

# The Association of Sociodemographic Factors with Anti-Social Behaviour among Children: A Case of Bobaracho Area, Nyaribari Chache, Kenya

## Abstract:

**Background:** Antisocial behaviour among children has become a growing concern, often linked to various family and sociodemographic factors. This study aims to investigate the influence of these sociodemographic variables on children's antisocial behaviour in the Bobaracho area of Kisii County, Kenya. **Methodology:** A descriptive survey approach was employed, targeting a population of 200 students. A stratified sampling method was used to select a sample of 150 children aged 14-20 years, with data collected through structured questionnaires and qualitative interviews. Quantitative data were analysed using SPSS version 20, while qualitative responses were categorized thematically. **Findings:** The analysis revealed significant factors influencing antisocial behaviour, including early parenting practices, media exposure, inadequate counselling, family separation, and lack of parental care. Notably, family conflict and parents' disciplinary responses were also critical. Key statistics indicated only 95.3% children responded. The gathered data revealed poor parenting (29%), media influence (7.7%), inadequate counseling (14%), broken homes (14.7%), peer influence (11.9%) and drug abuse (23%) influenced anti-social behavior. Additionally, the study showed that children's anti-social behavior was influenced by family conflict, parents' responses to their children's activities, and the discipline applied or not applied. **Conclusion:** The study suggests that in addition to receiving education on effective parenting, parents, and guardians should be encouraged to monitor their children's behavior, adjust household conditions to promote healthy child development, and monitor their children's behavior. School heads who report to the board of management ought to consult specialists when providing advice and counseling.

**Keywords:** anti-social behaviors, parenting, sociodemographic, family separation

## Introduction

The conduct code that characterizes an individual's undesirable behavior is known as anti-social behavior. Ibegbunam and Wachikwu (2012) [8] define anti-social behavior as crimes done by young people under the age of eighteen that involve a breach of societal norms and established values. Vandalism, aggressiveness, disobedience of the law, and a breach of social standards are examples of anti-social behavior (Ibegbunam and Wachikwu, 2012) [8]. Anti-social behavior is described by

Wellegrini and Solberg (2010) [10] as disruptive behavior coupled with hidden animosity and global aggressiveness toward other individuals. Consequently, the foundation for a society where people can live in harmony with one another is a general lack of adherence to societal norms and standards (Hanrahan and Akers, 2017) [3].

Children may be diagnosed with mental conduct behaviour if their troublesome behaviors are severe enough to interfere with normal development and last for extended periods of time. These actions could include not paying enough attention, having trouble with discipline, fighting frequently, or purposefully hurting other people. Additional behaviors could be lying, stealing, doing damage to property, abusing drugs, engaging in sexual activity when young, hanging about with negative peer pressure, disobeying community norms or expectations, or, in extreme circumstances, breaching the law Ibegbunam and Wachikwu (2012) [8].

Antisocial conduct is a significant issue in Kenyan society and schools (Nyaga, 2015) [16]. Drug addiction, truancy, and aggressiveness are some of the delinquent behaviors that define it. These activities are linked to unfavorable relationships with peers, parents, and teachers. The behavior pattern is internalized and learned; it will stop if it is not rewarded, but it will continue if it is (Omote, Thinguri, and Moenga, 2015) [18]. Antisocial behavior is directly correlated with the degree, likelihood, and frequency of reward it receives.

In terms of gender, boys are more aggressive than girls; they carry dangerous weapons, abuse drugs, and fight more frequently. These aggressive behaviors are associated with low parental supervision and bad parenting (Jurado, 2017) [11]. Teachers' attire tends to minimize their personalities and prestige in the eyes of students, and broken households strongly impact schoolchildren's maladaptive behavior (Aboh, 2014) [1]. The relationship between community violence and teenage antisocial behavior is strongly correlated, with parental supervision moderating this relationship (Rovis, Basic, and Jonkman, 2016)[20].

The criminological and drug literature have established a strong correlation between the use of illicit drugs and various forms of criminal behavior, including the use of marijuana (bhang), alcohol, and inhalants, which can lead to anti-social behavior when under the influence of drugs (Rovis, Basic, and Jonkman, 2016) [20]. According to a study by Ojo (2017) [17], inadequate school administration, broken households, a lack of parental care, media, and peer influence, and a lack of counselors in schools are some common causes of anti-social behavior.

The results demonstrated that exam malpractice, abortion, rape, stealing, tardiness, rudeness, and cultism were the most prevalent forms of anti-social behavior among minors. The anti-social behaviors and their causes were closely studied by Akande and Ikediasi (2015) [2], who referred to several elements, including gender, sociodemographic, residential location, peer influence within the group, and their impacts. According to Omondi, Ongaro, Gitonga, and Muriungi (2017) [7], conduct disorder was more common in men than in women, it got worse as kids got older, and religion had a big influence.

Children's criminal behavior is influenced by a variety of complicated elements, including peer and parental influences, socio-psychological factors, economic position, and drug usage (Nation, Pastore, Santinello, and Vieno, 2009) [19]. The majority of secondary school pupils are teenagers, and they deal with issues related to emotional intelligence, intellectual awareness, social identity, and interests (Unachukwu and Nwankwu, 2001) [23].

Contributory factors to the development of anti-social behavior include inadequate parental supervision and discipline, family conflicts between parents and children or between parents, a family history of behavioral problems, parental attitudes, ways of justifying problem behavior, and a social home environment (South Holland District Council, 2004) [6]. Children's indulgence in internalizing values and personalities is determined by their upbringing (Mart and Palma, 2010) [12]. Children from low-income families may behave in an antisocial manner (Slattery and Meyer, 2014) [14]. According to the study, specific parenting styles are strongly associated with antisocial behavior in young children, which develops into more severe behavior in adolescents. A cycle of coercion or punishment can arise in the home when children place demands on parents who are not skilled at parenting.

The causes of anti-social behavior, according to Black (2006) [5], include the fact that the parents of delinquent boys were either criminals or, more frequently, alcoholics and that their families were regularly disturbed by parental absenteeism and separation. Adequate supervision and inappropriate discipline have been linked to children's anti-social behavior. Parents who are worried or involved often control and supervise their kids' behavior, establish ground rules for the family, keep an eye on their locations, make sure their kids aren't getting into trouble, and tease them into following the rules. However, because parents are unavailable and antisocial parents lack the drive to regularly check on their kids, children in busy households and broken homes receive less supervision (Black, 2006) [5]. Research on behavioral genetics involving twins and adoptees has shown that genetics contributes to anti-social behavior like aggression and criminality and that personality traits like sensation-seeking,

impulsivity, risk-taking, and callous-unemotional traits are partially influenced by genetics (Raine, Baker, and Bezdjian, 2006) [4]. Studies conducted by Molero (2017) [11] examined the interpersonal values and anti-social behaviors of high school students. The findings showed that male and senior students were more likely to engage in anti-social behavior and that students who scored highly on stimulation, independence, recognition, and leadership and poorly on conformity and benevolence were more likely to engage in anti-social behavior.

Low anti-social behavior, such as lower pro-social behavior, higher self-regulation, and lower aggressive behavior in schools, was predicted by children who attend school infrequently (Sammons, 2014) [18]. High levels of externalizing behavior have been linked to poor relationship quality, such as high levels of conflict and inadequate emotional bonding between parents and children (Wissink and Meijer, 2004) [24, 25]. The familial history of the child is often regarded as the most important component in the development of anti-social behavior, despite other factors that are continually affecting the child including low socioeconomic position, single-parent families, and marital strife. An analysis was conducted on the relationship between age, gender, personality, socioeconomic status, social skills, family environment, and self-concept in connection to manifestations and transgressions of anti-social behavior in men and women.

### **Objectives of the study**

To find out the association of sociodemographic factors with the anti-social behaviors' children from Bobaracho area, Nyaribari Chache, Kenya.

### **Limitations of the study**

The study acknowledges potential limitations, such as the focus on a single geographic area, which may affect the generalizability.

### **Methodology**

The research design used in the study was a descriptive survey. Two hundred schoolchildren were the intended audience. 150 children aged 14-20 years took part in the study, and samples were taken using a stratified sampling approach. The questionnaire was used to get quantitative data, and the interview guide was used to gather qualitative data. Pilot research was conducted to assess the validity of the questionnaires, the participants' comprehension of the questions, and the time required.

The researcher obtained an ethical review certificate from the National Commission for Science, Technology, and Innovation (NACOSTI) as well as the Kisii County Director of Education and school

head teachers. The researcher sought consent from the respondents by not writing their names on the tools and was voluntary. While qualitative data was organized into many theme areas and presented using a narrative method, quantitative data was analyzed using the SPSS version 20 Programme.

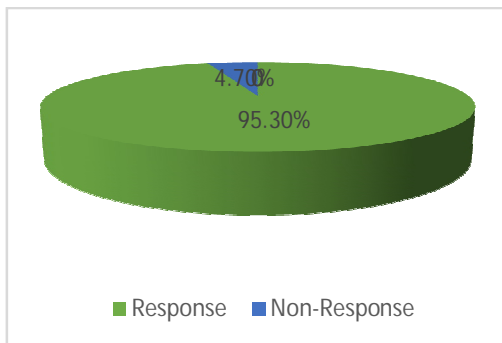
<b>Children Operation</b>	<b>No. of Children</b>	<b>Percentage</b>
Boarding	2718	
Day	12382	
<b>Total</b>	<b>150100.0</b>	

*Table 1. Sample size of children*

## Results

### Response Rate

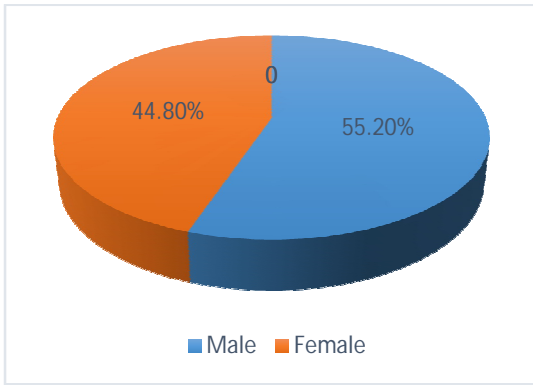
The sample size of the study was 150 school children. Those who participated in the interview, filled out the questionnaires, and returned were 143(95.3%), children, while those who didn't respond and never returned the questionnaires were 7(4.7%) children as presented in *Figure 1*.



*Figure 1. Response Rate*

### Gender of the Respondents

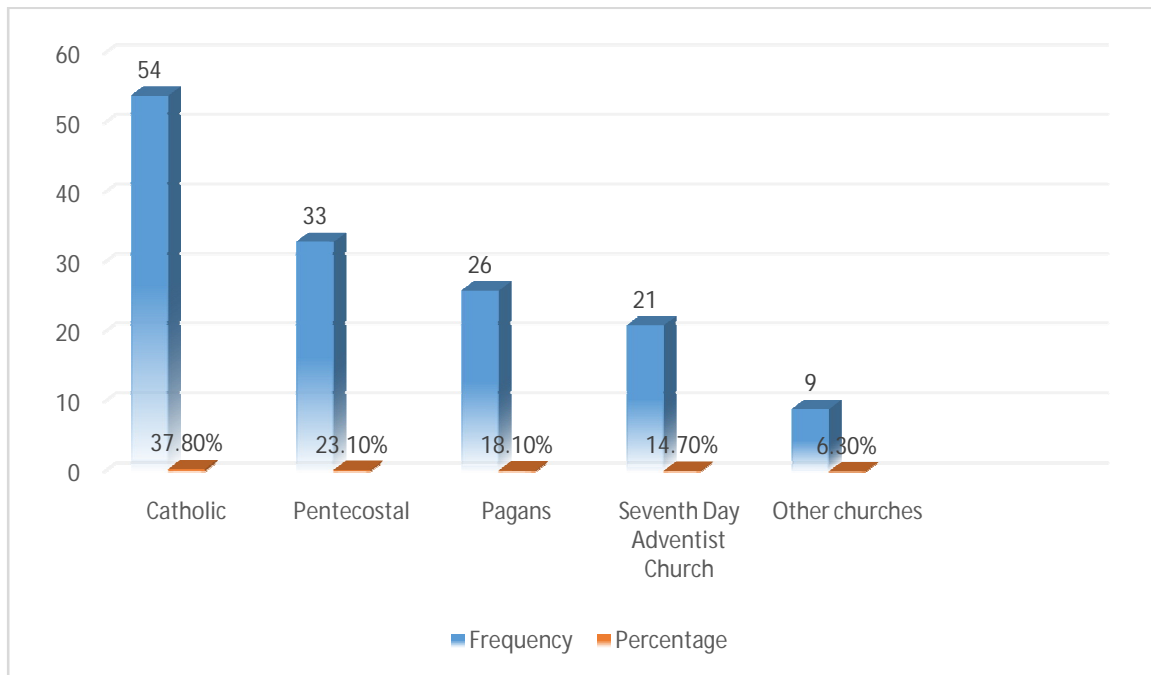
The study established gender distribution because the level of anti-social behaviors differs significantly in females and males. The majority of children were male 79(55.2%), while 64(44.8%) were female. Male children indicated anti-social behaviors more as compared to females as outlined in *Figure 2*



**Figure 2.** Gender of the Respondents

### **Religious Background of the Respondents**

Data on religious background were gathered for the study since it improved the correlation between children's religious viewpoints and beliefs and their degree of discipline. The study expected that the correlation between children's religious background and their degree of discipline or indiscipline would shed light on how children's religious identities interact to shape anti-social behavior. About 54(37.8%) of the population identified as Catholic, followed by Pentecostal churches 33(23.1%), pagans 26(18.1%), Seventh Day Adventist churches 21(14.7%), and other churches 9(6.3%). Given that Catholicism predominates in the area, it is evident that most households practice this religion primarily.



**Figure 3. Religious Background of the Respondents**

### Class level of Children

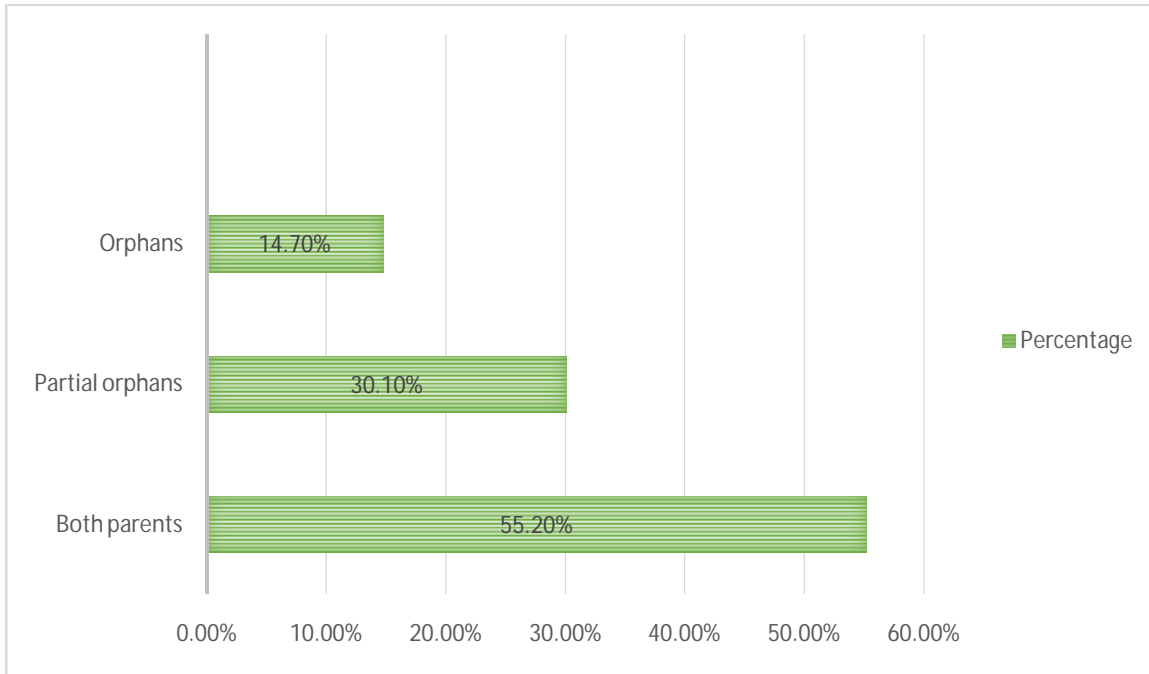
The study collected data on the class level of children because class level might participate in a significant role in making decisions since it determines the academic achievements of children and decision-making capability. Children in form two were much showing anti-social behaviours (48.3), and the study assumed was due to the middle of adolescence, as shown in below *table 2*.

Class	Frequency	Percentage
Form one	41	28.7
Form two	69	48.3
Form three	21	14.7
Form four	12	8.3
<b>Total</b>	<b>143</b>	<b>100.0</b>

**Table 2. Respondents' Class Level**

### Family Background

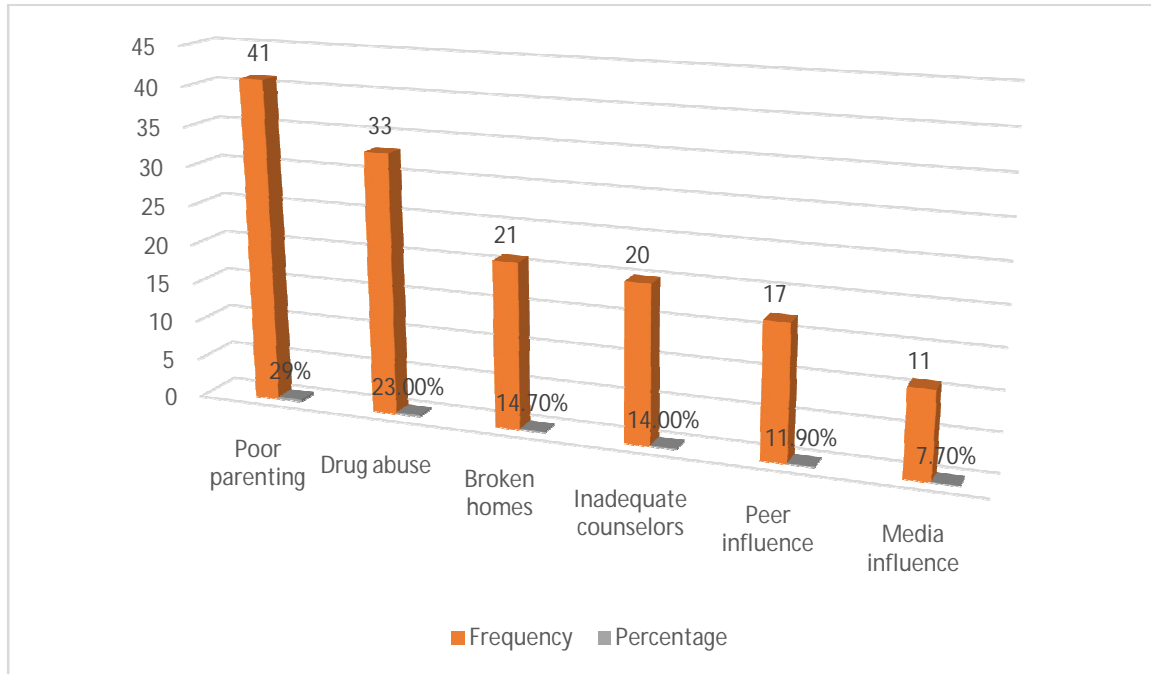
The information about children's family backgrounds was gathered because children's behavior is influenced by their parents' presence and care. The behaviors of partial and total orphans differ from those of their parents. It is proof that 79 children, or 55.2%, had parents who raised them, whereas 43 children, or 30.1%, were partially orphaned, and 21 children, or 14.7%, were orphans. A child's behavior development is greatly influenced by their parents.



**Figure 4.** Family Background

### **Predictors of Anti-Social Behaviour**

The study examined the variables that impact children's antisocial behavior, including peer pressure, media influence, broken households, ineffective counseling, and drug addiction by parents as displayed below.



**Figure 5. Predictors of Anti-Social Behaviour**

### **Contributory Factors and Anti-Social Behaviours**

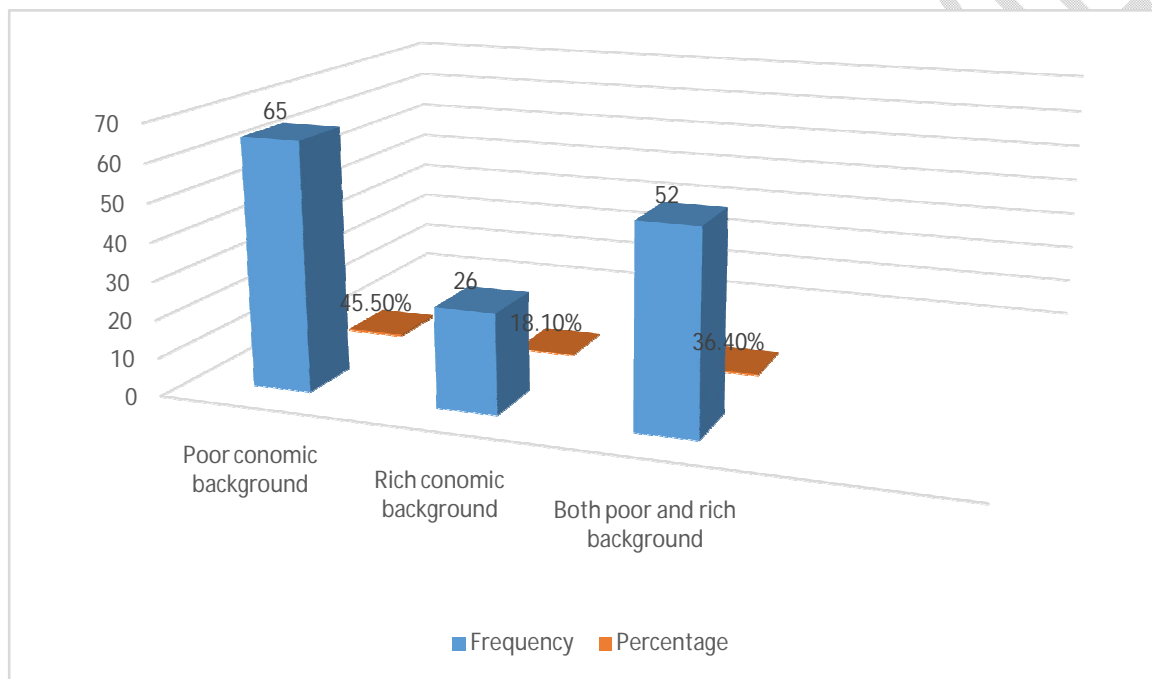
Inadequate family discipline, parent-child and parent-parent disputes, parental attitudes, the home and social context, and a family history of behavioral issues were identified and examined. A significant proportion of children (37.8%) said that insufficient parental discipline was the primary cause of anti-social behavior among children. The core of a child's development is their parents' views toward them, and these sentiments have a quarterly impact on the antisocial behavior of the children. The antisocial behavior exhibited by children was not significantly influenced by the behavior of their family as indicated in Table 3.

<b>Family Features</b>	<b>Frequency</b>	<b>Percentage</b>
Inadequate parental discipline	54	37.8
Parent-parent conflict	13	9
Parent-child conflict	17	11.9
Attitude of parents	29	20.3
Home and social environment	21	14.7
Family history on behaviours	9	6.3
<b>Total</b>	<b>143</b>	<b>100</b>

**Table 3. Contributory Factors and Anti-Social Behaviours**

## Family Economic Status and Anti-Social Behaviour

The children were asked to disclose if they were from a wealthy, poor, or both types of households. Tabulated results showed that, whereas 36.4% of children indicated both affluent and poor backgrounds, the majority of children (45.5%) recognized that anti-social problems originated from impoverished backgrounds. The impact of anti-social behaviors was less mentioned by children from wealthy backgrounds (18.1%). Figure 6 illustrates how antisocial behavior in youngsters may be influenced by a disadvantaged familial background, according to Meyers (2014) [14].



*Figure 6. Family Economic Status and Anti-Social Behaviour*

### **A univariable generalized linear model regression analysis of the Sociodemographic Determinants of Children's Antisocial Behavior**

A univariable generalized linear model regression analysis was conducted to explore the influence of sociodemographic on children's anti-social behaviors (sociodemographic and anti-social behaviors), considering both sociodemographic and anti-social behaviors factors (Table 4). Sociodemographic factors varied associations with anti-social behaviors. Gender had a weak, non-significant positive

association with sociodemographic ( $\beta = 0.5$ , 95% CI [-0.4, 1.4],  $p = 0.244$ ), while class level had no significant effect on either sociodemographic or gender ( $\beta = 0.5$ , 95% CI [-0.1, 1.3],  $p = 0.081$  for sociodemographic;  $\beta = 0.0$ , 95% CI [-0.2, 0.3],  $p = 0.849$  for gender). Children from broken homes reported significantly poor sociodemographic ( $\beta = -0.6$ , 95% CI [-1.5, -0.4],  $p = 0.176$ ) but had slightly higher anti-social behaviors ( $\beta = 0.1$ , 95% CI [-0.2, 0.5],  $p = 0.566$ ) compared to children from poor families (family background) ( $\beta = 2.5$ , 95% CI [1.7, 3.5],  $p < 0.001$  for sociodemographic;  $\beta = -0.4$ , 95% CI [-0.7, -0.2],  $p = 0.024$  for gender). The family economic status did not significantly influence anti-social behaviors ( $\beta = 0.1$ , 95% CI [-0.2, 0.4],  $p = 0.566$  for sociodemographic;  $\beta = 0.0$ , 95% CI [-0.1, 0.2],  $p = 0.397$  for anti-social behaviors) (Table 4).

Predictors of anti-social behaviors factors influence anti-social behaviors. Poor parenting, drug abuse, peer influence, broken homes, media influence and inadequate counselors was associated with significant increase in poor sociodemographic but expectedly, increases anti-social behaviors (Table 4). Interestingly, attitudes of parents had no significant association with sociodemographic ( $\beta = 0.4$ , 95% CI [-3.7, 4.2],  $p = 0.859$ ) and a weak negative association with anti-social behaviors ( $\beta = -0.2$ , 95% CI [-1.7, 1.2],  $p = 0.759$ ). Family history of behavior on the other hand, was associated with both increased poor sociodemographic ( $\beta = 1.7$ , 95% CI [0.4, 2.8],  $p = 0.019$ ) and increases anti-social behaviors ( $\beta = -1.1$ , 95% CI [-1.7, -0.8],  $p < 0.001$ ), as expected (Table 4).

Inadequate parental discipline ( $\beta = -2.0$ , 95% CI [-3.4, -0.7],  $p = 0.004$ ), home and social environment ( $\beta = -1.7$ , 95% CI [-2.8, -0.6],  $p = 0.003$ ), parent-parent conflict ( $\beta = -1.8$ , 95% CI [-2.7, -0.8],  $p = 0.0$ ), and Parent-child conflict ( $\beta = -1.8$ , 95% CI [-4.0, -0.6],  $p = 0.006$ ) were all associated with increased poor sociodemographic. However, these same factors expected were also associated with good social behaviors (inadequate discipline:  $\beta = -2.8$ , 95% CI [0.5, 1.4],  $p < 0.001$ ; home and social environment:  $\beta = 0.7$ , 95% CI [0.3, 1.1],  $p = 0.003$ ; parent-parent conflict:  $\beta = 0.6$ , 95% CI [0.3, 0.9],  $p = 0.003$ ; parent-child conflict:  $\beta = 0.5$ , 95% CI [0.2, 1.0],  $p = 0.009$ ) (Table 4).

Predictors	Sociodemographic		Antisocial Behavior	
	Beta	P value	Beta	P value
	Coefficient		Coefficient	
	$\beta(95\%CI)$		$\beta(95\%CI)$	
Gender	0.5(-0.4-1.4)	0.244	0.1(-0.2-0.3)	0.410
Class Level	0.4(-0.1-1.3)	0.081	0(-0.2-0.3)	0.849
Broken homes	-0.6(-1.5-0.4)	0.176	0.7(0.4-3)	<0.001
Family background	2.5(1.7-3.5)	<0.001	-0.4(-0.7--0.2)	0.024
Family economic status	0.1(-0.2-0.4)	0.566	0(-0.1-0.2)	0.397
Predictors of anti-social behaviors	2.4(0.2-4.4)	0.028	-1(-1.7--0.4)	0.004
Attitudes of parents	0.4(-3.7-4.2)	0.859	-0.2(-1.7-1.3)	0.759
Family history of behavior	1.7(0.4-2.8)	0.019	-1.1(-1.7--0.8)	<0.001
Inadequate parental discipline	-2.0(-3.4--0.7)	0.004	-2.8(0.6-1.5)	<0.001
Home and social environment	1.7(-2.8--0.6)	0.003	0.7(0.3-1.1)	<0.003
Parent-parent conflict	1.8(-2.7--0.8)	0	0.6(0.3-0.9)	0.003
Parent-child conflict	-1.8(-4--0.6)	0.006	0.5(0.2-1)	0.009

**Table 4. A univariable generalized linear model regression analysis of the Sociodemographic Determinants of Children's Antisocial Behavior**

## Conclusions

Based on the study's aims, the following conclusions are drawn:

- i. The study discovered that the home and school environments were the main causes of the prevalence of aggressive tendencies and anti-social behaviors among secondary school pupils.
- ii. The study comes to the conclusion that a variety of family- and school-based factors, including student sociodemographic characteristics, have an impact on anti-social behavior.
- iii. The study found that antisocial behavior is influenced by family-based factors. The study comes to the conclusion that family-related factors, such as family conflict and a history of problematic behavior, have an impact on secondary school students' anti-social behavior.

- iv. The study suggests that anti-social behavior is triggered by school-based variables, including peer pressure, the school atmosphere, and insufficient supervision and counseling.
- v. The study found that there are notable differences between the values and attitudes taught in schools and the home environment. Thus, the study shows that students' behavior is significantly shaped by their families, which serve as the fundamental socialization unit.

### **Recommendations**

After a thorough analysis of the study's findings, the following list of policy recommendations was developed by the researchers:

- i. Analysis of the data revealed that peer and media pressure, a lack of school counselors, and insufficient parental supervision all contribute to the incidence of anti-social behavior among secondary school pupils.
- ii. Consequently, this research suggests that In addition to encouraging parents and guardians to keep an eye on their children's behavior, school administration should provide guidance and counseling.
- iii. The study discovered that anti-social behavior is caused by and/or influenced by family factors, such as parental conflict and attitudes that support problem behavior. In light of this, the study advises parents to establish guidelines and provide guidance and counseling in order to control the home environment in a way that promotes children's overall development.
- iv. The study's conclusions show that a variety of school-related factors, including peer pressure, a lack of effective teacher direction, and the length of the school year, have an impact on problem behavior among secondary school pupils. Because this strategy would allow teachers to identify when there is a shift in behavior, the study advises heads of schools to create a monitoring system that tracks behavioral changes in children.
- v. It was clear that values taught in schools and families could differ; for example, reporting aggressive behavior is something that students can conceal at school but voice at home. In light of this, the study advises parents to be aware of their responsibilities when it comes to behavior monitoring, including the use of rewards and penalties, and schools to employ morally resolute instructors and staff who can serve as role models for students, as students learn to mimic their behavior.

- vi. The present study did not include all the variables that could have an impact on the prevalence of anti-social behavior among secondary school pupils. In addition, the study was carried out in Kisii County's Nyaribari Masaba Constituency, suggesting that more research in other Kenyan constituencies and counties is necessary to see whether the findings will be consistent or inconsistent.

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