

ISOLATION, CHARACTERIZATION OF ANTIBIOTIC RESISTANCE BACTERIA IN SELECTED FISH POND ECOSYSTEMS IN OSUN STATE, NIGERIA

Abstract

The increasing prevalence of antibiotic-resistant bacteria in aquatic ecosystems poses a significant threat to public health and environmental sustainability. This study aimed to isolate and characterize antibiotic-resistant bacteria from selected fish pond ecosystems in Osun State, Nigeria. Sixty (60) fish water samples and sixty (60) fish sediment samples were collected from selected fish ponds located in different regions of the state using a purposive sampling technique. The samples were processed for the isolation of bacterial strains using standard microbiological techniques.

Isolates were identified through morphological and conventional biochemical methods using *Bergey's Manual of Determinative Bacteriology*, while their antibiotic resistance profiles were determined using the disc diffusion method against a panel of twelve (12) commonly used antibiotics. The results revealed the presence of a diverse range of bacterial species, including *Escherichia coli*, *Klebsiella spp.*, *Salmonella spp.*, *Pseudomonas aeruginosa*, and *Staphylococcus aureus*, with a high prevalence of antibiotic-resistant strains. Resistance was most commonly observed against ceftazidime, cefotaxime, vancomycin, cefuroxime, gentamicin, and ciprofloxacin.

The findings revealed a growing issue of antibiotic-resistant bacteria in aquatic ecosystems, showing a complex interplay between antibiotic use, environmental factors, and the emergence of resistance. This was a direct consequence of anthropogenic activities, such as the misuse of antibiotics in aquaculture, agricultural practices, and the improper disposal of antibiotics.

This study highlights the urgent need for the implementation of effective monitoring and management strategies to mitigate the spread of antibiotic-resistant bacteria in aquatic ecosystems. Furthermore, it underscores the importance of promoting sustainable and responsible use of antibiotics in aquaculture to safeguard both human health and the integrity of aquatic environments.

Keywords: Antibiotic resistance, bacteria, fish ponds, isolation, characterization, aquaculture.

Introduction

The discovery and development of antibiotics marked a revolutionary shift in modern medicine, saving millions of lives since their initial use in the 1940s. Early breakthroughs such as penicillin and streptomycin drastically improved the management of bacterial infections, enabling medical procedures like organ transplants, chemotherapy, and intensive care to become viable and safe. These advancements made antibiotics indispensable in various medical fields, where their role in preventing and treating infections is crucial to procedural success (Powers, 2019; Shrestha *et al.*, 2021).

However, the growing resistance of bacteria to antibiotics has become a critical global health challenge. Antibiotic resistance results in prolonged illnesses, increased healthcare costs, and higher mortality rates, especially in regions with limited access to advanced medical care. According to Murray *et al.* (2022), antibiotic-resistant bacteria (ARB) and antibiotic resistance genes (ARGs) represent a significant threat to public health systems worldwide, with the ability to transfer resistance traits across ecosystems.

One area of growing concern is the contribution of aquaculture to antibiotic resistance. The aquaculture industry has expanded rapidly to meet global food demands, but the extensive use of antibiotics in fish farming to combat bacterial infections has escalated the risks of antibiotic resistance. Antibiotic residues in aquaculture environments create conditions for bacterial adaptation and the emergence of resistant strains, particularly in fish ponds. Such settings can act as reservoirs for ARGs, with the potential to transfer resistance to human pathogens (Baquero *et al.*, 2022; Zhao *et al.*, 2023).

In developing regions like Nigeria, the aquaculture sector faces significant challenges due to weak regulatory frameworks governing antibiotic use [23-25]. The uncontrolled and often excessive application of antibiotics in fish farming promotes the proliferation of resistant bacteria in aquatic ecosystems. Furthermore, environmental contamination through antibiotic residues and the accumulation of ARGs in sediments raise concerns about the potential impact on human and environmental health (Onyuka *et al.*, 2022).

The mechanisms driving antibiotic resistance in fish pond ecosystems are complex. Horizontal gene transfer (HGT) plays a pivotal role in spreading resistance genes among bacterial populations. Mobile genetic elements, such as plasmids and transposons, facilitate the rapid dissemination of ARGs across different bacterial species, even in the absence of direct antibiotic pressure. The continuous exposure to antibiotics in aquaculture exerts selective pressure, allowing resistant strains to thrive while susceptible bacteria are eliminated (Yang *et al.*, 2023).

Moreover, aquaculture environments support the formation of biofilms on pond surfaces, sediments, and aquatic organisms. These biofilms protect bacteria from external stressors, including antibiotics, while promoting gene exchange within microbial communities. Fish pond sediments serve as reservoirs for ARGs and antibiotic residues, sustaining resistance dynamics over extended periods (Chen *et al.*, 2022). The use of heavy metals and disinfectants in aquaculture can also co-select for antibiotic resistance due to shared resistance pathways in bacteria.

Despite the growing recognition of antibiotic resistance in aquaculture, significant knowledge gaps remain. Many studies focus on global trends without addressing specific patterns in regions like Nigeria, where regulatory and infrastructural challenges exacerbate the problem. The molecular mechanisms underlying ARG persistence in fish pond sediments remain underexplored, as does the role of aquaculture practices in shaping resistance dynamics. Furthermore, insufficient research has been conducted to evaluate the impact of interventions and policy reforms aimed at curbing antibiotic use in aquaculture.

This study seeks to isolate and characterize antibiotic-resistant bacteria in aquaculture environments, focusing on water and sediment samples from fish ponds in Nigeria. By bridging these knowledge gaps, the study aims to provide localized insights to inform regulatory strategies and strengthen global efforts to address antibiotic resistance through a One Health approach.

Materials and Methods

The Study Location

The study was conducted in Osun State, located in the southwestern geopolitical zone of Nigeria. The state spans a total land area of approximately 14,875 km². Osun State shares boundaries with Ondo and Ekiti States to the east, Oyo State to the west, Kwara State to the north, and Ogun State to the south (Osun State Government, 2005).

According to the 2006 National Census, as reported by the National Population Commission (NPC, 2007), the state had a population of 3,423,535 people. It is divided into thirty Local Government Areas (LGAs) comprising numerous towns, villages, and settlements. The Yoruba ethnic group predominantly inhabits Osun State, although it is home to individuals from other parts of Nigeria and beyond.

Osun State features diverse climatic and ecological zones. The southern part is characterized by a rainforest ecosystem with a mean annual rainfall of approximately 1,420 mm, while the northern part is a derived savanna with a mean annual rainfall of about 1,133 mm. These climatic conditions are favorable for a wide variety of agricultural activities, which form the primary occupation of the state's residents. The state is known for the cultivation of crops such as locust beans, maize, cassava, groundnuts, sweet potatoes, palm trees, and cocoa. Additionally, the environment supports livestock rearing and aquaculture practices, contributing to food security and economic growth in the region. (Figure1).

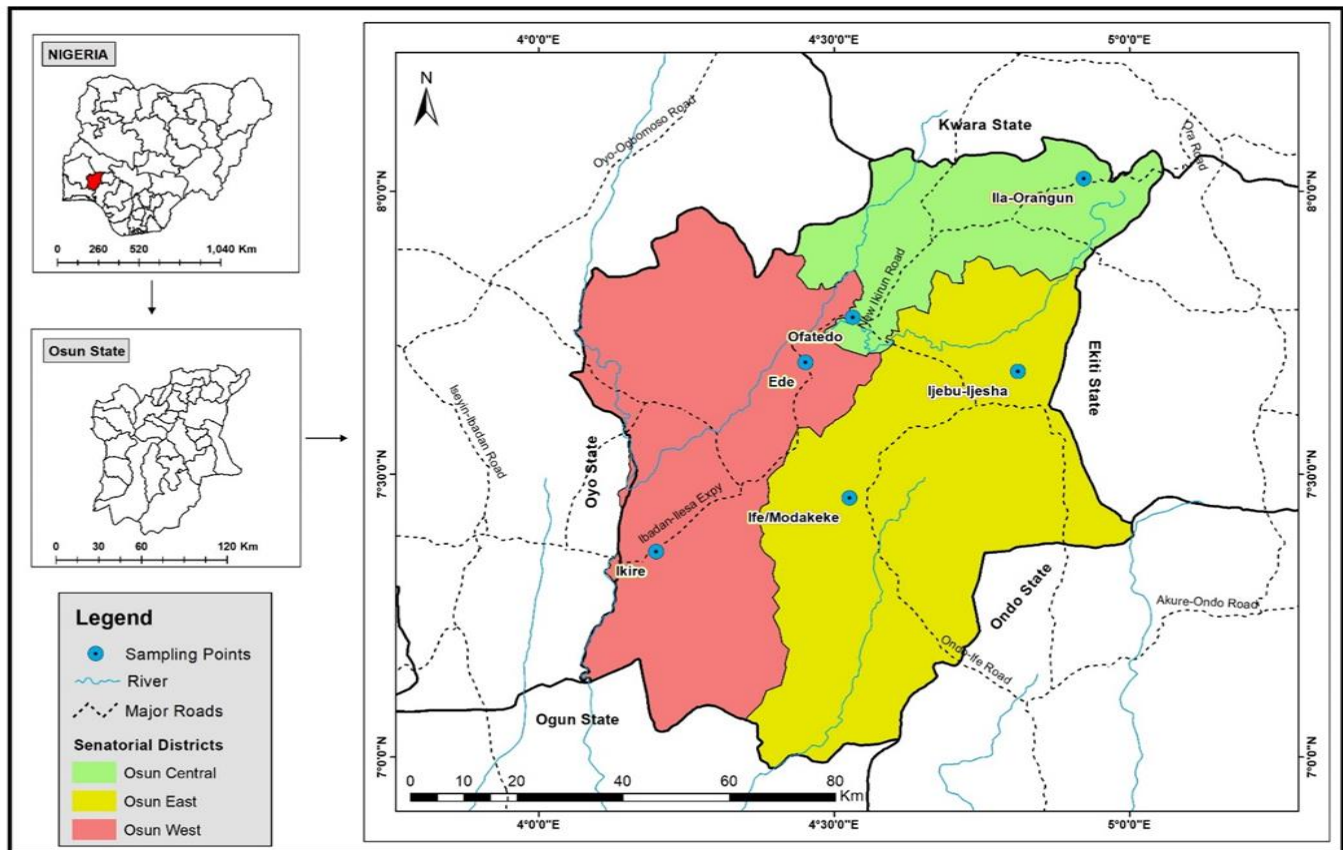


Figure 1: Map of Osun State Showing Sampled Locations

Study Design and Sample Collection

Sample Collection for Laboratory Analysis

The study was conducted in small-to-medium-sized fish farms actively producing fish, purposively selected across Osun State's three main senatorial districts (Osun Central, Osun East, and Osun West). Two Local Government Areas were chosen from each senatorial district, designated A to F. Each pond had an average stocking density of 5–10 fingerlings/m², with surface areas of 6–20 m² for concrete tanks, 2.16 m² for plastic tanks, and 500 m² for earthen ponds.

A total of 60 water samples and 60 sediment samples were aseptically collected from fish ponds. Sampling was conducted between December 2022 and March 2023, from 9:00 am to 12:00 pm. Water samples were collected at a depth of 30 cm below the water surface, while sediment samples were taken at a depth of 60 cm below the pond floor. Sterile, labeled screw-cap sample bottles were used for collection to prevent contamination. Composite samples were obtained from concrete ponds, earthen ponds, and plastic ponds.

Once collected, the samples were placed in a cooler containing ice packs to maintain low temperatures and minimize microbial growth during transport to the laboratory. Upon arrival at the laboratory, the samples were immediately processed and stored for microbiological and biophysical analyses.

Laboratory Processing of Samples

Serial Dilution

Water samples were serially diluted to ensure manageable bacterial concentrations for enumeration. One milliliter of the water sample was transferred aseptically into 9 ml of sterile distilled water using a sterile pipette. Four test tubes were prepared and labeled as 10^{-1} , 10^{-2} , 10^{-3} , and 10^{-4} . From each dilution, 1 ml was transferred into sterile plates using the pour plate method for subsequent microbial analysis.

Media Used for Analysis

The study utilized various media for bacterial isolation and enumeration:

- **Salmonella/Shigella Agar (SSA)** and **MacConkey Agar** for isolating gram-negative bacteria.
- **Eosin Methylene Blue (EMB)** for identifying coliform bacteria.
- **Nutrient Agar (NA)** for general microbial growth.
- **Mueller-Hinton Agar (MHA)** for antibiotic susceptibility testing.

After inoculation, plates were incubated at 37°C for 24 hours. Colony growth on the plates was then sub-cultured onto fresh nutrient agar slants and stored at 4°C for further use.

Isolation on Selective Media

Distinct colonies from the initial plates were sub-cultured onto fresh nutrient agar plates using a sterile inoculating loop. After streaking, plates were incubated at 37°C for 24 hours to allow the growth of pure bacterial isolates. Slants were prepared in McCartney bottles for long-term storage, ensuring sterile conditions during the process.

Identification of Isolates

Bacterial isolates were characterized based on their colonial morphology, Gram staining reaction, and biochemical properties, following standard microbiological protocols. Further identification of isolates was performed using *Bergey's Manual of Systematic Bacteriology* (2019 edition), which provides a comprehensive framework for bacterial classification (Whitman et al., 2019).

Antibiotic Susceptibility Testing

The antibiotic susceptibility of bacterial isolates was determined using the disc diffusion method described by Bauer et al. (1966). Bacterial suspensions were spread onto Mueller-Hinton agar plates, and antibiotic-impregnated discs were carefully placed on the surface. The plates were incubated at 37°C for 24 hours. Zones of inhibition around the antibiotic discs were measured, and the results were interpreted according to the updated guidelines of the Clinical and Laboratory Standards Institute (CLSI, 2023).

The antibiotic discs included commonly used antibiotics in aquaculture and human medicine. Positive controls (susceptible bacterial strains) and negative controls (without antibiotics) ensured the reliability of the results.

Statistical Analysis

Descriptive statistics, including mean and standard deviation, were used to summarize bacterial load, resistance patterns, and environmental factors. Inferential statistics, such as chi-square tests, assessed associations between

categorical variables, with significance set at $p < 0.05$. Cross-tabulation was employed to identify relationships between bacterial isolates and resistance patterns. SPSS software (version 17) facilitated data analysis.

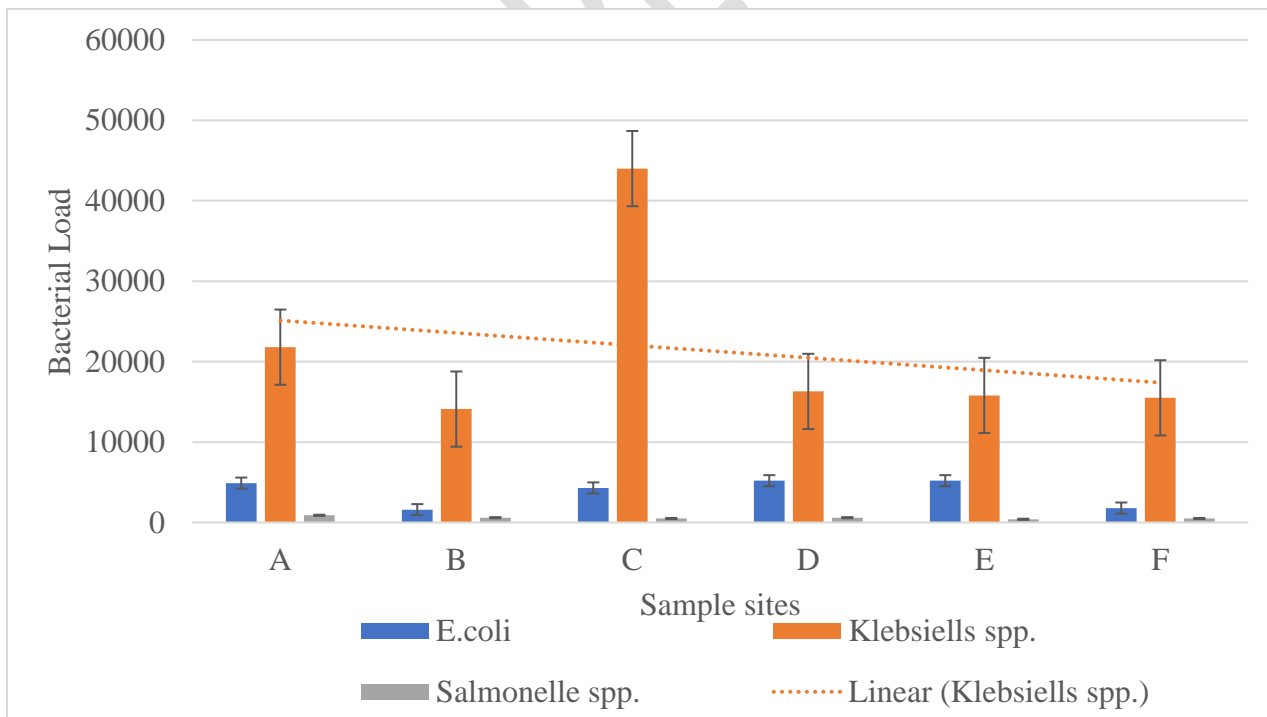
Environmental Controls

During the study, environmental factors such as pond type, water source, and feed type were recorded and controlled to minimize variability. The uniformity of sampling protocols ensured that environmental influences on microbial growth and resistance profiles were consistent across all sampling sites.

Results

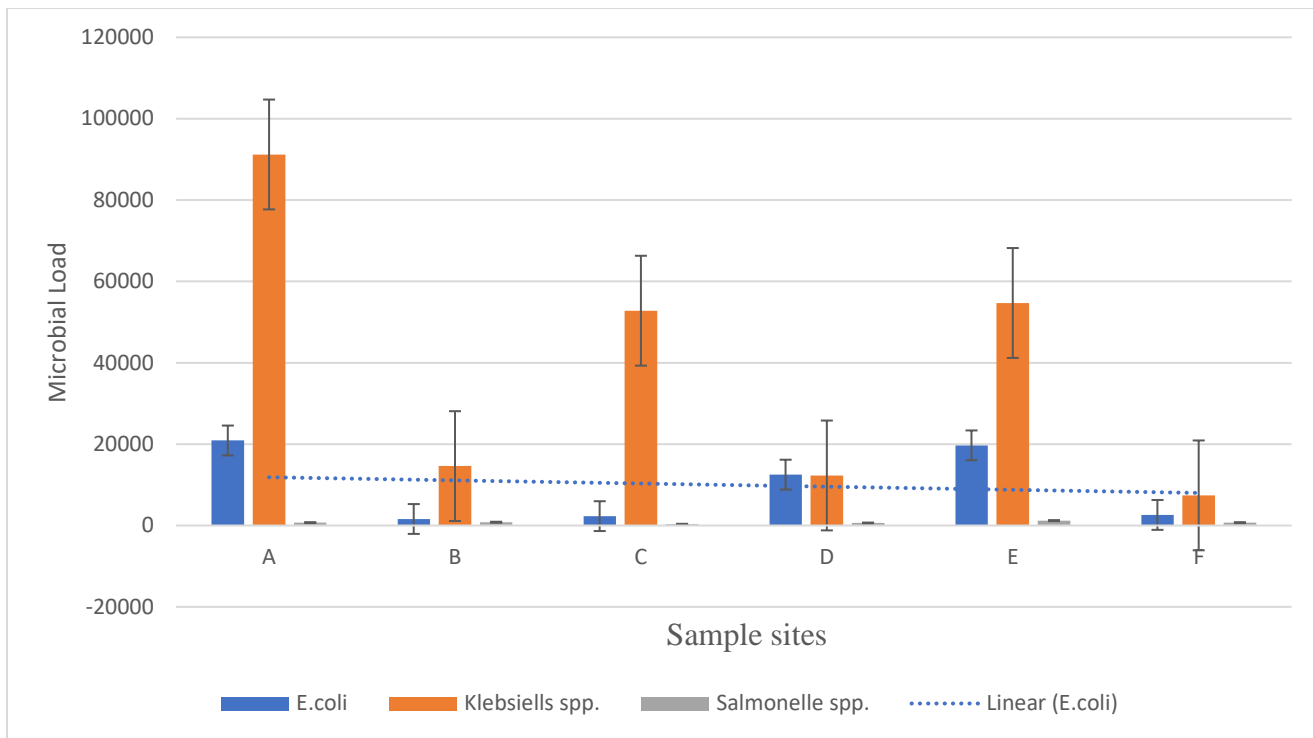
The results of the study highlighted significant variations in microbial loads and the presence of bacteria across the sampled fish pond locations. Figures 2, 3, and 4 provide visual representations of these findings. The observed trends indicate that certain bacterial species exhibited higher loads or frequency across specific locations, raising concerns about environmental and human health risks associated with these fish ponds.

In fish pond water samples, microbial loads varied significantly among different locations, as shown in Figure 2. For *E. coli*, counts ranged from 1,600 CFU/mL to 5,200 CFU/mL, with sample site D showing the highest load (5,200 CFU/mL) and site F the lowest (1,800 CFU/mL). *Klebsiella spp.* displayed broader variations, ranging from 14,100 CFU/mL at site B to 44,000 CFU/mL at site C. *Salmonella spp.*, on the other hand, exhibited relatively stable counts across sites, ranging from 400 CFU/mL at site E to 900 CFU/mL at site A.



Key: A (Ife East LGA), B (Oriade LGA), C (Ede South LGA), D (Irewole LGA), E (Olorunda LGA), F (Ila LGA)

Figure 2: Bacteria Load Distribution in Fish Pond Water Sample in Selected Local Government Areas in Osun State



Key: A (Ife East LGA), B (Oriade LGA), C (Ede South LGA), D (Irewole LGA), E (Olorunda LGA), F (Ila LGA)

Figure 3: Bacteria Load Distribution in Fish Pond Sediment Samples in Selected Local Government Areas in Osun State

Statistical analysis using ANOVA confirmed significant differences among bacterial species across sampling locations ($p = 6.66954E-06$).

In sediment samples (Figure 3), similar patterns of variability were observed. For *E. coli*, mean counts ranged from $1.60E+03$ CFU/mL at site B to $2.09E+04$ CFU/mL at site A. *Klebsiella spp.* had mean counts between $7.40E+03$ CFU/mL at site F and $9.12E+04$ CFU/mL at site A. *Salmonella spp.* counts ranged from $3.00E+02$ CFU/mL at site C to $1.20E+03$ CFU/mL at site E. ANOVA indicated statistically significant differences in microbial loads among these bacteria, with a p-value of 0.002464. These variations highlight site-specific factors influencing bacterial loads, such as environmental conditions and management practices.

The bacterial isolates from water and sediment samples displayed a wide range of diversity, as determined through macroscopic and microscopic examinations. Characterization was based on colonial morphology, Gram staining reaction, and biochemical tests, following standard microbiological procedures (Cheesbrough, 2006; Forbes et al., 2002).

The analysis identified eleven genera of Gram-negative bacteria, including:

- *Escherichia coli*
- *Klebsiella spp.*
- *Salmonella spp.*
- *Proteus spp.*
- *Pseudomonas spp.*
- *Enterobacter spp.*
- *Citrobacter spp.*
- *Serratia spp.*
- *Shigella spp.*
- *Vibrio spp.*
- *Providencia spp.*

The frequency of bacterial isolates varied significantly across sites, as shown in Table 1. *E. coli* was the most prevalent, with 22 isolates (22.92%) identified across all sample sites. *Klebsiella spp.* followed with 18 isolates (18.75%), also present at all sites. *Salmonella spp.* was detected at five out of six locations, accounting for 14 isolates (14.58%). Other bacteria, such as *Proteus spp.* and *Pseudomonas spp.*, were found in moderate frequencies, with 13 isolates (13.54%) and 7 isolates (7.29%), respectively. Less frequent species, including *Enterobacter spp.*, *Vibrio spp.*, and *Citrobacter spp.*, showed frequencies ranging from 2 to 7 isolates (2.08% to 7.29%).

These findings underscore the variability in bacterial composition and abundance in fish pond ecosystems, emphasizing the need for targeted management strategies to mitigate risks associated with these microorganisms in aquaculture environments.

Table 1: Frequency of Bacteria Isolated from the Fish Pond Water and Fish Pond Sediment Samples

Bacteria	Sampled site						Frequency	% Frequency
	1	2	3	4	5	6		
<i>Vibrio spp</i>	+	-	-	+	-	-	3	2.88
<i>Citrobacter spp</i>	-	-	-	+	+	-	4	3.84
<i>E. coli</i>	+	+	+	+	+	+	22	22.92
<i>Enterobacter spp</i>	+	-	+	-	-	-	7	7.29
<i>Klebsiella spp</i>	+	+	+	+	+	+	18	18.75
<i>Proteus spp</i>	+	+	-	-	+	-	13	13.54
<i>Providencia spp</i>	-	-	-	+	-	+	2	2.08
<i>Pseudomonas spp</i>	+	+	-	-	-	-	7	7.29
<i>Salmonella spp</i>	+	+	-	+	-	+	14	14.58
<i>Serratia spp</i>	-	+	+	-	-	-	3	3.13
<i>Shigella spp</i>	-	-	+	+	-	+	3	3.13

According to the analysis presented in Figure 4, the antibiotic susceptibility and resistance patterns of bacterial isolates varied significantly across different species and antibiotics. The bacteria with the lowest resistance rates to Cefotaxime included *Shigella spp.*, *Vibrio spp.*, *Citrobacter spp.*, *Providencia spp.*, and *Serratia spp.*. However, higher resistance was exhibited by *Escherichia coli*, followed by *Klebsiella spp.*, *Proteus spp.*, and *Salmonella spp.*

Tetracycline demonstrated high efficacy, with 90% of the bacterial isolates showing susceptibility. The least susceptible organisms to Tetracycline were *Vibrio spp.*, while *Klebsiella spp.* exhibited the highest resistance, followed by *E. coli*, *Enterobacter spp.*, *Shigella spp.*, and *Serratia spp.*. For Ceftazidime, *Proteus spp.*, *Salmonella spp.*, *Klebsiella spp.*, and *E. coli* displayed the greatest resistance, whereas *Providencia spp.* and *Serratia spp.* exhibited the lowest resistance levels.

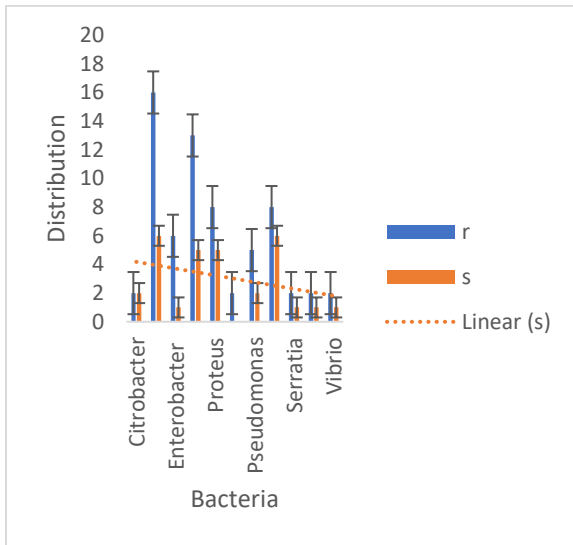
E. coli showed a higher susceptibility to Cotrimoxazole compared to *Klebsiella spp.*, *Salmonella spp.*, and *Proteus spp.*, with the lowest susceptibility observed in *Vibrio spp.* However, specific strains of *Klebsiella spp.*, *Enterobacter spp.*, and *Providencia spp.* demonstrated no resistance to Cotrimoxazole.

Gentamicin resistance was highest in *E. coli*, followed by *Klebsiella spp.* and *Salmonella spp.*, although *Klebsiella spp.* also displayed the highest susceptibility to this antibiotic. For Cefuroxime, *E. coli* was the most susceptible, followed by *Salmonella spp.* and *Klebsiella spp.*, with the least susceptibility observed in *Serratia spp.* Conversely, *Klebsiella spp.* showed the highest resistance to Cefuroxime, followed by *E. coli*, with the lowest resistance observed in *Vibrio spp.*

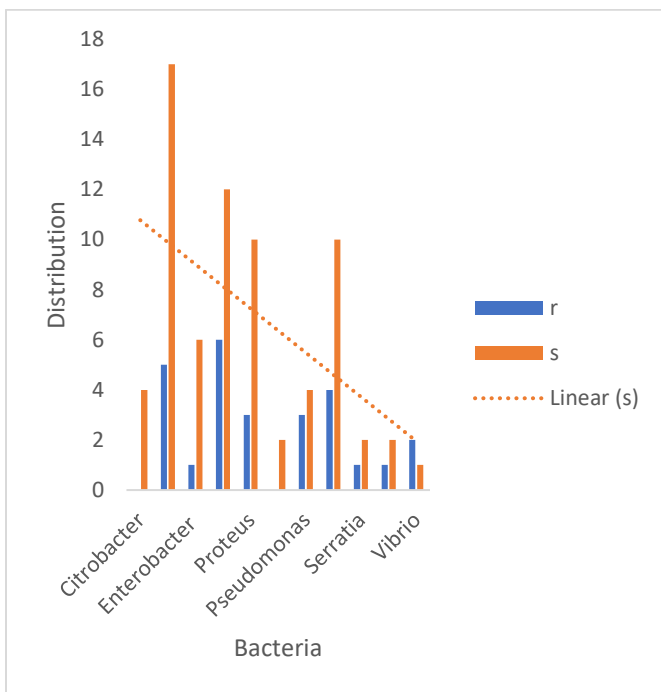
The susceptibility patterns to Chloramphenicol showed that *E. coli* was the most susceptible, followed by *Salmonella spp.* and *Klebsiella spp.* The least susceptible organisms were *Providencia spp.* and *Serratia spp.* However, the bacteria with the highest resistance to Chloramphenicol were *Klebsiella spp.*, *E. coli*, and *Vibrio spp.*

Ceftriaxone exhibited high efficacy against *E. coli*, which had the highest susceptibility, followed by *Klebsiella spp.* and *Proteus spp.*, with *Vibrio spp.* showing the least susceptibility. However, *Salmonella spp.* displayed the highest resistance to Ceftriaxone, followed by *Klebsiella spp.*, with the lowest resistance observed in both *Providencia spp.* and *Serratia spp.*

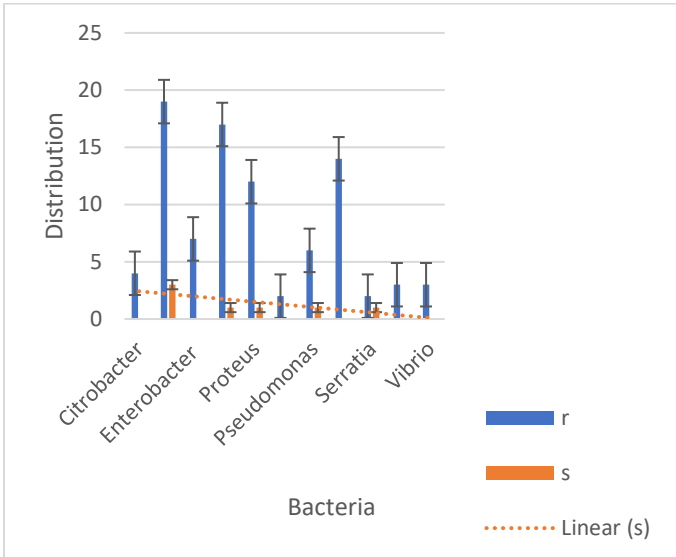
Fig 4 : *Citrobacter spp.* and *Providencia spp.*



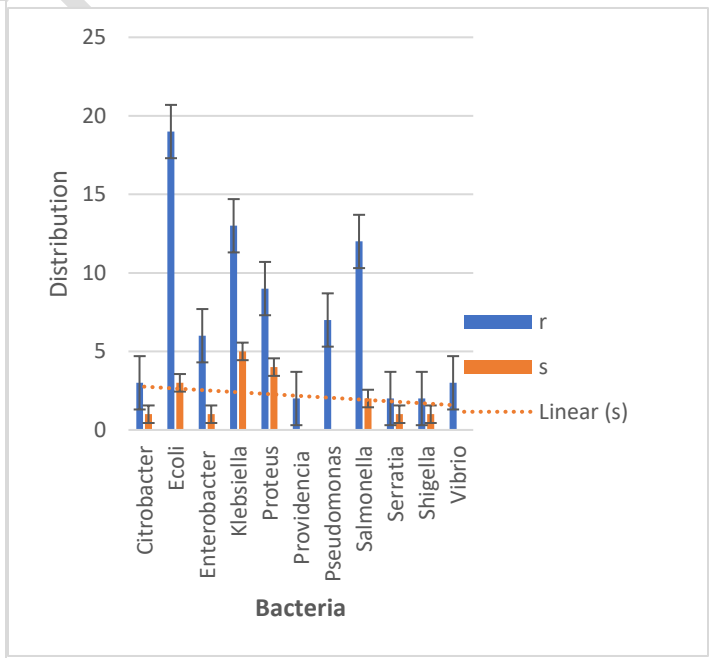
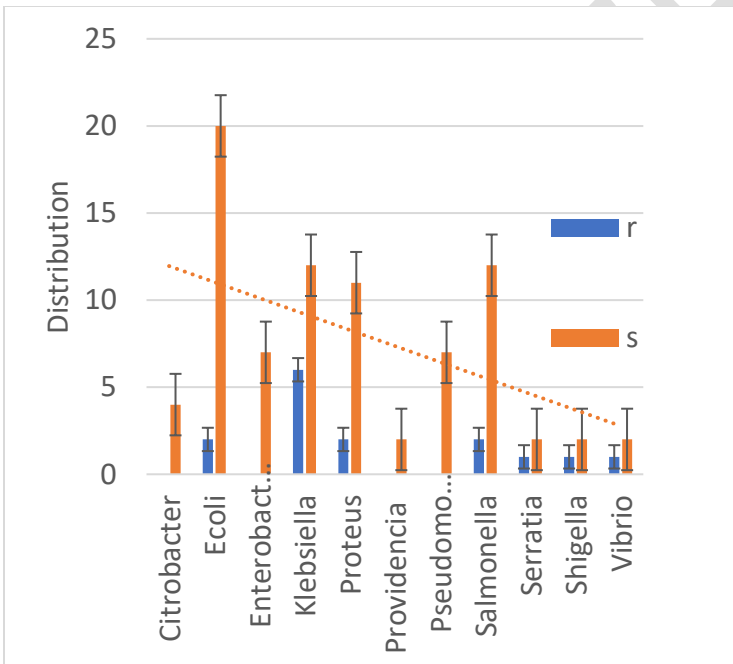
Cefotaxime



Tetracycline

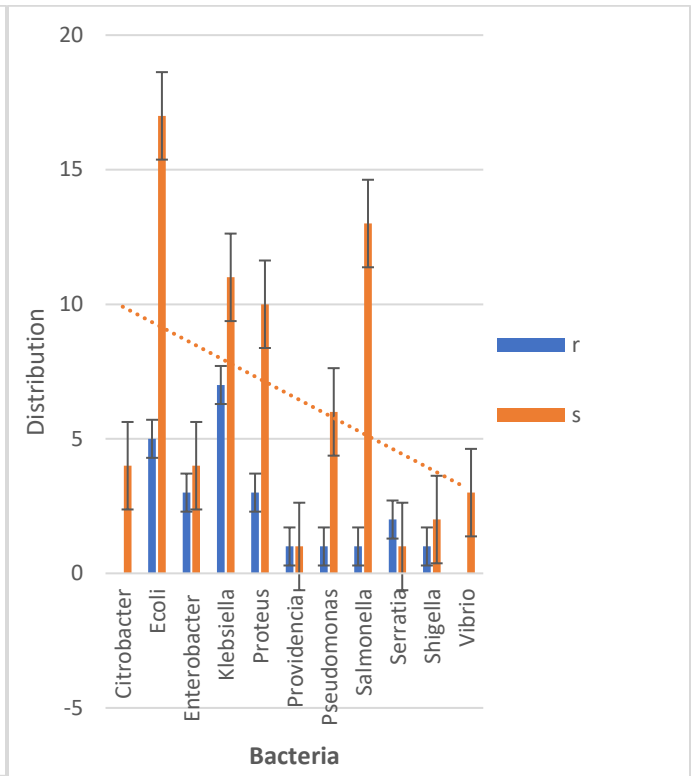
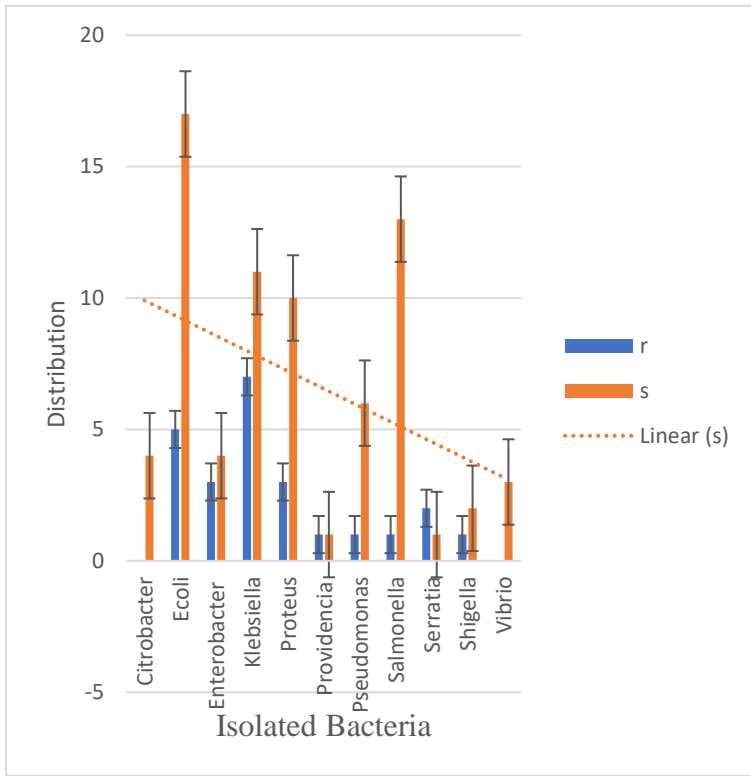


Ceftazidime



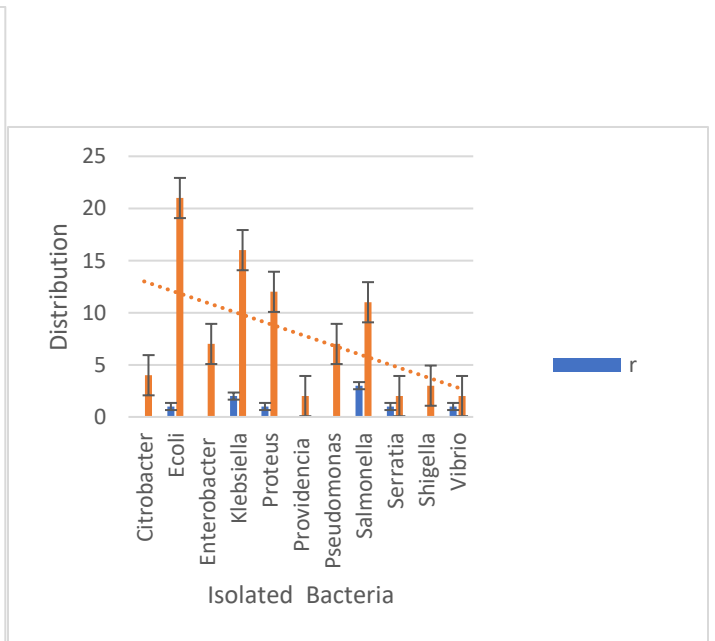
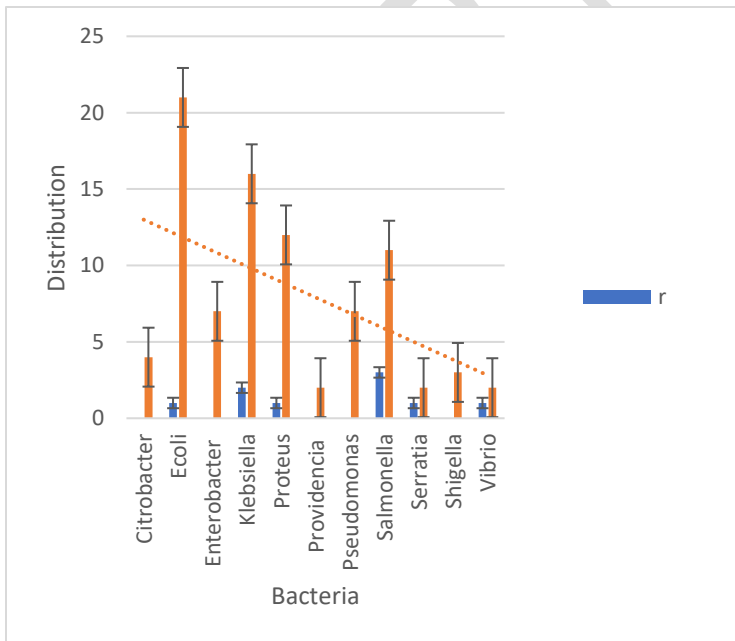
Cotrimoxazole

Gentamicin

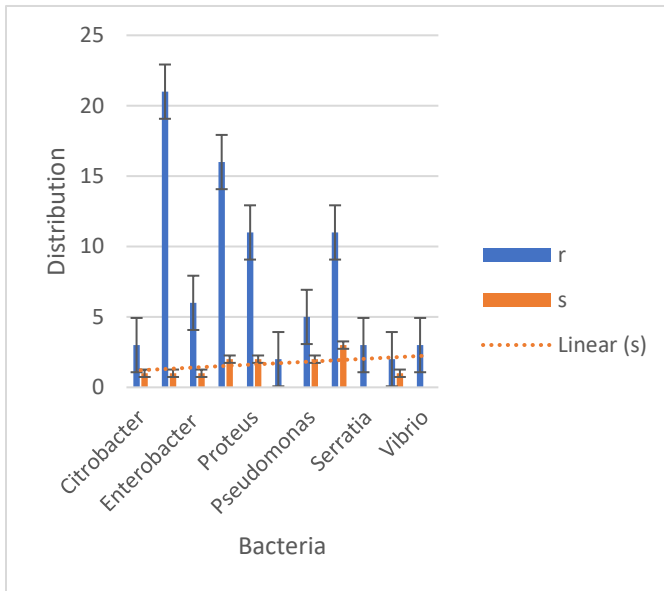


Cefuroxime

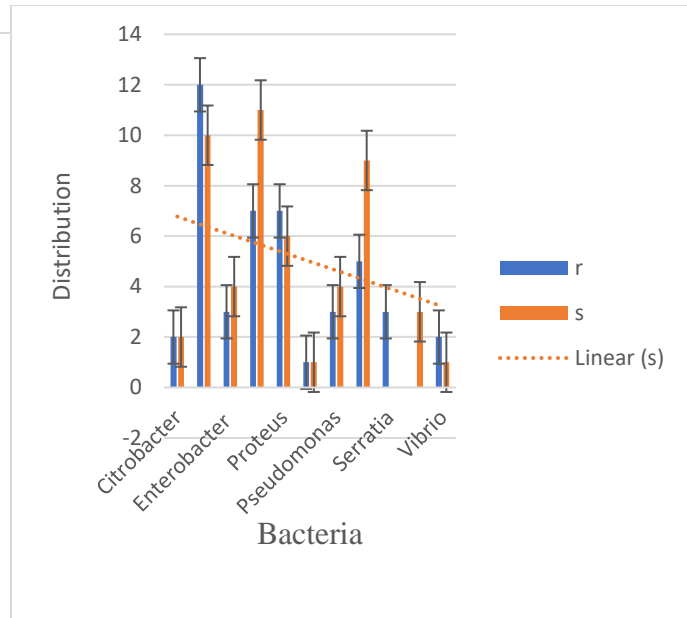
Chloramphenicol



Ceftriaxone



Ciprofloxacin



Vancomycin

The *E. coli* has highest Susceptible pattern against Ciprofloxacin followed by *Klebsiella spp*, *Proteus spp* and *Salmonella spp*. and least was in *Vibrio spp*. Although, *Salmonella spp* still showed highest resistance against Ciprofloxacin but least resistance in *Citrobacter spp*. The resistance of all the isolated bacteria to vancomycin was evident, where *E. coli* had the strongest pattern of resistance, followed by *Klebsiella spp*. and *Shigella spp*. with the lowest. However, *Salmonella* species showed the highest susceptibility to vancomycin, whereas *Vibrio* species showed the lowest. *Escherichia coli* has highest resistance pattern against Amikacin followed by *Klebsiella spp* and *Proteus spp*. and least resistance was recorded in *Providencia spp* while *Klebsiella spp* showed highest susceptibility and least was in *Serratia spp*.

Amikacin

Discussion

Bacterial Contamination in Fish Ponds

The study highlights significant bacterial contamination in fish pond water, evidenced by high bacterial loads and total coliform counts exceeding World Health Organization (WHO) standards (WHO, 2020). This reflects poor water quality and poses serious public health risks. Contamination is primarily linked to anthropogenic activities, including inadequate waste management, agricultural runoff, and poor fish pond maintenance. Similar findings by Kariuki *et al.* (2019) and Jaramillo *et al.* (2021) confirm that such practices are prevalent contributors to bacterial contamination in aquaculture environments globally.

Key factors driving contamination include fecal pollution, nutrient-rich sediments, and organic waste accumulation, which provide an ideal environment for bacterial growth. Studies by Hu et al. (2020) and Zhao et al. (2022) also associate water contamination with improper land use practices and untreated sewage discharge.

Pathogenic Bacteria in Aquaculture Systems

The identification of *Escherichia coli*, *Salmonella* spp., *Klebsiella* spp., and other pathogens underscores the risks aquaculture systems pose to aquatic ecosystems and human health. Persistent pathogens, including *Vibrio* spp., *Aeromonas* spp., and *Salmonella* spp., have been associated with direct contamination through human and animal activities. Research by Chen et al. (2021) and Lopes et al. (2022) similarly highlights the prevalence of these pathogens in aquaculture environments, exacerbated by poor hygiene and waste disposal practices.

The high prevalence of *E. coli* in this study aligns with findings by Okeke et al. (2020) and Wang et al. (2021), linking its dominance to wastewater mismanagement and agricultural runoff. Prominent isolation of *Klebsiella* spp. and *Salmonella* spp. further emphasizes contamination from fecal matter and inadequate hygiene practices, corroborated by studies from Musa et al. (2021) and Acharya et al. (2022).

Antibiotic Resistance

The study also underscores alarming antibiotic resistance trends among bacterial isolates. The resistance of *E. coli*, *Klebsiella* spp., *Proteus* spp., and *Salmonella* spp. to commonly used antibiotics such as cefotaxime, gentamicin, and ciprofloxacin highlights the consequences of unregulated antibiotic use in aquaculture. These findings are consistent with those of Faruk et al. (2021) and Li et al. (2020), who attribute resistance to selective pressure from extensive antibiotic exposure and horizontal gene transfer in aquatic environments.

Although tetracycline remains effective against many bacterial strains, its overuse raises concerns about potential resistance, as noted by Bashir et al. (2020) and Singh et al. (2021). Similarly, misuse of fluoroquinolones like ciprofloxacin has contributed to resistant strains, consistent with findings by Amuguni et al. (2022) and Zhang et al. (2023).

Environmental and Public Health Implications

The presence of antibiotic-resistant bacteria in aquaculture environments poses significant threats to aquatic ecosystems, human health, and food safety. Organic matter accumulation in pond sediments provides an ideal reservoir for pathogens, as observed by Tang et al. (2021) and Qiu et al. (2023). This promotes the persistence of resistant strains, which can cause gastrointestinal infections in humans and aquatic species.

Mitigating these challenges requires improved aquaculture management practices, stricter regulation of antibiotic use, and regular water quality monitoring. Reduction of organic waste inputs and enhanced waste management strategies are essential for minimizing bacterial contamination and safeguarding public and environmental health.

Conclusion

The study highlights the pervasive presence of pathogenic and antibiotic-resistant bacterial species in fish pond water and sediment, emphasizing the urgent need for improved aquaculture management practices. Issues such as fecal contamination, agricultural runoff, inadequate waste management, and misuse of antibiotics compromise the quality of fish pond water, posing significant risks to aquatic ecosystems and public health. The findings underscore the intricate relationship between anthropogenic activities, environmental factors, and the emergence of antibiotic resistance, necessitating stringent monitoring and regulatory measures to safeguard water quality and public health.

Recommendations

To ensure public safety and promote sustainable aquaculture practices, the following measures are recommended:

1. Proper Construction and Maintenance of Fish Ponds:

- Fish ponds should be strategically constructed to minimize exposure to pollutants and weeds that can introduce harmful microorganisms.
- Ponds should be designed to prevent contamination from passive processes like wind and rainfall.

2. Regulatory Standards and Enforcement:

- Regulatory agencies like the National Agency for Food and Drug Administration and Control (NAFDAC) should establish and enforce stringent guidelines for the aquaculture industry in Nigeria.
- Compliance with such standards will not only enhance local fish farming practices but also improve the potential for exporting fish stocks to international markets.

3. Improvement of Sanitary Conditions in Fish Farms:

- Adopt good aquaculture practices, including the use of high-quality water and feeds with minimal microbial contamination.
- Implement regular pond water draining schedules and restrict public access to fish farms to prevent contamination.

4. Enhanced Wastewater Management:

- Establish efficient wastewater management systems within fish farms to collect, treat, and safely dispose of wastewater, reducing the risk of contamination.

Disclaimer (Artificial intelligence)

Author(s) hereby declare that generative AI technologies such as Large Language Models, etc. have been used during the writing or editing of manuscripts. This explanation will include the name, version, model, and source of the generative AI technology and as well as all input prompts provided to the generative AI technology

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- **AI Tool Used:** ChatGPT
- **Version and Model:** ChatGPT-4 (GPT-4-turbo)
- **Source of AI Technology:** OpenAI

The generative AI tool was used as a supplementary writing aid to enhance the structure, clarity, and coherence of the manuscript. All content has been carefully reviewed, fact-checked, and edited by the author(s) to ensure accuracy and alignment with the study's findings.

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