

Gender, Age, and Work Experience as Predictors of Teachers' Organizational Commitment

ABSTRACT

Teachers' organizational commitment contributes to the success of educational aspirations. In determining teachers' commitment, it is important to consider demographic variables that might influence it. Hence, this study aimed to examine the impact of gender, age, and work experience on the organizational commitment of teachers. Using the Raosoft calculator, the researchers selected 150 public secondary teachers as respondents to rate the adopted questionnaire with demographic data. Employing a quantitative non-experimental research design with multiple regression analysis, the researchers described the relationship of the variables. Findings revealed a high level of teachers' organizational commitment, with affective commitment as the highest. In terms of significant relationships, teachers' organizational commitment and gender were found to be weak positive and statistically insignificant. On the other hand, teacher's organizational commitment and age were found to have a weak negative and statistically significant relationship. Moreover, teachers' organizational commitment and work experience were found to be weak positive and statistically significant. Further, the results of regression showed that gender, age and work experience are responsible for a 10.2% variation in teachers' organizational commitment. This means that there were still 89.8% of the variations that occurred in teachers' organizational commitment that could be explained by other factors not covered in this study. Generally, the predictors in the model are age and work experience, while gender does not have the ability to predict a teacher's organizational commitment. With these findings, teachers are encouraged to increase or sustain their commitment and avoid gender stereotypes. Future researchers might also study the other 89.8% variations that might influence teachers' organizational commitment by focusing on other factors such as promotion, salary, benefits, designations, and the like.

Keywords: age, gender, organizational commitment, work experience.

1. INTRODUCTION

1.1 Background of the Study

Teachers play various roles and responsibilities in education. Their organizational commitment contributes to increasing their skills, knowledge, creativity, intelligence, and attitudes. Hence, increasing the commitments of teachers should be the major goal of the school management as it leads to creating a productive teaching workforce. In recognizing its importance, it is vital to consider that there are some factors that affect it. These factors involve demographic variables like gender, age, and work experience (Agrawal & Jain, 2020). Organizational commitment refers to the connection of employees' involvement with their organization. Research reveals that individuals who are committed to their organization tend to be more determined in their work which leads to high efficiency and productivity. This has three factors, which include affective, continuance, and normative commitment (Chanana, 2021).

Theoretically, Meyer and Allen (1991) described affective commitment as the emotional attachment to the organization and enjoyment as a member of the organization while normative commitment is the obligation associated with perceived normative pressures posed on employees to behave according to the organizational goals. On the other hand, continuance commitment derives from being mindful of the costs and penalties associated with leaving the organization.

Considering the impact of demographic variables on teachers' organizational commitment, Topchyan and Woehler (2020) explored the impact of gender and work experience on teachers' work engagement. Their study disclosed that female teachers enjoyed teaching compared to males. However, the work experience did not have any significant effect on job satisfaction or work engagement. This finding needs to be further studied given its discrepancies with other results.

To confirm the findings, Tandon et al. (2020) also conducted a study about the effects of demographic variables like age, gender, and work experience on teachers' organizational commitment in India. This time, the findings of their study indicated that age and work experience have a significant impact on organizational commitment. However, gender was not found to have a significant impact on organizational engagement. This gender insignificance contradicted the study above which conveyed that gender could influence commitment.

Recognizing the value of organizational commitment in determining one's efficacy, performance, and overall productivity, Manzoor and Basu (2021) conducted a study in which they proved that gender and work experience significantly influenced teachers' organizational commitment. Their study revealed that male teachers were more committed than female teachers. In terms of work experience, teachers with 9 years below in the teaching profession were more committed compared to those teachers with 16 years above. However, their study only focused on gender and work experience as variables that influence commitment without including age as an equally important factor in measuring one's organizational commitment. Hence, this study aims to address this knowledge gap by involving age as one of the variables together with gender and work experience.

Aside from the knowledge gap of the study above, its findings in terms of gender's impact on teachers' organizational commitment were different from the findings of Aftab et al. (2021). While Manzoor and Basu (2021) discovered that male teachers were more committed than female ones, Aftab et al. (2021) found out that female teachers scored significantly higher on organizational commitment than male teachers in Pakistani University. The discrepancies in these results must be addressed by conducting more related studies. To address this research gap in the inconsistent result, this paper aimed to determine further the impact of gender on teachers' organizational commitment together with other variables like age and work experience.

The discrepancies between the studies' findings above became more complicated when viewed by Rutsji et al. (2022) investigation of the relationship between age, sex, and marital status and teachers' organizational commitment from various secondary schools of Delhi NCR. According to the study's findings, there was no significant difference in total commitment among secondary school teachers for all the evaluated variables. This indicated that the level of teacher commitment in terms of age, sex, and marital status was equal, and there was no significant difference between the groups on the basis of age, sex, and marital status. Unfortunately, these findings were opposite to the results of other studies above which proved that there was real significance among the demographic variables. Hence, it is beneficial to conduct a study about this to further confirm the results.

Generally, the studies and literature above conveyed the importance of demographic variables like age, gender, and work experience on teachers' organizational commitment. However, the results of the studies were contradictory in the sense that some variables were significant but not on teachers' organizational commitment. Besides, most of the studies rarely investigated the combination of gender, age, and work experience together as influential factors in teachers' commitment since some researchers focused on other factors like educational background, teaching status, and marital status. Practically, it is more important to examine the basic demographic variables first like gender, age, and work experience to determine their effects on organizational commitment.

To fill the knowledge gap and contradicting findings, this study sought to examine gender, age, and work experience as predictors of teachers' organizational commitment. The findings of the current study would help education leaders plan ahead of time in case there is misbehaviour, transfer of work, and resignation due to less commitment among teachers. Positively, they could also make sound decisions on how to increase teachers' commitment upon knowing that they play a critical role in facilitating the teaching-learning process. More importantly, teachers could also determine which demographic variables could influence their organizational commitment to better reflection and action.

1.2 Theoretical framework

Basically, this study adhered **to** the Three Component Model of Commitment by John Meyer and Natalie Allen in 1991. The model explains that commitment to an organization is a psychological state. It has three distinct components that affect how employees feel about the organization that they work for. The three components are affection for the job (affective commitment); fear of loss (continuance commitment); and sense of obligation to stay (normative commitment).

According to Meyer and Allen (1991), affective commitment is evident when individuals feel a strong emotional attachment to their organization and to the work that they do. They most likely identify with the organization's goals and values, and they genuinely want to be there. Those who truly love what they do will likely be more motivated to progress within their organization, think creatively, and experiment with new ways of working. On the other hand, continuance commitment occurs when they weigh up the pros and cons of leaving their organization. They may feel they need to stay at their company because the loss **that** they will experience by leaving it is greater than the benefit they think they might gain in a new role. These perceived losses can be monetary (salary and benefits); professional (seniority or role-related skills); or social (friendships or allies). Fear of losing their job may motivate them to finish their work on time and work well with others.

Finally, normative commitment occurs when employees feel a sense of obligation to their organization, even if they are unhappy in their role, or even if they want to pursue better opportunities. They feel that they should stay with their organization because it is the right thing to do. In this study, teachers **might** manifest the three components of organizational commitment. However, there are some factors that might influence it like transformational leadership and school environment. Hence, this study aimed to examine the impact of these factors on their organizational commitment.

Considering gender as one of the demographic variables that might influence teachers' organizational commitment, this paper is anchored on the Gender Motivational Theory which **argues** that men **are** generally motivated by status enhancement, whereas women are motivated by risk reduction (Winstok & Weinberg, 2017). This means that gender could influence one's motivation. In this study, gender might impact teachers' organizational commitment.

In addition, this study is also associated with the Disengagement Theory of Aging by Cumming and Henry in 1961. This theory **states** that ageing **is** inevitable in a person's life. This could result in mutual withdrawal or disengagement, leading to decreased interaction between the ageing person and others in the social system. Usually, older adults withdraw from personal relationships and society as they age. In connection with this study, age can impact teachers' organizational commitment. However, the researchers wanted to find out if age could really increase or decrease one's commitment.

Finally, this study also adhered to Bandura's Self-Efficacy Theory of Motivation in 1977 when it comes to work experience as a variable that affects teachers' organizational commitment. Self-efficacy refers to individuals' belief in their capacity to execute behaviours necessary to produce specific performance outcomes. This theory posits that people's beliefs in their efficacy are developed by primary sources of influence like mastery experiences and vicarious experiences (Garrido, 2023). Hence, the more work experience or length of service the teachers have, the more mastery and vicarious experiences they get, which increase their organizational commitment.

1.3 Conceptual Framework

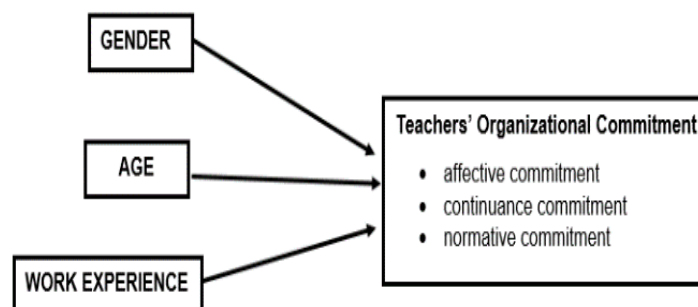


Fig. 1. Conceptual Framework of the study

This study sought to examine the influence of demographic variables: gender (x_1), age (x_2), and work experience (x_3) on the organizational commitment of teachers (y).

The organizational commitment of teachers (y) has three components which are affective commitment, continuance commitment, and normative commitment. These components measured organizational commitment. Affective commitment refers to an individual's emotional attachment to the organization; normative commitment reflects an individual's sense of moral obligation to remain with the organization; and continuance commitment is based on the individual's recognition of costs associated with leaving the organization (Nazneen & Miralam, 2017). With the theories and definitions, there might be an impact of demographic variables: gender (x_1), age (x_2), and work experience (x_3) on the organizational commitment of teachers (y).

1.4 Research Questions

This study ventured to identify the impact of demographic variables: gender (x_1), age (x_2), and work experience (x_3) on the organizational commitment of teachers (y). The following questions were considered for a thorough discussion:

1. What is the demographic profile of the respondents when grouped in terms of:
 - 1.1 gender;
 - 1.2 age; and
 - 1.3 work experience?
2. What is the level of organizational commitment of teachers in terms of:
 - 2.1 affective commitment;
 - 2.2 continuance commitment; and
 - 2.3 normative commitment?
3. Is there a significant relationship between gender and teachers' organizational commitment?
4. Is there a significant relationship between age and teachers' organizational commitment?
5. Is there a significant relationship between work experience and teachers' organizational commitment?
6. Do gender, age, and work experience significantly impact the organizational commitment of teachers?

1.5 Null Hypotheses

Hypothesis 1: There is no significant relationship between gender and teachers' organizational commitment.

Hypothesis 2: There is no significant relationship between age and teachers' organizational commitment.

Hypothesis 3: There is no significant relationship between work experience and teachers' organizational commitment.

Hypothesis 4: There is no significant impact of gender, age, and work experience on teachers' organizational commitment.

2. METHODOLOGY

2.1 Research Design

A quantitative non-experimental research design with regression analysis was employed in this study to describe the relationship of the variables. According to Bhandari (2022), quantitative research is the process of collecting and analyzing numerical data. It can be used to find patterns and averages, make predictions, test causal relationships, and generalize results to wider populations. Regression analysis was a common statistical method to identify significant relationships between independent variables and dependent variables (Kuhn, 2023).

Applying the quantitative non-experimental research design **with regression analysis** in this paper, the researchers examined the significant relationship between the demographic variables: gender (x_1), age (x_2), and work experience (x_3) on the organizational commitment of teachers (y).

2.2 Research Locale

The **sampled** secondary teachers from the public schools in the Division of Davao City were involved in this study. The schools were chosen given their larger population that could cater for respondents by grade level for a quantitative study. Besides, the junior and senior high schools were both established in these schools.

2.3 Respondents of the Study

The selected public secondary teachers from the public schools in the Division of Davao City were included as respondents of this study. Teachers were chosen since they could better rate their organizational commitment. Besides, teachers' participation was required in the adopted questionnaire.

2.4 Sampling Techniques

Using the Raosoft calculator to determine the minimum sample size needed, the researchers selected 150 teachers. In selecting the participants, stratified random sampling was applied. According to Hayes (2022), stratified random sampling is a sampling method that involves the division of a population into smaller subgroups known as strata. In stratified random sampling, researchers form strata based on individuals' shared attributes or characteristics. Respondents from each grade level were randomly selected. All in all, there was a total of 150 respondents in this study.

2.5 Statistical Treatments

Since the study applied multiple regression analysis, the following statistical tools or techniques with certain purposes were applied by the researchers in this study.

Mean is the most commonly used measure of central tendency by getting the average. This is computed by adding the values of the data and dividing by the total number of values (Frost, 2023). Basically, this tool was utilized in the study as researchers initially got the average score of teachers' organizational commitment with corresponding indicators. By getting the mean, other statistical tools below were applied.

Standard Deviation is a useful measure of spread for normal distributions. The standard deviation is the average amount of variability in a dataset. It tells on average how far each value lies from the mean (Bhandari, 2023). This was used in this study to determine how dispersed the data are in relation to the mean.

Pearson Correlation Coefficient is the most common way of measuring a linear correlation. It is a number between -1 and 1 that measures the strength and direction of the relationship between two variables (Turney, 2022). In utilizing this, the significant relationship between the demographic variables: gender (x_1), age (x_2), work experience (x_3) and organizational commitment of teachers (y) was determined by the researchers.

Multiple Regression Analysis is used to estimate the relationship between two or more independent variables and one dependent variable (Bevans, 2022). This was employed by the researchers in examining the influence of demographic variables: gender (x_1), age (x_2), and work experience (x_3) on the organizational commitment of teachers (y).

2.6 Data Collection Procedure

A systematic procedure for gathering data was observed in this study. First, the letters to the school heads were sent to ask permission for the conduct of the study. Upon approval, the informed consent forms were distributed to the respondents. Then, the questionnaires were personally distributed and administered by

the researchers. Afterwards, the data were retrieved, collected, tallied, tabulated, and interpreted confidentially and accordingly.

2.7 Research Instrument

The researchers utilized the adopted questionnaire from the study of Tadesse (2019) on Teachers' Organizational Commitment at Secondary School in Addis Ababa, Ethiopia to examine the impact of demographic variables on teachers' organizational commitment. This contained 21 items with three (3) indicators, of which eight (8) were for affective commitment; seven (7) for continuance commitment; and six (6) for normative commitment. The researchers also let the respondents fill out the demographic data about their gender, age, and work experience by just ticking the corresponding box on the questionnaire.

3. RESULTS AND DISCUSSIONS

The purpose of this study was to explore the impact of gender, age, and work experience on teachers' organizational commitment. The respondents of the study were public secondary teachers. There were 36 (24%) male teachers and 114 (76%) female teachers who were able to complete the survey. Thus, there were N = 150 complete cases for analysis (See Figure 2).

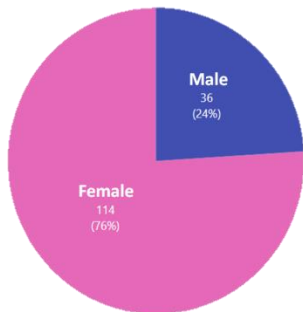


Fig. 2
Participants by Gender

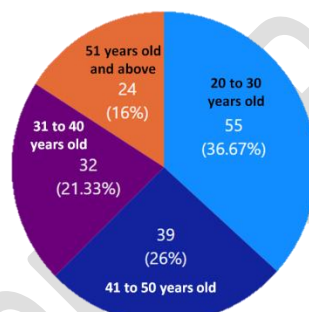


Fig. 3
Participants by Age

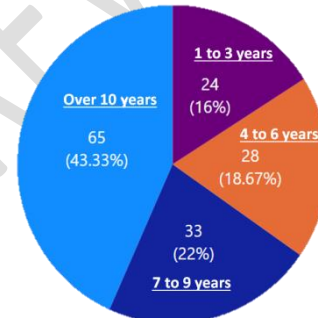


Fig. 4
Participants by Work Experience

In terms of age in Figure 3, majority (55) of the respondents with (36.7%) aged 20 to 30 years old. This was followed by 39 teachers aged 41 to 50 years old (26%); 32 teachers aged between 31 to 40 years old (21.3%); and 24 of them aged 51 years old and above (16%). In terms of work experience, 65 (43.3%) of the teachers had been teaching for over 10 years. This was followed by 33 teachers (22%), who had taught 7 to 9 years; 28 teachers (18.7%) for 4 to 6 years; and 24 teachers (16%) who had been teaching for 1 to 3 years (See Figure 4).

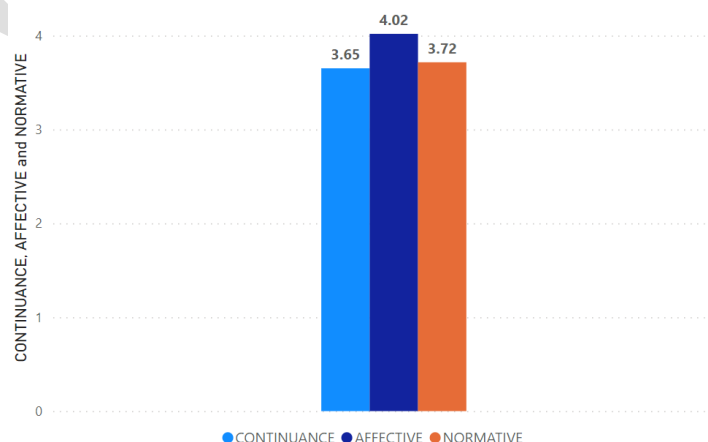


Figure 5
Average Levels of Teachers' Organizational Commitment

When it comes to teachers' organizational commitment, respondents demonstrate a remarkable level of dedication, loyalty, and attachment to their educational institution. This is evident in their willingness to go above and beyond their job responsibilities, exert extra effort, and remain with the organization for an extended period of time. Notably, the findings of this study highlighted that teachers exhibited the highest score in affective commitment, aligning closely with Meyer and Allen's (1991) Three Component Model of Commitment.

Furthermore, the study conducted by Mansor et al. (2021) also supported these findings by reporting a high level of working commitment among teachers. Similarly, Ozkaya and Aking (2023) have publicized a significant level of organizational commitment among middle and high school teachers. These findings implied that teachers were highly engaged, motivated, and dedicated individuals who actively contributed to the school culture. They demonstrated a willingness to collaborate with colleagues and actively participate in various school initiatives and activities.

Table 1. Descriptive Statistics for Teachers' Organizational Commitment

	N	Minimum	Maximum	Mean	Std. Deviation	Description
Affective Commitment	150	1.75	5.00	4.02	0.75	High
Continuance Commitment	150	1.00	5.00	3.65	0.82	High
Normative Commitment	150	1.00	5.00	3.72	0.85	High
TEACHER'S ORGANIZATIONAL COMMITMENT	150	1.25	5.00	3.80	0.72	High

This study aimed to examine the association among research variables such as gender, age, work experience, and teachers' organizational commitment. Pearson product correlation of teachers' organizational commitment and gender was found to be weak positive and statistically insignificant ($r=.047$, $p>.05$). Hence, hypothesis 1 was not rejected. This shows that gender has no significant relationship to organizational commitment among teachers. This finding aligns with the studies conducted by Shamma (2018) and Dogar (2014), which indicated that there were no statistically significant relationships in the level of organizational commitment among teachers based on gender. Similarly, Tandon et al. (2020) also revealed that gender was not found to have a significant impact on organizational engagement.

Moreover, the Pearson product correlation of teachers' organizational commitment and age was found to have a weak negative and statistically significant relationship ($r=-.182$, $p<.05$). Thus, hypothesis 2 was rejected. This means that an increase in the age of teachers will result in a lesser teacher organizational commitment. This finding is coherent with Akinyemi's (2014) study, which conveyed that younger workers tended to demonstrate greater commitment compared to their older counterparts. However, this result is opposite to the findings of Rutsgi et al. (2022) which indicated that the level of teacher commitment in terms of age is similar, and there is no significant difference between the groups on the basis of age.

Further, the Pearson product correlation of teachers' organizational commitment and work experience were found to be weak positive and statistically significant ($r=.183$, $p<.05$). Thus, hypothesis 3 was also rejected. This implies that an increase in work experience will result in a higher teacher organizational commitment. Table 2 shows the correlation analysis of the variables. This finding aligns with the research conducted by Khurshid et al. (2015), Nifadkar and Dongre (2014), and Amangala (2013), which suggested that individuals with longer tenures in an organization tended to exhibit higher levels of organizational commitment. Agreeably, Manzoor and Basu (2021) also proved that work experience significantly influenced teachers' organizational commitment.

Table 2. Correlation Analysis

		TEACHERS' ORGANIZATIONAL COMMITMENT			
		T	Gender	Age	Work Experience
TEACHER'S ORGANIZATIONAL COMMITMENT	Pearson Correlation	1			
	Sig. (2-tailed)				
	N	150			
Gender	Pearson Correlation	.047	1		
	Sig. (2-tailed)	.568			
	N	150	150		
Age	Pearson Correlation	-.182*	.066	1	
	Sig. (2-tailed)	.026	.422		
	N	150	150	150	
Work Experience	Pearson Correlation	.183*	.005	.320**	1
	Sig. (2-tailed)	.025	.951	.000	
	N	150	150	150	150

*. Correlation is significant at the 0.05 level (2-tailed).

** . Correlation is significant at the 0.01 level (2-tailed).

Exposing more of the results of the study, the researchers examined the impact among variables through regression that was hypothesized through H₀₄. Results of regression showed that gender, age and work experience are responsible for bringing a 10.2% variation in teachers' organizational commitment. This means that there were still 89.8% of the variations that occurred in teachers' organizational commitment that could be explained by other factors aside from gender, age, and work experience. These other factors were not covered in this study. Other factors may include promotion, salary, benefits, designations, and the like. Table 3 shows the model summary of the regression analysis.

Table 3. Regression Analysis (Model Summary)

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.319 ^a	.102	.083	.689103

a. Predictors: (Constant), Work Experience, Gender, Age

b. Dependent Variable: TEACHER'S ORGANIZATIONAL COMMITMENT

The dependent variable (teachers' organizational commitment) was regressed on predicting variables of gender, age, and work experience. Table 4 shows the regression analysis. Results confirmed that the independent variables significantly influenced teachers' organizational commitment, $F(3,146) = 5.522$, $p < .05$, which indicated that the three factors under study have a significant impact on teachers' organizational commitment. However, this finding is only based on the model of gender, age, and work experience combined together without yet specifying which of these independent variables could predict teachers' organizational commitment. This would be explained by coefficients in the next table.

Table 4. Regression Analysis (ANOVA)

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	7.867	3	2.622	5.522	.001 ^b
	Residual	69.330	146	.475		
	Total	77.197	149			

a. Dependent Variable: TEACHER'S ORGANIZATIONAL COMMITMENT

b. Predictors: (Constant), Work Experience, Gender, Age

Research question 5 aims to identify if the independent variables can predict teachers' organizational commitment. Coefficients were further assessed to ascertain the influence of each of the factors on the dependent variable. The results revealed that gender has no significant impact on teachers' organizational commitment ($\beta=.107$, $t=.809$, $p=.420$). However, age has a significant and negative impact on teachers' organizational commitment ($\beta=-.177$, $t=-3.28$, $p<.05$). This means that age can predict teachers' organizational commitment. An increase in the age variable by 1 unit will result in a decrease in teachers' organizational commitment by .177 units. Additionally, work experience has a significant and positive impact on teachers' organizational commitment ($\beta=.173$, $t=3.262$, $p<.05$). This means that work experience can predict teachers' organizational commitment. An increase in the work experience variable by 1 unit will result in an increase in teachers' organizational commitment by .173 units. Table 5 presents the regression analysis (coefficients).

Table 5. Regression Analysis (Coefficients)

Model		Unstandardized		Standardized		
		B	Std. Error	Beta	t	Sig.
1	(Constant)	3.492	.285		12.263	.000
	Gender	.107	.132	.064	.809	.420
	Age	-.177	.054	-.272	-3.280	.001
	Work Experience	.173	.053	.270	3.262	.001

a. Dependent Variable: TEACHER'S ORGANIZATIONAL COMMITMENT

These findings suggest that the predictors in the model are age and work experience, while gender does not have the ability to predict a teacher's organizational commitment. However, Kargar et al. (2012) presented an alternative perspective, proposing that in organizations where both men and women work together, productivity and output level were more closely tied to efficiency rather than the gender of the employees. On the other hand, Igbeneghu & Popoola (2010) and Amangala (2013) argued that age significantly influenced organizational commitment, with older workers displaying higher levels of commitment compared to their younger counterparts. This perspective is based on the belief that younger employees may leave organizations in search of growth opportunities, whereas more senior employees, who have invested considerable time in an organization, tend to exhibit greater commitment (Affum-Osei, Acquah, & Acheampong, 2015).

Furthermore, tenure serves as a reliable predictor of organizational commitment. The longer an employee works in an organization, the more likely they are to develop emotional attachment and loyalty towards the organization. This extended period of service may involve experiencing promotions, advancements, increased salary, and additional benefits, all contributing to a heightened sense of belonging (Bakotic, 2022).

4.1 Conclusions

This section presents the conclusion drawn from the implications of data and recommendations advanced by the researchers.

4.1 Conclusions

In the light of the findings of this study, the following conclusions were drawn:

1. There were 36 (24%) male teachers and 114 (76%) female teachers who were able to complete the survey. Thus, there were N = 150 complete cases for analysis. In terms of age, majority (55) of the respondents with (36.7%) aged 20 to 30 years old. This was followed by 39 teachers aged 41 to 50 years old (26%); 32 teachers aged between 31 to 40 years old (21.3%); and 24 of them aged 51 years old and above (16%). In terms of work experience, 65 (43.3%) of the teachers had been teaching for over 10 years. This was followed by 33 teachers (22%), who had taught 7 to 9 years; 28 teachers (18.7%) for 4 to 6 years; and 24 teachers (16%) who had been teaching for 1 to 3 years.
2. The level of organizational commitment of teachers with three components such as affective commitment, continuance commitment, and normative commitment was high. This shows that organizational commitment of teachers is manifested at a large extent.
3. Among the three indicators of organizational commitment, teachers exhibited the highest score in affective commitment.
4. In terms of significant relationship as determined by the Pearson product correlation, teachers' organizational commitment and gender were found to be weak positive and statistically insignificant. This shows that gender has no significant relationship to organizational commitment among teachers.
5. Teacher's organizational commitment and age were found to have a weak negative and statistically significant relationship. This means that an increase in age of teachers will result to a lesser teacher organizational commitment.
6. Teachers' organizational commitment and work experience were found to be weak positive and statistically significant. This implies that an increase in work experience will result to a higher teacher organizational commitment
7. Results of regression showed that gender, age and work experience are responsible in bringing 10.2% variation in teachers' organizational commitment. This means that there were still 89.8% of the variations that occurred in teachers' organizational commitment that could be explained by other factors aside from the gender, age, and work experience. These other factors were not covered in this study such as promotion, salary, benefits, designations, and the likes.
8. The independent variables significantly influenced teachers' organizational commitment, which indicated that the three factors under study have a significant impact on teachers' organizational commitment. However, this finding is only based on the model of gender, age, and work experience combined together without yet specifying which of these independent variables could predict teachers' organizational commitment.
9. Gender has no significant impact on teachers' organizational commitment. Age has a significant and negative impact on teachers' organizational commitment. This means that age can predict teachers' organizational commitment. An increase in the age variable by 1 unit will result to a decrease in teachers' organizational commitment by .177 units. Additionally, work experience has a significant and positive impact on teachers' organizational commitment. This means that work experience can predict teachers' organizational commitment. An increase in the work experience variable by 1 unit will result to an increase in teachers' organizational commitment by .173 units.
10. Generally, the predictors in the model are age and work experience, while gender does not have the ability to predict a teacher's organizational commitment.

4.2 Recommendations

1. With the high level of organizational commitment, teachers are encouraged to increase or sustain this commitment to exercise teaching profession with motivation. They can do this by joining trainings, seminars, and conferences that boost their commitment. School administrators are also encouraged to demonstrate a leadership style that fosters teachers' organizational commitment. They can serve as exemplary role

models to the teachers by upholding ethics and professionalism. In addition, they might motivate the teachers to commit to the vision of the organization by involving them in the school planning, activities or operations, and financial management. Moreover, they can also act as coaches and advisors to them.

2. Since gender has no significant relationship to teachers' organizational commitment, it is advised for educational key players to avoid gender stereotypes. Teachers' commitment should not be judged based on gender. This perspective can be conveyed among individuals through the implementation of Gender and Development Seminars and Conferences to highlight that everyone can have organizational commitment regardless of gender.

3. **It is encouraged to boost or increase the commitment of teachers with higher age.** This can be done by recognizing their efforts and service for them to be motivated despite their age. It is also better to give them the opportunity to demonstrate leadership among their juniors to ignite their commitment by realizing that they are still honored and respected. It is also more convenient for them to participate in programs and activities that would sustain their commitment.

4. Based on the findings that an increase in work experience will result to a higher teacher organizational commitment, it is vital to acknowledge the teachers who have longer years in service by giving them certificates and incentives to stay committed. Thus, the Department of Education, Commission on Higher Education, and Private Institutions are advised to implement further the Loyalty Pay for teachers who are 10 years and above in service. They can also improve the existing guidelines in the enforcement of Loyalty Pay and implement other activities to inspire more the teachers with long work experience in the future.

5. Since the results of regression revealed that gender, age and work experience are responsible in bringing only 10.2% variation in teachers' organizational commitment, future researchers are encouraged to study the other 89.8% variations that might influence organizational commitment of teachers by focusing on other factors that were not covered in this study. Other factors might include promotion, salary, benefits, designations, and the likes. The authors also suggested the inclusion of related literature to strongly support the application of research tool, data collection, and data analysis technique. Finally, they conveyed the value of competence, resourcefulness, patience, determination, and persistence as self-assets in finishing a study.

ETHICAL APPROVAL

All authors hereby declare that ethical considerations were properly observed in the conduct of the study. The researchers cited and acknowledged all the authors involved in this study. The researchers also read carefully the articles and paraphrased these to properly support the findings without changing the content. Moreover, confidentiality was strictly followed in this study.

Consent

As per international standards or university standards, respondents' written consent has been collected and preserved by the author(s).

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