

## Review Article

### **A review on Biotechnological Innovations in Developing Stress-Tolerant Crops for Adverse Environmental Conditions**

#### **Abstract**

The development of stress-tolerant crops through advanced biotechnological approaches is critical for enhancing global food security and sustainability in the face of climate change and increasing environmental stresses. Emerging tools such as CRISPR/Cas9 gene editing and synthetic biology are revolutionizing genetic engineering by enabling precise, targeted modifications of plant genomes to improve drought, salinity, heat, and cold tolerance. Integrative approaches that combine genomics, transcriptomics, proteomics, and metabolomics provide a comprehensive understanding of plant stress responses, facilitating the identification of key regulatory genes and metabolic pathways. High-throughput phenotyping and RNA interference (RNAi) technologies further enhance trait identification and manipulation, accelerating the development of robust stress-tolerant varieties. The deployment of these crops has demonstrated significant yield improvements and stability in adverse conditions, reducing the risk of crop failures and food shortages. For instance, drought-tolerant maize and rice varieties have increased yields by 20-30% under water-scarce conditions, while salt-tolerant rice and wheat varieties have enabled cultivation in saline soils. Heat-tolerant crops maintain productivity in high-temperature regions, and cold-tolerant varieties extend growing seasons in temperate areas. These advancements not only enhance crop productivity but also promote sustainable agricultural practices by reducing the need for chemical inputs and supporting the resilience of food systems. Moreover, the socio-economic benefits include improved livelihoods for smallholder farmers through increased incomes and economic stability. Continued interdisciplinary research and collaboration are essential to fully realize the potential of these technologies in addressing global agricultural challenges and ensuring a stable food supply for future generations.

**Keywords:** *CRISPR/Cas9, Synthetic biology, Transcriptomics, Proteomics, Metabolomics*

#### **I. Introduction**

##### **A. Global Agricultural Challenges**

Agriculture is the backbone of the global economy, feeding billions and providing livelihoods for countless communities. However, it faces a myriad of challenges that threaten its sustainability and productivity. One of the foremost challenges is the increasing prevalence of adverse environmental conditions, including drought, salinity, extreme temperatures, and biotic stresses such as pests and diseases. These factors collectively contribute to significant yield losses and reduced agricultural productivity worldwide. The Food and Agriculture Organization (FAO) estimates that by 2050, the global population will reach 9.7 billion, necessitating a 70% increase in food production to meet the rising demand [1]. However, climate change poses a severe threat to this goal by exacerbating the frequency and intensity of environmental stresses. For instance, droughts have become more frequent and severe, affecting vast agricultural regions and leading to substantial crop losses. In 2015, a severe drought in California, USA, resulted in an estimated economic loss of \$2.7 billion in the agricultural sector alone. Salinity is another critical challenge, particularly in arid and semi-arid regions. Approximately 20% of the world's irrigated land is affected by salinity, leading to reduced crop yields and soil degradation. Moreover, extreme temperatures, whether high or low, can disrupt plant physiological processes, affecting growth and development. The Intergovernmental Panel on Climate

Change (IPCC) projects that global temperatures could rise by 1.5 to 4.5°C by the end of the century, further intensifying these stresses [2]. Biotic stresses, including pests and diseases, also pose significant threats to crop productivity. Climate change is altering the distribution and lifecycle of pests, leading to new challenges in pest management. For instance, the fall armyworm (*Spodoptera frugiperda*), a notorious pest, has spread from the Americas to Africa and Asia, causing widespread crop damage.

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## B. Importance of Stress-Tolerant Crops in Sustainable Agriculture

In the face of these challenges, developing stress-tolerant crops is paramount to ensuring sustainable agriculture and global food security. Stress-tolerant crops possess the ability to withstand or recover from adverse environmental conditions, thereby maintaining productivity and reducing yield losses. Drought-tolerant crops, for example, are crucial in regions prone to water scarcity. Traditional breeding and modern biotechnological approaches have led to the development of drought-resistant varieties in staple crops such as rice, maize, and wheat. These crops can sustain growth and yield under limited water conditions, thus ensuring food production even during droughts. For instance, the development of the drought-tolerant rice variety "Sahbhagi Dhan" in India has significantly improved rice yields in drought-prone areas, benefiting millions of smallholder farmers [3]. Salinity-tolerant crops are essential in areas affected by soil salinization. Genetic engineering and breeding programs have successfully introduced salt-tolerant traits in crops like rice and wheat. The Saltol gene in rice, for instance, has been instrumental in developing salt-tolerant rice varieties that can thrive in saline soils, enhancing food production in affected regions. Heat-tolerant crops are vital in mitigating the impacts of rising temperatures. Researchers have identified heat-tolerant traits in crops such as wheat and maize, enabling them to withstand high temperatures during critical growth stages. This resilience is crucial for maintaining yields in regions experiencing heatwaves and prolonged hot spells. The development of stress-tolerant crops not only ensures stable food production but also contributes to sustainable agriculture by reducing the need for chemical inputs such as fertilizers and pesticides. Stress-tolerant crops can better utilize available resources, leading to improved resource-use efficiency and environmental sustainability. For instance, drought-tolerant maize varieties in sub-Saharan Africa have demonstrated reduced reliance on irrigation, promoting water conservation and sustainable farming practices [4].

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## C. Objectives and Scope of the Review

The primary objective of this review is to provide a comprehensive overview of the biotechnological innovations in developing stress-tolerant crops for adverse environmental conditions. This review aims to explore the various biotechnological approaches employed in enhancing crop resilience to abiotic stresses such as drought, salinity, and extreme temperatures. It will delve into the genetic engineering techniques, marker-assisted breeding, and the application of CRISPR/Cas9 technology in developing stress-tolerant crops. The review will examine the role of omics technologies, including genomics, transcriptomics, proteomics, and metabolomics, in understanding and improving stress tolerance in crops. These technologies offer valuable insights into the molecular mechanisms underlying stress responses, enabling the identification of key genes, proteins, and metabolites involved in stress tolerance. The review will also highlight the significance of plant-microbe interactions in enhancing stress tolerance. Beneficial microbes, such as rhizobacteria and mycorrhizal fungi, play a crucial role in supporting plant growth under stress conditions. Understanding these interactions can lead to innovative biotechnological applications for improving crop resilience. The review will present case studies and success stories of stress-tolerant crops developed through biotechnological interventions. These examples will showcase the practical applications and benefits of stress-tolerant crops in various regions and cropping systems. The review will address the challenges and limitations associated with the development and deployment of stress-tolerant crops.

Technical challenges, regulatory hurdles, and public perception issues will be discussed to provide a holistic view of the current landscape and future directions in this field.

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## II. Stress Factors in Crops

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### Types of Environmental Stresses (e.g., Drought, Salinity, Temperature Extremes)

Environmental stresses are significant factors affecting crop productivity and sustainability. These stresses can be broadly classified into abiotic and biotic stresses. Abiotic stresses include drought, salinity, extreme temperatures, and nutrient deficiencies, while biotic stresses involve pests, diseases, and competition from weeds. Drought stress occurs due to insufficient water availability, which severely limits crop growth and yield. It is one of the most pervasive abiotic stresses affecting agriculture globally. According to the FAO, drought impacts approximately 55 million people annually, with significant repercussions on food security and livelihoods [5]. Drought stress affects various physiological and biochemical processes in plants, including photosynthesis, transpiration, and nutrient uptake. Soil salinity is a major constraint to crop production, particularly in arid and semi-arid regions. Approximately 20% of irrigated land worldwide is affected by salinity, leading to significant yield losses. High salt concentrations in the soil cause osmotic stress, ion toxicity, and nutrient imbalance in plants, adversely affecting their growth and development. Salinity stress disrupts cellular homeostasis, leading to reduced photosynthetic efficiency and impaired metabolic activities. Temperature extremes, including both high and low temperatures, pose significant challenges to crop production. Heat stress, characterized by temperatures above the optimal range for plant growth, can lead to reduced photosynthetic rates, accelerated senescence, and impaired reproductive processes. Conversely, cold stress, resulting from temperatures below the optimal range, can cause membrane damage, reduced enzymatic activity, and impaired nutrient uptake. Both heat and cold stress can significantly reduce crop yield and quality. Nutrient deficiencies, particularly those of nitrogen, phosphorus, and potassium, can severely impact crop growth and productivity. Nutrient stress occurs when essential nutrients are not available in adequate quantities, leading to stunted growth, chlorosis, and reduced photosynthetic efficiency [6]. For example, nitrogen deficiency results in reduced chlorophyll content, leading to decreased photosynthetic rates and lower biomass production. Biotic stresses, including pests, diseases, and weed competition, also significantly impact crop productivity. Pests such as insects, nematodes, and rodents cause direct damage to crops by feeding on plant tissues, while pathogens such as fungi, bacteria, and viruses cause diseases that impair plant health. Weeds compete with crops for resources such as water, nutrients, and light, leading to reduced crop growth and yield.

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### Impact of Stress Factors on Crop Yield and Quality

The impact of environmental stresses on crop yield and quality is profound and multifaceted. These stresses can cause physiological, biochemical, and molecular changes in plants, ultimately affecting their growth, development, and productivity. Environmental stresses, such as drought and salinity, primarily affect plant water relations and nutrient uptake. Drought stress leads to reduced water uptake, causing a decrease in turgor pressure and stomatal closure, which in turn limits photosynthesis and transpiration [7]. Salinity stress causes osmotic imbalance and ion toxicity, leading to impaired water and nutrient uptake. Temperature extremes disrupt enzymatic activities and cellular homeostasis, affecting metabolic processes and growth. Environmental stresses induce the production of reactive oxygen species (ROS), which cause oxidative damage to cellular components such as lipids, proteins, and nucleic acids. To mitigate this damage, plants activate antioxidant defense mechanisms, including the synthesis of antioxidant enzymes such as superoxide dismutase, catalase, and peroxidase. Additionally, stress conditions often lead to the accumulation of compatible solutes, such as proline and glycine betaine, which help maintain cellular osmotic balance and protect cellular structures. Environmental stresses trigger complex molecular responses involving changes in gene expression, protein synthesis, and metabolic pathways. For instance, drought and salinity stress induce

the expression of stress-responsive genes, including those encoding for transcription factors, osmoprotectants, and stress-responsive proteins [8]. Heat stress activates heat shock proteins (HSPs), which play a crucial role in protein folding, protection, and repair under stress conditions. Cold stress induces the expression of cold-responsive (COR) genes, which are involved in cold acclimation and freezing tolerance. The combined effects of these physiological, biochemical, and molecular changes result in reduced crop yield and quality. For example, drought stress in maize can lead to a yield reduction of up to 50%, depending on the severity and duration of the stress. Salinity stress in rice can cause a yield reduction of up to 60%, particularly in salt-sensitive varieties. Temperature extremes can cause significant yield losses in crops such as wheat, where heat stress during flowering and grain filling can reduce grain yield by up to 30%.

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### Mechanisms of Stress Tolerance in Plants

Plants have evolved various mechanisms to tolerate and adapt to environmental stresses. These mechanisms can be broadly categorized into physiological, biochemical, and molecular strategies. Physiological mechanisms of stress tolerance include changes in root architecture, stomatal regulation, and water use efficiency. For instance, drought-tolerant plants often develop deeper and more extensive root systems, enabling them to access water from deeper soil layers [9]. Stomatal regulation, involving the opening and closing of stomata, helps balance water loss through transpiration with the need for CO<sub>2</sub> uptake for photosynthesis. Additionally, some plants exhibit high water use efficiency (WUE), allowing them to maintain growth and productivity under water-limited conditions. Biochemical mechanisms of stress tolerance involve the production of osmoprotectants, antioxidants, and stress-responsive proteins. Osmoprotectants, such as proline, glycine betaine, and trehalose, help maintain cellular osmotic balance and protect cellular structures from stress-induced damage [10]. Antioxidant defense systems, including both enzymatic and non-enzymatic antioxidants, mitigate oxidative damage by scavenging reactive oxygen species (ROS). Stress-responsive proteins, such as dehydrins, late embryogenesis abundant (LEA) proteins, and heat shock proteins (HSPs), play crucial roles in protecting cellular components and maintaining cellular homeostasis under stress conditions [11]. Molecular mechanisms of stress tolerance involve the regulation of stress-responsive genes, signal transduction pathways, and epigenetic modifications. Transcription factors, such as DREB, MYB, and WRKY, regulate the expression of stress-responsive genes involved in various stress tolerance pathways. Signal transduction pathways, including the abscisic acid (ABA) signaling pathway, play key roles in mediating stress responses and activating downstream stress-responsive genes. Epigenetic modifications, such as DNA methylation and histone modifications, can also regulate gene expression and contribute to stress memory, enabling plants to better cope with recurring stress events. In addition to these mechanisms, plants can also establish beneficial interactions with soil microbes, such as mycorrhizal fungi and plant growth-promoting rhizobacteria (PGPR), which can enhance stress tolerance. Mycorrhizal fungi improve nutrient and water uptake, while PGPR can produce phytohormones, enhance nutrient availability, and induce systemic resistance to stress [12].

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## III. Biotechnological Approaches to Developing Stress-Tolerant Crops

### A. Genetic Engineering

Genetic engineering involves the direct manipulation of an organism's genome using biotechnology. It allows for the introduction, deletion, or modification of specific genes to enhance desired traits, such as stress tolerance in crops. This approach can overcome the limitations of traditional breeding by enabling precise alterations and introducing genes from unrelated species.

#### Genetic Modification Techniques

Genetic modification techniques have evolved significantly since the advent of recombinant DNA technology in the 1970s. The primary methods used in genetic engineering include Agrobacterium-

mediated transformation, particle bombardment (biolistics), and CRISPR/Cas9 gene editing. Agrobacterium-mediated transformation exploits the natural ability of the soil bacterium *Agrobacterium tumefaciens* to transfer a segment of its DNA (T-DNA) into the plant genome. This method is widely used for dicotyledonous plants and involves the insertion of genes of interest into the T-DNA region, which is then integrated into the plant genome during infection [13]. Particle bombardment, also known as biolistics, involves the physical delivery of DNA-coated microscopic particles into plant cells using a gene gun. This technique is suitable for a wide range of plant species, including monocotyledons, which are often recalcitrant to Agrobacterium-mediated transformation. CRISPR/Cas9, a revolutionary gene-editing tool, enables precise and targeted modifications in the genome. The system consists of two main components: the Cas9 endonuclease, which cuts DNA at specific sites, and a guide RNA (gRNA) that directs Cas9 to the target sequence. This method allows for gene knockout, insertion, or replacement, providing a powerful tool for crop improvement [14].

### Case Studies of Genetically Engineered Stress-Tolerant Crops

Genetic engineering has been successfully employed to develop crops with enhanced tolerance to various abiotic stresses. Some notable examples include drought-tolerant maize, salinity-tolerant rice, and heat-tolerant wheat.

**Drought-tolerant maize:** The development of genetically engineered drought-tolerant maize has been a significant milestone in crop biotechnology. One such example is the MON 87460 maize, which expresses the cold shock protein B (CspB) from *Bacillus subtilis*. This protein enhances the plant's ability to maintain cellular function under water-limited conditions, resulting in improved yield stability during drought stress [15].

**Salinity-tolerant rice:** Salinity stress adversely affects rice production, particularly in coastal and irrigated areas. Researchers have developed transgenic rice varieties with enhanced salinity tolerance by overexpressing genes involved in ion homeostasis and osmoprotection. For instance, the overexpression of the *OshKT1;5* gene, which encodes a sodium transporter, improves salt tolerance by reducing sodium accumulation in shoots.

**Heat-tolerant wheat:** Heat stress during the reproductive stage can severely reduce wheat yields. Genetic engineering has been employed to develop heat-tolerant wheat varieties by overexpressing heat shock proteins (HSPs) and other stress-responsive genes. For example, the overexpression of the *TaHSP17.8* gene, encoding a small heat shock protein, enhances thermotolerance in wheat by protecting cellular structures and proteins from heat-induced damage [16].

### B. Marker-Assisted Breeding

Marker-assisted breeding (MAB) is a modern breeding technique that uses molecular markers to select for desirable traits in crops. This approach accelerates the breeding process by enabling the identification and selection of plants carrying specific genes or quantitative trait loci (QTLs) associated with stress tolerance.

#### Principles of Marker-Assisted Selection (MAS)

Marker-assisted selection relies on the use of molecular markers, which are DNA sequences linked to specific traits of interest. These markers can be identified through genetic mapping and association studies. The process of MAS involves several key steps:

1. **Identification of markers linked to stress tolerance traits:** Genetic mapping studies are conducted to identify markers associated with stress tolerance traits. These markers can be simple sequence repeats (SSRs), single nucleotide polymorphisms (SNPs), or other types of molecular markers [17].
2. **Marker validation:** The identified markers are validated in different genetic backgrounds and environments to ensure their reliability and robustness in predicting the target traits.

3. Marker-assisted selection: Plants carrying the desired markers are selected in the breeding program, enabling the rapid and accurate transfer of stress tolerance traits into elite breeding lines.

### Examples of MAS in Developing Stress Tolerance

Marker-assisted selection has been successfully employed to develop stress-tolerant crop varieties. Some notable examples include drought-tolerant rice, salinity-tolerant wheat, and heat-tolerant maize. Drought-tolerant rice: The identification and use of QTLs associated with drought tolerance have enabled the development of drought-resistant rice varieties. One such example is the IR64-Sub1 rice, which combines the Sub1 QTL for submergence tolerance with QTLs for drought tolerance, resulting in improved yield stability under both flooding and drought conditions [18]. Salinity-tolerant wheat: Marker-assisted breeding has been employed to develop salinity-tolerant wheat varieties by incorporating QTLs associated with salt tolerance. The Kna1 gene, located on chromosome 4D, is a major QTL for salinity tolerance in wheat. Marker-assisted selection for this gene has led to the development of wheat varieties with improved salt tolerance. Heat-tolerant maize: Marker-assisted breeding has been used to develop heat-tolerant maize varieties by selecting for QTLs associated with heat tolerance. The identification of markers linked to heat tolerance traits, such as tassel blast resistance and grain filling under high temperatures, has facilitated the development of maize varieties with enhanced thermotolerance [19].

### C. CRISPR/Cas9 Technology

CRISPR/Cas9 is a powerful gene-editing tool that allows for precise and targeted modifications in the genome. This technology has revolutionized the field of genetic engineering and has significant potential for developing stress-tolerant crops.

#### Basics of CRISPR/Cas9 Gene Editing

The CRISPR/Cas9 system is derived from the adaptive immune system of bacteria, which uses RNA-guided nucleases to target and cleave foreign DNA. The system consists of two main components: the Cas9 endonuclease and a guide RNA (gRNA). The gRNA contains a sequence complementary to the target DNA, directing Cas9 to the specific site in the genome. Once bound, Cas9 introduces a double-strand break at the target site, which can be repaired by the cell's natural repair mechanisms, leading to gene knockout, insertion, or replacement [20].

#### Applications in Stress Tolerance Improvement

CRISPR/Cas9 technology has been successfully employed to enhance stress tolerance in various crops. Some notable examples include drought-tolerant rice, salinity-tolerant tomato, and heat-tolerant maize. Drought-tolerant rice: CRISPR/Cas9 has been used to edit genes involved in drought tolerance in rice. For instance, the targeted knockout of the OsPYL9 gene, a negative regulator of abscisic acid (ABA) signaling, enhances drought tolerance by increasing ABA sensitivity and improving water use efficiency. Salinity-tolerant tomato: The CRISPR/Cas9 system has been employed to develop salinity-tolerant tomato plants by editing genes involved in salt stress responses. The knockout of the SIMAPK3 gene, a mitogen-activated protein kinase, enhances salt tolerance by modulating ion homeostasis and antioxidant responses [21]. Heat-tolerant maize: CRISPR/Cas9 has been used to improve heat tolerance in maize by targeting genes involved in heat stress responses. The knockout of the ZmHSP101 gene, encoding a heat shock protein, enhances thermotolerance by protecting cellular structures and proteins from heat-induced damage.

### IV. Omics Technologies in Stress-Tolerant Crop Development

#### A. Genomics

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## Sequencing Technologies and Their Role

Genomics, the study of an organism's entire genome, has revolutionized plant biology and crop breeding. Sequencing technologies have played a crucial role in this revolution, enabling the detailed analysis of genetic material at unprecedented speeds and accuracy. The first significant leap in sequencing technology was the development of Sanger sequencing in the 1970s, which provided the foundational method for DNA sequencing [22]. However, the advent of next-generation sequencing (NGS) technologies, such as Illumina, Roche 454, and Ion Torrent, has exponentially increased sequencing throughput while reducing costs. NGS technologies allow for the sequencing of entire genomes, transcriptomes, and epigenomes, facilitating comprehensive genetic studies. These technologies have been instrumental in sequencing the genomes of various crops, including rice, wheat, maize, and soybean, providing invaluable resources for understanding genetic variation and identifying genes associated with stress tolerance. For example, the sequencing of the rice genome (*Oryza sativa*) has provided insights into the genetic basis of drought tolerance, enabling the identification of quantitative trait loci (QTLs) and candidate genes for breeding programs [23].

## Genomic Insights into Stress Tolerance

Genomic studies have uncovered numerous insights into the mechanisms of stress tolerance in crops. These insights have been achieved through genome-wide association studies (GWAS), QTL mapping, and comparative genomics. GWAS, which involves scanning the genomes of many individuals to find genetic variants associated with specific traits, has been particularly useful in identifying genes linked to stress tolerance [24]. For instance, a GWAS in rice identified several QTLs associated with drought tolerance, including the qDTY12.1 locus, which enhances yield under drought conditions. Similarly, QTL mapping in maize has identified regions of the genome associated with heat tolerance, providing targets for genetic improvement. Comparative genomics, which involves comparing the genomes of different species, has also provided insights into stress tolerance. For example, comparing the genomes of stress-tolerant wild relatives of crops with domesticated varieties can identify genes and pathways that confer resilience to adverse conditions. This approach has been used to identify salinity tolerance genes in wild barley (*Hordeum spontaneum*) that can be transferred to cultivated barley to improve stress tolerance [25].

### B. Transcriptomics

#### RNA Sequencing and Analysis

Transcriptomics, the study of the complete set of RNA transcripts produced by the genome, provides a dynamic view of gene expression and regulation. RNA sequencing (RNA-seq) has become the gold standard for transcriptome analysis due to its high sensitivity, accuracy, and ability to quantify gene expression levels. RNA-seq involves converting RNA into complementary DNA (cDNA), which is then sequenced using NGS technologies. This approach allows for the identification and quantification of transcripts, including mRNA, non-coding RNA, and microRNA, providing a comprehensive view of the transcriptome. RNA-seq has been used extensively to study gene expression changes in crops under various stress conditions, such as drought, salinity, and heat [26].

#### Gene Expression Profiling Under Stress Conditions

Gene expression profiling using RNA-seq has revealed critical insights into the molecular responses of crops to environmental stresses. For example, transcriptome analysis of drought-stressed maize has identified key genes involved in osmotic adjustment, antioxidant defense, and hormone signaling pathways, which are crucial for drought tolerance. In rice, RNA-seq has been used to profile gene expression changes under salt stress, revealing the upregulation of genes involved in ion transport, osmoprotection, and stress signaling. Similarly, heat stress-induced changes in gene expression have been studied in wheat, identifying heat shock proteins (HSPs) and other stress-responsive genes that

protect cellular structures and functions under high temperatures. RNA-seq has also been instrumental in understanding the role of non-coding RNAs, such as microRNAs (miRNAs) and long non-coding RNAs (lncRNAs), in stress responses. For instance, miRNAs regulate gene expression post-transcriptionally and play crucial roles in modulating stress responses by targeting stress-related genes [27]. Transcriptome analysis has identified several stress-responsive miRNAs in crops, providing potential targets for genetic engineering to enhance stress tolerance.

### **C. Proteomics**

#### **Protein Identification and Quantification**

Proteomics, the large-scale study of proteins, their structures, and functions, provides insights into the functional molecules that carry out cellular processes. Unlike the static nature of the genome, the proteome is highly dynamic and responsive to environmental changes, making proteomics a powerful tool for studying stress responses in crops [28]. Protein identification and quantification in proteomics involve techniques such as mass spectrometry (MS) and two-dimensional gel electrophoresis (2-DE). MS-based proteomics, including techniques like tandem MS (MS/MS) and liquid chromatography-MS (LC-MS), allows for the precise identification and quantification of proteins in complex mixtures. These methods have been widely used to study protein expression changes in crops under stress conditions.

#### **Proteomic Changes in Response to Stress**

Proteomic studies have revealed critical insights into the molecular mechanisms of stress tolerance in crops. For example, proteomic analysis of drought-stressed rice has identified differentially expressed proteins involved in osmoprotection, energy metabolism, and stress signaling. Similarly, proteomic profiling of salt-stressed soybean roots has revealed the upregulation of proteins associated with ion transport, antioxidant defense, and protein folding [29]. Heat stress-induced proteomic changes have been studied in wheat, identifying HSPs and other chaperones that prevent protein aggregation and maintain cellular homeostasis under high temperatures. Proteomic analysis has also been used to study the effects of combined abiotic stresses, such as drought and heat, providing insights into the complex interactions between different stress responses. In addition to identifying stress-responsive proteins, proteomics has revealed post-translational modifications (PTMs) that regulate protein function and stability under stress conditions. For example, phosphorylation, ubiquitination, and glycosylation are critical PTMs that modulate protein activity and stress responses [30]. Understanding these modifications provides valuable insights into the regulation of stress tolerance mechanisms and potential targets for genetic improvement.

### **D. Metabolomics**

#### **Metabolite Profiling Techniques**

Metabolomics, the comprehensive study of metabolites within a biological system, provides a snapshot of the metabolic state of an organism. Metabolites are small molecules that serve as substrates, intermediates, and products of metabolic pathways, reflecting the biochemical activity within cells. Metabolite profiling involves the identification and quantification of metabolites using techniques such as gas chromatography-MS (GC-MS), liquid chromatography-MS (LC-MS), and nuclear magnetic resonance (NMR) spectroscopy. These methods allow for the detailed analysis of primary and secondary metabolites, providing insights into the metabolic changes that occur in response to environmental stresses [31].

#### **Metabolomic Shifts Under Stress Conditions**

Metabolomic studies have revealed significant shifts in the metabolic profiles of crops under stress conditions. For example, drought stress in maize induces the accumulation of osmoprotectants such as

proline, glycine betaine, and trehalose, which help maintain cellular osmotic balance and protect cellular structures. Similarly, salt stress in rice leads to the accumulation of compatible solutes and antioxidants that mitigate the effects of ionic and osmotic stress. Heat stress-induced metabolomic changes have been studied in wheat, revealing the accumulation of heat shock metabolites that protect cellular structures and enhance thermotolerance [32]. Metabolomic analysis has also been used to study the effects of combined abiotic stresses, such as drought and salinity, providing insights into the complex interactions between different metabolic pathways. In addition to primary metabolites, secondary metabolites such as flavonoids, alkaloids, and terpenoids play crucial roles in stress responses by protecting plants from oxidative damage and modulating stress signaling pathways. Metabolomic studies have identified stress-responsive secondary metabolites in various crops, providing potential targets for genetic engineering to enhance stress tolerance.

## V. Plant-Microbe Interactions in Stress Tolerance

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### A. Role of Beneficial Microbes in Enhancing Stress Tolerance

Beneficial microbes play a pivotal role in enhancing stress tolerance in plants. These microbes include bacteria, fungi, and other microorganisms that establish symbiotic relationships with plants, aiding them in coping with various abiotic stresses such as drought, salinity, and extreme temperatures. The presence of these beneficial microbes in the rhizosphere—the region of soil surrounding plant roots—can significantly influence plant health and stress resilience. One of the primary groups of beneficial microbes are plant growth-promoting rhizobacteria (PGPR). PGPR can enhance plant growth and stress tolerance through various mechanisms, including nitrogen fixation, phytohormone production, and the solubilization of essential nutrients. For instance, the bacteria of the genus *Azospirillum* are known to fix atmospheric nitrogen and produce phytohormones like indole-3-acetic acid (IAA), which promote root growth and enhance plant water uptake under drought conditions [33]. Similarly, *Bacillus* species produce various compounds that help plants withstand salinity stress by modulating ion balance and enhancing antioxidant defense mechanisms. Arbuscular mycorrhizal fungi (AMF) are another crucial group of beneficial microbes. AMF form symbiotic associations with the roots of most terrestrial plants, facilitating nutrient uptake, particularly phosphorus, and improving water absorption. Studies have shown that AMF colonization can enhance drought tolerance in crops by improving root hydraulic conductivity and increasing the accumulation of osmoprotectants such as proline. Moreover, AMF can also enhance salinity tolerance by modulating ion transport and reducing the uptake of toxic ions such as sodium. Endophytic fungi and bacteria, which live within plant tissues without causing harm, also contribute to stress tolerance. For example, the endophytic fungus *Piriformospora indica* has been shown to enhance drought tolerance in barley by increasing the expression of drought-responsive genes and enhancing antioxidant enzyme activities. Similarly, endophytic bacteria such as *Pseudomonas* and *Burkholderia* spp. can induce systemic resistance in plants against multiple stresses, including drought and salinity, through the production of stress-related phytohormones and secondary metabolites [34].

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### B. Mechanisms of Plant-Microbe Interactions

The mechanisms through which beneficial microbes enhance plant stress tolerance are multifaceted and involve a complex interplay of physical, chemical, and molecular interactions. These mechanisms can be broadly categorized into direct and indirect effects on plant physiology and stress responses. Direct mechanisms include the modulation of plant hormone levels, improved nutrient uptake, and enhanced water acquisition. Beneficial microbes can produce phytohormones such as auxins, cytokinins, and gibberellins, which regulate plant growth and development. For example, PGPR such as *Azospirillum* and *Bacillus* spp. produce auxins that stimulate root growth, increasing the plant's ability to access water and nutrients under stress conditions. Additionally, these microbes can solubilize essential nutrients such as phosphorus and iron, making them more available to plants and thereby enhancing their nutritional status and stress resilience [35]. Improved water acquisition is

another crucial mechanism through which beneficial microbes enhance stress tolerance. AMF, for example, extend their hyphae into the soil, increasing the surface area for water absorption and facilitating water transport to the plant roots. This mycorrhizal network can significantly improve plant water status under drought conditions, as demonstrated in studies with maize and wheat. Furthermore, the accumulation of osmoprotectants such as proline and glycine betaine in mycorrhizal plants helps maintain cell turgor and protect cellular structures from osmotic stress. Indirect mechanisms involve the induction of systemic resistance and the modulation of stress-related gene expression. Beneficial microbes can trigger systemic resistance in plants through the production of elicitors and signaling molecules that activate plant defense pathways. For instance, endophytic bacteria such as *Pseudomonas fluorescens* produce siderophores and lipopolysaccharides that induce the expression of defense-related genes and enhance plant resistance to multiple stresses. Similarly, AMF can induce the expression of genes involved in antioxidant defense and stress signaling pathways, thereby enhancing the plant's ability to cope with abiotic stresses [36]. Another critical aspect of plant-microbe interactions is the modulation of root architecture and exudation. Beneficial microbes can influence root system architecture by promoting lateral root formation and increasing root surface area, which enhances the plant's ability to explore the soil for water and nutrients. Additionally, root exudates, which include sugars, amino acids, and organic acids, can attract beneficial microbes and facilitate their colonization, creating a positive feedback loop that enhances plant-microbe symbiosis and stress tolerance.

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### C. Biotechnological Applications of Plant-Microbe Symbiosis

The understanding of plant-microbe interactions has led to several biotechnological applications aimed at enhancing crop stress tolerance and productivity. These applications include the development of microbial inoculants, genetic engineering of plants and microbes, and the use of microbiome engineering to manipulate the rhizosphere environment. Microbial inoculants, also known as biofertilizers, are formulations containing beneficial microbes that can be applied to seeds, soil, or plants to promote growth and stress tolerance. These inoculants include PGPR, AMF, and endophytic microbes that enhance nutrient uptake, produce phytohormones, and induce systemic resistance. For example, the application of *Azospirillum* inoculants to maize has been shown to increase drought tolerance and improve yield under water-limited conditions. Similarly, the use of AMF inoculants in tomato and cucumber has demonstrated significant improvements in salinity tolerance and growth [37]. Genetic engineering approaches involve the modification of plant and microbial genomes to enhance their stress tolerance capabilities. This includes the overexpression of stress-responsive genes, the introduction of genes encoding beneficial microbial traits, and the manipulation of signaling pathways involved in plant-microbe interactions. For example, transgenic plants expressing genes for bacterial ACC deaminase, an enzyme that degrades the stress-related hormone ethylene, have shown enhanced growth and stress tolerance under salinity and drought conditions [38]. Additionally, genetic engineering of AMF to enhance their symbiotic efficiency and stress tolerance is an emerging area of research with significant potential for improving crop resilience. Microbiome engineering is a novel approach that involves the manipulation of the plant-associated microbial community to enhance stress tolerance and productivity. This approach leverages advances in high-throughput sequencing and metagenomics to identify beneficial microbial consortia and develop strategies for their targeted application. For example, the use of synthetic microbial communities (SynComs) composed of selected beneficial microbes has shown promise in enhancing plant growth and stress tolerance in various crops. Furthermore, the application of microbial consortia to the rhizosphere can modulate root exudation patterns and create a favorable environment for beneficial microbes, enhancing plant-microbe interactions and stress resilience [39]. The integration of omics technologies, such as genomics, transcriptomics, proteomics, and metabolomics, has further advanced our understanding of plant-microbe interactions and facilitated the development of biotechnological applications. These technologies enable the comprehensive analysis of microbial communities, gene expression profiles, protein functions, and metabolic pathways involved in stress tolerance. For

example, metagenomic sequencing has revealed the diversity and functional potential of microbial communities associated with stress-tolerant plants, providing insights into the key microbial players and their roles in stress resilience. Similarly, transcriptomic and proteomic analyses have identified stress-responsive genes and proteins in plants and microbes, facilitating the development of targeted genetic and microbial interventions [40].

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## VI. Case Studies and Success Stories

### Drought-Tolerant Crops

Drought tolerance in crops is crucial for ensuring food security, especially in regions prone to water scarcity. Advances in biotechnology and breeding techniques have led to the development of several drought-tolerant crop varieties, significantly impacting agricultural productivity and sustainability. One of the most notable examples of drought-tolerant crops is the development of genetically modified maize by Monsanto, known as DroughtGard. This maize variety expresses the cold shock protein B (CspB) from *Bacillus subtilis*, which enhances the plant's ability to maintain cellular function under water-limited conditions. Field trials have shown that DroughtGard maize can improve yield by 5-10% under moderate drought conditions compared to conventional maize varieties [41]. The development of SahbhagiDhan, a drought-tolerant rice variety, has been a significant achievement. This variety was developed using conventional breeding techniques and incorporates traits from upland rice varieties known for their drought tolerance. SahbhagiDhan has shown a yield advantage of 0.8-1.2 tons per hectare under drought conditions compared to traditional varieties, benefiting millions of smallholder farmers in drought-prone regions. Another success story is the development of drought-tolerant wheat varieties through marker-assisted breeding. The identification and incorporation of quantitative trait loci (QTLs) associated with drought tolerance have led to the creation of wheat varieties that can maintain higher yields under water-limited conditions. For instance, the QTLs on chromosomes 4A and 7D have been associated with improved yield stability and root traits, contributing to enhanced drought tolerance in wheat [42].

### Salinity-Resistant Crops

Salinity is a major abiotic stress that affects crop productivity, particularly in coastal and irrigated areas. The development of salinity-resistant crops has been a focus of research to improve agricultural sustainability in salt-affected soils. Rice, a staple food for millions, is highly sensitive to salinity. The development of salt-tolerant rice varieties, such as Pokkali and CSR 27, has been instrumental in improving rice production in saline environments. Pokkali, a traditional salt-tolerant rice variety from India, has been used as a genetic source for developing new salt-tolerant varieties through marker-assisted breeding. The Saltol QTL, derived from Pokkali, has been incorporated into popular rice varieties, significantly enhancing their salinity tolerance [43]. In addition to rice, the development of salinity-resistant wheat varieties has shown promise. The identification of the *Kna1* gene on chromosome 4D, which confers salinity tolerance, has enabled the breeding of wheat varieties that can thrive in saline soils. For instance, the wheat variety KRL 19, developed, exhibits improved yield and growth under saline conditions, making it suitable for cultivation in salt-affected regions. Salinity tolerance has also been improved in soybean through genetic engineering. The overexpression of the *GmSALT3* gene, which encodes a transporter protein involved in sodium exclusion, enhances salt tolerance in soybean. Field trials have shown that transgenic soybean plants expressing *GmSALT3* exhibit higher biomass and yield under saline conditions compared to non-transgenic plants [44].

### Heat-Tolerant Crops

Heat stress is a significant challenge for crop production, particularly in regions experiencing high temperatures. The development of heat-tolerant crops is essential for maintaining productivity and ensuring food security in the face of climate change. Wheat is particularly vulnerable to heat stress during its reproductive stage, leading to significant yield losses. The development of heat-tolerant

wheat varieties has focused on the identification and incorporation of heat-responsive genes and QTLs. For example, the QTLs on chromosomes 3B and 7A have been associated with improved heat tolerance and grain yield in wheat. Breeding programs have successfully incorporated these QTLs into new wheat varieties, resulting in improved yield stability under heat stress [45]. Tomato, a widely grown vegetable crop, is also sensitive to high temperatures. The development of heat-tolerant tomato varieties has been achieved through both conventional breeding and genetic engineering. The introduction of heat shock proteins (HSPs) and other stress-responsive genes into tomato has resulted in enhanced thermotolerance. For instance, the overexpression of the HsfA1a gene, a heat shock transcription factor, has been shown to improve heat tolerance and fruit set in tomato under high-temperature conditions. Another success story is the development of heat-tolerant maize through marker-assisted breeding. The identification of QTLs associated with heat tolerance has enabled the breeding of maize varieties that can maintain higher yields under high-temperature conditions. For example, the incorporation of QTLs on chromosomes 9 and 10 has resulted in the development of maize varieties with improved heat tolerance and yield stability [46].

### **Cold-Tolerant Crops**

Cold stress, including chilling and freezing temperatures, poses a significant threat to crop production, particularly in temperate and high-altitude regions. The development of cold-tolerant crops is essential for extending the growing season and improving agricultural productivity in cold climates. Rice, a tropical crop, is highly susceptible to cold stress. The development of cold-tolerant rice varieties has focused on the identification and incorporation of cold-responsive genes and QTLs. For instance, the identification of the Ctb1 gene, which enhances cold tolerance at the booting stage, has enabled the breeding of rice varieties that can withstand low temperatures. The rice variety Takanari, developed in Japan, exhibits improved cold tolerance and yield stability under cold stress conditions. In addition to rice, the development of cold-tolerant barley has shown promise. The identification of QTLs associated with cold tolerance has enabled the breeding of barley varieties that can thrive in cold climates. For example, the incorporation of QTLs on chromosomes 5H and 7H has resulted in the development of barley varieties with improved cold tolerance and yield stability. Cold tolerance has also been improved in potato through genetic engineering. The introduction of antifreeze proteins (AFPs) from cold-tolerant organisms, such as the winter flounder, into potato has resulted in enhanced cold tolerance. Transgenic potato plants expressing AFPs exhibit improved survival and growth under freezing temperatures compared to non-transgenic plants [47].

## **VII. Challenges and Limitations**

### **Technical Challenges in Biotechnological Approaches**

The development of stress-tolerant crops through biotechnological approaches is fraught with technical challenges that can impede progress and limit the effectiveness of these strategies. One of the primary challenges is the complexity of stress tolerance traits, which are often controlled by multiple genes and involve intricate regulatory networks. This polygenic nature makes it difficult to identify and manipulate specific genes that confer stress tolerance. Drought tolerance involves numerous physiological, biochemical, and molecular responses, including root architecture modification, stomatal regulation, osmoprotectant accumulation, and antioxidant defense. Identifying all the genes involved and understanding their interactions is a daunting task. Marker-assisted selection (MAS) and genome-wide association studies (GWAS) have facilitated the identification of quantitative trait loci (QTLs) associated with drought tolerance, but the application of these findings in breeding programs remains challenging due to the need for precise phenotyping and the influence of environmental factors on trait expression. Another significant technical challenge is the transformation efficiency and regeneration of genetically modified plants. Many economically important crops, such as wheat, maize, and soybean, are recalcitrant to transformation, making genetic engineering efforts labor-intensive and time-consuming. Techniques like Agrobacterium-mediated

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transformation and particle bombardment have been widely used, but their efficiency varies across species and even among different cultivars of the same species [48]. For example, maize transformation efficiency can be as low as 2-10%, posing a significant bottleneck in the development of transgenic maize varieties. CRISPR/Cas9 technology has revolutionized genetic engineering by enabling precise genome editing, but it also faces technical challenges. Off-target effects, where the Cas9 nuclease cuts unintended genomic sites, can lead to unwanted mutations and affect plant phenotype. Efforts to improve the specificity of CRISPR/Cas9, such as using modified Cas9 variants and optimizing guide RNA design, are ongoing but require extensive validation to ensure the reliability of the technology. The introduction of foreign genes or the modification of native genes can also lead to unintended pleiotropic effects, where changes in one gene affect multiple traits. For example, the overexpression of a gene involved in drought tolerance might inadvertently affect plant growth or yield under non-stress conditions, complicating the breeding process [49]. Additionally, the stability of transgene expression across generations and under different environmental conditions remains a concern, necessitating long-term field trials and rigorous testing.

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### Regulatory and Ethical Considerations

The development and commercialization of genetically modified (GM) crops are subject to stringent regulatory frameworks designed to ensure their safety for human consumption, animal feed, and the environment. These regulations vary across countries, leading to a complex and often fragmented global regulatory landscape. In the United States, GM crops are regulated by three agencies: the United States Department of Agriculture (USDA), the Environmental Protection Agency (EPA), and the Food and Drug Administration (FDA). Each agency evaluates different aspects of GM crops, including environmental impact, pest resistance, and food safety [50]. The approval process can be lengthy and costly, often taking several years and millions of dollars to complete. For example, the approval of GM maize MON810, which is resistant to European corn borer, involved extensive testing and documentation, delaying its market release. In the European Union, the regulatory framework for GM crops is even more stringent. The European Food Safety Authority (EFSA) conducts a rigorous risk assessment, and individual member states have the authority to ban GM crops even after EFSA approval. This has led to a patchwork of regulations and a slower adoption of GM technology in Europe compared to other regions. Ethical considerations also play a significant role in the development and acceptance of GM crops. Concerns about the potential health risks of consuming GM foods, the environmental impact of GM crops, and the ethical implications of genetic modification are widespread. These concerns are often amplified by misinformation and lack of understanding about the science behind GM technology [51]. The ethical debate extends to issues of intellectual property and farmers' rights. GM crops are often protected by patents, giving biotechnology companies control over their use and distribution. This can lead to conflicts over seed sovereignty, particularly in developing countries where farmers rely on saving seeds for the next planting season. The controversy surrounding Monsanto's patent on Roundup Ready soybeans, which prohibits farmers from saving seeds, highlights the ethical and legal complexities of GM crop commercialization [52]. Efforts to address these ethical concerns include the development of public sector GM crops, which are not subject to restrictive patents, and the implementation of stewardship programs to ensure responsible use of GM technology. For example, the Water Efficient Maize for Africa (WEMA) project, a public-private partnership, aims to develop drought-tolerant maize varieties accessible to smallholder farmers in Africa without the burden of patent restrictions.

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### Public Perception and Acceptance of Genetically Modified Crops

Public perception and acceptance of GM crops are critical factors that influence their adoption and commercialization. Despite the scientific consensus on the safety of GM crops, public skepticism and opposition remain significant barriers. Numerous surveys and studies have shown that public perception of GM crops is influenced by factors such as trust in regulatory institutions, perceived

benefits and risks, ethical considerations, and cultural values. For instance, a study conducted in the European Union found that public trust in regulatory authorities and the perceived benefits of GM crops were significant predictors of acceptance, while concerns about environmental impact and food safety were major deterrents. Misinformation and lack of understanding about GM technology contribute to public skepticism. The spread of false claims about the health risks of GM foods and the environmental impact of GM crops has fueled opposition and created a polarized public discourse. Efforts to improve public understanding through science communication and education are essential to address these misconceptions. Cultural values and ethical considerations also play a role in shaping public perception. In many European countries, for example, there is a strong cultural preference for natural and organic foods, which contrasts with the concept of genetic modification. This cultural bias can influence public attitudes and lead to resistance against GM technology [53]. The media plays a significant role in shaping public perception of GM crops. Media coverage often focuses on the controversies and ethical dilemmas associated with GM technology rather than the scientific evidence and potential benefits. This can skew public understanding and create a perception of risk and uncertainty. The biotech industry and regulatory agencies have recognized the importance of public engagement and transparency in addressing these challenges. Initiatives such as the International Service for the Acquisition of Agri-biotech Applications (ISAAA) aim to provide accurate information about GM crops and their benefits. Additionally, participatory approaches that involve stakeholders, including farmers, consumers, and environmental groups, in the decision-making process can help build trust and acceptance. Consumer acceptance of GM crops also varies significantly across regions. In the United States and Canada, where GM crops have been widely adopted, consumer acceptance is relatively high, and GM foods are commonly found in the market. In contrast, in the European Union and parts of Asia, consumer resistance is stronger, and the market presence of GM foods is limited. One of the critical factors influencing consumer acceptance is labeling. Mandatory labeling of GM foods can provide consumers with the choice and transparency they seek, potentially increasing acceptance. However, labeling can also reinforce negative perceptions and create a market disadvantage for GM products [54].

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## VIII. Future Perspectives and Research Directions

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### Emerging Biotechnological Tools and Methods

The field of biotechnology is rapidly evolving, offering new tools and methods that hold promise for advancing the development of stress-tolerant crops. One of the most significant recent advancements is the CRISPR/Cas9 gene-editing technology, which allows for precise, targeted modifications of the plant genome. CRISPR/Cas9 has revolutionized genetic engineering by enabling the creation of plants with enhanced stress tolerance traits more efficiently and accurately than traditional methods. Researchers are continuously refining this technology to improve its specificity and reduce off-target effects, which is crucial for its safe and effective application in crop improvement [55]. Another emerging tool is synthetic biology, which involves designing and constructing new biological parts, devices, and systems. Synthetic biology has the potential to create entirely new pathways in plants for enhanced stress tolerance. For example, synthetic biology approaches can be used to engineer metabolic pathways that increase the production of protective compounds such as osmoprotectants and antioxidants in plants under stress conditions. Advancements in high-throughput sequencing and omics technologies (genomics, transcriptomics, proteomics, and metabolomics) are also driving progress in crop biotechnology. These technologies enable comprehensive profiling of plant responses to stress at multiple molecular levels, facilitating the identification of key genes, proteins, and metabolites involved in stress tolerance. High-throughput phenotyping platforms that use imaging, spectroscopy, and other sensor technologies are being developed to accurately measure plant traits related to stress tolerance, allowing for more efficient selection and breeding. The use of RNA interference (RNAi) technology, which involves the silencing of specific genes, has shown promise in enhancing stress tolerance. For instance, RNAi has been used to downregulate genes involved in

ethylene production, a hormone associated with stress responses, thereby improving drought and salinity tolerance in crops [56].

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### **Integrative Approaches Combining Multiple Technologies**

Future research in crop biotechnology will increasingly focus on integrative approaches that combine multiple technologies to develop robust stress-tolerant crops. These integrative strategies will leverage the strengths of different biotechnological tools to address the complex nature of stress tolerance. One promising approach is the integration of genomics, transcriptomics, proteomics, and metabolomics data to gain a holistic understanding of plant stress responses. This systems biology approach can reveal how different molecular components interact and regulate stress tolerance mechanisms, providing insights that can inform genetic engineering and breeding strategies. For example, combining transcriptomic and metabolomic data can help identify key regulatory genes and metabolic pathways that confer stress tolerance, which can then be targeted for genetic modification [57]. Another integrative strategy involves the use of genome-wide association studies (GWAS) and genomic selection (GS) in breeding programs. GWAS can identify genetic variants associated with stress tolerance traits, while GS can predict the breeding value of individuals based on their genomic information. Combining these approaches with high-throughput phenotyping can accelerate the development of stress-tolerant varieties. Additionally, the integration of CRISPR/Cas9 with other gene-editing tools such as TALENs (transcription activator-like effector nucleases) and ZFNs (zinc finger nucleases) can enhance the precision and efficiency of genetic modifications. These complementary technologies can be used to create multiplexed edits, where multiple genes are simultaneously targeted to achieve complex trait improvements. The integration of synthetic biology with traditional breeding and genetic engineering is also a promising avenue. Synthetic biology can be used to construct new genetic circuits and pathways that enhance stress tolerance, which can then be introduced into elite breeding lines using traditional breeding or genetic engineering methods. This approach can lead to the development of crops with novel stress tolerance traits that are not present in natural populations [58].

### **Potential Impact on Global Food Security**

The development of stress-tolerant crops through advanced biotechnological approaches has significant potential to enhance global food security, particularly in the face of climate change and increasing environmental stresses. Stress-tolerant crops can maintain higher yields and stable production under adverse conditions, reducing the risk of crop failures and food shortages. Drought-tolerant crops, for example, can significantly improve agricultural productivity in water-scarce regions. The development and deployment of drought-tolerant maize in sub-Saharan Africa have demonstrated yield increases of 20-30% under drought conditions, benefiting millions of smallholder farmers and enhancing food security in the region. Similarly, drought-tolerant rice varieties such as Sahbhagi Dhan have improved yield stability in drought-prone areas of India, contributing to the resilience of local food systems [59]. Salinity-resistant crops are crucial for improving productivity in salt-affected soils, which are prevalent in many parts of the world. The development of salt-tolerant rice and wheat varieties has enabled the cultivation of these crops in saline environments, increasing the arable land available for food production. For instance, salt-tolerant rice varieties developed using the Saltol QTL have shown yield advantages of up to 50% in saline soils, offering a viable solution for farmers in coastal and irrigated regions. Heat-tolerant crops are essential for maintaining productivity in regions experiencing rising temperatures due to climate change. Heat-tolerant wheat and maize varieties have been developed through both conventional breeding and genetic engineering, showing improved yield stability under high-temperature conditions. These crops can mitigate the adverse effects of heat waves and prolonged hot spells, ensuring stable food production in affected areas. The development of cold-tolerant crops can extend the growing season and improve productivity in temperate and high-altitude regions. Cold-tolerant rice, barley, and potato varieties have been

developed through the incorporation of cold-responsive genes and QTLs, enabling these crops to withstand low temperatures and continue growing during colder periods [60]. In addition to improving crop productivity, stress-tolerant crops can contribute to sustainable agriculture by reducing the need for chemical inputs such as fertilizers and pesticides. Crops with enhanced nutrient uptake efficiency can thrive in nutrient-poor soils, reducing the dependency on synthetic fertilizers. Similarly, crops with improved resistance to pests and diseases can lower the reliance on chemical pesticides, promoting environmentally friendly farming practices. The potential impact of stress-tolerant crops on global food security extends beyond yield improvements. These crops can enhance the resilience of food systems to climate change and environmental variability, reducing the vulnerability of farmers and communities to food insecurity. By stabilizing production and ensuring a consistent food supply, stress-tolerant crops can contribute to the eradication of hunger and the achievement of Sustainable Development Goal 2 (Zero Hunger). The adoption of stress-tolerant crops can have positive socio-economic impacts by improving the livelihoods of smallholder farmers. Increased productivity and yield stability can enhance farmers' incomes and provide economic opportunities, particularly in regions where agriculture is the primary source of livelihood. The deployment of stress-tolerant crops can also empower farmers to manage risks more effectively and make informed decisions about resource allocation and crop management [61].

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## IX. Conclusion

The future of stress-tolerant crops is promising, driven by advancements in biotechnological tools and integrative approaches that combine genomics, transcriptomics, proteomics, and metabolomics. CRISPR/Cas9 and synthetic biology are revolutionizing genetic engineering, while high-throughput phenotyping and RNAi technologies enhance trait identification and manipulation. These innovations have significant potential to improve global food security by stabilizing crop yields under adverse conditions, reducing reliance on chemical inputs, and supporting sustainable agriculture. The successful development and adoption of stress-tolerant crops will also positively impact the livelihoods of smallholder farmers, contributing to economic stability and resilience against climate change. Continued research and collaboration across disciplines will be essential to fully realize the potential of these technologies in addressing global agricultural challenges.

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