

Review Form 3

Journal Name:	Asian Journal of Research and Reports in Gastroenterology
Manuscript Number:	Ms_AJRRGA_127360
Title of the Manuscript:	Curcumin as a Complementary Therapy for Irritable Bowel Syndrome with Diarrhea: Efficacy and Alternative Approaches
Type of the Article	Systematic Review

General guidelines for the Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guidelines for the Peer Review process, reviewers are requested to visit this link:

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PART 1: Review Comments

Compulsory REVISION comments	Reviewer's comment	Author's Feedback (Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimum of 3-4 sentences may be required for this part.	This manuscript addresses the efficacy of curcumin as a complementary therapy for irritable bowel syndrome with Diarrhoea (IBS-D), a prevalent and challenging condition in gastroenterology. It fills a significant gap by systematically reviewing available evidence on alternative treatments, offering insights into curcumin's potential in symptom management. This work is valuable for the scientific community as it promotes a comprehensive understanding of complementary approaches, contributing to both clinical practice and future research directions.	
Is the title of the article suitable? (If not please suggest an alternative title)	The title, "Curcumin as a Complementary Therapy for Irritable Bowel Syndrome with Diarrhoea: Efficacy and Alternative Approaches," is suitable. However, for improved precision, it could be revised to: "Curcumin as a Complementary Therapy for IBS-D: A Systematic Review of Efficacy and Alternative Strategies."	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	The abstract effectively summarizes the study but could benefit from the following revisions: <ul style="list-style-type: none"> a. Highlight the specific limitations of the included studies, such as small sample sizes or heterogeneity in methodologies. b. Emphasize the role of curcumin in a multi-therapeutic approach rather than as a standalone solution. c. Mention the inclusion criteria for studies (e.g., adult participants, focus on curcumin for IBS-D) for completeness. 	
Are subsections and structure of the manuscript appropriate?	The manuscript is well-organized, with clear subsections covering themes such as symptom relief, dietary interventions, and alternative therapies. The structure supports a logical flow from introduction to discussion, enhancing readability and comprehension.	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.	The manuscript is scientifically robust, with a systematic methodology that adheres to PRISMA guidelines. The inclusion of well-documented studies strengthens the reliability of the findings. However, the limited number of studies (n=6) and their focus on small-scale trials constrain the generalizability. The discussion appropriately acknowledges these limitations, advocating for larger, well-designed RCTs to confirm curcumin's efficacy.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form. =	The references are comprehensive and recent, encompassing pivotal studies from 2004 to 2024. However, including additional references on the gut-brain axis and curcumin's role in systemic inflammation could further contextualize the findings. Suggested references: <ul style="list-style-type: none"> • Serra, D. et al., Polyphenols in the management of brain disorders: Modulation of the 	

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	microbiota-gut-brain axis. Adv Food Nutr Res. 2020. <ul style="list-style-type: none">• Atefi, M. et al., A systematic review of the clinical use of curcumin for gastrointestinal diseases. 2021	
Minor REVISION comments Is the language/English quality of the article suitable for scholarly communications?	<ul style="list-style-type: none">• Language/English Quality: The language is scholarly and clear, suitable for publication. Minor grammatical refinements could enhance fluidity.• Figures and Tables: Ensure all figures (e.g., PRISMA model) and tables (e.g., study summaries) are clear and consistent with journal formatting guidelines.	
Optional/General comments	<p>This manuscript could explore curcumin's pharmacokinetics and bioavailability challenges, as these are critical in translating its therapeutic potential into clinical practice. Additionally, integrating insights from other conditions treated with curcumin may offer a broader perspective.</p> <p>The manuscript provides a valuable synthesis but requires enhancements in abstract clarity, expanded discussion, and minor grammatical corrections.</p>	

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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