

HYPHEMA POST INTRA VITREAL INJECTION OF BEVACIZUMAB

ABSTRACT

This study is a description of a case of total hyphema after intravitreal injection of Bevacizumab. A 54-year-old patient with exudative age-related macular degeneration was admitted for injection of Bevacizumab. The injection was performed after a normal clinical examination. The immediate evolution was marked by a total hyphema with complete disappearance after ten days.

INTRODUCTION

Age-related macular degeneration (AMD) is a blinding pathology, representing the leading cause of legal blindness after the age of 50.¹ Treatment in its exudative form relies on intravitreal anti-VEGF injections of Bevacizumab or Ranibizumab. Intravitreal injections can lead to ocular complications. In the literature, complications such as endophthalmitis, retinal detachment and cataract have been described, but these are complications of the injection itself and not product-related. Ocular inflammatory reactions have been documented following injections of Ranibizumab and Bevacizumab, and published reports have documented cases of ocular hypertension, vitreous hemorrhage, central retinal artery occlusion and retinal ischemia²⁻³. All these complications occur at a rate of less than 0.1%.

Hyphema has been reported only once as a complication of intravitreal injections of anti- VEGF Ranibizumab or Bevacizumab [4].

CASE PRESENTATION

Patient aged 52, with no previous pathological history or specific ongoing treatments, followed for exudative AMD of the right eye. Referred for intravitreal injection (first injection) of Bevacizumab.

Visual acuity graded 2/10.

Anterior examination was unremarkable: no inflammatory signs. Examination of the anterior segment was unremarkable, with a clear cornea, an anterior chamber of good depth, optically empty, and an iris of good turgor and coloration. Grade I nuclear cataract lens examination. Fundus examination showed poor macular reflex, while the rest of the retina was unremarkable.

In view of the normal pre-injection examination, intravitreal injection of Bevacizumab was performed approximately 4 mm from the sclero-corneal limbus in the supra-temporal quadrant, using a 30-gauge needle.

The injection was performed under strict aseptic conditions.

The immediate aftermath of the injection was marked by the formation of a hyphema which rapidly evolved into a total hyphema.

AB-mode ultrasound scan (figure 1) carried out within the hour showed an anechoic vitreous and two parallel hyperechoic lines showing the needle's path through the vitreous.



Figure 1: B-mode ultrasound

Post-injection care consisted of antibiotic/corticoid eye drops, rest and plenty to drink.

The evolution was marked at 48 hours by a regression of the hyphema, and after ten days by a total disappearance of the hyphema with restoration of the initial visual acuity and a strictly normal clinical examination.

DISCUSSION

Age-related macular degeneration is the leading cause of blindness in the elderly in developed countries⁵. Two types are described in the literature: exudative and atrophic. Anti-VEGF injections have revolutionized the management of exudative AMD. Although intravitreal injections have improved the prognosis of AMD, they can be a source of complications, some of which are often serious. These complications are rare, around 0.1%, and include endophthalmitis, retinal detachment, intravitreal bleeding, occlusion of the central retinal artery and ocular hypertension²⁻⁶. Hyphema after intravitreal injection was first described in the literature in 2011 by Usha M. Ranchod. In a series of 26,184 intravitreal injections (IVT) over a two-year period (18,804 with Ranibizumab and 7,380 with Bevacizumab), only three cases of hyphemia after IVT were found⁴. This is a very rare complication, which can occur even when the principles of injection are respected. Injection is performed under strict aseptic conditions, 3.5 mm from the sclero-corneal limbus for pseudophakic patients and 4 mm for phakic patients, as in this patient³ (figure 2).

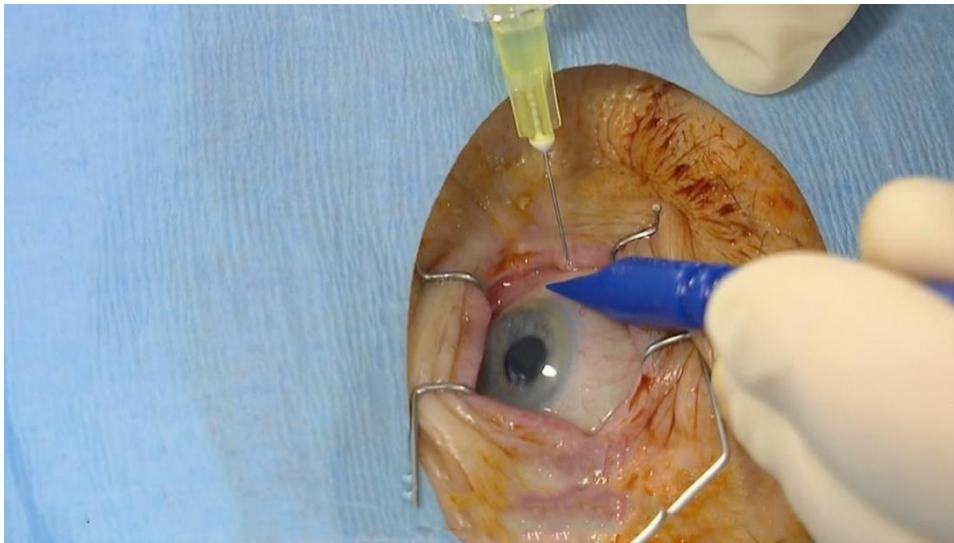


Figure 2: Intravitreal injection session (*Allodocteurs-maladies-DMLA*)

According to the literature, the origin of hyphema is bleeding from the pars plicata, the anterior pars plana, or the posterior part of the ciliary body. It is therefore able to bleed following an injection located further anteriorly than expected, or even in the presence of defective anatomy⁴. Unlike post-injection intravitreal bleeding, in hyphema the needle path is located at a distance from the base of the vitreous⁷. Blood then passes from the posterior chamber to the anterior chamber, filling it progressively according to its intensity (figure 3). In the three cases described in the literature, the hyphema was asymptomatic and disappeared spontaneously after ten days⁴. In THIS case, the hyphema was total, and the patient's vision was reduced to a luminous perception. Then, after ten days, the hyphema disappeared completely, and visual acuity returned to 02/10 as before.

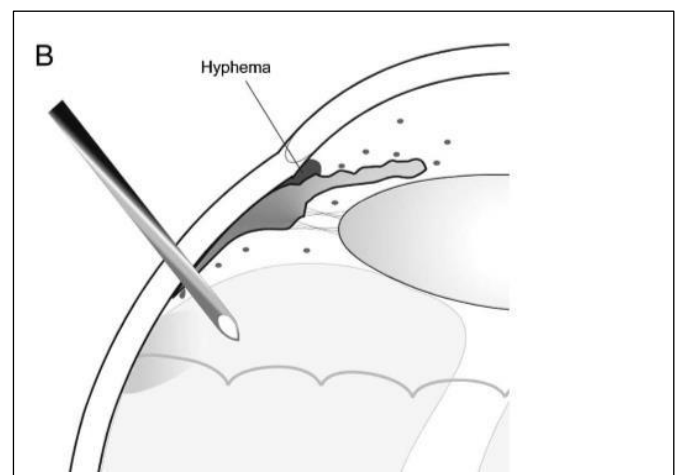
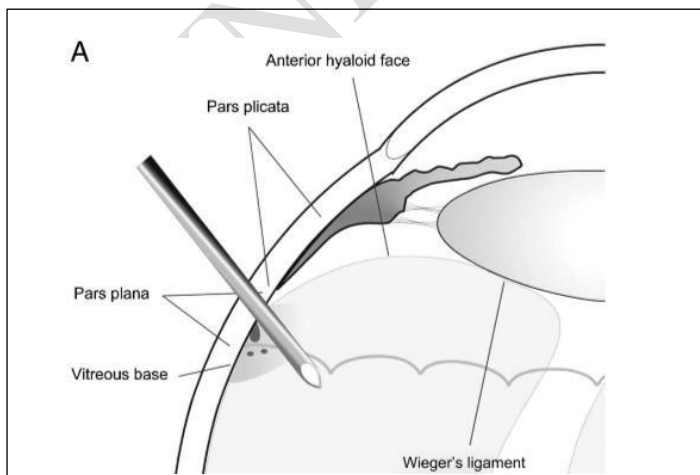


Figure3:

A-Intravitrealinjectionwithbleedingfromtheneedleinthevitreous base.

B-Anteriorintravitrealinjectionwithbleedingfromtheneedleintotheanteriorchamber (*RETINAL CASES & BRIEF REPORTS' 2011 VOLUME 5 NUMBER 1*)

CONCLUSION

Hyphemaafteranti-VEGFinjectionisanexceptionalcomplicationwithagoodprognosis underproperrehydration.Abetterunderstandingofthiscomplicationwouldenablepatientsto be better informed beforehand, and better managed when it occurs.

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