

Review Form 1.7

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| Journal Name: | Asian Journal of Medicine and Health |
| Manuscript Number: | Ms_AJMAH_112291 |
| Title of the Manuscript: | Adherence of Hypertension Patients to a Healthy Diet and Physical Activity: A Systematic Review |
| Type of the Article | Review Article |

PART 1: Review Comments

| | Reviewer's comment | Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here) |
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| <p>Compulsory REVISION comments</p> <ol style="list-style-type: none"> Is the manuscript important for scientific community? (Please write few sentences on this manuscript) Is the title of the article suitable? (If not please suggest an alternative title) Is the abstract of the article comprehensive? Are subsections and structure of the manuscript appropriate? Do you think the manuscript is scientifically correct? Are the references sufficient and recent? If you have suggestion of additional references, please mention in the review form. <p><u>(Apart from above mentioned 6 points, reviewers are free to provide additional suggestions/comments)</u></p> | <ol style="list-style-type: none"> This finding could be valuable for researchers looking into natural interventions for hypertension. In conclusion, the manuscript holds promise in contributing to the scientific community's knowledge on natural interventions for hypertension. It could stimulate further research and discussions in related fields. The title is quite informative and directly communicates the key aspects of the study. However, there are a few minor improvements that can enhance clarity and readability. The abstract provides a solid overview of the study, but a few adjustments can enhance its comprehensiveness and clarity The structure of the manuscript seems well-organized, with a clear progression and each section appears to cover its designated content appropriately. The manuscript seems well-structured and detailed. It follows a standard scientific format with an abstract, introduction, materials and methods, results, and discussion sections. The use of statistical analysis to compare group means enhances the scientific rigor. The references provided in the manuscript cover a range of sources, and they seem relevant to the research topic. | |
| <p>Minor REVISION comments</p> <ol style="list-style-type: none"> Is language/English quality of the article suitable for scholarly communications? | <p>The language and English quality of the article are crucial for scholarly communication. Yes i herewith ensure that the manuscript adheres to the standards of academic writing.</p> | |
| <p>Optional/General comments</p> | <p>Nil</p> | |

PART 2:

| | Reviewer's comment | Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here) |
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| <p>Are there ethical issues in this manuscript?</p> | <p><i>(If yes, Kindly please write down the ethical issues here in details)</i></p> | |

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Reviewer Details:

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| Name: | M Sivakumar |
| Department, University & Country | Sree Balaji Medical College and Hospital, India |