contamination, sample quality issues, and result delays (69).
- Limited availability of BioFire test in many centers due to high cost (69).

#### DECLARATION

##### 1) ETHICS APPROVAL AND CONSENT OF PARTICIPATION

Ethical committee approval is taken & it is a case study which is an observational study.

##### 2) CONSENT FOR PARTICIPATION

Consent was taken from the patient

##### 3) DATA AND MATERIAL AVAILABILITY

The data and material for the case study has been obtained from hospital records.

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