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3 **POTENTIAL BIOLOGICAL AND**
4 **ANTIMICROBIAL EFFECTS OF THE ESSENTIAL**
5 **OIL OF *Anibarosaeodora*: A REVIEW OF THE**
6 **LITERATURE**
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17 **ABSTRACT**
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Aims: Map the literature in search of the main biological and antimicrobial effects of the essential oil (EO) of *Anibarosaeodora*.

Study design: This is an integrative review based on the PRISMA method.

Place and Duration of Study: Center for Biological and Health Sciences of a University in the Brazilian Amazon, from January to August 2022.

Methodology: A search was carried out in the main databases, such as Embase, Scopus, PubChem, PubMed, LILACS, SciELO and Portal BVS, with the descriptors consulted in the Medical Subject Headings (MeSH).

Results: 134 articles were found and, after applying the inclusion and exclusion criteria, 17 were selected for full analysis. The EO of *Anibarosaeodora* revealed mainly antibacterial, antifungal, antiparasitic and antiviral properties and in two studies, anesthetic effects, without observation of serious adverse events and deaths, were observed, but the specific active compound was not identified. The antibacterial activity of linalool, the compound most present in *Anibarosaeodora* EO, was significant. *Anibarosaeodora* EO also showed inhibitory and fungicidal potential. In addition, *Anibarosaeodora* had an antidepressant effect, reducing anhedonia.

Conclusion: The EO of *Anibarosaeodora* showed potential biopharmacological and microbiological activities in pre-clinical models. Linalool stood out as the substance with the highest concentration in the EO; however, it is not yet known whether this compound is the main active component. Therefore, more studies should be conducted to support and describe the pharmacological potential of *Anibarosaeodora* EO, leading to evidence-based pharmacology.

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20 **Keywords:** Essential oils, *Anibarosaeodora*, Pharmacological potential, Linalool, Pau-rosa
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23 **1. INTRODUCTION**
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25 Essential oils (EOs) are compounds originating from the secondary metabolism of aromatic
26 plants, with organoleptic properties. In this context, EOs stand out as highly volatile and fat-
27 soluble products, composed mainly of low molecular weight substances, such as
28 monoterpenes, sesquiterpenes, phenylpropanoids and esters [1,2,30,31,32], enabling a great
29 biological and pharmacological potential of these compounds.

30 EOs from the Amazon region stand out for their antimicrobial, oxidative and low-toxicity
31 properties, as well as their important role in protecting plant crops. Due to these activities,
32 they are widely used in various industries, notably in the pharmacological, food, cosmetics
33 and perfumery industries [3].

34 Among the Amazonian species, *Anibariosaeodora* [4] stands out as a candidate for the
35 production of essential oil due to its local commercial and ethnopharmacological value for
36 the treatment of various ailments. This species belongs to the Lauraceae family and is also
37 known in Brazil as pau-rosa, pau-rosa-itaúba, pau-rosa mulatinho and pau-rosa-imbaúba,
38 while it is called rosewood in the United States and England; it is an evergreen tree,
39 characteristic of terra firme areas and widely distributed in the Amazon region, in the
40 Brazilian states of Acre, Amapá, Amazonas, Pará, Roraima and in the Amazonian portions
41 of French Guiana, Venezuela, Peru, Suriname and Colombia [5, 6].
42 Therefore, the pharmaceutical relevance of the compounds present in the OE of *Aniba*
43 *rosaeodora* is of vital importance to the scientific community and to society. Therefore, this
44 study aims to map the main biological and antimicrobial effects of *Anibariosaeodora*
45 essential oil in the literature.

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48 2. MATERIAL AND METHODS

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50 This is an integrative review, aimed at gathering the most recent knowledge on the subject,
51 so it attempted to follow the recommendations and criteria described in the Preferred
52 Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) [7]. For this purpose,
53 searches were carried out in the Embase, Scopus, PubChem, PubMed, LILACS, SciELO
54 and BVSP Portal databases, using the descriptors "*Anibariosaeodora*" and "essential oils" and
55 their equivalents, previously consulted in the Medical Subject Headings (MeSH). In the
56 PubChem database, the search was carried out only with the descriptor "*Anibariosaeodora*."
57 In this way, articles available in full, in English and Portuguese, published up to the date of
58 the search, May 13, 2022, were included; no filters were used in any searches.
59 After collecting the articles, the Covidence platform was used to help sort and select the
60 studies, which took place in two stages: the first consisted of reading the abstract, and the
61 second of reading the full article. Therefore, duplicate articles and articles that did not deal
62 with the uses and properties of *Anibariosaeodora* essential oil in the health area, as well as
63 literature reviews, were excluded from the study.
64 After selection, each article was categorized according to its main topic and then grouped
65 with other articles on the same topic to facilitate discussion.

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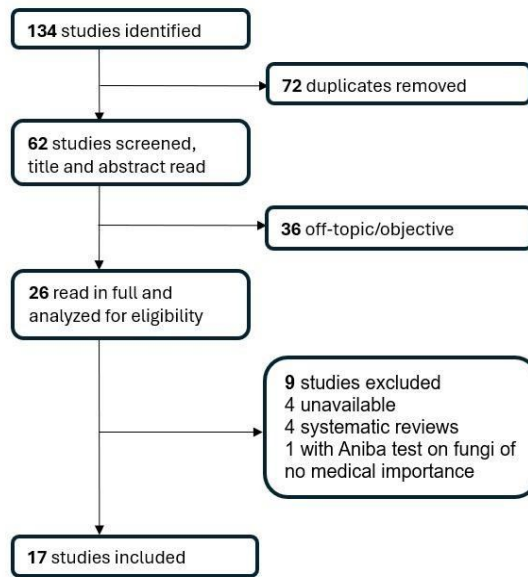
68 3. RESULTS AND DISCUSSION

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70 The searches resulted in 28 studies in Embase, 53 studies in Scopus, 15 studies in
71 PubChem and 11 in PubMed, while in LILACS, SciELO and Portal BVS 5, 6 and 16 results
72 were found, respectively, totaling 134 studies. Thus, of the 134 articles, 72 were considered
73 duplicates and, after reading the titles and abstracts, 36 studies were excluded because they
74 were considered irrelevant. For the eligibility analysis, 26 studies were read, of which 17
75 were selected, as shown in figure 1. Table 1 summarizes the studies.

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78 Fig.1.Flowchartofstudysselection.

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81 Table1.Selectedstudiesandmainresultsregardingthebiologicaeffects of *Aniba*

82 *rosaedoraessentiaoil.*

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Referência	Metodologia	Principais resultados
Alcântara et al.,2010[8]	Quantitative andqualitativestudy ofthemajorcomponents ofthe essentialoilandtheirproperties.	The essential oil of <i>Anibarosaeodorashowedantioxidant activityandinhibited plateletaggregation.</i>
Baldisserotto et al.,2009[9]	Experimental studyontambaqui fishfarms.	Theessentialoilof <i>Anibarosaeodoradidnot causedeathinanyoftheanimals andalso showedreductionintheinductiontime forall stagesofanesthesiaasthedoseincreased.</i>
Chao et al., 2000[10]	Experimentalstudywithcultures ofmicroorganisms.	The essential oil of <i>Anibarosaeodorashowedhighzonesofinhibition invitro againstvariouspathogenscompared to44 otheroils,especiallybacterial and fungal, withmoderateefficacyagainstviruses.</i>
daSilvaetal., 2021[11]	Experimental invitrostudyfor antiparasitological, antibacterial andantiplasmodialanalysis.	The essential oil of <i>Anibarosaeodorashowed moderateactivity against Leishmaniaamazonensisinthe promastigoteform.</i>
deAlmeidaet al.,2009[12]	Experimental studyinmaleswiss albinomice.	The sedativeeffectof <i>Anibarosaeodoraessentia oilwasshown tobedose- dependent andwaspotentiated when administeredtogetherwith pentobarbital.</i>
deSiqueiraet al.,2014[13]	ExperimentalstudyinWistarrats.	Administrationoftheessentialoilintothe inferior venacava of rats at doses of 1 mg/kgand10to20mg/kginduced a short- andlong-termbradycardic andhypotensive effect,respectively.

de Valois et al.,2001[14]	Aromatherapy treatment for cancerpatients.	Cancerpatients treated witharomatherapy derived from <i>Anibarosaeodora</i> experienced animprovementinsymptomssuchaspain.
dosSantoset al.,2018[15]	Experimentalstudyin Wistarrats.	Ratsadministeredtheessentialoilshowed nosignificant differencefromthecontrol group intests toverifyCNSdepression, anxiolyticeffectandshort-term memory alteration. However,therewasasignificant antidepressant effectthroughinteractions withserotoninerigicpathways.
Kizaket al., 2018[16]	Experimental study using <i>Carassiusauratus</i> (goldfish).	The essential oil of <i>Anibarosaeodora</i> showedconsiderableanesth eticactivity,and therewasnomortalityamongthespecimens andnoadverseeffectsobserved.
Kohn et al., 2012[17]	Experimental studywith microorganismcultures.	Theessentialoilexhibited anInhibitory Percentage (IP)againstavian metapneumovirus of98%,exertingitseffect by inhibitingviral replication, thus significantlyreducingthecytopathiceffecton thecellsanalyzedinvitro.
Owen et al., 2018[18]	Experimental studywith microorganismcultures.	Thezoneofinhibition (ZI)of <i>A.rosaeodora</i> essential oilwassimilartothatoftheother oilsanalyzed (oregano andcumin),butits minimuminhibitoryconcentration (MIC)was higherthanthatofboth,indicating low antibacterial potential.However,the concentrated linaloolextract(themain component oftheoil)showed goodresults, bothin termsofZlandCIM.
Pawar etal., 2006[19]	Experimentalin vitrostudy carried out to test the antimicrobial activityof75essentialoilsagainst <i>Aspergillusniger</i> .	Amongtheessential oilstested, <i>A.rosaeodora</i> exhibitedoneofthesmallest inhibition zonesof <i>A.nigerhyphae</i> (8mm), aswellasalowsporeinhibitionzone(10 mmor50x104)characterized byitslow antifungalpotential.
Rosatoet al., 2010[20]	Inanexperimental study,the authors combined gentamicinand otheressential oils,including <i>A.rosaeodora</i> , <i>invitro</i> totesttheir antimicrobial activityagainst variousGram-positive andGram-negativebacteria.	Theminimuminhibitoryconcentration (MIC) of <i>A.roseaodora</i> rangedfrom0.05to0.1 mg/mLforthevarious bacteria tested,while thefractionalinhibitoryconcentration (FIC) wasbetween0.05and 0.1mg/mL. <i>Aniba</i> essential oilobtainedthebestsynergistic associationwithgentamicin, withtheMICof gentamicinreducingfrom4to0.24µg/mL for <i>Acinobacterbaumani</i> .
Sampaio et al.,2012[21]	Thisexperimental study investigateswhether oneof the mechanisms of <i>A.roseaodora</i> essential oilsinhibition of adenylate cyclaseactivity, constituting anxiolyticand anticonvulsant effects,using chickenretinasasamodelforthe	At concentrationsof 6 and 17.5 mM, the essential oildidnotinhibittheaccumulation ofcAMPinthecontrol;however, the accumulation of cAMP stimulated by forskolinwasinhibitedbyAnibaessential oil atconcentrations of6and17.5mM.The (-)-linaloolenantionomer wasshowntohavethe greatest biological effect. The authors

central nervous system (CNS).

suggest that inhibition of adenylyl cyclase is one of the causes of the relaxing and anticonvulsant effects of the essential oil on the CNS.

Simić et al., 2004[22]	This experimental study investigates the <i>in vitro</i> antifungal activity of four essential oils from <i>Lauraceae</i> species, including <i>Aniba rosea odorata</i> . Several fungi were tested, including <i>Aspergillus niger</i> , <i>Fusarium tricinctum</i> and <i>Mucormucedo</i> .	<i>Aniba</i> essential oil had the second highest antifungal activity of the four EOs tested, and at a concentration of 0.5-10 µL/mL using the macrodilution method, the growth of all the mycomycetes was inhibited. At a concentration of 15-20 µL/mL, <i>Aniba</i> oil was active against the fungi <i>Trichoderma viride</i> , <i>Aspergillus terreus</i> and <i>Aspergillus flavus</i> .
Søeuret al., 2011[23]	Experimental study evaluating the effects of <i>Aniba</i> essential oil on human squamous cell carcinoma A431 cells, immortal transformed human keratinocyte (HaCaT) cells, keratinocytes transformed with HPV16E6/E7 and primary human keratinocytes (NHEK).	The essential oil of <i>Aniba</i> at established concentrations obtained killing activities on A431 human squamous cell carcinoma cells and HaCaT cells, which did not happen with HEK001 transformed keratinocytes and NHEK primary human keratinocytes. <i>Aniba</i> 's mechanisms were the production of reactive oxygen species, mitochondrial membrane depolarization and caspase-dependent apoptotic cell death.
Teles et al., 2020[24]	Experimental study using female Balb/c mice	The essential oil of <i>Aniba rosea odorata</i> showed activity against all the bacterial strains tested, as well as antioxidant and antitrypanosomal activity.

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86 3.1 Anesthetic and sedative effects

87 In our systematic review, two studies analyzed the possible anesthetic effects of *A.*

88 *rosaeodora* essential oil on fish [9, 16]. In both studies, the purpose of using anesthesia with

89 *A. rosaeodora* was to transport the animals, to reduce agitation and to keep the animals

90 comfortable during the process; the study by Baldisserotto et al. (2018) [9] was carried out

91 on tambaquis, while the study by Kizak et al. (2018) [16] was carried out on aquarium goldfish.

92 Thus, anesthesia was induced in both studies, and the induction time was considered dose-

93 dependent according to the concentration of the essential oil; the recovery time from

94 anesthesia was only considered dose-dependent in the study by Baldisserotto et al. (2018) [16]. In

95 general, the studies highlight the biological effects of *A. rosaeodora* as an anesthetic,

96 without adverse effects during recovery and without the occurrence of deaths in the studies,

97 which has important implications for the use of this substance in these animals, but does not

98 answer questions about the possible mechanisms involved in the induction of anesthesia,

99 nor which compound present in the essential oil would be primarily responsible for the effects.

100 The current literature hypothesizes that the linalool compound and the monoterpene components

101 are responsible for the anaesthetic effect of *A. rosaeodora* essential oil, considering

102 that EOs rich in linalool, derived from other plant compounds, have also shown

103 anaesthetic effects on other fish species [25, 26].

104 In addition, the study by Almeida et al. (2009) [12], carried out on albino mice, evaluated the

105 sedative effects of *A. rosaeodora* when compared with pentobarbital. In this way, the

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108 responses were considered dose-dependent, and it is important to note that when *A.*
109 *rosaeodora* oil was administered together with pentobarbital, sedation was potentiated,
110 suggesting that perhaps *A. rosaeodora* oil has a pharmacological target similar to pentobarbital,
111 impossible ion channel that acts in the generation of neuronal electrical
112 potentials [12], or even in an antagonistic way to pentobarbital, which activates GABA
113 receptors to produce its pharmacological effects [27].
114 In the study by Valois et al. (2001) [14], patients undergoing cancer treatment underwent
115 hospital aromatherapy sessions for 3 years with various EOs, including *A. rosaeodora*. After
116 this period, a questionnaire recorded the differences reported in various symptoms. Pain,
117 tension and emotional stress improved significantly, especially in hospitalized patients.
118 In another study by Sampaio et al. (2011) [21], the oil was applied to preserved chicken
119 retinas, and the intracellular concentration of cAMP with and without the addition of forskolin was measured.
120 There were no significant changes without the addition, but the concentration of cAMP was
121 significantly reduced with the addition, indicating that the oil acts
122 on forskolin receptors, leading to sedative and anti-convulsant effects.

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124 3.2 Antioxidant effect

125 In this review, three studies included sought to elucidate the antioxidant effects of *A.*
126 *rosaeodora* essential oil [8, 23, 24]. In the research carried out by Alcântara et al. (2010) [8],
127 it was shown that the oil's antioxidant activity was assessed by its ability to sequester the
128 stable radical 2,2-diphenyl-1-picrylhydrazyl (DPPH). In the study by Soeure et al. (2011) [23] to
129 investigate the involvement of oxidative stress in apoptosis, the oil was tested on apoptotic
130 cells derived from culture medium, together with α -tocopherol, and showed
131 efficacy in increasing the number of viable cells and reducing the proportion of apoptotic
132 cells. Finally, the analysis carried out by Teles et al. (2020) [24] found that the EO of *A.*
133 *rosaeodora* and linalool *in vitro* showed dose-dependent antioxidant activity, demonstrated by
134 the percentage of inhibition of 2,2-azino-bis-(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS).
135 Therefore, according to the studies selected and analyzed, the compound studied has varied
136 antioxidant activity against different species of free radicals, however, there is a lack of *in*
137 *vivo* tests to better elucidate these cases, as well as clarity on the mechanisms of action.

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139 3.3 Antidepressant effect

140 Regarding the importance of evaluating the antidepressant activity of EO, a study carried out
141 by Teles et al. (2020) [24], analyzed the behavior of rodent submitted to an inducing
142 protocol of depressive behavior, in the depressive neurobehavioral tests the oil showed a
143 positive action, since it managed to reduce anhedonia, characterized by the lack of pleasure
144 in gratifying stimuli, and helped to normalize the behavior of these species of animals.

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146 Similarly, another included study evaluated the possible antidepressant effects of various
147 EOs rich in linalool (>85% concentration) and the conclusions and outcomes found are
148 similar to those of Teles et al. (2020) [24], with reduction in anhedonia, anxious and
149 depressive behavior [15]. In addition, it was observed that linalool compounds did not cause
150 negative effects on the short-term memory of murines.

151 These findings are important considering that the main antidepressants available for the
152 treatment of depressive disorders are selective serotonin reuptake inhibitors, whose efficacy
153 is established in current literature, as well as their adverse effects, such as decreased libido,
154 vomiting, nausea and headache, among others, headache, among others, symptom that
155 can lead to discontinuation of treatment [28]. It is necessary to investigate whether EOs have
156 biologically active compounds with antidepressant effects, a low profile of adverse effects
157 and great tolerability, in order to make them viable treatments for various depressive disorders.

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160 **3.4 Antibacterial effect**

161 Four studies were included whose objectives included analyzing the antibacterial properties
162 of *A. rosaeodora*, mainly through the application of EO in *in vitro* cultures. In none of these
163 studies, Chao et al. (2000) [10] checked the zone of inhibition of a range of oils against various Gram-
164 positive and Gram-negative pathogens, and *A. rosaeodora* oil was among the
165 seven with the best results, especially against *Alcaligenes faecalis*, whose zone of inhibition
166 was 19 mm.

167 Rosato et al. (2010) [20] showed a similar result against various bacteria, especially
168 *Acinetobacter baumannii*, when combining the antibiotic gentamicin with the oil, generating a
169 synergistic effect through the interaction of the monoterpenes with the 30S subunit of the
170 bacterial ribosomes. In a study using chromatography, Owen et al. (2018) [18] described the
171 biochemical composition of the oil and found that it is mainly composed of the monoterpene
172 linalool, which also turns out to be the main compound with an antimicrobial effect.

173 In addition, Teles et al. (2020) [24] again identified linalool as the main component of the oil,
174 and classified its Minimum Inhibitory Concentration (MIC) as moderate based on the Holetz
175 et al. (2002) [29] scale, in addition to showing antimicrobial activity against bacterial cultures
176 such as *Aeromonas caviae* and *Enterococcus faecalis*, with inhibition halos ranging from 7 to
177 25 mm, demonstrating sensitivity to the oil.

178 It can be seen that, in general, *A. rosaeodora* has significant antibacterial potential through
179 linalool. However, this potential is dose-dependent and variable in relation to different
180 bacteria, making further studies necessary to understand the exact mechanism of action and
181 its clinical applicability.

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183 **3.5 Antifungal effect**

184 Three studies evaluated the antifungal capacity of the essential oil. Among these, the study
185 by Chao et al. (2000) [10] analyzed the zone of inhibition (ZI) against three fungi, comparing
186 it to 43 other oils. The results were positive, especially against *Candida albicans* (ZI > 33
187 mm), but not significant against *Rhizopus oligosporus* (ZI = 2 mm).

188 In the study by Simić et al. (2004) [22], the inhibitory and fungicidal potential of the oil was
189 evaluated using macro and microdilution in cultures of various fungi. Macrodilutions showed growth
190 inhibition of all the variants included, but microdilution required higher concentrations
191 (15 to 20 µL/mL) to eliminate the most resistant fungi.

192 In another study by Pawar et al. (2006) [19], the efficacy of *A. rosaeodora*
193 against *Aspergillus niger* was not significant, with comparatively low ZI of hyphae (8
194 mm) and spores (10 mm). The two most effective oils were clove and lemongrass,
195 whose composition is mainly eugenol and benzyl alcohol, rather than linalool.

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197 **3.6 Anti-parasitic effect**

198 The anti-parasitic effect was demonstrated in two studies against pathogenic protozoa. The
199 first, by Teles et al. (2020) [24], demonstrated an effect against various forms of *Trypanosoma*
200 *cruzi* through linalool and through the activation of nitric oxide-producing macrophages.
201 The protozoan *Leishmania infantum* also suffered an anti-parasitic effect
202 through mitochondrial dysfunctions induced by the oil.

203 In turn, the study by da Silva et al. (2021) [11] showed only moderate activity against *T. cruzi*,
204 despite the oil having a high selectivity index against *Trypomastigotes*.

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206 **3.7 Antiviral effect**

207 The possible antiviral effect of *A. rosaeodora* EO was investigated in a screening study
208 conducted by Kohne et al. (2012) [17]; in the study, the oil had antiviral actions, possibly
209 during the replication stage, at concentrations of 2.5 µg/mL, against avian metapneumovirus
210 (mPVA). Apart from these conclusions, it is uncertain what the real antiviral potential of this
211 plant compound is.

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3.8 Cardiovascular effect

The study by Siqueira et al. (2014) [13] was the only one included that reported some type of cardiovascular impairment generated by the compounds in *A. rosaeodora* oil. The researcher tested the effects of hypotension and bradycardia in rats, suggesting that the possible effects of the substance occur through vagal reflexes and cholinergic afference. The possible hypotensive effects are very likely to occur due to linalool, the most abundant compound in *A. rosaeodora* oil, occurring in concentrations between 86% [8] and 91.55% [16], but it cannot be ruled out that they occur due to the biological activity of other compounds present, such as sesquiterpenes, geraniol, alpha-terpineol, among others [13]. It is therefore important to continue researching this essential oil in order to try to establish, in other pre-clinical studies, which active ingredient is responsible for the hypotensive effect and what its possible implications are for use in humans.

4. CONCLUSION

The EO of *Aniba rosaeodora* has shown diverse and important biological, antiparasitic, antifungal, antiviral and antibacterial activities, with promising responses in preclinical models *in vitro* or *in vivo*. However, there is still a lack of knowledge about which compounds are directly involved in the effects of the essential oil and the mechanisms involved, including receptors, interactions with target molecules and other molecules. It is suggested that linalool, present in the highest concentration in the essential oil, is its main active compound, but there is still a lack of evidence to confirm this hypothesis, as it is possible that compounds present in lower concentrations also have potent biological effects. In addition, it is essential to know the targets of the compounds, including to elucidate possible adverse effects. Thus, this integrative review observed that the EO of *Aniba rosaeodora* has potential biopharmacological activities, but there are still few studies in this area, which calls for more research focused on isolating the active principles present in the oil's composition and pre-clinical research that investigates the physiological and pharmacomicrobiological effects of this substance in greater depth.

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