

1 **Phytonutrient Screening and In Vitro Antibacterial and Antifungal Properties**
2 **of Polar and Nonpolar Extracts of *Albizia gummifera*, *Prunus africana*, and**
3 ***Combretum molle* from Mount Elgon Region, Kenya**

4 Abstract

5 **Background:** Globally, and particularly in less-developed countries, one of the principal factors
6 associated with morbidity and mortality is infectious diseases. Over the years, the abuse and
7 misuse of pharmaceutical products have caused an increase in resistant microbes, and
8 consequently, today, the rate of infectious disease cases continues to increase to dangerously high
9 levels as most medications have lost their efficacy. This indicates that there's a need for new
10 effective medications and calls for active research in drug discovery to curb this dangerous trend.

11 **Results:** Obtained data demonstrated the presence of different bioactive compounds in the tested
12 plant extracts such as glycosides, alkaloids, tannins, terpenoids, saponins, and phenols. Using the
13 Kirby-Bauer disc diffusion method, *P. africana* methanol and ethyl acetate extracts showed
14 significantly bigger inhibition zones compared to the rest against *S. aureus* (excluding controls).
15 None of the tested extracts, however, were able to inhibit *C. albicans* and *E. coli*. The *P. africana*
16 methanolic extract and the *A. gummifera* hexane, ethyl acetate, and methanolic extracts all
17 inhibited the growth of *S. aureus* at the same minimum concentration of 31.25 mg/ml. The
18 methanolic extract of *C. molle* exhibited the least activity against *S. aureus*, with an MIC of 250
19 mg/ml and mean zones of inhibition of 9.33 ± 0.33 mm.

20 **Conclusions:** This study revealed the presence of various phytoconstituents in crude extracts of
21 the selected medicinal plants, but also highlighted the resistance of *E. coli* and *C. albicans* to
22 these phytochemicals. The *P. africana* methanolic extract showed strongest inhibitory effect
23 against *S. aureus* compared to the other plant extracts. The highest susceptibility was
24 demonstrated by *S. aureus*, while *E. coli* and *C. albicans* were resistant to all the extracts. These
25 findings support the usage of *A. gummifera*, *P. africana*, and *C. molle* in folk medicine against

26 infections caused by *S. aureus* and highlight them as potential sources of phytonutrients for the
27 development of new drugs.

28 **Keywords:**Phytonutrients, *In-vitro*,Antibacterial, Antifungal,*Albizia gummifera*, *Prunus*
29 *africana*, *Combretum molle*

30 **Background**

31 Infectious diseases are among the major threats to human health (Weinstein, 2001). Over the
32 years, the abuse and misuse of pharmaceutical products have caused an increase in the number of
33 microbes that are resistant to antimicrobials. Elevated rates of resistance against antibiotics
34 usually used to treat common bacterial infections, such as sexually transmitted infections, sepsis,
35 urinary tract infections, and some types of diarrhoea, have been observed globally, indicating that
36 effective antibiotics are going out of stock. The CDC's report on antibiotic/antimicrobial
37 resistance threats indicates that methicillin-resistant *Staphylococcus aureus* (MRSA), drug-
38 resistant *Candida* and carbapenem-resistant Enterobacterales, such as *E. coli*, are among the
39 microorganisms that are serious and urgent threats to human health (CDC, 2019). In many
40 traditional cultures, medicinal plants play crucial roles in relieving health challenges. This is
41 particularly eminent on the African continent, where approximately eighty percent of inhabitants
42 utilize medicinal plants to cure illnesses and sustain good health (WHO, 2012). Kenya abounds
43 with medicinal plants that are helpful in the management of common infections and chronic
44 diseases. More than seventy percent of the Kenyan population depends on folklore medicine as
45 the main source of curative substances, while a greater percentage (approximately 90%) of the
46 population utilizes medicinal plants at one moment or another (Kipkore *et al.*, 2014). Availability,
47 efficacy, and affordability have been identified as factors that contribute to the partiality toward
48 traditional medicines. Although previous *in vivo* studies revealed that most of these plants

49 possess bioactive components at high concentrations, simultaneous consumption with other
50 drugs and usage for long periods may have toxic effects (Akwa and Nguimbous, 2021).
51 Culturally, the use of traditional medicines is more approved in various communities (Kiringe,
52 2005). To date, various studies have identified compounds present in medicinal plants that have
53 effective antimicrobial properties (Afolayan, 2003). This implies that plants can serve as
54 potential raw materials for the manufacturing of new pharmaceutical products. However, issues
55 such as scarcity of information concerning their active compounds and pharmacological
56 properties considerably affect their usage in modern medicine (Njume and Goduka, 2012).
57 Today, a censorious gap is left in research and development, especially for antibacterial agents
58 against gram-negative carbapenem-resistant bacteria (WHO, 2021). Among the numerous
59 medicinal plants employed for the management of diseases in Kenya, the most utilized include
60 *A. gummifera*, *P. africana*, and *C. molle*.

61 *A. gummifera* is a native African tree species that is a member of the Fabaceae family (Orwa *et*
62 *al.*, 2009). It is known as “Seet” by the Nandi community in Kenya and is used to cure a variety
63 of illnesses. The tree's pod extract is used to treat stomach illnesses, its root is ground into a paste
64 to treat skin conditions, and its bark is used to make a decoction to treat malaria (Ofulla *et al.*,
65 1996). Previous investigations have demonstrated that extracts from several *A. gummifera*
66 sections have antibacterial properties (Mbosso *et al.*, 2010; Mmushiet *al.*, 2010). Spermine
67 alkaloids, oleanane saponins, and triterpenes have been associated with the plant's anticancer,
68 antibacterial, antiplasmodial, and antitrypanosomal characteristics (Tefera *et al.*, 2010; Rukunga *et*
69 *al.*, 2007).

70 *P. africana*, also referred to as African cherry or Pygeum, is a member of the Rosaceae family. It
71 can be found in West Africa, Comoros, Madagascar, and central Africa (Katanga, Congo) and is

72 indigenous to the highland tropical woods that are 1500 meters above sea level in Madagascar
73 and Sub-Saharan Africa. It is widely spread throughout many Kenyan regions, including that of
74 Mt. Elgon, and can be found throughout the mountainous forests of Africa and underlying islands
75 in 22 countries (Hall *et al.*, 2000). Its indigenous names are “Muiri” and “Orkujuk” in the
76 Kikuyu and Maasai communities of Kenya, respectively. Extracts from the roots and stem bark
77 contain compounds that have antiviral, anticancer, and anti-inflammatory properties (Kadu *et al.*,
78 2012). The plant is used in traditional Kenyan medicine to treat fever, malaria, and chest pain
79 (Kokwaro, 1993). Allergies, kidney problems, prostate gland illness, and diarrhea are some of its
80 additional traditional applications (Iwu, 1993). According to a study by Bii *et al.*, 2010,
81 flavonoids and terpenes were the main secondary metabolites found in the stem bark of this
82 plant.

83 *C. molle* is a member of the Combretaceae family. It differs from various species of *Combretum*
84 by having a larger, straighter trunk, dense crown, and rougher bark. It can be found in places
85 with a predominance of forests and wooded grasslands throughout tropical Africa and the
86 Arabian Peninsula, frequently creating pure stands on hillsides (Keay, 1989). “Muama” and
87 “Kiama” are some of its indigenous names by the Kamba community in Kenya. In Africa, *C.*
88 *molle* is frequently used to treat a variety of illnesses, including HIV and malaria (Regassa and
89 Mengistu, 2012). It is used in Kenya by the Kamba community to alleviate dysentery and
90 stomach-aches (Kokwaro, 2009). Secondary metabolites such as flavonoids, steroids, alkaloids,
91 essential oils, coumarins, and terpenoids are reportedly abundant in various parts of this plant
92 (Batta, 2016; Fankam *et al.*, 2015).

93 In this study, *A. gummifera*, *P. africana*, and *C. molle* stem barks commonly used in folk medicine
94 against bacterial and fungal infections were collected from the Mount Elgon region in Kenya,

95 where they are naturally found. Using solvents with different polarities, various extracts of each
96 medicinal plant were obtained. Crude extracts were used to screen for major bioactive
97 compounds, while the yielded polar and nonpolar extracts were tested for antibacterial and
98 antifungal activities in vitro against *E. coli*, *S. aureus* and *C. albicans*.

99 **Materials and Methods**

100 **Plant materials**

101 Stem barks of *A. gummifera*, *P. africana*, and *C. molle* were randomly collected in dense areas of
102 the Mt. Elgon region. Harvesting took place in the month of May, which is the beginning of
103 raining season in most parts of the country. A plant taxonomist from the National Museum of
104 Kenya, Nairobi, together with the local herbalists, helped in the identification of collected plant
105 species. Voucher samples (AWW-JKUATBH/Ag/003/2022, AWW-JKUATBH/Pa/002/2022, and
106 AWW-JKUATBH/Cm/006/2022 respectively) were kept at the herbarium of the Plant Sciences
107 Department, Jomo Kenyatta University of Agriculture and Technology.

108 **Microorganisms**

109 One gram-positive strain (*S. aureus* ATCC 25923), one gram-negative strain (*E. coli* ATCC
110 25922) and a yeast strain (*C. albicans* ATCC 10231) were used in this study. All test
111 microorganisms were obtained from the microbiology laboratory at Kenyatta University, Kenya.

112 **Pretreatment of plant materials and crude extract preparation**

113 Collected stem barks of *A. gummifera*, *P. africana*, and *C. molle* were brought to the
114 microbiology laboratory, Kenyatta University, thoroughly washed with running water, rinsed
115 with distilled water, air-dried under shade for approximately 2-3 weeks, and finally ground into

116 coarse powder using a grinding mill machine. Approximately 300 g was then macerated in 1500
117 mL of laboratory methanol for 48 h at room temperature, with occasional swirling. The filtrates
118 were separated from residues using Whatman number 1 filter papers and a vacuum pump.
119 Liquids obtained were concentrated using a rotary evaporator at 64-65°C and 120 rpm and then
120 allowed to air-dry at room temperature. The obtained dry methanolic extract (crude extract) was
121 weighed and stored at low temperatures (~5°C) for future use in the study (Gweeet *al.*, 2013).

122 **Preparation of extracts**

123 Prior to partitioning, the obtained crude extracts were solubilized in 50 mL of distilled water.
124 Using separating funnels, different extracts were obtained via sequential solvent–solvent
125 partitioning in a polarity-increasing sequence by hexane, dichloromethane, ethyl acetate, and
126 methanol. The resulting liquid extracts were concentrated using a rotary evaporator at low
127 temperature and allowed to air-dry at room temperature (Gweeet *al.*, 2013).

128 **Standard inocula preparation**

129 Few distinct colonies of *E. coli*, *S. aureus* and *C. albicans* were picked with the help of an
130 inoculating loop (sterile). In test tubes, each microorganism was thoroughly suspended in 2 mL
131 of sterile 0.9% saline solution. Suspensions' turbidities were then regulated up to a 0.5
132 McFarland standard (this corresponds to a bacteria concentration of approximately 10^8 CFU/mL
133 and 10^7 CFU/mL for yeasts) (Jan, 2009).

134 **Preparation of susceptibility test discs**

135 Whatman No. 1 filter papers were punched and used to make discs with a diameter of 6 mm. The
136 obtained paper discs were placed into universal bottles and sterilized by autoclaving at 121°C for
137 15 to 20 mins. The sterile discs were then impregnated with prepared 500 mg/ml stock solutions

138 of *A. gummifera*, *P. africana*, and *C. molleby* gradually infusing 20 μ l of each extract into the
139 discs using a micropipette. The discs were allowed to fully absorb each extract and were allowed
140 to dry in sterile petri dishes for approximately 30 minutes. Dried impregnated discs were later
141 used to test for antimicrobial activity against *E. coli*, *S. aureus* and *C. albicans*.

142 **Qualitative phytochemical screening**

143 The screening of phytochemicals was performed to detect the presence or absence of major
144 phytoconstituents, including alkaloids, flavonoids, tannins, saponins, glycosides, terpenoids and
145 phenols, using standard methods with some modifications.

146 **a) Alkaloids**

147 Approximately 0.05 g of crude methanolic extract was mixed with 1 mL of 1% HCl and warmed.
148 Two to three drops of Mayer's reagent (mercuric chloride mixed with potassium iodide dissolved
149 in water) was then added. The appearance of a cream-colored precipitate indicated the presence
150 of alkaloids (Evans and Trease, 2009; Savithramaet *al.*, 2012).

151 **b) Flavonoids (Shinoda test)**

152 Approximately 0.05 g of extract was dissolved in 1 mL of methanol and warmed. Two milliliters
153 of 1% HCl was then added, followed by 3 pieces of magnesium ribbon. The formation of a
154 pink/red color confirmed the presence of flavonoids (Trease and Evans, 2002).

155 **c) Tannins**

156 Approximately 0.05 g of extract was dissolved in 1 mL of distilled water. A few drops of 1%
157 ferric chloride solution were added and observed. Blue-black, blue, blue-green, or green
158 coloration implied that tannins were present (Trease and Evans, 2002).

159 **d) Saponins (Frothing test)**

160 Approximately 0.05 g of methanolic crude extract of each plant was dissolved in 2 mL of
161 distilled water, warmed using a hot water bath and then allowed to cool. The resulting mixture
162 was then shaken vigorously. The presence of saponins was confirmed by the formation of a
163 stable foam (Evans and Trease, 2009; Savithramaet *al.*, 2012).

164 **e) Glycosides**

165 In a test tube, approximately 0.5 ml of extract was mixed with 2 ml of chloroform and shaken.
166 Concentrated sulfuric acid (a few drops) was added to the mixture and observed. The appearance
167 of a reddish-brown steroid ring confirmed the presence of glycoside (Usman *et al.*, 2017).

168 **f) Terpenoids (Salkowski test)**

169 Approximately 5 mL of extract was mixed with 2 mL of chloroform and then 3 mL of
170 concentrated sulfuric acid. The formation of a reddish-brown coloration at the interface of the
171 formed layer was indicative of the presence of terpenoids (Harborne, 1998; Siddiqui *et al.*,
172 2009).

173 **g) Phenols**

174 Approximately 0.05 g of plant extract was dissolved in 1 mL of methanol. A few drops of 10%
175 lead acetate solution were then added to the mixture and observed. The appearance of white
176 precipitates was evidence of the presence of phenolic compounds (Kokate, 2005).

177 **Antimicrobial bioassay**

178 **a) Kirby-Bauer disc diffusion method**

179 A 0.5 McFarland standard suspension of each test microorganism was prepared in normal saline.
180 Approximately 0.5 g of each extract was dissolved in 1000 μL of sterile dimethyl sulfoxide
181 solution (DMSO; 5% in water) to prepare stock solutions (500 mg/mL) (Atef *et al.*, 2019). A few
182 dried extract-impregnated discs were aseptically placed on the surface of Mueller Hinton plates
183 that had previously been loaded with a bacterial inoculum and on PDA plates that had been
184 loaded with a *C. albicans* inoculum. Diameters of zones of inhibition were measured after 24 h
185 of incubation and noted in millimeters. Each extract was tested in triplicate. The positive controls
186 used were ciprofloxacin (30 mcg) for bacterial pathogens and fluconazole (25 mcg) for fungal
187 microbes. Dried paper discs impregnated with sterile 5% DMSO solution served as negative
188 controls. Effectiveness was only conferred to extracts that inhibited microbial growth with a
189 mean zone of inhibition equal to or greater than 10 mm (Ajaiyeoba and Sama, 2006; Prabal
190 Sharma *et al.*, 2022)

191 **Minimum inhibitory concentration**

192 Determination of MICs was performed only for extracts that produced a mean zone of inhibition
193 of at least 10 mm from the disc diffusion assay. Two hundred microliters (200 μl) of each crude
194 extract (500 mg/ml) were dispensed in the 1st wells of a 96-well microtiter plate, and 100 μl of
195 5% DMSO solution was poured into all the other wells. Using a micropipette, 100 μl of crude
196 extract from each 1st well was drawn and transferred into the 2nd wells containing 100 μl of 5%
197 DMSO solution. A twofold serial dilution was then made up to the 8th well with concentrations
198 ranging from 500 mg/ml to 3.91 mg/ml as described in the modified procedure of Wiegand and
199 the CLSI guidelines (Wikler *et al.*, 2011). The 9th wells served as growth control wells, in which
200 no extract was added. Sterilized paper discs, 6 mm in diameter, were impregnated with 20 μl of
201 the content of each well. A 0.5 McFarland broth inoculum was prepared and inoculated onto

202 sterile media (MHA for bacteria and PDA for *Candida*). Impregnated discs were then placed on
203 the surface of petri dishes containing the pure fungal/bacterial lawn and incubated for 24 hours at
204 37°C for bacteria and 24-72 hours at 37°C for *Candida*. Each test was performed in triplicate.
205 MIC values were then obtained by matching the minimum diameter of the zone of inhibition
206 with the lowest concentration of the extracts at which microbial growth was suppressed (Abuto
207 *et al.*, 2016).

208 **Minimum bactericidal/fungicidal concentration**

209 The contents of the last wells (impregnated on sterile paper discs) that produced observable
210 diameters of inhibition zones similar to those of negative growth control wells were aseptically
211 placed on culture plates previously inoculated with a 0.5 McFarland broth inoculum of test
212 microorganisms. The concentration of each extract that gave no observable growth after
213 incubation for 24 h at 37°C was noted as MBC or MFC (Irkin and Korukluoglu, 2006).

214 **Data analysis**

215 The data collected were transferred to Microsoft Excel sheets. SPSS software, version 22, was
216 used to analyze diameter readings of zones of inhibition and concentration values, where
217 descriptive statistics were carried out to obtain their mean values. The results are given as the
218 mean and standard error of the mean (mean \pm SEM). One-way ANOVA was then utilized to
219 compare the mean MIC of each extract against test microorganisms. Significant differences
220 between the concentration values and mean MICs of the various extracts were ascertained using
221 post hoc analysis (Tukey's HSD test) (Kebede *et al.*, 2021). P value < 0.05 was considered
222 significant (Yeo *et al.*, 2012).

223

224

225 **Results**226 **a) Qualitative phytochemical screening**

227 The results obtained from the qualitative phytochemical screening of *A. gummifera*, *P. africana*,
 228 and *C. molle* were recorded as shown in Table 1. *A. gummifera* is the only plant that demonstrated
 229 the presence of all tested bioactive compounds. No glycosides were detected in extracts of either
 230 *P. africana* or *C. molle*. In addition, *C. molle* was also found to lack alkaloids (table 1).

231 **Table 1:** Phytochemical screening of *A. gummifera*, *P. africana*, and *C. molle* stem bark

| Phytoconstituents | Plant Samples | | |
|-------------------|--------------------|-----------------|---------------------|
| | <i>P. africana</i> | <i>C. molle</i> | <i>A. gummifera</i> |
| Saponins | + | + | + |
| Phenols | + | + | + |
| Flavonoids | + | + | + |
| Terpenoids | + | + | + |
| Glycosides | - | - | + |
| Alkaloids | + | - | + |
| Tannins | + | + | + |

232

Key:(+) Indicates detected, (-) Indicates Not detected

233

234 **Antibacterial and antifungal activities**

235 Each plant was partitioned using 4 solvents; thus, a total of 12 plant extracts with a concentration
 236 of 500 mg/ml were impregnated on sterile paper discs and tested for antimicrobial activities
 237 against standard strains of *E. coli*, *S. aureus*, and *C. albicans* using the Kirby-Bauer disc
 238 diffusion method. The inhibitory effects of these extracts are shown in Table 2.

239 Against *S. aureus*, *P. africana* ethyl acetate and methanolic extracts showed significantly larger
 240 zones of inhibition compared to all other tested extracts. The zones of inhibition produced by the
 241 *C. molle* methanolic extract and the *A. gummifera* ethyl acetate and methanolic extracts were all
 242 significantly similar (Table 2). The inhibitory effects exhibited by *A. gummifera* hexane were
 243 noted to be comparable to those of both *A. gummifera* and *P. africana* ethyl acetate extracts
 244 (Table 2). The positive control (ciprofloxacin), however, had the highest antibacterial activity
 245 against *S. aureus*, with an inhibition zone of 32.33 ± 0.33 mm (Table 2). The negative control
 246 (DMSO) did not show any activity and produced zones of growth inhibition significantly
 247 commensurate with those of *A. gummifera* and *P. africana* DCM extracts, *C. molle* and *P. africana*
 248 hexane extracts and *C. molle* ethyl acetate extract (Table 2). These extracts were thus disregarded
 249 in subsequent tests.

250

251 **Table 2:** Antibacterial and Antifungal Activities of Hexane, DCM, Ethyl acetate, and Methanolic
 252 Extracts of *A. gummifera*, *P. africana*, and *C. molle* against *E. coli*, *S. aureus*, and *C. albicans*

| Medicinal Plants | Plant Extracts | Inhibition/mm \pm SE Mean | | |
|---------------------|-----------------|------------------------------|----------------------------|----------------------------|
| | | <i>S. aureus</i> | <i>E. coli</i> | <i>C. albicans</i> |
| <i>A. gummifera</i> | Dichloromethane | $6.33 \pm 0.33^{\text{gh}}$ | $6.00 \pm 0.00^{\text{c}}$ | $6.00 \pm 0.00^{\text{c}}$ |
| | Ethyl acetate | $12.33 \pm 0.33^{\text{de}}$ | $6.00 \pm 0.00^{\text{c}}$ | $6.00 \pm 0.00^{\text{c}}$ |

| | | | | |
|-----------------------------|------------------|----------------------------------|--------------------------|--------------------------|
| | Hexane | 13.33 ± 0.33^{cd} | 6.67 ± 0.00 ^b | 6.00 ± 0.00 ^c |
| | Methanol | 11.67 ± 0.33^e | 6.00 ± 0.00 ^c | 6.00 ± 0.00 ^c |
| <i>C. molle</i> | Dichloromethane | 7.67 ± 0.33 ^{fg} | 6.00 ± 0.00 ^c | 6.00 ± 0.00 ^c |
| | Ethyl acetate | 6.00 ± 0.00 ^h | 6.00 ± 0.00 ^c | 6.00 ± 0.00 ^c |
| | Hexane | 6.33 ± 0.33 ^{gh} | 6.00 ± 0.00 ^c | 6.00 ± 0.00 ^c |
| | Methanol | 11.67 ± 0.33^e | 6.00 ± 0.00 ^c | 6.00 ± 0.00 ^c |
| <i>P. africana</i> | Dichloromethane | 6.00 ± 0.00 ^h | 6.00 ± 0.00 ^c | 6.00 ± 0.00 ^c |
| | Ethyl acetate | 14.67 ± 0.33^{bc} | 6.00 ± 0.00 ^c | 6.00 ± 0.00 ^c |
| | Hexane | 6.00 ± 0.00 ^h | 6.00 ± 0.00 ^c | 6.00 ± 0.00 ^c |
| | Methanol | 15.33 ± 0.33^b | 6.00 ± 0.00 ^c | 6.00 ± 0.00 ^c |
| Negative Control | 5% DMSO solution | 6.00±0.00 | 6.00±0.00 | 6.00±0.00 |
| Positive control (Bacteria) | Ciprofloxacin | 32.33±0.33 | 31.00±0.58 | NA |
| Positive Control (Fungus) | Fluconazole | NA | NA | 22.33±0.33 |

253 Values with similar lowercase superscript letters are not significantly different column wise using one way ANOVA
 254 and Tukey's multiple comparison (p>0.05).

255 **Key:** mm= Millimeters, SE Mean= Standard error of mean, NA= Not applicable

256 For active extracts that showed considerable antibacterial activity against *S. aureus* (Zone of
 257 inhibition \geq 10 mm), MICs were determined using the broth dilution method, and the results
 258 were recorded as displayed in Table 3.

259 The antibacterial activity of the *P. africana* methanolic extract against *S. aureus* at a
 260 concentration of 500 mg/ml was significantly like that observed at 250 mg/ml, which in turn was
 261 higher than those of subsequent dilutions (Table 3). It was also noted that at concentrations of
 262 125 and 62.5 mg/ml, the extract had a significantly commensurate inhibitory ability against *S.*

263 *aureus*. The positive control (ciprofloxacin), however, caused a significantly larger zone of
264 inhibition in comparison with all tested concentrations of *P. africana* methanolic extract, and the
265 negative control (DMSO) caused no inhibitory action, similar to the extract at concentrations of
266 15.62, 7.81, and 3.91 mg/ml (Table 3).

267 The *P. africana* ethyl acetate extract showed antibacterial activity against *S. aureus* up to a
268 concentration of 125 mg/ml, with a larger zone of inhibition of 11.67 ± 0.33 noted at 500 mg/ml
269 (Table 3). At concentrations of 62.5, 31.25, 15.62, 7.81, and 3.91 mg/ml, the extract
270 demonstrated no antibacterial potential and produced zones of inhibition significantly similar to
271 that of the negative control (Table 3). Compared to the positive control (ciprofloxacin), the
272 effects of all tested concentrations of *P. africana* ethyl acetate were significantly lower (Table 3).

273 The antibacterial activity exhibited by the *A. gummifera* methanolic extract against *S. aureus* was
274 higher at concentrations of 500 and 250 mg/ml, both exhibiting significantly similar zones of
275 inhibition, as shown in Table 3. However, the highest inhibitory effect was caused by the positive
276 control (ciprofloxacin), with an average zone of inhibition of 32.33 ± 0.33 . The negative control
277 (DMSO) had no activity against *S. aureus* and effected a zone of inhibition significantly
278 comparable to that of the *A. gummifera* methanolic extract at concentrations of 15.62, 7.81, and
279 3.91 mg/ml (Table 3).

280 At concentrations of both 500 and 250 mg/ml, the hexane extract of *A. gummifera* exhibited
281 significantly similar activity against *S. aureus*. The zones of inhibition produced by the extract at
282 concentrations of 125 and 62.5 mg/ml were also significantly the same (Table 3). However,
283 compared to all tested concentrations, the positive control (ciprofloxacin) exhibited the highest
284 antimicrobial activity (Table 3). Extract concentrations of 15.62, 7.81, and 3.91 mg/ml had no

285 effect against *S. aureus* and produced zones of inhibition significantly comparable to that of the
286 negative control (DMSO) (Table 3).

287 Comparing all tested dilutions of *A. gummifera* ethyl acetate extract, higher antibacterial
288 potential against *S. aureus* was achieved at a concentration of 500 mg/ml, which was
289 significantly similar to the effect observed at 250 mg/ml. Zones of inhibition recorded at
290 concentrations of 250, 125, and 62.5 mg/ml were all significantly comparable to one another.
291 Again, all tested concentrations of *A. gummifera* ethyl acetate demonstrated a significantly lower
292 activity compared to the positive control (ciprofloxacin), and the negative control (DMSO) had
293 no activity, with an average zone of inhibition significantly similar to those of the extract at
294 concentrations of 15.62, 7.81, and 3.91 mg/ml (Table 3).

295 The *C. molle* methanolic extract only showed activity against *S. aureus* up to the first dilution
296 (250 mg/ml), with a higher antibacterial effect observed at a concentration of 500 mg/ml. The
297 reference drug ciprofloxacin (30 mcg) produced the highest inhibitory activity compared to those
298 of the extract at every concentration (Table 3). Dilutions with concentrations of 125, 62.5, 31.25,
299 15.62, 7.81, and 3.91 mg/ml showed no effect against *S. aureus* and exhibited zones of inhibition
300 significantly like that of the negative control (DMSO) (Table 3).

301 Table 4 outlines the minimum bactericidal concentration of each tested extract, wherein *A.*
302 *gummifera* ethyl acetate and *P. africana* methanolic extracts both showed bactericidal activity at a
303 concentration of 125 mg/ml. Similarly, hexane and methanolic extracts of *A. gummifera* both
304 demonstrated bactericidal effects at 250 mg/ml, and it was at their initial concentrations (500
305 mg/ml) that extracts of *P. africana* ethyl acetate and *C. molle* methanol caused complete death of
306 *S. aureus*.

| Concentration/ mg/ml | Zone of Inhibition/mm \pm SE Mean | | | | | |
|-------------------------|---|---|---|--|---|---|
| | <i>P.a</i> MeOH | <i>P.a</i> EA | <i>A.g</i> MeOH | <i>A.g</i> Hex | <i>A.g</i> EA | <i>C.m</i> MeOH |
| 500 | 12.33 \pm 0.33 ^b | 11.67 \pm 0.33 ^b | 12.33 \pm 0.33 ^b | 12.33 \pm 0.33 ^b | 12.67 \pm 0.33 ^b | 10.67 \pm 0.33 ^b |
| 250 | 12.33 \pm 0.33 ^b | 10.33 \pm 0.33 ^c | 11.67 \pm 0.33 ^{bc} | 11.00 \pm 0.58 ^{bc} | 11.67 \pm 0.33 ^{bc} | 9.33\pm0.33^c |
| 125 | 10.33 \pm 0.33 ^c | 8.33\pm0.33^d | 10.67 \pm 0.33 ^c | 10.67 \pm 0.33 ^{cd} | 10.67 \pm 0.33 ^c | 6.67 \pm 0.33 ^d |
| 62.5 | 9.33 \pm 0.33 ^c | 6.67 \pm 0.33 ^e | 9.33 \pm 0.33 ^d | 9.33 \pm 0.33 ^{de} | 10.33 \pm 0.33 ^c | 6.00 \pm 0.00 ^d |
| 31.25 | 8.00\pm0.00^d | 6.00 \pm 0.00 ^e | 8.00\pm0.00^e | 8.67\pm0.33^{ef} | 8.33\pm0.33^d | 6.00 \pm 0.00 ^d |
| 15.62 | 6.00 \pm 0.00 ^e | 6.00 \pm 0.00 ^e | 7.00 \pm 0.00 ^{ef} | 7.33 \pm 0.33 ^{fg} | 6.33 \pm 0.33 ^c | 6.00 \pm 0.00 ^d |
| 7.81 | 6.00 \pm 0.00 ^e | 6.00 \pm 0.00 ^e | 6.33 \pm 0.33 ^f | 6.00 \pm 0.00 ^g | 6.00 \pm 0.00 ^e | 6.00 \pm 0.00 ^d |
| 3.91 | 6.00 \pm 0.00 ^e | 6.00 \pm 0.00 ^e | 6.00 \pm 0.00 ^f | 6.00 \pm 0.00 ^g | 6.00 \pm 0.00 ^e | 6.00 \pm 0.00 ^d |
| Negative Control | 6.00 \pm 0.00 ^e | 6.00 \pm 0.00 ^e | 6.00 \pm 0.00 ^f | 6.00 \pm 0.00 ^g | 6.00 \pm 0.00 ^e | 6.00 \pm 0.00 ^d |
| Positive Control | 32.33 \pm 0.33 ^a | 32.33 \pm 0.33 ^a | 32.33 \pm 0.33 ^a | 32.33 \pm 0.33 ^a | 32.33 \pm 0.33 ^a | 32.33 \pm 0.33 ^a |

307 **Table 3: Minimum Inhibitory Concentration Average Zones of Inhibition against *S. aureus***

308 Values with similar lowercase superscript letters are not significantly different column wise using one way ANOVA
 309 and Tukey's multiple comparison ($p > 0.05$).

310 **Key:** *W.u*= *W. ugadensis*, *P.a*= *P. africana*, *A.g*= *A. gummifera*, *C.m*= *C. molle*, DCM=
 311 dichloromethane, EA= ethyl acetate, Hex= hexane, MeOH= methanol, mm= millimetre, SE
 312 Mean= standard error of mean, Superscripts= Grouping Information using the Tukey Method and
 313 95% Confidence

314

315 **Table 4: Minimum Bactericidal Concentrations of Selected Plant Extracts against *S. aureus***

| Medicinal Plant | Plant Extracts | MBC (mg/ml) |
|---------------------|----------------|------------------|
| | | <i>S. aureus</i> |
| <i>P. africana</i> | Methanol | 125 |
| | Ethyl acetate | 500 |
| <i>A. gummifera</i> | Methanol | 250 |
| | Hexane | 250 |
| | Ethyl acetate | 125 |
| <i>C. molle</i> | Methanol | 500 |

316

317 **Discussion**

318 The rapid spread of resistance genes among different microbial populations and the global rise in
319 antimicrobial resistance of commonly used and available pharmaceutical products has led to an
320 imperative need for new and effective drugs. It is impossible to overstate the significance of
321 medicinal plants in traditional medicines, as they are utilized extensively not just in Kenya but
322 also around the world for a wide range of medical applications (Lukhobaet *al.*, 2006). *A.*
323 *gummifera*, *P. africana*, and *C. molle* are popular medicinal plants, particularly in Africa, used for
324 the treatment and management of various ailments. Nonetheless, the scarcity of research
325 investigating their bioactive compounds and antimicrobial effects using different solvents has
326 hindered their recognition as potential drug sources. This study thus qualitatively examined the
327 phytochemical constituents of *A. gummifera*, *P. africana*, and *C. molle* and examined their
328 antibacterial and antifungal properties in various extraction solvents against standard strains of *E.*
329 *coli*, *S. aureus*, and *C. albicans*.

330 To unravel the source of the medicinal properties of *A. gummifera*, *P. africana*, and *C. molle*,
331 phytochemical screening of each crude extract was performed. Table 1 shows the type of
332 bioactive compounds present in these plant stem barks, which probably played some roles in
333 their antimicrobial effects. Tannins are a class of specific phytochemicals with a wide range of
334 medicinal uses, including anti-inflammatory, antiviral, antiulcer, and antiparasitic applications
335 (Akiyama *et al.*, 2001; Lu *et al.*, 2004; Kolodziej and Kiderlen, 2005). According to Soine
336 (1964), they are recognized to have antibacterial properties and have been shown to be effective
337 against microorganisms that cause diarrhea (Choi *et al.*, 2009). Moreover, numerous naturally
338 occurring triterpenoids, which have been isolated from various plant sections, have been found to
339 possess fungicidal, bactericidal, anticancer, antiviral, cytotoxic, anti-inflammatory, analgesic, and
340 antiallergic properties (Patocka, 2003). Flavonoids have also been found to have cytotoxic, anti-
341 inflammatory, and antiviral properties (Chhabra *et al.*, 1984). Alkaloids, on the other hand, have
342 been proven to have antibacterial, antimalarial, analgesic, and antiseptic properties, whereas
343 most of the biological impacts on cell development and division that occur in humans are caused
344 by saponins, which also have an inhibitory influence on inflammation (Koeviet *et al.*, 2015). The
345 results revealed that *A. gummifera* stem bark typically contains all screened phytochemicals.
346 These findings are like those found in leaf extracts of *A. gummifera* in a study conducted by
347 Oloruntola *et al.* (2021). Similarly, *P. africana* was observed to contain all screened metabolites
348 apart from glycosides (table 1). These results are supported by previous studies that demonstrated
349 the absence of this type of compound in *P. africana* stem bark (Mutuma *et al.*, 2020). *C. molle*
350 extract indicated the presence of saponins, phenols, flavonoids, terpenoids, and tannins, which
351 are similar to components found in a study on the phytochemical screening of *C. molle* by

352 Koeviet *al.* (2015). These factors may have accounted for their antimicrobial activities against *C.*
353 *albicans*, *E. coli*, and *S. aureus*.

354 The antimicrobial activity of *A. gummifera*, *P. africana*, and *C. molle* extracts varied between
355 each tested microorganism. Table 2 shows that *E. coli* had the lowest susceptibility among the
356 three tested microorganisms, whereas *S. aureus* had the highest susceptibility to the various
357 extracts.

358 Against *S. aureus* (ATCC 25923), three extracts (hexane, ethyl acetate, and methanol) of *A.*
359 *gummifera* showed activity, two *P. africana* extracts (ethyl acetate and methanol) also
360 demonstrated antibacterial effects, and only the *C. molle* methanolic extract was able to inhibit *S.*
361 *aureus*. None of the tested extracts of *A. gummifera*, *P. africana*, or *C. molle* demonstrated
362 antibacterial or antifungal activity against *E. coli* (ATCC 25922) or *C. albicans* (ATCC 10231).
363 These observations align with findings from studies on medicinal plants conducted by Cheruiyot
364 *et al.* (2009) and Yibelta *et al.* (2013), who reported that when compared to *E. coli*, *S. aureus* is
365 the most sensitive to plant extracts regardless of plant parts, extraction method, and solvent used.
366 Additionally, due to the morphological differences between gram-positive and gram-negative
367 microorganisms, plant extracts are usually more efficient against gram-positive (*S. aureus*) than
368 gram-negative (*E. coli*) bacteria (Suffredini *et al.*, 2006). This may thus explain the variability in
369 the antibacterial activity of the extracts noted in this study. In this research, *P. africana* extracts
370 caused the highest antibacterial effects compared to all other medicinal plants against *S. aureus*
371 (Table 2). However, the *P. africana* methanolic extract was found to be more potent than its ethyl
372 acetate counterpart, as affirmed by a lower MIC (table 3). In a study conducted by Mwitari *et al.*
373 (2013), similar observations were made, whereby while the ethyl acetate fraction of *P. africana*
374 demonstrated only modest efficacy against *S. aureus*, the methanol extract had good activity.

375 This is supported by evidence that suggests that methanolic extracts have a high extraction
376 capacity because of their strong polarity, which increases the availability of phytochemicals
377 associated with antibacterial and antioxidant properties (Henkel *et al.*, 2018; Roopashree and
378 Naik, 2019). All tested extracts of *A. gummifera* inhibited the growth of *S. aureus* at the minimal
379 concentration of 31.25 mg/ml (Table 3). Again, *P. africana* and *A. gummiferamethanolic* extracts
380 both exhibited significant antibacterial effects against *S. aureus*, with an MIC value of 31.25
381 mg/ml and mean inhibition zones of 8.00 ± 0.00 mm (table 3). These findings correlate with those
382 of Bii *et al.* (2010) in a study on the possible uses of *P. africana*. This result demonstrated the
383 strong efficacy of *P. africana* methanol extracts against bacterial strains. On the other hand, *A.*
384 *gummifera* ethyl acetate was noted to have higher antibacterial activity against *S. aureus*
385 compared to the ethyl acetate portion of *P. africana*. This was demonstrated by MIC values of
386 31.25 and 125 mg/ml, respectively (table 3). The *C. molle* methanolic extract exhibited the least
387 activity against *S. aureus* compared to other plant extracts, with an MIC of 250 mg/ml and mean
388 zones of inhibition of 9.33 ± 0.33 mm (table 3). These variations in how microorganisms
389 responded to the different extracts, however, further raise the question of how these bioactive
390 extracts work.

391 **Conclusion**

392 Phytochemical screening revealed that medicinal plants involved in this study abound in
393 bioactive compounds. These compounds could be associated with the antibacterial effect
394 observed against *S. aureus* and can therefore be potentially looked upon in the development of
395 new pharmaceutical products. However, despite the presence of these phytochemicals, notable
396 resistance was observed in *E. coli* and *C. albicans*, suggesting developed resistance in these
397 strains. Variations in the response of these microorganisms to the different extracts, further

398 raise questions on the mechanism of action of these phytoconstituents and on their quantitative
399 value in the plant parts. There is therefore a need to quantitatively screen for the phytochemicals
400 present in these plants and to identify specific bioactive compound(s) responsible for the
401 observed antimicrobial activity as well as their mechanisms of action.

402 This research demonstrated the antimicrobial potential of methanolic extracts of *P. africana*, *A.*
403 *gummifera*, and *C. molle*; hexane extract of *A. gummifera*; and ethyl acetate extracts of *P.*
404 *africana* and *A. gummifera* against *S. aureus*. The *P. africana* methanolic extract showed the
405 highest antibacterial effect. *S. aureus* demonstrated the highest susceptibility, while *E. coli* and *C.*
406 *albicans* showed resistance to the tested extracts. These findings lay a foundation for future tests
407 to validate and develop these extracts as potential sources or substitute treatments in the
408 management of diseases or infections caused by *S. aureus*, thus promoting the sustainable use and
409 conservation of all active plant species. Again, this work highlights the presence of resistance
410 genes among microbial populations, a significant public health threat in this era.

411 **List of Abbreviations**

| | | |
|-----|-------|--|
| 412 | ANOVA | Analysis of Variance |
| 413 | CDC | Centers for Disease Control and Prevention |
| 414 | DMSO | Dimethyl Sulfoxide |
| 415 | MBC | Minimum Bactericidal Concentration |
| 416 | MFC | Minimum Fungicidal Concentration |
| 417 | MIC | Minimum Inhibitory Concentration |
| 418 | SPSS | Statistical Packages for Social Sciences |

419 WHO World Health Organization

420

421 **Declaration**

422 **Ethical approval**

423 The National Commission for Science, Technology, and Innovation (NACOSTI) approved this
424 research, and all operations were conducted in accordance with the Clinical & Laboratory
425 Standards Institute (CLSI) recommendations.

426 **Availability of data and materials**

427 The authors declare that all the data supporting the findings of this study are provided within the
428 manuscript.

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431 **Authors' contribution**

432 Conception and funding acquisition, S.M and A.W.W; Conceptualization, S.P.N; Data collection
433 and analysis, S.P.N; Supervision and review, J.M.M, A.W.W; Manuscript preparation, S.P.N,
434 J.M.M, and A.W.W.All authors read and approved the final manuscript.

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