

Review Form 1.7

Journal Name:	Asian Food Science Journal
Manuscript Number:	Ms_AFSJ_115257
Title of the Manuscript:	APPLE CIDER VINEGAR EFFERVESCENT TABLETS ON GUT HEALTH, OBESITY AND USER EXPERIENCE – AN OBSERVATION
Type of the Article	Original Research Article

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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p>Compulsory REVISION comments</p> <p>1. Is the manuscript important for scientific community? (Please write few sentences on this manuscript)</p> <p>2. Is the title of the article suitable? (If not please suggest an alternative title)</p> <p>3. Is the abstract of the article comprehensive?</p> <p>4. Are subsections and structure of the manuscript appropriate?</p> <p>5. Do you think the manuscript is scientifically correct?</p> <p>6. Are the references sufficient and recent? If you have suggestion of additional references, please mention in the review form.</p> <p><u>(Apart from above mentioned 6 points, reviewers are free to provide additional suggestions/comments)</u></p>	<p>Obesity is widespread all over the world indeed. Natural-based remedies, especially in comfortable for patients' forms, are of high value. Apple cider vinegar (ACV) in tablets may be one of such supplements. Studies of its effectiveness, side effects, intensity of impact are needed.</p> <p>Yes</p> <p>Yes</p> <p>yes</p> <p>yes</p> <p>Sufficient but not recent. However, high-quality recent studies about current topic are rather limited - Hadi A, Pourmasoumi M, Najafgholizadeh A, Clark CCT, Esmailzadeh A. The effect of apple cider vinegar on lipid profiles and glycemic parameters: a systematic review and meta-analysis of randomized clinical trials. BMC Complement Med Ther. 2021 Jun 29;21(1):179. doi: 10.1186/s12906-021-03351-w. - Halima BH, Sonia G, Sarra K, Houda BJ, Fethi BS, Abdallah A. Apple Cider Vinegar Attenuates Oxidative Stress and Reduces the Risk of Obesity in High-Fat-Fed Male Wistar Rats. J Med Food. 2018 Jan;21(1):70-80. doi: 10.1089/jmf.2017.0039. - Tehrani SD, Keshani M, Rouhani MH, Moallem SA, Bagherniya M, Sahebkar A. The effects of apple cider vinegar on cardiometabolic risk factors: A systematic review and meta-analysis of clinical trials. Curr Med Chem. 2023 Aug 22. doi: 10.2174/0929867331666230822102021.</p>	
<p>Minor REVISION comments</p> <p>1. Is language/English quality of the article suitable for scholarly communications?</p>	<p>yes</p>	
<p>Optional/General comments</p>	<p>1, It is recommended attentively look through manuscript regarding - typos - abbreviation usage</p> <p>2. Though it is observational study, the authors may use more profound statistical analysis except Microsoft Excel (percentage) – some specialised programmes like Stata, Statistica or SPSS with analysing of statistical difference between groups (overweighted vs obesity, 0 vs 15 d vs 30 d, whether changes were significant or not. It adds scientific approval to results of the study. The authors may use such indexes as Chi2, Mann-Whitney, Kruskal-Wallis with P-values</p>	

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p>Are there ethical issues in this manuscript?</p>	<p><i>(If yes, Kindly please write down the ethical issues here in details)</i></p>	

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