

## Pharmacological studies of *Gymnemasylvestre* leaves extract

**Comment [Ma1]:** Title should be more comprehensive. Add some more details. The title is not comprehensive and attractive. Please revise it. It must be improved stating the mechanisms/strategy adopted by the plant species.

### Abstract-

We have undertaken to evaluate the pharmacological studies of *Gymnemasylvestre* using pharmacological methods, disc diffusion, and anti-inflammatory methods. The Alkaloid, Carbohydrate, Protein, Resin, Saponin, and Glycosides were present whereas, steroid, flavanoid, and tannin were absent in phytochemical screening in *G. sylvestre* extract. The result showed induced paw edema using Carrageenan model. The dose dependent antibacterial was also observed. The present study is important because *Gymnemasylvestre* plant is important to cure various ailments in traditional medicine.

**Comment [Ma2]:** Do not use these words in the whole manuscripts.

**Key Words:** Antibacterial, Phytochemical, *Gymnemasylvestre*, Antiinflammatory activity

**Comment [Ma3]:** Use past tense in the whole manuscript.

**Comment [Ma4]:** The abstract is too short. Add percentages of results.

**Comment [Ma5]:** The abstract section is very hard to understand so please carefully revise it with the following information; background information, aim, objectives, methodology, objectives, results and conclusion information. The author should mention the most prominent results in % in abstract.

### INTRODUCTION

The leaves of *Gymnema* reported a loss of sweet taste. The major chemical constituents of *Gymnema* are gymnemic acid and gurmardin. It was reported that Gymnemic acids have antidiabetic, anti sweetener, anti-inflammatory, antioxidant activities, and antidote properties. (Gloria *et al* 2003, Dateo *et al*, 1973, Kanetkar *et al*, 2004, Persaud *et al*, 1999, Rachhet *et al*, 2009, Puratchimani). It helps to promote weight loss possibly through its ability to reduce cravings for sweets and control blood sugar levels. The gurmardin peptide block the ability to taste sweet or bitter flavors and thus reduces sweet cravings (Preuss *et al*, 2004). The wound healing activity in albino mice. *In vitro*, the inhibitory effects of DPPH radicals and LDL oxidation and muscle relaxant properties and antiallergic activity were reported (Kiranmai *et al*, 2011, Luo *et al*, 1999, Tandon *et al*, 2010). The radio protective and immune modulatory

**Comment [Ma6]:** Arrange the keywords alphabetically and start new word with small letter.

effect of Gymnemic acid was reported on Swiss albino mice induced by radiation The studies reported the anticancer activity of Gymnemasylvestre on MCF 7 (epithelial cells of human breast cancer and A 549 epithelial cells of human lung cancer under in vitro conditions by MTT assay method (Bhatia *et al*, 2008, Jitender *et al*, 2008 , 2009). Srikanth *et al*, 2010 and Sonam and Agrawal,2018).

**Comment [Ma7]:** Too short. Use the updated references. A clear working hypothesis should be introduced.

## MATERIALS AND METHODS

### Extraction Process:-

#### Procedure:

The *Gymnemasylvestre* leaves were collected from the local garden of Chitrakoot Uttar Pradesh in the month of April 2020 and were identified by competent Botanist Dr .ManojTripathi of DRI, Chitrakoot. . The leaves were cleaned and dried for few days in shade. Then powder was made with the help of grinder. The extraction was done as per the method reported in earlier paper On the day of experimentation, the desired amount of powder was suspended in double distilled water for the final administration. Phytochemical screening was done as per method reported by Agrawal, 2021a,b and 2022)

### 1.2 Antibacterial Activity:-

The test organisms were obtained from the Department of Research, PBCRI Satna (M.P.).Antibacterial screening was done to find out the antibacterial properties of different concentration of 50% methanolic extract of *Gymnemasylvestre* leaves under study Kirby-Bauer Method (Disc diffusion method) was followed to test the antibacterial activity of different concentration of leaves extract.

**Comment [Ma8]:** The experimental procedures are poorly described, often confusing and incomplete, making it difficult to evaluate the results. Therefore, this section should be extensively modified. First, a brief description of all methods and assays should be included, not just a reference – in many cases to articles that are not 'open access' and are impossible or difficult to obtain. In addition, the original reference first describing the assay or procedure should be cited, not any other paper using the previously published protocol.

### Evaluation of Anti-inflammatory Activity *Carrageenin-induced rat paw oedema*

The mice were divided into five groups ( $n = 3$ ). Acute inflammation was induced by the sub-plantar administration of 0.1 ml of 1% carrageenin in normal saline in the right hind paw of the mice. The paw volume was measured at 0 h and 4 h after carrageenin injection, using Plethysmometer. The different groups were made as described in the Table 4. The mice were divided into five groups ( $n = 3$ ). After shaving the fur, the mice were anaesthetized under light ether and 10 mg of sterile

cotton pellets were inserted, one in each axilla of the mice. Extract (200, 300 and 500 mg/kg), Phenylbutazone (100 mg/kg) and to group control vehicle were administered orally for seven consecutive days from the day of cotton pellet implantation. The animals were anaesthetized on the eighth day and cotton was removed surgically. The pellets were dried at 60°C. The results were expressed as mean  $\pm$  S.E.M. The significance statistical analysis was performed by t test and  $P < 0.01$ , implied significance organism was recorded.

## RESULTS

The present study revealed the presence of medicinally important bioactive compound. The phytochemical screening of 50% methanolic extract of *Gymnemasylvestre* are depicted in table 1. The result showed the presence of Alkaloid, Carbohydrate, Protein, Resin, Saponin, Glycosides. Only Starch, steroid, flavanoid, tannin are absent in *G. sylvestre* extract.

**Table 1: Qualitative Phyto-chemical Screening of (*Gymnemasylvestre*(Retz.) Schult. (Leaf)**

S. No.	Name of Experiments	Observation	Result
1.	<b>Alkaloids</b>		
	a) Mayer' test	Yellow colour appear	Present
	b) Wagner's test	Brown colour appear	Present
	c) Dragendorff's test	Orange colour appear	Present
2.	<b>Carbohydrate</b>		
	a) Anthrone's test	Dark colour appear	Present
	b) Fehling's test	Green colour appear	Present
	c) Molisch's test	No red – violet ring disapper	Present
3.	<b>Proteins</b>		
	a) Bieuret's test	Green colour appear	Present
	b) Millon's test	White ppt are not appear	Present
5.	<b>Resins</b>	Turbidity are seen	Present
6.	<b>Saponins</b>	Honey comb – like structure are form	Present
7.	<b>Starch</b>	Red colour is formed	Absent

**Comment [Ma9]:** Too short to publish. Add some more data to make a comprehensive paper to publish.

<b>8.</b>	<b>Flavonoid</b>		Absent
	a) Ferric chloride test	Reddish pink colour is appear	Absent
	b) Alkaline reagent test	On addition of dilute acid yellow colour disappear	Present
<b>9.</b>	<b>Steroid</b>		
	a) Salkowski's reaction	A red colour is disappear in the chloroform layer	Absent
<b>10.</b>	<b>Glycoside</b>		
	a) Borntrager's Test	Colour is change	Present
<b>11.</b>	<b>Tannin</b>	Greenish colour appear	Absent
	a) Lead acetate Test	Reddish brown bulky ppt. are formed	Absent

## 2 Antibacterial assay

50% methanolic extract of *G. sylvestre* at the different concentration i.e. 25%, 50%, 75%, 100% exhibited antibacterial against *Bacillus subtilis*, *Staphylococcus aureus* but the lower activity was observed *E. coli* and *Pseudomonas aeruginosa* at 100%) the Minimum inhibitory concentration (MIC) of *Gym. Sylvestre* against gram positive bacteria i.e. *Bacillus subtilis*, *Staphylococcus epidermidis*, *Staphylococcus aureus* was 25% but against gram negative bacteria *Zone of inhibition* was observed only in 100% extract. Other concentration i.e. 25%, 50 %

**Table2 Antibacterial activity of *Gym. Sylvestre* against bacterial strains**

Name of microorganisms	% Concentration of Extract [zone of inhibition(mm)]			
	25	50	75	100
<i>S.aureus</i>	16	17	16	15
<i>B.subtilis</i>	10	12	13	15
<i>E. Coli</i>	13	14	13	15
<i>Ps. aeruginosa</i>	--	--	11	12



Figure 1 (a) Zone of inhibition of *Gymnema sylvestre* extract against different strains of bacteria.

Table 3. Antibacterial activity of standard antibiotic (gram positive) against different bacteria.

Name of microorganism	Name Standard antibiotics [zone of inhibition(mm)]			
	TE	OF	AZ	PC
S.aureus	15	16	16	14
B.subtilis	14	16	18	14
S.epidermidis	14	18	17	17

TE- Tetracycline, OF- Ofloxacin, AZ- Azithromycin & PC- Piperacillin

Table 4 Antibacterial activity of standard antibiotic (gram negative) against different bacteria.

Name of microorganism	Name Standard antibiotics [zone of inhibition(mm)]			
	FU	GM	CX	NF
E.coli	12	16	8.0	16
Sh.flexineri	18	18	12	21
P.aeruginosa	14	13	18	20

FU- Nitrofurantoin, GM- Gentamicin, CX- Cefotaxime & NF- Norfloxacin

S. aureus – *Staphylococcus aureus*, B. subtilis – *Bacillus subtilis*, S. epidermidis – *Staphylococcus epidermidis*, E. coli – *Escherichia Coli*, Sh. Flexineri – *Shigella flexineri*

P. Aeruginosa – *Pseudomonas aeruginosae*

Comment [Ma10]: Scientific names should be in italics.

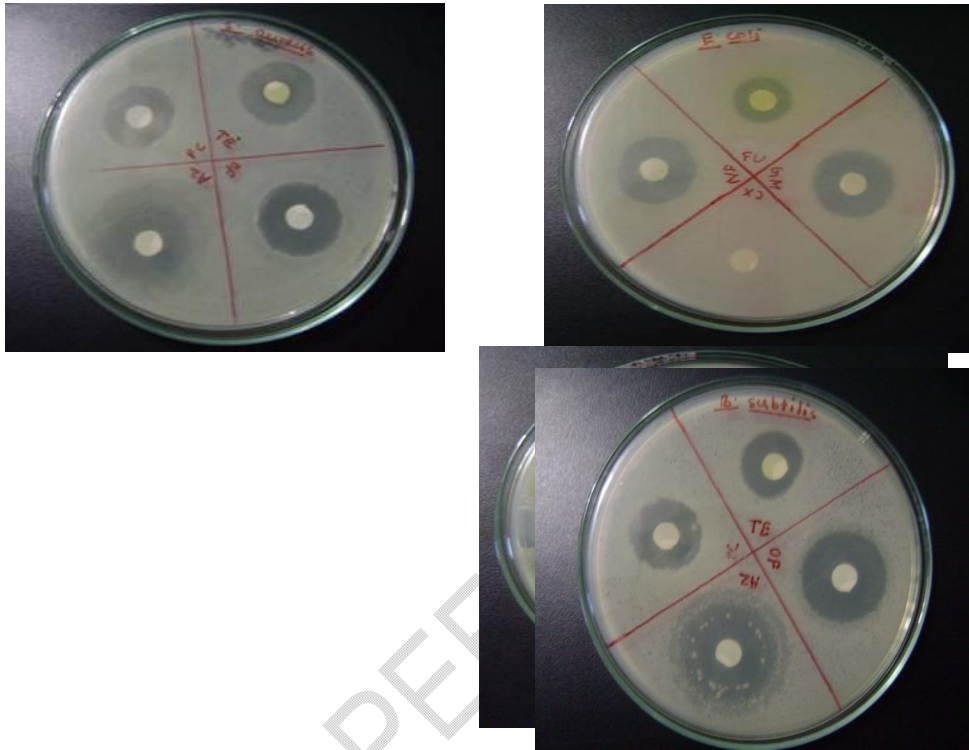


Figure 2 (b) Zone of inhibition of standard antibacterial against different strains of bacteria

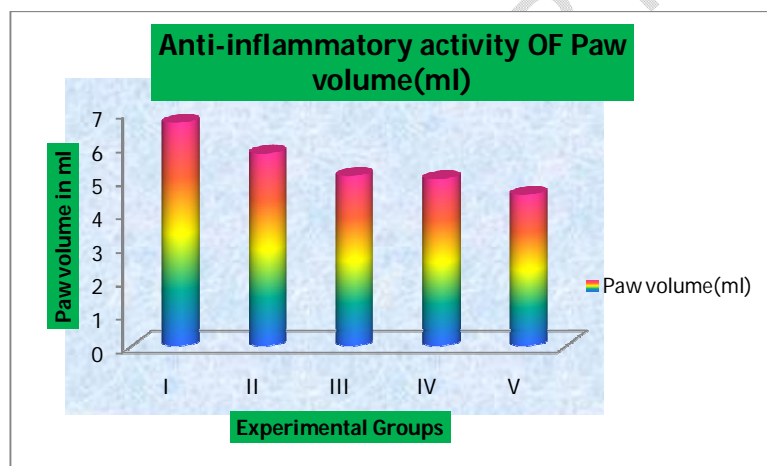
#### 4 Anti-inflammatory activity-

The result of anti-inflammatory activity of methanol extract of *Gymnemasylvestre* on Carrageenan induced paw edema is shown in table 5. The methanolic extract of 400mg/kg decreased the paw edema volume by 28.69% within 4 hour after administration, while standard drug decreased the paw edema volume by 46.05% when compared with the paw edema volume

of control. The gymnemasyvestre extract at the dose of 200, 300, 400 mg/kg produced significant reduction, when compared to the control group.

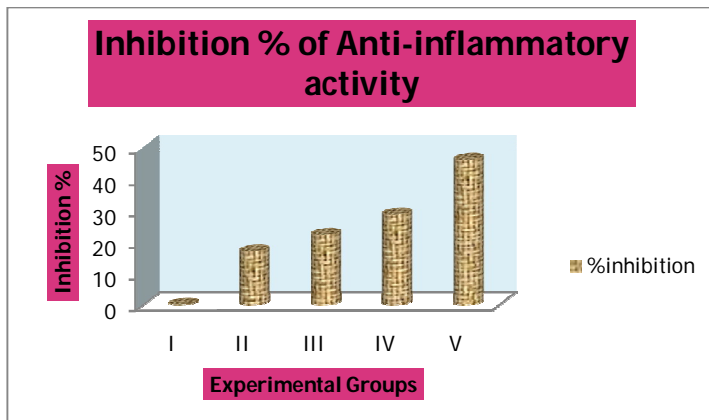
**Table 5. valuation of anti-inflammatory activity of *Gymnemasyvestre*leaves extract**

S.No.	Group	Paw volume(ml)	%inhibition
1.	Control	6.66±0.08	
2.	Gymnema sylvestre extract(200mg/kg)	5.74±0.11	16.95
3.	Gymnema sylvestre extract(300mg/kg)	5.07±0.05	22.16
4.	Gymnema sylvestre extract(400mg/kg)	4.98±0.08	28.69
5.	Diclofenac sodium(100mg/kg)	4.51±0.12	46.05



**Graph 1 Effect of *G.sylvestre* extract on Antiinflammatory activity of Paw volume(ml)**

**Comment [Ma11]:** Tables and figures should be clear. I would recommend avoiding abbreviations in titles or add abbreviations meaning in figure legends. Tables should be arranged on portrait page. Figures and tables should be understood without reference to the text. Therefore, all necessary information should be included in the table/figure itself or the corresponding legend, for example, the definition of all abbreviations or a brief description of the treatments and the statistical analysis. Legends of figures and tables in the manuscript should be extended accordingly.



**Graph2 Effect of *G.sylvestre* extract on inhibition % of Anti-inflammatory activity**

## DISCUSSION AND CONCLUSIONS

. Present study showed that the extract of *Gymnemasylvestre* extract caused antimicrobial activity against gram positive and gram negative bacteria .It also showed anti inflammatory activity in mice. It is also reported the significant anticancer activity and antimicrobial . The study is important for scientific community because this plant is used in traditional medicine to treat various diseases.

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**Comment [Ma12]:** Too short.to evaluate. Discussion is weak. The discussion needs enhancement with real explanations not only agreements and disagreements. Authors should improve it by the demonstration of biochemical/physiological causes of obtained results. Instead of just justifying results, results should be interpreted, explained to appropriately elaborate inferences. Discussion seems to be poor, didn't give good explanations of the results obtained. I think that it must be really improved. Where possible please discuss potential mechanisms behind your observations. You should also expand the links with prior publications in the area, but try to be careful to not over-reach. For the latter, you should highlight potential areas of future study.

**Comment [Ma13]:** Please add some comprehensive conclusions in the end. It looks like a general description. It should be more concise and attractive. Also add some future recommendations.

**Comment [Ma14]:** Revise italics throughout the manuscript. English should improve by a native person. The paper suffers from a poor English structure throughout and cannot be published or reviewed properly in the current format. The manuscript requires a thorough proofread by a native person whose first language is English. The instances of the problem are numerous and this reviewer cannot individually mention them. It is the responsibility of the author (s) to present their work in an acceptable format. Unless the paper is in a reasonable format, it should not have been submitted. The list of references should be carefully checked and corrected.

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