

**Review Form 1.7**

|                          |   |
|--------------------------|---|
| Journal Name:            | <a href="#">Journal of Complementary and Alternative Medical Research</a>   |
| Manuscript Number:       | Ms_JOCAMR_114695  |
| Title of the Manuscript: | Enhancing Vascular Adaptations: A Comprehensive Review on the Impact of Theraband Training with Blood Flow Restriction in Women |
| Type of the Article      |   |

**PART 1: Review Comments**

|  | Reviewer's comment   | Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here) |
|--|--|---|
| <p><b>Compulsory REVISION</b> comments</p> <p>1. <b>Is the manuscript important for scientific community?</b><br/>(Please write few sentences on this manuscript)</p> <p>2. <b>Is the title of the article suitable?</b><br/>(If not please suggest an alternative title)</p> <p>3. <b>Is the abstract of the article comprehensive?</b></p> <p>4. <b>Are subsections and structure of the manuscript appropriate?</b></p> <p>5. <b>Do you think the manuscript is scientifically correct?</b></p> <p>6. <b>Are the references sufficient and recent? If you have suggestion of additional references, please mention in the review form.</b></p> <p><u>(Apart from above mentioned 6 points, reviewers are free to provide additional suggestions/comments)</u></p> | <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>No.... references are not sufficient for a review study.</p>  |   |
| <p><b>Minor REVISION</b> comments</p> <p>1. <b>Is language/English quality of the article suitable for scholarly communications?</b></p>   | <p>Yes</p>   |   |
| <p><b>Optional/General</b> comments</p>  | <p>There is a lot of discussion in conclusion part of the manuscript to elucidate the final conclusion of the study...<br/>Please reconsider transferring most of the information to discussion and simplifying the conclusions of your research findings.</p> |   |

**PART 2:**

|  | Reviewer's comment  | Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here) |
|--|---|---|
| <p><b>Are there ethical issues in this manuscript?</b></p> | <p><i>(If yes, Kindly please write down the ethical issues here in details)</i></p> |   |

**Review Form 1.7**

**Reviewer Details:**

|                                  |   |
|----------------------------------|---|
| Name:                            | <b>Aswani Clevin Wakhisi</b>                                      |
| Department, University & Country | <b>Masinde Muliro University of Science and Technology, Kenya</b> |