

# Successful Percutaneous Coronary Intervention to a Totally Occluded Anomalous RCA originating from left sinus using Ikaricatheter

## ABSTRACT

**Aim**The right coronary artery (RCA), originating from the left sinus of the Valsalva (LSOV), is a rare congenital anomaly seen in less than 3% of the total congenital coronary anomalies. They are usually asymptomatic, and some may present with symptoms due to ischemia, arrhythmias, or sudden cardiac death. This report is made to illuminate the utility of the Ikari left guiding catheter for use with anomalous RCA from the left sinus of Valsalva.

**Case Presentation:** A sixty-year-old female presented with an inferior wall myocardial infarction. Coronary angiogram through the right radial approach using a %F tiger catheter revealed a normal left system with tortuosities in LAD. After many unsuccessful attempts with the tiger catheter, RCA was engaged with 3.0 JR and found to be arising from the left aortic sinus with the mid RCA cut off. We used a 3.0 IKARI left guiding catheter for engaging the RCA through the femoral route, and successful percutaneous coronary intervention was done on the first attempt using a single guiding catheter.

**Discussion:** The RCA arising adjacent to the ostium of the left main coronary artery is the most common and is a technical challenge to engage. A good selection of guiding catheters is important for successful PCI. We have used the Ikari left guiding catheter (ILGC) in this case, which is a universal catheter suitable for both left and right coronary arteries.

**Conclusion:**There is no universal ideal guiding catheter for the engagement of all abnormal RCA origin cases. Ikari can usually be considered a preferred catheter for PCI to RCA arising from the left sinus (Type A) and is generally safe too.

*Keywords: Anomalous RCA, RCA from Left sinus, PCI to anomalous RCA, Ikari left guiding catheter.*

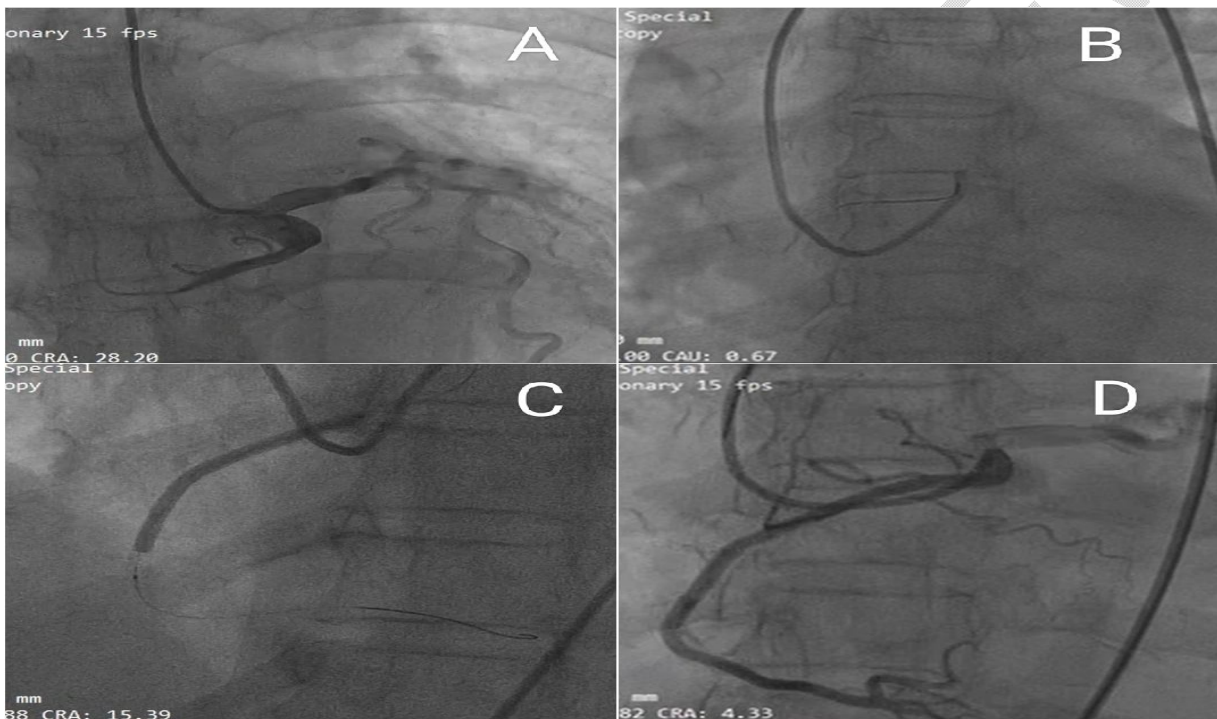
## 1. INTRODUCTION

Congenital anomalies in the coronary artery are rare, seen in 0.2% to 1.2% of patients undergoing percutaneous coronary intervention (PCI). Among young athletes, they are the second-most common cause of sudden cardiac death (SCD)<sup>1</sup>. The right coronary artery (RCA), originating from the left sinus of Valsalva is a rare congenital anomaly encountered in less than 3% of the total congenital coronary artery anomalies. Although anomalous RCA is more common than anomalous left coronary artery (LCA), its incidence in SCD is less than that of anomalous left coronary artery. They are usually asymptomatic, and some may present with symptoms due to ischemia, arrhythmias, or SCD. RCA compression at the proximal end by the aorta and pulmonary artery, an opening that looks like a slit at the origin, an abnormal RCA takeoff at the origin, and spasm of the proximal end may all cause symptoms<sup>2</sup>. Anomalous left circumflex coronary artery (LCX) originating from the right sinus of the Valsalva can occur more frequently than an anomalous RCA from the left aortic sinus.<sup>3,4</sup> This case report describes a patient with an anomalous RCA who presented with inferior wall myocardial

infarction (IWMI) and was successfully managed with PCI on the first attempt, using a single guiding catheter through the femoral route. We present this report to reaffirm the effectiveness of the Ikari left guiding catheter in treating anomalous RCA from the left sinus of Valsalva (SOV):

## 2. CASE PRESENTATION

A 60-year-old female was brought to the hospital with complaints of chest pain for 6 hours due to an inferior wall myocardial infarction. She was a known hypertensive on treatment. Electrocardiograms (ECG) and echocardiography were suggestive of inferior wall myocardial infarction (IWMI) along with right ventricular myocardial infarction (RVMI). The left ventricular ejection fraction (LVEF) was 42%. A coronary angiogram (CAG) was done. Her radial and subclavian arteries had a tortuous course, making it the first hurdle to cross with the guide wire. The guide wire was passed, and the left main coronary artery was engaged using a 5F tiger catheter. CAG of the left system was normal, with tortuosities in LAD. The right system was tried to engage with the tiger catheter. After many unsuccessful attempts, a 3.0 JR catheter was used to locate the RCA following multiple sinus shots. RCA was found to be arising from the left aortic sinus. CAG of the RCA revealed a mid-RCA cutoff. We used a 3.0 IKARI left guiding catheter for engaging the RCA through the femoral route during percutaneous coronary intervention (PCI). 0.014 rinato wire was used to cross the RCA lesion. Predilatation was done with a 2.25 x 10 mm balloon. Flow was established in the distal RCA, then the RCA lesion was stented with a 2.75 x 48 mm everolimus drug-eluting stent. Post-dilatation was done with a 3x15-mm balloon. We successfully completed the procedure with the single use of the Ikari left guiding catheter (ILGC). The dye used was 200 ml. Post-procedure vitals were stable with normal renal function tests.



**Fig. 1.A- RCA angiogram using 3.0 JR which shows RCA arising from left sinus with mid RCA cut off. B- PCI to RCA ,engaging with Ikari left guiding catheter and passing guide wire. C- Stenting of RCA with 2.75x48mm Everolimus DES. D- RCA angiogram after post dilatation.**

## 3. DISCUSSION

An anomalous RCA can originate from different locations within the Valsalva aortic sinuses. It is classified into various types. Location A: ostium of the RCA adjacent to the ostium of the left main coronary artery (LMCA) B: ostium of RCA inferior to LMCA ostium. C: ostium of RCA towards the commissure of the right and left aortic cusps. D: ostium of the RCA above the sinotubular plane. E: The ostium of the RCA extends from the superior right aortic cusp towards the left aortic artery. The most common RCA arising adjacent to the ostium of the left main coronary artery (location A) is a technical challenge to engage, as seen in this patient. The Ikeya catheter and the left coronary amplatz at 45° or 90° in 7-F size are two of the best catheters for selectively engaging the RCA. <sup>5</sup> A suitable selection of guiding catheters is important for successful PCI, either in transfemoral intervention (TFI) or transradial intervention (TRI). While the search for an ideal universal or multi-purpose catheter is not new<sup>6-9</sup>, it remains unachieved. In anomalous RCA, the ostium is slit-like and usually lies anterior and cephalad to the left main coronary artery; it also takes an acute rightward course that prevents

the coaxial engagement of most of the available catheters<sup>10</sup>. The Ikari left guiding catheter (ILGC) incorporates three modifications compared to the Judkins left. (1) A new primary curve for the brachiocephalic artery. (2) The length between the third and fourth angles is shorter. (3) The length between the first and second angles is longer. In transradial procedures, the backup force of the Ikari left guiding is greater than the Judkins left (JL) due to the increased angle between the catheter and the reverse side of the aorta. ILGC in transradial procedures gives more support than JL in transfemoral procedures<sup>11</sup>. Originally, ILGC was designed for transradial procedures for the left coronary artery, but it is also good for the RCA.<sup>12</sup> The ILGC is a universal catheter suitable for the left and right coronary arteries. One great benefit is lower cost because of used a single catheter in this procedure. Also, a shorter time for procedures might be vital in patients with ST-segment elevation myocardial infarction. A smart way to decrease door-to-balloon time is to use ILGC.<sup>13</sup>

Even in elective cases, the average number of guiding catheters used in a single PCI of an anomalous RCA was three or more. The mean fluoroscopy time was 20.7 minutes, and the average amount of contrast used was 210 ml.

The use of the Ikari left guide catheter is a simple and safe technique with a 100% procedural success rate for PCI of type A anomalous RCA arising from the left sinus of Valsalva<sup>15</sup>.

#### 4. CONCLUSION

There is no universal ideal guiding catheter for the engagement of all abnormal RCA origin cases. At times, different catheter exchanges may cause spasms or dissections of the RCA ostium. RCA ostial dissection in abnormal anatomy could be disastrous. Ikarican usually be considered a preferred catheter for PCI to RCA arising from the left sinus (Type A) and is generally safe too. If selective engagement cannot be achieved, a guiding catheter can be pointed (non-selectively) towards the ostium, and then the coronary guide wire passes through the ostium and down the coronary artery, followed by the advancement of the guide catheter.

#### CONSENT (WHEREEVER APPLICABLE)

Authors declare that 'written informed consent was obtained from the patient/attenders for publication of this case report and accompanying images.'

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## ABBREVIATIONS

RCA- Right Coronary Artery  
LSOV- Left sinus of Valsalva  
ILGC- Ikari left guiding catheter  
DES- Drug Eluting Stent  
CAG- Coronary angiogram  
PCI- Percutaneous coronary intervention.  
IWMI- Inferior wall myocardial infarction  
RVMI- Right ventricular myocardial infarction  
TFI- Trans-femoral intervention  
TRI- Trans-radial intervention